The

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For God, and home, and humanity.

Thought for the Month.

"The advocates of Temperance fail to do their whole duty, unless they exert their influence, by precept and example—by voice and pen and VOTE—in favour of prohibition and total abstinence."

-E. G. White.

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THE VOICE OF SCIENCE

Alcohol Stimulates - But Falsely

(Dr. Courteney C. Weeks, M.R.C.S.)

Alcohol numbs the cortex—dulls the pain, stills the conflict—but the cause remains. While alcohol is at work, the unfortunate sufferer is possessed by the euphoria, which he calls "stimulation." The stimulation is but temporary and is dearly-bought relief from the consciousness of disharmony; it is but the other side of the paralysis of the higher. It is, in a sentence, simply the result of a deadening of the power of appreciation; it has secured a flight from reality into the illusion of narcosis.

Alcohol does nothing, absolutely nothing, to remove the cause, although it deadens the power of appreciating the result. If its action be sought continuously, or frequently, then deeper draughts are constantly called for until at last, and indeed

only too often, the euphoria ends in an anaesthesia to all that is highest and best.

The worry of the business man is hushed simply because alcohol has blunted the fine edge of perception, and blunted it, not only in one direction, but in others. The pain of the backache passes temporarily, because the sensitive nerves have been "doped" and silenced for a time. The lad "sees life," because he has blunted his vision and lost his ideal. The dinner party is free, because so often, dignity passes with the relaxation of restraint. The conviviality of the alcoholic dinner party is due to the removal of restraint and frequently issues in loss or degradation of propriety and dignity. Alcohol stimulates, but FALSELY.

ONE MORE VOTE

One vote frequently decides an issue. IT MAY BE YOUR VOTE. One U.S.A. County remained wet by one vote. Had two more Christians gone to the Poll and cast their ballot, the dry forces would have been victorious and that County would have gone dry, but they remained at home and the election was lost.

One vote gave Texas to the United States.

One vote made California a part of the Union and turned the tide of immigration westward.

One vote elected Oliver Cromwell to Parliament.

One vote sent Charles I to the scaffold, revolutionized England, making great Britain free.

One vote in the electoral college in 1876 decided who should be president of the U.S.A.

YOUR VOTE MAY DECIDE THE ISSUE. MAKE IT PROHIBITION.

Nominations for Dominion Officers

Nominations for Dominion Officers for 1955-56 close with the undersigned on 30th October, 1954. CONSENT TO NOMINATION MUST BE OBTAINED. (Mrs. Chesswas, Dominion Corresponding Secretary, wishes it to be known that she is not seeking re-election.)

Remits for Convention should be sent to Miss V. A. Jamieson, 57 Layard St., Invercargill, by 30th November, 1954. Copies of these will be sent to Unions for consideration at their February meetings.

L. E. Dellow (Dominion Recording Secretary), 17 Suter St., Stoke, Nelson.

Write to Mr. W. F. Stock, 175 Landscape Rd., Roskill, Auckland. for words and tune of the "Campa'gn" Song—send 1/-.