

HOME MAKERS CORNER

By "Lynette"

EGGS AND SOUFFLES

Eggs are an article of diet esteemed by people of all nations and are among the earliest of our foods. The Book of Job, generally considered to be the oldest book in the Bible, talks of the insipidity of egg whites. We do not know just what sort of bird laid Job's eggs, but modern hens are descended from birds originally domesticated in Burma, perhaps as early as 2000 years before Our Lord. Among domestic poultry the eggs of the duck, hen, turkey, guinea fowl, partridge and others are all offered for sale. On the north-western coast of Scotland sea birds' eggs are collected and eaten, and in Africa, both native and Europeans eat the eggs of the ostrich, which the natives remove by stealth from the communal nest which several females make together. When the sitting bird is away from the nest, the eggs are taken out with sticks to prevent the taint of humanity alarming the birds, and in this way they are induced to continue laying to replace the missing ones. The shells are used throughout Africa as drinking vessels. Many nutritious dishes can be made with eggs and their ease of digestibility makes them ideal dishes for invalids and children.

Souffles

- 3 tablespoons butter.
- ½ teaspoon salt.
- 3 eggs, separated.
- 3 tablespoons flour.
- 1 cup milk.

Melt butter in a saucepan, add flour and salt, then milk, and bring to the boil, stirring constantly. Add yolks to the sauce and cool. Add stiffly beaten whites and bake in a greased dish in a moderate oven for about 45 minutes.

Variations:

Vegetable souffle: Drain cooked vegetables and mince them. Add ½ to 1 cup to the hot sauce.

Cheese souffle:

Add 1 cup grated cheese to the hot sauce.

Sweet souffle:

Add ½ cup honey and juice and rind of half a lemon.

Fruit souffle:

Add ½ to 1 cup of cooked, sweetened, and sieved prunes, apples, apricots or peaches.

Souffles are all too apt to flop when removed from the oven and must be served at once, but a fondue resists that temptation.

SOLUTION TO No. 15

Across: 1. Laud; 5. Peel; 9. Snoring; 12. He; 14. Point; 15. So; 16. Intemperate; 19. Sear; 20. Apes; 21. Rich; 23. Ogle; 25. Loma; 27. Disinclined; 30. E.C.; 31. Varan; 32. D.D.; 33. Revenge; 35. Jade; 36. Esau.

Down: 2. As; 3. Unperceived; 4. Doom; 5. Pine; 6. Entrainings; 7. E.G.; 8. This; 10. Ripe; 11. Foes; 13. Energetic; 15. Stemmed; 17. Tails; 18. Apron; 23 Odes; 24 Acre; 26 Adds; 28. Nave; 29. Lane; 33. R.A.; 34. Ea,

MORE LETTERS

Mrs. Kasper Writes from Pasadena, Los Angeles

1311 Mentor Avenue,
Pasadena, California.
August 1st, 1947.

Dear Sisters,

I would like to tell you a little about our stay in Pasadena, Mrs. Lee-Cowie's home.

When Mrs. Mackie and I arrived from Salt Lake City, we were met by Mrs. Cowie and the Pastor of her Church the Rev. Rival Hawkins. Mrs. Cowie is doing a wonderful work here. Her whole life is given to good works. She is conducting a prayer crusade. Instead of the Hatchet, a group of women, about 50 sometimes, after a prayer meeting, visit hotel singing, reading portions of Scripture and praying. They have been received respectfully, and it has aroused Churches which are doing something to help. Mrs. Cowie holds a prayer meeting every Wednesday afternoon in her home, and I was privileged to be present.

Mrs. Cowie is loved by all here, and I feel the "White Ribbon" sisters in New Zealand feels she belongs to them too, and would like to hear of her. She is now 67, and rises every morning, and breakfasts with the family. On Sunday at 9.45 a.m. she teaches in an adult Sunday School, then often goes miles out of Pasadena to preach. Last Sunday Mrs. Mackie and I went with her. It was 99 in the shade. She will do the same tomorrow. She preached an excellent sermon. She is

just as alert as ever, has an answer to every question.

We shall be leaving for home on September 6th, and what a lot we shall have to tell.

With kind regards to my "White Ribbon" sisters.

- Yours in service,

AMY KASPER.

Mrs. Hickson and the "Bring and Buy"

My Dear Winnie.

The days are getting longer now, aren't they? John won't come in for tea till it's too dark to see anything, and that's a bit of a nuisance. Still, as he says, the work in the garden's got to be done. Well, it's the same every year. I'm sure I don't know why I bother to get tea ready before I see the last of the sun.

I've been baking today. Our W.C.T.U. meeting is tomorrow, and we have started to have a Bring and Buy. Our secretary thought it would be a good idea. Some of the ladies said they thought it would be a lot of work and they didn't think we needed to do it. But she said no one need to do a lot specially for it, if they just brought along any little thing they had, such as a few plants, or a lettuce, or two or three of the scones they were making that morning for their morning tea, or any old thing. Well, we started two months ago, and really it makes quite a bit of money and people are on the look-out to see what there is and are as keen as mustard to get something. The president

"W.R. CROSSWORD" - 16

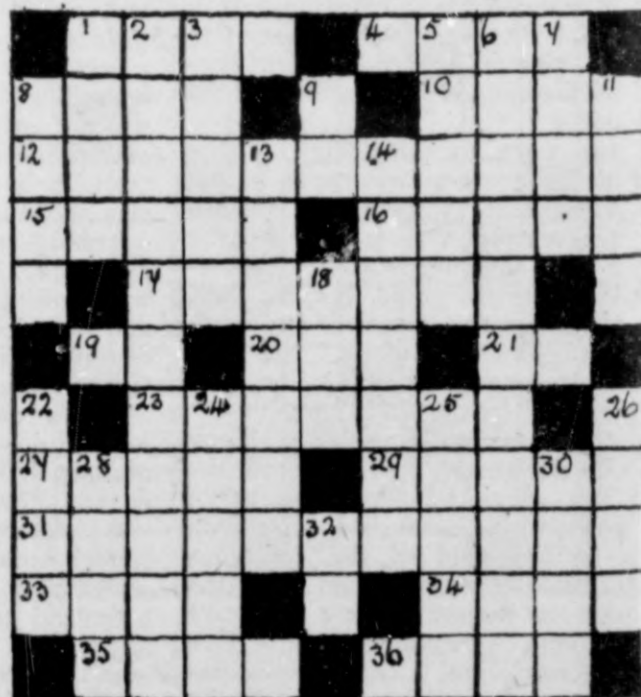
CLUES

Across:

1. Orchestral instrument
4. Another of the same
8. Famous Scottish island
10. Dregs
12. Hardening material
15. Town in Northern Japan
16. Tributary of the Dnieper
17. Rags
19. "Et — Brute?" (Julius Caesar)
20. Forefront
21. For example
23. To revel noisily
27. Hunt (old spelling)
29. Bury
31. A curse
33. Girl's name
34. Tributary of the Danube
35. English river
36. Unit of work

Down

1. Sound horn
2. Artificially
3. Town on Persian Gulf
5. English tree
6. Stating again positively
7. Great English Quaker
8. Image
9. Poet Laureate
11. Pierce
13. Outdid in contest
14. The same
18. Abbreviated "Thank-you"



22. Highest point of perfection
24. Expanse of water
25. Come in

26. Vessels.
28. Stop
30. Ages
32. At home.