# Home Makers' Column

The Hay Box.

Have you ever tried to make your-self a hay-box? You have no idea unless you have used one, of how useful such a possession is. It makes it possible to go to church in the winter in the morning, and come home to a hot dinner, nicely cooked and ready. Through it you can leave your evening dinner to attend to itself when you go to town in the morning, have a light lunch there, go to your meeting or other engagement, and reach home knowing that all you need to do is to bring your containers up to boiling point again, which will only be a matter of minutes, and dinner will be ready. I have used one for the past two years, and it has proved itself a real boon, as well as a good piece of fuel economy.

To Make.

Procure a good strong packing case about four feet long and eighteen inches wide, and twelve to eighteen inches deep. Get the handy man of the family to put castors underneath. This will save a lot of trouble in handling. Have the lid made to fit very closely, with hinges and a hasp for close fastening down. Then line your box with good strong brown paper, fitting it into the corners so that no open

space is left. Fill the box with hay, or, if this is not procurable, with straw. The latter will do, but is not quite so good as hay. Pack it into all corners very tightly, making sure that it is solid, and not having open spaces here and there. Then, carefully work the top into two sockets or nests to fit the food containers you will use, still keeping the hay solidly packed. Make a sort of small mattress to fit the top exactly, filling it with hay so that it will just allow for the shutting of the box with a good hard pressure. The box could be painted to suit your kitchen.

#### Containers

These should be of the casserole type. The heavy, heat-resisting "Ranz' ware is excellent for the purpose. Have one large and one smaller vessel. They must not have long handles but the "lug" type, one on each side. Make sure that the lids fit closely.

#### What to Cook

Steamed puddings, stews, boiled meats, vegetables, stewed fruit, milk puddings, etc., can all be cooked in the box. The rule for time is: Two and a half times that of ordinary cooking. Longer than this makes little or no difference.

## Method

Prepare your food, and bring it up to boiling point on the stove, keeping it at this for about five minutes, or longer, if you like. Then open your box and have the nests quite ready, putting in the boiling containers tightly down as far as they will go. Quickly put the "mattress" on top, tucking it in everywhere, shut down the lid, and do not open till you are ready to heat up again. Stews may be thickened be-fore being put in. Milk puddings can be "topped off" in the oven if preferred, but they will taste just as good without. Steamed puddings should have about fifteen minutes' boiling before going into the box. -4-4-4-

## AN IMPORTANT NOTICE.

Housing and food are post-war problems not only in Canada but in many other countries, and you will not really be surprised that the Convention and Tourists Bureau has notified the Canadian W.C.T.U. that it will be impossible for Toronto to house and care for the World's Convention in 1947.

Three times we have postponed our Convention to dates recommended by the hotels and Tourist Bureau, and this decision is final. Our Canadian White Ribboners greatly regret the decision. They feel, however, that under the circumstances it will be impossible for the Canadian W.C.T.U. to entertain us. They feel, and so do we, that this is another post-war tragedy.

We have not had a Convention since 1937 and it is imperative that we hold

one in 1947.

When the situation was made known to the officers of the National W.C.T.U. of the United States, they graciously invited the Convention. Here there are similar problems, but the City of Asbury Park, New Jersey, offers the use its five-million-dollar Convention Hall and its equipment for the World's Convention, the dates June 5 to 10, 1947. There are 200 hotels in Asbury Park, several very near Convention Hall, while Ocean Grove, a Christian community, is separated from it by Wesley Lake and an imaginary line. Both cities have a large winter as well as summer population, though they are both summer resorts. They use the same railroad station, as do the two railroads. Both are located on the ocean front and the weather in June is delightful. Asbury Park is located about half way between New York and Philadelphia and is only a ride of an hour and a half from both.

The City of Asbury Park welcomes us and not only gives us the Convention Hall free, with its auditorium and other rooms, but the use of other-cityowned property on the Boardwalk.

You will not be surprised that the invitation has been accepted. We will tell you more about it later in the Bulletin-in the Union Signal and through other National W.C.T.U. papers. Remember the place—Asbury Park, New Jersey, U.S.A. The dates, June 5 to 10, 1947.

THE GENERAL OFFICERS, World's W.C.T.U.

#### **CROSSWORD**" .. W.R.

#### CLUES.

#### Across:

- 1. Darkness.
- Heavy lift. 9. Scotland's glory.
- 11. Poet.
- 13, Storm. 15. Previously.
- Virtuous insect.
- Tease French article.
- A short madness. Adverbial ending.
- Norse Deity. Wise men.
- Low Latin.
- Denoting presence. Corrode.
- Fate. Singular number.
- Kind of lily. River islands.
- Reduces the scope of.
- 40. Fuss. 41. Thin.

#### Down:

- A great prize. Life fluid.
- Duped. Teetotal.
- Himself.
- An organ.
- Winged.
- 8. Dirge. 10. Chinese dynasty.
- 12. Halo-like. 14. The sort of fighters we
- should be.
- 13 14 11 15 16 20 24 23 32 30 36 34 38
  - 16. Make void.

  - Lure. Be unwell.
  - Beam.
  - Tends.

  - 27. Shakespeare wrote of
- 29. Irritable.
- 31. Air. 33. River in France. 35. Human race.
- Reverence.
- 38. Concerning
- 39. Marks an alternative.

### SOLUTION TO CROSSWORD No. 3.

Across: 2. Steps; 8. Prohibition; 9. Amber; 10. Spire; 12. Sands; 15. Camels; 17. Deil; 18. A.R.P.; 19. Yaw; 21. Ate; 22. Balm; 24. Merrie; 26. Styes; 28. Aesop; 29. Apari; 31. Continental; 32. Stars.

Down: 1. Preparation; 2. Share; 3. Timely; 4. Ebb; 5. Pies; 6. Strad; 7. Conditional; 10. Scabs; 11. Imply; 13. Nears; 14. Sleep; 16. Sam; 20. Wearer; 23. Meats; 25. Reins; 27. Spit; 30. Ana.