

## A TRIBUTE TO THE LATE PRESIDENT OF INGLEWOOD.

MRS J. B. SIMPSON.

Again we have to report that the hand of death has removed from our midst a familiar figure.

Very suddenly, very quietly, with no warning, the call came, and our President, Mrs Simpson, passed to her reward. How we shall miss her.

Our Inglewood Branch of the W.C.T.U. was opened in the June of 1922, and before the end of the year Mrs Simpson was enrolled as an active member. In the July following she became our President.

My acquaintance with Mrs Simpson began with her enrolment under our banner. Mrs Simpson was always a keen Prohibitionist, and has been an enthusiastic member of the W.C.T.U. Her first District Convention as our representative was Waitara, then all in succession since 1923. As delegate at Dominion Convention and at New Plymouth, Napier and Wellington, she became a District Vice-President, and what joy to her to go to our weaker Unions and do what she could to help and encourage them.

She was ever ready to give a helping hand to the needy. Her car and driver were at our disposal for the extension of our work. She hath done what she could.

Durham Road and District will miss her. That has been her place of residence for about 30 years.

The Rest Room Committee will miss her, she having been a member for some years.

The Union will miss her. Always at her post, consistent, thoughtful, and eager for the advance of our work, and ready to spend and be spent in His service.

And now. The place that knew her shall know her no more. She has passed onward.

Mrs Phillips, our District President, came to our meeting last January 28th, and in place of the usual devotional portion of our meeting, a Memorial Service was held. The service in our special service book was used. All members stood while our Vice-President, Mrs Longbottom, paid a tribute to our late President.

Many of our members have noticed how frequently of late Mrs Simpson referred to the fact that the Inglewood old Methodist Church was the church of her childhood. It was her spiritual

home, our devotional part of the meeting her joy.

Mrs Simpson was born in Sussex 61 years ago, and landed in New Zealand when five years old. With her parents, Mr and Mrs W. Lawrance, she came to Inglewood, and has resided in this district nearly all that time, so that she has watched the district from the early pioneer days.

Our loving sympathy goes out to her husband and two daughters, Mrs J. Patterson, Kaimiro, Miss Simpson, and Miss Marjory Simpson, her niece, who has lived with Mrs Simpson from tiny childhood; also to her aged mother.

We feel our President's message to us all would have been "Carry on, carry on."

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### MEDICAL TEMPERANCE DEPARTMENT.

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Dear Sisters,

Those of you who were present at the last Dominion Convention, will remember that the question was raised as to what was the best remedy to carry with one when likely to encounter such conditions as resulted in the Mount Cook Tragedy.

I wrote, re the matter, to Lady (Victor) Horsley, our World's Superintendent of the Medical Temperance Department, and this is her reply:—

"In regard to the practical point you raised as to what provision climbers can make against exposure to extreme cold, I wrote to Professor Dixon, F.R.S., M.D., Lecturer in Pharmacology and Assessor to the Regius Professor of Physic in the University of Cambridge, and Examiner in Pharmacology in the Universities of Oxford, Cambridge and London. He says: 'I talked the matter over with Sir Frederick Hopkins (the discoverer of vitamins) and he agrees with me that the most important food is Carbohydrate, that is to say, they must have an ample supply of starchy food; fats to any extent are undesirable.

'As regards drink, water is, of course, far the best. I used to find that a little ginger added to it gave it a relish and produced a feeling of warmth and comfort.'

'Alcohol is, of course, utterly bad, as it dilates the superficial blood vessels, and the temperature of the

body falls with attendant evil results.'

'The best form of carbohydrate is, of course, ordinary brown sugar. I am not suggesting that they should carry this with them, but it is prepared in palatable form, which they could easily carry. Chocolate is much less valuable than is usually supposed, as it is composed almost entirely of fat.'

I trust that all delegates, present at Convention, will make a point of securing an ample supply of literature to take back to their Unions for distribution.

This is one of the things we can all do to forward our work.

Yours in "White Ribbon" bonds,  
CLARA M. NEAL,  
Dominion Supt. Medical  
Temperance Department.  
5 Park Crescent,  
Parnell, Auckland.

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### TO THE WOMEN OF THE WORLD!

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Dear Friends,—

It is a sacred privilege to count one in the ranks of the Women's Christian Temperance Union, to become an inheritor of its radiant past, a participant in its luminous present, and a builder in its brightening future. No matter how numerous nor how varied the great interests that claim your time and sympathy, we affectionately invite you to make room in your heart for our compelling programme for the protection of the home and the child, and to give to it some of your best activities.

ANNA A. GORDON,  
President World's W.C.T.U.  
Rest Cottage, Evanston, Illinois, U.S.A.

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The spirit of success is never kept in bottles.

The man who drinks should not be surprised if his business goes into liquidation.

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### LITERATURE DEPARTMENT.

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