

CAPE PROVINCE W.C.T.U.

The 40th Annual Convention of the Cape Province W.C.T.U. met recently in Kimberley, when over fifty delegates responded to the roll call.

The Executive Committee met a few days previous to formulate plans for the advancement of the work and to appoint Committees to act during the business sessions. A devotional service was held in the evening, conducted by Mrs. McEwan, of Queens-town, Provincial Superintendent of the Evangelistic Department, when the note of "continuance in God" was struck. Many fervent prayers ascended seeking Divine guidance and blessing on the forthcoming Conference. Instead of the usual service on Sunday afternoon, a public service was held in the evening in the City Hall. At the close of the Church services, Miss Solomon, World's Vice-President, gave an inspiring address on "The Forward March of Temperance," which was a graphic account of the three great Conferences she had attended overseas, viz., the World's Convention at Lausanne, the Anti-Alcoholic Congress, and the Conference for promoting Fellowship of the nations through the Churches.

The business session began on Monday, when Mrs. Matthew Miller presided, the opening service being conducted by Mrs. McEwan, after which the "Declaration of Principles" and the Pledge were repeated in unison, led by the President.

The special feature of the first day was the Presidential Address, when the note of thanksgiving was struck by Mrs. Miller. In the course of this discourse, Mrs. Miller said, that in spite of wars and the usual ebb and flow, it was a cause for rejoicing that the Union had carried on for forty years without a solitary lapse, and so "Te Deum" should be the strain. It was true that the progress had been slow, and the membership did not increase by leaps and bounds, but they had never gone back. In fact, considerable progress had been made. With regard to legislation, Mrs. Miller said there had been a lull, for everyone was waiting to see how the Roos Liquor Act was going to act. But members should be preparing themselves by a careful study of the Local Option question, so that when the call came

for active service they would be found ready for action. There was an increased interest in the coloured and native work. A new Union had been formed at Athlone with over fifty members, and it was hoped to start a Coffee House and Club shortly. It was hoped that each Union would take up this branch work with greater zeal in the future. The Corresponding Secretary's report revealed the fact that an increase of membership could be shown. This increase was principally due to the Membership Campaign inaugurated by the South African W.C.T.U., and also to the fact that three new Unions had been formed. A great deal of work had been faithfully and willingly accomplished, sometimes under very difficult conditions, but with a spirit of courage and determination to eliminate the liquor traffic from the land.

The Treasurer appealed for more support for Headquarters and Organisations Funds. During the session a "Gift Table" was displayed, and over £30 realised through these offerings for Headquarters Fund.

The reports of Superintendents submitted by those in charge were of intense interest, and showed advance in many directions. A very interesting and instructive lecture was given on one afternoon by Miss Ruby Adendorff, B.Sc., on how Scientific Temperance Instruction should be taught in the various grades, and Dr. Hill gave a clear and emphatic lecture on "Alcohol and its Effect on the Body."

Mrs. Shennan in her address on "Social and Moral Hygiene," spoke eloquently on this subject, and said there was no substitute for a mother's influence in the home. She also paid a high tribute to the work of Josephine Butler, whose life had wrought the wonderful change in public opinion as regards this question.

An able paper on "Peace and Arbitration" was given by Mrs. Sutherland, Superintendent of this Department. It is hoped that this will be printed in leaflet form, and sold in the Headquarters Depot.

F. C. STAPLETON.

"It is my opinion that alcoholic liquors have no place whatever in the treatment of disease."—Robert W. Gibbs, M.D.

CONSIDER THE LILIES.

(Contributed).

In Matthew 6:28, we read: "And why take ye thought for raiment? Consider the Lilies of the Field, they toil not neither do they spin, and yet I say unto you that Solomon, in all his glory, was not arrayed like one of these." Shall we consider the Lilies? How many kinds there are, viz:—the Lily of the mountain with its wool-like substance under its leaves, and the sweet little lily of the valley. The Xmas Lily and the Easter Lily each blooming in its right time. The day Lily that reminds us that life is short, and we must work for the night is coming. As the lily grows its bulbs spread. Oh, may our work in the Christian Temperance Union be like the Lily, ever looking up to heaven to gain purity and power, ever growing and spreading to do more good and also be firmer established.

Years ago a lady and gentleman were visiting in amongst the back streets of Auckland, and there growing amongst a heap of rubbish, was a lily out in bloom, its surroundings did not affect it, and so can we live lives of use and brightness no matter where we are. Many more kinds of lilies abound at the present day, but to us shall they be an emblem of purity and of God's loving care. Shall we consider the Lilies which are some of His handiwork and go forward?

A RECIPE FOR HEALTH.

"Don't worry.
Seek peace and pursue it.
Don't hurry.
Too swift arrives as tardily as too slow.
Sleep and rest abundantly.
The best physicians are Dr. Diet,
Dr. Quiet, and Dr. Merryman.
Spend less nervous energy each day than you make.
Work like a man, but don't be worked to death.
Be cheerrul. A light heart lives long.
Think only healthful thoughts.
As a man thinketh in his heart so is he."