makes a man slow. They will never have good fighters in England until they cut out the ale."

Mr. Henry Ford says the time has come when a choice must be made between Liquor Traffic and Motor Traffic This is precisely what our N.Z. magistrate said.

In view of the above opinions and of others equally strong by swimming, mountaineering, skiing, tennis and other athletes which space will not allow us to quote, is it any wonder Brewers are getting anxious. The Brewers want our boys and girls. Athletics also claims them. Which is to win? Alcohol or Efficiency?

"OUR" LIBRARY.

Yes, the W.C.T.U. really has a very fine Library housed at Headquarters, 46 Brougham Street, Wellington. The strange thing is that few White Ribboners seem to know about it, judging by the use they make of it.

You can't learn to swim unless you go into the water and strike out. Neither can you learn to effectively educate others on our three P's, Peace, Purity and Prohibition, unless you first educate yourselves. And in "our" Library is a perfect gold mine of nuggets to be used. Then White Ribboners get to work and use them in the fight.

And White Ribboner can borrow a book for one month by payment of postage only. Cheap enough, isn't it, even in these days of depression? Mark books when returning "Library Exchange" and address to Librarian, 46 Brougham Street, and the postage will be 2d for the first lb. and 1d for each succeeding lb. up to 5 lbs.

Send for a catalogue, select books and send list to Librarian.

Browsing in "Our" Library."

Spending a pleasant hour at Headquarters, the following books attracted us and are worth-while reading:—

Lives of Notable Women:-

- "Glimpses of 50 years" (Frances Willard).
- 2. "The Beautiful Life of Frances Willard."
 - 3. "The Lady With the Other Lamp."
 - 4. "Josephine Butler."
 - 5. "Life of Lady Henry Somerset."
 - 6. "Life of Florence Nightingale."
 - 7. "Ellice Hopkins."
 - 8. "Life of Olive Schriener."
 - 9. "Life of Susan Anthony."

"The Conquest of Disease" is a marvellous story of the romance of medicine.

"The Conquest of Fear" emphasises the Biblical injunction "Fear not."

"Home Making," by J. R. Miller, D.D., gives a beautiful picture of Home Life. Shows how brothers may help their sisters and sisters give their brothers a high ideal of womanhood.

"Week-Day Religion" reminded us of the story of a sister who, while brushing her bachelor brother's Sunday suit, remarked as she put it in the wardrobe: "There goes brothr Joe's religion till next Sunday." This book tells of a religion for every day and all the day.

"The Christ of the English Road" should be read by all. We thrill to the thought of the Christ of Every Road, but let us realise what Christ can be to our own road.

Then for our quiet hours of communion, when in secret we go to the source of all strength, there to gain courage and wisdom to tread "Life's common lanes and dusty streets." Let us read.

"What Christ Means to me."

"A Short and Easy Method of Prayer," by Madame Guyor.

"The Practice of the Presence of God."

Use "your" Library, White Ribboners, and READ! READ! READ!

CONVENTION FOR 1935.

Already plans are being formed for a record Convention next year. At a Dominion Officers' meeting held recently the following suggestions were adopted. Will District Executives and local Unions do their best to assist in carrying out these plans?

Next year will be our Poll year, and special emphasis will be given to temperance work and plans to educate voters for the next referendum on the Liquor Question.

First, to educate ourselves and to perfect our own organisation that it may form a fitting medicine for educating others. Special subjects have been arranged for group and session discussion.

 Talk on our Constitution, led by Miss Henderson. Bring along your questions and let them be discussed.

 Model Meeting—Special to arrange for opening of Temperance Compaign. Suggestions welcomed.

Treasurers' "Round Table" conducted by Miss Lovell-Smith.

 L.T.L. Round Table, leader, Mrs. Bathgate.

 Departmental Work, leader, Mrs. Peryman. Will districts discuss plans of work and send along suggestions for good Temperance Campaign.

Districts are asked to be prepared to lead well known choruses when called upon. Each district make a selection of such choruses and get all its Unions to practise them so that the District delegation can lead a good chorus when called upon.

A good Convention song is urgently needed. It has been decided to ask Unions to send in original songs. Words must be original, but music may be original or adapted.

It has been resolved to hold a short Memorial Service in memory of members who have passed to higher service during the year.

Another distinguished teetotaller is Sir Isaac Isaacs, the new and first native-born Governor-General of Australia.—Exchange.

SCHOOL OF METHODS.

Dear Sisters,-

The second-fold in our "Five-Fold Plan" is "Educating the Child." Again and again the W.C.T.U. has reiterated its purpose to educate the young as one of the prime means of attaining its great goal of total abstinence for the individual and sobriety for the nation. Now, in the Loyal Temperance Legion we see this purpose being worked out.

Every Union should endeavour to mother an L.T.L. or a Band of Hope. So many Unions say they cannot secure leaders for L.T.L's. Why not train leaders? The work isn't very difficult—it is a minature W.C.T.U. in action, and if the leader is a close friend of the children wonderful work can be accomplished by:—

1st.—The programme of study, service, activities, and recreation, which altogether form the curriculum, can easily be carried out.

2nd.—The children will love to come to the meetings if they are given time for conversation, sharing of experiences through reports and activities, songs and plays, also a sufficient recreational programme in the light of the needs of the children.

The following is an Agenda for an L.T.L. meeting:—

Agenda.

Hymn-

Devotions.

The Company Rule.

Roll Call—Answered by Temperance facts.

Minutes.

Motto, Pledge, Allegiance.

Item, Song.

Financial Statement (if any).

Rally Calls.

Address.

Items and games.

Closing: Prayer and National Anthem. All the Fally calls, Pledge, Motto, etc., can be found in the Loyal Temperance Legion Constitution. Songs Playlets, etc., can be obtained at W.C.T.U. Headquarters.

Sisters, do not be content to be a member of a childless Union, get a group of children together and form an L.T.L. right away. For further information write to Mrs. Bathgate, Dominion Superintendent for the L.T.L. Department. An L.T.L. must be mothered by a local Union.

Yours in the work,

AMY KASPER.

(Dominion Supt. of "School of Methods)

The Crown Prince of Sweden, who has recently been giving a visit to this country, is, according to a paragraph in the "Evening News," a lifelong teetotaller, and non-smoker.

The present Mikado of Japan favours total prohibition. At his table no alcohol is allowed. All his servants and his 300 police are abstainers. The abstinence movement was started in 1898, and has now 109,125 members. The example of the Emperor is said to have a good influence over the youth of Japan.—Exchange.