White Ribbon Day. Resolved to hold some

meetings at the Sailora' Rest this year.

Kaiapoi.—May. Good attendance. President at the chair. Temperance fact, "Alcohol creates a craving for itself that camply be satisfied by taking more alcohol. nelly be satisfied by taking more alcohol."
Re temperance exam: Decided to call for entries, Mrs. Blackwell and Mrs. Rinaldi to give the necessary instruction. Address by Captain Allott reported elsewhere.

Oxford.—May 15. Good attendance, Very bad weather. Intercessions for world peace. Farewell to Mrs. Gainsford, for over 20

Farewell to Mrs. Gainsford, for over 20 years a most loyal and helpful member. Many testified to her willing help in all branches of our work. Mrs. Gainsford in reply told of her love for the work. Solos by Miss J. Whyte and Mrs. Park. Aftermoon tea. Miss Nesta Waterman appointed Secretary. Temperance fact by Miss Caverhill. £2 2s donated to Y Branches and usual donations to Organising and N.Z.

Papanui.—May 8. Combined Peace meeting with Belfast and Styx. Mrs. Graham resided. Mrs. Love gave a very interesting ddress on League of Nations. Items by liss Peggy Borgfell, Mesdames Le Brun and Donald.

Reefton .- May 8. Mrs. Thomson presided Mrs. Waddell read a hymn, Miss Watson prayed and Mrs. Thomson read a portion of Scripture, and Miss Switzer served after-

Riccarton.—June 1. Delightful afternoon at the residence of Mrs. C. W. Barrell. Over 40 present. An interesting and instructive report from National Council of Women given by the President. President spoke of the unemployment and appealed for donations towards Relief Depot. A musical programme arranged by Miss Irene Metarry was given by Misses Joan O'Neil and larry was given by Misses Joan O Neh and Irene Meharry, pianoforte duet; Mrs. W. H. Barrell, piano solos; Mrs. T. Commons and Miss Dorothy Sanders, vocal solos; Miss I. Meharry, accompanist. President thanked the performers. League of Nations literature and White Ribbon distributed. Hearty

Miss Dorothy Sanders, vocal solos; Miss I. Meharry, accompanist. President thanked the performers. League of Nations literature and White Ribbon distributed. Hearty vote of thanks to hostess.

Sefton.—May. Mrs. Thorne in the chair. Miss Asiaworth at the organ, Mrs. Wills, late of Blackball, welcomed. Very good attendance. Mrs. A. Ashworth gave seasonal home remedies (colds, 'flue, etc., taken from a leaflet from Literature Dept). Mr. and Mrs. Mackie gave very interesting talk on Peace and Disarmaments; much enjoyed and a vote of thanks passed. Mrs. Roseveare Peace and Disarmaments; much enjoyed and a vote of thanks passed. Mrs. Roseveare appealed for suitable literature, White Ribbons and such like, for distribution in a little back block mining settlement. Afternoon tea served by Mrs. Rollinson.

Spreydon.—May. Fair attendance. Rev. J. Robertson gave a talk on Peace, and all the following propagation of the control o

of us felt our responsibility in the duty of cultivating a spirit of peace in all our relationships at Home and abroad. Miss Muirhead was hostess.

Social Sydenham.—May 3. Sydenham.—May 3. Social afternoon. President welcomed visitors. Invitations given to attend Mrs. Low's meeting on May 10th and to vis't Cashmere Union on May 22nd. An address to be given by Mr. R. M. Laing, M.A. Afternoon tea served. Competitions won by Mesdames McKenzie and Lanyon. Vocal solos given by Mrs. Rogers and R. E. Voller, and elocutionary items by Mrs. Windsor and Mrs. Hutton. Hearty vote of thanks to performers and organisers.

Westport.—May. 9 present. Mrs. Parfitt presided, Two new members. Capt. Sauncers gave educational address on "Five Moral Evils—Drink, Gambling, Dancing, Theatre and Sabbath Sports." Mrs. Parfitt elected President and Mrs. Saunders Evangelistic Superintendent. 10/- to travelling exes.

## SOUTH CANTERBURY DISTRICT.

Ashburton.—June 5. Good attendance on White Ribbon Day, presided over by the District President. Sympathy with Mr. J. Watson and family in bereavement. Letters of cheer sent to sick members. Decided to combine with other organisations in arranging a meeting for Miss E. Andrews, President W.T.A., on her return from Honolulu, Mrs. F. Johnston, President Mid-Canterbury Executive of W.D.F.U., spoke on the work being done by their organisation. Tea was served and a delightful little programme was submitted by the following:—Solos, Miss M. Lewis; Recitations, Misses L. Robinson and C. Hopkins; a three act play, "Past—Present—Future" of W.R., by Mesdames Robinson, Watson, Tullock, Osboru, Ashburton .- June 5. Good attendance

Holmes, Sister Mildred, and Misses L. Robwas made by W.R. Agent for new subscribers, and with a very hearty vote of thanks to all who had contributed towards the success of W.R. Day, the meeting closed with Benediction by Sister Mildred.

Geraldine.—June 5. Mrs. Borrell presided.

Mrs. Prattley led devotions. Decided to send letters of sympathy to those in trouble. Afternoon tea provided by Mesdames Alley, Coursey and Couling. Discussion ensued on trying to get fresh interest in our meetings. Decided to have a social afternoon, when every member will be invited, and also have the privilege of bringing a friend. Will hold a small Bring and Buy stall as well to help replenish funds. Mrs. Borrell read interest-

representation of the W.C.T.U. Handbook.

Rakaia.—May 10. Attendance fair. Mrs.

Cromie presided. Sympathy to be sent to Mrs. Breach in her illness. Miss Edith Miss Edith Kenward appointed Band of Hope Secretary. Rev. W. E. Moore gave a very interesting address on his work among the Maoris at Otakou and was heartily thanked. Afternoon

tea hortesses, Mesdames Breach, Blackley and Rapley. One new W.R. subscriber.

Temuka.—June 6. Fairly well attended. President presided. Mrs. Smith gave report of District Executive. Temuka members to visit Pleasant Point Union at an early date. Mrs. Adjutant Brown gave a much appreciat ed address on "Home," basing her remarks on the latter verses of 11th ch. of St. Luke.

Afternoon tea provided by Mrs. Blackmore.

Timaru.—May.—At Sallors' Rest. A good meeting. One new member. Vote of sympathy to Mrs. McDonald in the death of her son. Arrangements made for the banquet. The convention report was presented by Mrs. Cave. The Sailors' Rest report showed that two overseas steamers and the "Diomede" visited the port during the month, and 50 visitors paid 200 visits. Books were received from Mrs. Bruce and Miss Gillingham and two records from Miss Turnbuil.

June.—At Sailors' Rest. Recons from District Executive Recommendations from ceived. Rep were tions from District Executive were re-ceived. Report of recent banquet showed a wonderful success. Peace Day. Mrs. B. H. Low, M.A., gave interesting and educative address on present developments of the League of Nations, and was accorded a very hearty reception. Seamans' report showed 250 seamen paying 750 visits, two Sunday teas and three services were held. Mothers' Day service being given by Salvation Army officers, and white flowers and Mothers' Day cards given to each seaman. Papers and books were received from several members.

## OTAGO DISTRICT.

Balclutha .- June 5. President in the chair. Letters of sympathy to two members who have lost relatives. White Ribbon Day observed, and paper read by Mr. Davis, also report of District meeting, and discussion followed re alcohol in chocolates. Roll call answered by a temperance fact. Talk re Band of Hope programme and forthcoming Temperance exam. Decided to take 18 copies of W.R. for free distribution, hoping to extend interest and gain new ers. Afternoon tea. One new subscribers.

Dunedin Central.—June 5. Fair attendance. Sister Nora, Vice-President, took the chair. Peace meeting. Mrs. Alexander conducted suitable devotions. Inspiring and instructive address on International Peace delivered by Rev. E. L. Tuckwell, for which a very hearty vote of thanks was accorded. A resolution

Rev. E. L. Tuckwell, for which a very hearty vote of thanks was accorded. A resolution bearing on Disarmament and Traffic in Arms was carried unanimously. Decided to hold Jumble Sale in July.

Kaikorat.—May 29. Mr. McKinnon's address at Executive meeting was read and discussed. An article from the "Outlook," "Jubilee of a Great Movement," was read. Members were pleased to learn that eight Members were pleased to learn that eight

of our young people are desirous of competing in the temperance essays.

Mosgiel.—May 15. Mrs. Bedford presided.

Attendance very small. A very fine address by a lady from Dunedin on the Liquor Trade at Home Deputation of ministers received to see about us carrying on the Band of Hope this winter, which Mrs. Bedford and helpers agreed to do. First meeting to be on the 8th inst. Pledge repeated.

on the 8th inst. Pledge repeated.

N.E. Valley,—May. Miss Gray presided.

Rev. A. Anstice gave helpful address from Proverbs, 26 chapter, verses 1 and 4, and was heartily thanked. Mrs. Sanders gave financial statement. Very satisfactory.

Oamaru.-May 14. Large attendance. Miss Smyth presided. Ensign Hutchens took devotions from St. Luke's Gospel, "Jesus Himself drew near and went with them." Miss Cowan read lecturette on "The effect of Alcohol on the body temperatures." Mrs. Souness rendered a song. Two new members initiated. Peace Day. Miss Smyth read an interesting report of a talk given by Mrs. B. H. Low of Timaru.

B. H. Low of Timaru.

Owaka.—May 2. Social afternoon, good number present. Secretary read "Facts about the W.C.T.U." Musical items and afternoon tea. One new member joined.

Port Chalmers.—May 10. Annual Meeting. Mrs. Mirams presided. The annual report showed good progress for the year's work, the attendances having improved and interest in Temperance work being well main. terest in Temperance work being well maintained. Miss Gray, District President, presided over the election of officers. Pres., Mrs. Mirams; Vice-Pres., Mesdames Tait, Flower and Price; Sec., Mrs. Macpherson; Treas., Mrs. Smillie, assisted by Mrs. Price; W.R. Agent, Mrs. Farquharson; Cradle Roll Supts., Mesdames Mirams and Tresidder; Devotional Leader, Miss Johnstone. Miss Gray gave a short talk on Temperance

## SOUTHLAND DISTRICT.

Gore.—May 22. Miss Robertson presided. Peace Day observed. Prayers for World Peace. The President stated that where God raises up a man to do a special work in the world He selects the parents and the home in which the child shall be born. In the Bible are three outstanding illustrations, Samson, Samuel, and John the Baptist. In each case the parents feared and honoured God. These illustrations showed that scientific temperance was practised under Divine instructions long before it was discovered by the medical men to whom we owe so much in these days. Next meeting White much in th

Invercargill Central.-June 5. President presided. Good attendance. Major Schroeder ied the devotions. A paper for White Ribbon Day was read, those taking part were Mrs. Brass, Misses Birss and Sadlier. Solos were sung by Misses Ashley and Sadlier. Afternoon tea served. £1 donated to White Pibbon ford. Ribbon fund.

## SHIFT THE BURDEN.

Are your shoulders bowed by trouble? Do your worries seem to double? Shift the burden. Of the cares that you are bearing-

Responsibilities you're sharing-Not a one is worth the caring. Shift the burden.

Burdened now by careless thinking? From the future are you shrinking? Shift the burden.

Of the worries, cares, and fearing For the friends that are endearing, And the crisis that seems nearing. Shift the burden.

Stop that worrying and fretting; Help divine you are forgetting. Shift the burden.

From the Lord your thought's been straying:

Learn to drop the load that's weighing On your heart, and do some praying! Shift the burden.

"Gentlemen, you need not give yourselves any trouble about the revenue. The question of revenue must never stand in the way of needed reforms Besides, with a sober population not wasting their earnings, I shall know where to obtain the revenue."-W. E. Cladstone.