MAORI DEPARTMENT.

Last month after some preliminary correspondence Sister Dobby, of Hokianga, kindly consented to prepare the way for a visit from Mrs Fulljames with the object of forming a Maori W.C.T.U. there. She had arranged for meetings to be held in 3 Maori settlements, and a European meeting at Rawene. When they duly arrived at Otawa, 5 miles away from Taheke, their disappointment was great when the Secretary of the Women's Committee there, told them that she had just received a letter from Dr. Buck, prohibiting meetings of any description amongst the natives, owing to the outbreak of infantile paralysis. However, these things cannot be helped or forseen, disappointments and set-backs seem quite the natural order of things. Fortunately our Auckland workers are not easily discouraged and are even now planning and hoping for better times ahead. We are very grateful to Sister Dobby, for the amount of work and organising she has put in for us there, and confident that it will not be wasted. When they found that it was impossible to assemble any Maoris, Sister Dobby invited some European friends to her house, and Mrs Fulljames formed a Branch with Sister Dobby as President, to which we wish every success, and know that they will have at heart the Maori side of our work, and that when the restrictions are lifted our Maori Union may yet be formed there. Through Sister Jessie, I have now got into touch with several Mission centres where they are glad to make use of our leaflets, and in this way we can hope to prepare the ground for our Union Worker when we are successful in obtaining one.

On Mrs Fulljames' return journey she communicated with Mrs Noda and Mrs Wright, President of our Maungaturoto branch with the object of, if possible, getting a meeting there. This was done, Mrs Noda riding in many miles to be present at it. Mrs Fuljames spoke to them on our Maori work, emphasising the great need for keeping in touch with them, and the Maungaturoto Union has promised to visit and encourage the Batley Maori Sisters, so we may hope that when the restrictions as regards meetings is removed, much

good will result from her visit to the North.

N. F. WALKER, Maori Department.

Upper Fox Street, Gisborne.

THAT TIRED FEELING.

UNFAILING RESOURCES.

"They that wait upon the Lord shall reney their strength. They shall mount up as with wings as eagles. They shall run and not be weary. They shall walk and not faint."

It is safe to say that many a person loves this promise of the prophet Isaiah, without taking it in anything like a literal sense. The words are considered to be so figurative and so highly spiritualised, that they seem scarcely to relate at all to this earthly life, much less to the possibilities of these physical bodies.

Besides the nervous folk who feel themselves so weary that they scarcely have strength to live, there are thousands upon thousands of men and women who are called normal but have lost much of the joy of life because they feel their bodies inadequate to meet the demands of everyday living.

To such men and women the Biblical promise, "As thy day so shall thy strength be," comes now as the message of modern science. Nature is not stingy. She has not given the human race a meagre inheritance. She did not blunder when she made the human body, nor did she allow the spirit of man to develope a civilisation to whose demands his body is not equal. After its long process of development through the survival of the fittest, the human body, unless definitely diseased, is a perfectly adequate instrument, as abundantly able to cope with the complex demands of modern society as with the simpler but more strenuous life of the stone age. The body has stored within its cells enough energy in the shape of protein, carbohydrate, and fat to meet, and more than meet, any drains that are likely to be made upon it, either through the monotony of the daily grind, or the excitement of sudden emergency. Nature never runs on a narrow margin. Her motto seems everywhere to be, provide for the emergency, enough and to spare, good measure, pressed down, running over. She does not start her engines out with insufficient steam to complete the journey. On the contrary she has in most instances reserve boilers which are almost never touched. As a rule the trouble is not so much lack of steam as the ignorance of the engineer who is unacquainted with the engine and afraid to "let her cut."

Extract from "Outwitting Our Nerves," one of the new books recently added to the Dominion Library. Postage 4½d; from Mrs Field, "The Rocks," Nelson

THANKS.

243 College Street, Palmerston North. March 4th, 1925.

Dear Mrs Perryman,

Will you kindly permit me to thank all the W.C.T.U. Branches through your columns, for parcels of clothing and money donations received for the Willard Home. I am afraid some of the Unions who sent parcels of clothing, have not received personal acknowledgments owing to Xmas holiday, and our Superintendent of clothing department being away, therefore I take this opportunity of thanking all, as I feel sure it will be the means or reaching those who may have been overlooked.

Thanking you in anticipation,
Yours fairnfully,
E. BIRDSALL,
Hon. Sec.—Treas,
Willard Home Board.

What do we need to keep the nation whole-

To guide the pillars of the State? We need

The fine audacity of honest deed;

The homely old integrities of soul,

We need the Cromwell fires to make us feel

The common burden and the public trust

To be a thing as sacred and august

As the white vigil where the angels
kneel.

We need the faith to go a path untrod.

The power to be alone and VOTE with

God.

-Ed. Markham.