

**34th ANNUAL CONVENTION OF
CAPE PROVINCE W.C.T.U., HELD
IN QUEENSTOWN, SEPT. 29th to
OCT. 4th, 1923.**

The President, Mrs Geard, of Port Elizabeth, was in the chair. After the singing of the National Anthem, a devotional service was conducted by Mrs McEwan, followed by the reading of the Preamble to the Constitution, the Pledge, and the Crusade Psalm.

Among the resolutions passed was one to place the sum of £500 on fixed deposit, to form the nucleus of a Local Option Campaign Fund. With a view to preparing the younger members for their future responsibilities, the advisability of holding summer or winter schools for Y's or Juniors was discussed and recommended. The report of the Cor. Sec. showed a total membership of 2751 in the Cape Province. After roll call, it was found that 5 general officers, 8 superintendents of departments, 30 "W" delegates, 13 "Y" delegates, and 4 visitors invited for special assistance, were present at the Convention. 244 scattered members are corresponded with, also 143 scattered juniors, each receiving birthday greetings and a Christmas letter and card.

Under the heading of Social and Moral Hygiene much work is done on preventive and social lines. Objectionable bioscope films, indecent posters, postcards, and other lowering influences have been combated, and teachers, as well as scholars, influenced to maintain a higher moral standard in the schools.

Child Welfare Societies and Rescue Homes have been assisted, also a hostel for factory girls.

The Presidential Address was much appreciated, telling of world-wide work in the fight for Prohibition, and exhorting to more strenuous efforts and a deeper consecration.

Dr. Anna Slater read a very impressive paper on "What I Know of Alcohol." One of the points emphasised was that alcohol is one of the thirstiest things, because it has the property of diluting itself at the expense of the bodily juices, thereby increasing thirst. The following substitute for alcohol was recommended when the craving comes on:—Steep ground quassia in lemon juice in the proportion of one part quassia to 100 parts lemon juice. A teaspoonful in a glass of water to be

taken and repeated till thirst is conquered.

The public meetings included a Y evening, a pageant representing many countries, showing the march of Temperance reform. A powerful and witty address, delivered by the Rev. Oosthuizen, who said there were three classes arrayed against Prohibition—1st, those who made money out of the sale of liquor; 2nd, those who were moderate drinkers; 3rd, those who were misled by such words as vested interests, etc.

CHILD WELFARE.

On November 9th an address on "Some Popular Fallacies in the Modern Upbringing of Children" was given at Levin under the auspices of the W.C.T.U., by Dr. Elizabeth Bryson.

Many points were ably presented. The right foods for children were explained, the best thing after all being to go back to the simple, plain foods, properly cooked and served, the various wheat and whole-meal foods now before the public being preferable to refined flours. Another fallacy was that of bow legs in a child being attributed to it being allowed to walk before it was strong. A child never walked before it was strong enough. Bow legs were largely due to rickets.

The fallacy of allowing a child to live and sleep in its pram, was pointed out and explained, and also the bad effects of taking a child into the atmosphere of picture theatres and similar places. The speaker ably pointed out the entire freedom needed by the child in its growth. If carefully trained, it would grow into the habits of obedience, cleanliness etc., because it had learned to love and respect those who care for it, and therefore loved to obey.

WELL DONE, INVERCARGILL Y's.

Our Business Manager congratulates the Invercargill Y's upon their year's "White Ribbon" work. They have a total of 72 subscribers. During the year they gained 26 new subscribers, and only lost four. We wonder how many Mother Unions have gained 26 new subscribers this year. Wake up, mothers; you have till the end of February to try for the silk tablecloth for greatest number of new subscribers.

GIVING THE FLAG A SQUARE DEAL.

(Extracts from an address by Dr. Mary Armor at U.S.A. National Convention.)

Some one has said that Christianity is both a proclamation and a protest. It has two distinct objectives, to dethrone the wrong, and to enthrone the right. We have dethroned the liquor traffic; it has gone, and gone forever. The next work that lies before us is to enthrone Prohibition.

"In the first place, if the Prohibition law is broken, or repealed, or degraded, or made fun of, the flag is not given a square deal. I have recently been 11,000 miles from my homeland, and I realised as never before how much the honour of my flag meant. When I saw posted up on the hoardings and printed in leaflets, pamphlets and the newspapers statements that the old flag of the United States of America, that had never bowed her head or been defeated, had met its match in the bootleggers, every drop of my blood was stirred in righteous indignation. If Americans who jest lightly at Prohibition could have seen what I saw and heard the things that were said about America, they would never again ridicule the law. You feel differently about the flag when you are away from home. New Zealand was confidently counting upon the United States to help it win a great victory, and it was beaten by those who were willing to take the 'glow' out of Old Glory, to make the New Zealanders believe that Old Glory had been defeated by the law violators. At the first meeting I attended in New Zealand, I heard some most remarkable things about America—that women were given suffrage before we got Prohibition, and that now women have seen their mistake and are trying to undo their work. The wets had hired the hall and the speaker, but the dries had pre-empted two-thirds of the seats in the hall, and they had a hilarious time. It was confusion worse confounded. As I sat in the gallery with Mrs Rachel Don, President of the New Zealand W.C.T.U., I said to her, 'If the dries treat the wet speakers like that, what will the wets do to me when I get up to speak?' and she gave me the comforting answer; 'Treat you worse.' Although I have been in State and nation-wide campaigns for years, I had never spoken to a disorderly audience, and I began to pray