

W.C.T. Unions.	Cash.	Goods Valued.
	£ s. d.	£ s. d.
*Goods sent in by other Unions not priced by W.C.T.U. and combined with goods from general public. Total value amounting to		130 18 10

Contributions from Other Sources.

Mr Crowthers, Karori ...	2 0 0
Mrs G. Olives, Mangaweka ...	3 0 0
Friend ...	0 10 0
Mrs Gandin, Hattaitai ...	0 2 6
Palmerston N. town & country Women Workers' Patriotic Shop ...	100 0 0
Mrs Morton, Auckland ...	0 5 0
Miss and Mrs Joseph ...	2 0 0
Misses Perry, Kelburn ...	2 0 0
Two Lady Friends ...	0 10 0
Friend ...	1 1 0
Mrs J. Port, Wellington ...	1 10 0

£510 15 9 £921 14 6

The total money and goods has now been handed over by me to the British and Foreign Sailors' Society, Wellington, for transmission to their Head Office in London, and an audited account of the whole transaction is being submitted by them to the Minister of Internal Affairs.

I do trust and pray that these 26 cases of lovely garments, which you have all helped to provide, will arrive in London safely. As you can imagine, I have had a good deal of work with this appeal, but am more than recompensed for it all by the hearty response that has been made by the Unions throughout New Zealand.

I take this opportunity of thanking all the Unions for the splendid support they have given me in response to my appeal. Might I suggest to all the Unions who succeeded in securing the help of their local papers in connection with this effort, that they might convey from me, to their papers, my thanks for the valuable

help they gave this matter? I know for a certainty that they helped very considerably to make the result such a success.

I also wish to thank all friends of Union members who made contributions of cash or goods throughout the Dominion, also the gentlemen who helped to pack the cases or assist the Union members in any way.

I do not need to remind you that the war still continues, but nevertheless I trust and pray that in God's good providence, as Superintendent, it will not be necessary for me to make another appeal. But if it should be otherwise, I have every confidence in the women of the W.C.T.U. in New Zealand helping the brave mine-sweepers and torpedoed crews.

We owe these men a debt we can never repay.

Thanking you all once more.—Yours in the work,

BESSIE NIMMO.

NELSON DISTRICT CONVENTION.

The first Nelson District Convention took place on November 13th and 14th, meetings being held morning and afternoon of both days, presided over by Mrs Watson on the first day, and by Mrs Field on the second. Four Unions were represented—Nelson, Richmond, Wakefield, and Waka-puaka. Reports were given from the different Unions, showing steady work; the Superintendents of the Cradle Roll and Moral Hygiene Departments gave a short account of their work, with suggestions for the working of the departments by the younger Unions; and Mrs Field gave a helpful address on the general work of the W.C.T.U.

The second day was mainly occupied in the framing of a Constitution and the election of officers, which resulted as follows:—District President, Mrs Field; Corresponding Secretary, Mrs Wilkinson; Recording Secretary, Mrs Judson; Treasurer, Mrs Moyes. It was decided that the District Convention should in future be held in September or early in October.

Amongst the resolutions passed were the following:—

"That this Convention desires to offer its sympathy to all who have

suffered bereavement through the war."

"This Convention, while welcoming the restriction of the hours for the sale of liquor, regrets that the Government has not seen its way to adopt the recommendations of the National Efficiency Board with regard to Total Prohibition during the war, and especially that the Bill has been so amended as to allow liquor to be served with meals during prohibited hours, thus opening the door to serious abuses."

A resolution of strong protest was also passed against the gambling methods adopted for raising money for patriotic funds.

A small committee was appointed to consider the question of children's picture entertainments, and to initiate action along the lines taken in Christchurch and other New Zealand centres.

A public meeting was held on the evening of the second day, when very interesting addresses were given by Mrs C. Kidson on "The Montessori System," and by Mrs Claude Graham on "Women in Public Life."

BEER AND VICE.

In 1912 when an effort was being made to restore the beer saloons in the American Army, the following statement was made in a memorial signed and sent to Congress by sixteen of the most famous physicians and surgeons in the United States:—"A study of army statistics shows that venereal diseases increased 600 per cent. during the beer-selling period. It is not only in the state of drunkenness that men step into danger of incurring venereal diseases, but in the state of exhilaration and weakened self-control, which follows the use of comparatively small amounts of alcoholic liquors. Modern scientific investigation has shown clearly that one of the earliest effects of the use of alcoholic liquors is impaired self-control."

REMEDY USED IN DRINK CASES.

1 ounce quassia chips, boiled in 1 pint of best vinegar, and left in liquid. Dose One teaspoonful in wine-glass of water three times a day.

Apples are also of use in curing the drink crave, and hot milk with ginger is a fine stimulant,