

virtuous people, because, more than all other influences for evil, it reduces men to ignorance, brutality, and savagery."

The Christ.

BY WILLIAM A. MCKEEVER.

Out of Infinity,
Born from Eternity,
Came once a child from
The Father above.

Low in the Manger He
Lay where great Destiny,
Named him forever the
Saviour of Love.

Child of Immensity,
Sent to show you and me
How that we too may be
Saviours of men;

Binding the broken heart,
Breaking the bonds apart,
Bidding the downcast start
Upward again.

Deep as Infinity,
Broad as Eternity,
Great as Immensity,
Being of thine!

Thou art the Life, the Way;
Thou art the Truth to-day;
Thou art the Love for aye,
Perfect, divine!

A Woman's Victory.

The women of Wyoming are to be credited with securing one reform which is sufficient answer, in that State at least, to the criticism that woman suffrage has no influence upon legislation and fails to elevate political action. There will be no legalised gambling in Wyoming after the 1st of January next, the Legislature having just a law which makes gambling of every kind punishable by fine and imprisonment after the above date.

This has been the work of the women of Wyoming. When they began their agitation about a year and a half ago, gambling was not only permitted, but was licensed. The evil was so strongly entrenched and the revenue accruing to the State so large, that there was little hope at first that anything would be accomplished. The leaders of the crusade, however, organised their forces skilfully in every town and village of the State. Their petitions for the repeal of the gambling statute and for the passage of a prohibitory act were circulated everywhere, and were signed by thousands of male as well as female voters. When the Legislature met the women were there in force, armed with their voluminous petitions as a basis for legislation. The gamblers

were also there in force, and sought to defeat the women by the use of large sums of money, but womanly tact and persuasion and direct personal appeals carried the day against strong opposition. The Legislature passed the bill, but it was the women who won the victory. To the extent that legal toleration of gambling is to be done away with, woman suffrage will prove a blessing to Wyoming.

Undoubtedly there will be less gambling in the State after this law takes effect than there is now. But the women who have secured its enactment will be disappointed if they believe that harmful business will be rooted out. The laws against it will not be enforced at all in some places, and in others they will be enforced spasmodically. It will be necessary for the women to make executive officers carry out their will, as they have made the Legislature do it. It is much easier to get a law passed than to have it enforced.—"English White Ribbon."

Mystery.

BY BELLE TAYLOR.

How the flower grows,
Nobody knows
But the life that is hid in the heart of the rose.

The bird as it sings
Stretching its wings,
Tells of the life at the heart of all things.

Freedom and love
Come from above,
All nature exults in the truth that they prove.

Then why should man
Do all that he can
To change and degrade God's beautiful plan?

Gladness and mirth
Would fill all the earth,
If each soul would awake to a sense of its worth.

Beauty and bloom
Would banish all gloom,
If the life that is in us could rise from its tomb.

We only can know
How all things grow,
When we thrill to the touch of the infinite flow.

Stand where thou art,
Do well thy part,
And cherish the life that is hid in thy heart.

Then shall thy life
Be free from strife,
And gather the joys with which nature is rife.

Gladness and song,
All the day long,
Shall reign where is now only sadness and wrong.

God knoweth best,
How to give rest,
And strengthen the hope He has placed in thy breast.

The Alcohol Error.

Professor Max Kassowitz, the well-known Vienna clinic, asserts that the loggia concerning the nourishing and strengthening character of alcohol is one of the fatal errors of science. He holds the view that the majority of physicians take up an inconsistent position with regard to the use of alcohol, for the reason that while they are well aware of its dangerous poisonous qualities, they nevertheless contribute to make permanent the false ideas concerning the value and effects of alcohol, which are so generally disseminated. Kassowitz explains these inconsistencies on the ground that the teaching which considers alcohol a food because it is burned in the organism has held its ground despite many newer investigations which have shown its indefensibility. He is convinced that the ascribing of food properties to alcohol, based simply on theoretical consideration, is a grave scientific error, the removal of which is the most important preliminary condition to an effectual battle against alcoholism.



THE HOME.

The Home Maker.

The home maker must know a good deal about chemistry, because upon the chemistry of foods some of the great problems of the day depend. If we grant that intemperance is really due to bad cooking, as many people seem to think; and if we grant that our spiritual lives have more than definite relation to the kind of tissues that our bodies are made of; and if we grant that our spiritual devotion is affected to some extent by the activity of our lives, then the study of chemistry of foods becomes of tremendous importance.

She must know a good deal about physics because that is basal to the whole subject of ventilation, to the whole material side of the home.

She must of course, be an expert in hygiene.

Why, the daily health of her children depends upon her treating them rationally from the standpoints of hygiene; she