

The N.Z. W.C.T.U. at the International Exhibition.

The Committee who have charge of the arrangements for the W.C.T.U. Bay find that the Commissioners give to exhibitors the floor space only. Even the walls will have to be erected, as well as papered and decorated. The furniture has to be purchased and a special front designed and carved with the W.C.T.U. motto. The Committee had hoped to display flags from all countries where the Union is established, but is not now certain that the idea can be carried out. Literature in the shape of leaflets and pamphlets is being prepared. At time of writing Mrs Cole is taking a little—but much needed—rest in Dunedin.



The following Unions have, during the month, sent contributions to the fund for the Exhibition Bay:—Whangarei, Ponsonby, Dunedin, Waimate, Onehunga, Wanganui.



Mrs Cole, our N.Z. President, wishes to remind the Unions that the exhibit is a New Zealand one, and not one promoted by the Christchurch Union. Each Union is therefore responsible for a share of the cost, and contributions should be sent in without delay.



All subscriptions and contributions for the Bay should be sent to Mrs W. H. Seed, 27 Hereford street East, Christchurch.

Concerning Alcohol.

ALCOHOL AS A DRUG.—The cables, on August 25th, conveyed the news that Sir Victor Horsley had declared before a meeting of the British Association at Toronto, that the value of alcohol as a drug was practically nil.



ALCOHOL AND CONSUMPTION.—The annual report of the Medical Officer for Wigton, England, states that alcohol, as a predisposing cause of tuberculosis, is probably secondary to overcrowding. He advises that the effects of alcohol be taught in all public schools.



ALCOHOL AND THE VOICE.—Mr Ch. J. Bishenden, voice and health specialist, author of "Profitable Health," etc.,

says, "In my method for 'Voice, Singing, and Health,' I lay great stress on the vital point that spirits are especially bad for the throat and voice. I studied those subjects with Sir Morell Mackenzie at the London Hospital, and for the last thirty years I have enjoyed robust health, and so have all my pupils. Temperance has been one of the main causes of these vocal and physical benefits, and I am writing this with the object that my words may be quoted in favour of temperance for both voice and health."



WISE DENMARK DOCTORS.—Here is a copy of a poster drawn up by a number of Danish physicians and put up in all railway stations throughout the country:—

To the Danish people:

Alcohol is a stupefying poison.

Alcohol is the cause of many mental diseases and of most of the crimes.

Every seventh man in Denmark dies of drink.

In the struggle for Temperance, abstinence is the safest weapon.

Abstinence never injures a man. Sure is the hand and clear is the thought of him who never drinks spirits.

If you wish to make your people happy, increase their prosperity, build up their homes, advance the interests of your country, and make the race sound in body and mind, become a total abstainer.



Nine cases of drunkenness were brought before the Stipendiary Magistrate at Christchurch, on September 11th—and yet it is asserted that publicans are now conducting their houses well.

Teach Truth.

"The child will ask questions early; let not the coarse reply get its work before the chaste one comes. Science is like fire; it burns away dross; tell him what science says. God's laws are all equally clean and holy; tell him of the laws of God. But in what way shall we teach? According to the truth of things. The bird in its nest, the flower on its stalk, the mineral in its crystals, all show forth one law."

—Frances Willard.

Sayings of Miss Anthony.

Sentiment never was and never can be a guarantee of justice.

No man is good enough to govern any woman without her consent.

Self-government is as necessary for the best development of women as of men.

I pray every single second of my life; not on my knees, but with my work. Work and worship are one with me.

The "greatest compliment" ever paid me was that by my life work I had helped to make the conditions of the world better for women.

All sectarian creeds and all political policies sink into utter insignificance compared with the essence of religion and the fundamental principle of government—equal rights.

If we do not inspire in women a broad and catholic spirit they will fail, when enfranchised, to constitute that power for better government which we have always claimed for them.

The vast majority of women easily can have their sympathies drawn upon to help personal and public charities, while very few are capable of seeing that the cause of nine-tenths of all the misfortunes which come to women, and to men also, lie in the subjection of women, and therefore the important thing is to lay the axe at the root. While some of you must work as you are doing, giving heart and soul to the mitigation of the horrors of our semi-barbaric conditions, I must strike at the cause which produces them.

As machinery in motion lasts longer than when idle, so a body and soul in active exercise escape the corroding rust of physical and mental laziness which prematurely cuts off the life of so many women. I believe I am able to endure the strain of daily travelling and lecturing at over three score years and ten, mainly because I have always worked and loved work. As to my habits of life, it has been impossible for me to have fixed rules for eating, resting, sleeping, &c. The only advice I could give a young person on this point would be, "Live as simply as you can. Eat what you find agrees with your constitution—when you can get it; sleep whenever you are sleepy, and think as little of these details as possible."