Knot On Your Life.

We're not going to tell you to give up. But if you have decided it's time you did, do it by joining in the fun of The Great N.Z. Smoke Free Week — June 30 to July 6.

Your Chemist has the Official Survival Kits. Get one for yourself and one for a friend whose life you'd like to save.

Phone the Smokefree Support Line now.

Call toll-free from anywhere in New Zealand. Professional advice and support available free, 9.00 a.m. to 5.00 p.m. We'll help you give up smoking.

