

## Domestic

By Maureen

### Plum Chutney.

4lb of plums, 1lb of apples, 1½lb of brown sugar, 8oz of raisins, 1oz garlic, 1oz chillies, 1oz ground ginger, 1 quart of vinegar. Put the fruit in a pan with sugar and boil for 15 minutes (fruit must be stoned and apples cut in slices). Then add the other ingredients, and boil for ten more minutes, then add the vinegar and boil again for ten minutes. Put into jars and cover while hot.

### Quick Cake.

This cake may be made and baked in 20 minutes. Break the whites of two eggs into a measuring cup. Fill to the half mark with butter, and pour in water until the cup is full. Pour this into the mixing bowl, in which you have already placed one and one-fourth cupsful of flour, sifted with one teaspoonful of baking powder and one cupful of sugar; beat this mixture briskly for five minutes, and bake in small layer cake pans. Any filling may be used, but an excellent one may be made of powdered sugar and whipped cream, flavored with almonds.

### Scotch Shortbread.

Put into a basin ½lb of dry sifted flour, ½lb of rice flour, ½lb of sifted sugar, 1oz sweet almonds, blanched and pounded, and ½lb of fresh butter; rub the ingredients well together till the butter is well mixed in. Add 2oz of candied orange peel, chopped small, and the yolks of two small fresh eggs; knead to a firm, smooth paste, roll out 1-3 of an inch thick, and cut into four square cakes. Notch round the edge with a knife, prick them over with a skewer, strew the top with large caraway seeds, and bake upon paper in a moderate oven till of a pale brown color all over (about ¾ of an hour).

### Tomato Relish.

Ingredients: 6lb of ripe tomatoes, 3lb of sour cooking apples, 4oz of salt, 8oz of brown sugar, 3 pints of vinegar, 6 cloves of garlic, 6oz of ground ginger, 1oz of mustard seed. Method: Scald the tomatoes, remove the skin, cut them in slices, and put them into an earthenware cooking pot with the vinegar, salt, and apples previously peeled, cored, and chopped finely. When the fruit is soft, rub the whole through a sieve, add the sugar, ginger, and mustard seed, also the garlic (chopped finely), and boil the whole gently from half to three-quarters of an hour. Pour the contents of the cooking pot into the jar.

cover it, and let it stand in a warm place for about three days. Bottle the relish for use, cork up tightly, and exclude the air. Sultanas or preserved ginger are sometimes added to the above ingredients.

### Biscuits.

Three small cups of self-raising flour, two large teaspoonsful of butter, ½ a cup of sugar, 1 egg, a little milk. Rub the butter into the flour and sugar, beat the egg, add to it the milk, and mix all into a stiff paste. This recipe has the advantage of requiring only one egg and very little butter. It may be used as the foundation for many sorts of biscuits. The yolk only of the egg may be used (with a little extra milk to make up for the white). Flavor the mixture with a little almond essence. Beat the white of the egg slightly—not to a stiff froth—and add to it one cup of icing sugar, and a little almond essence. Roll out the paste and spread it with the icing, cut into fingers, and bake in a fairly hot oven; these are almond fingers. Sometimes when the whole egg is used a few currants or chopped sultanas make a nice change; cut into squares. Again the biscuits may appear as date rolls. For this dainty cut out rounds and fold them over the dates, which are nicer chopped. Another variety may be made by cutting out rounds and then putting two together with raspberry jam between. Again they may be iced and sprinkled with hundreds and thousand lollies, or chopped nuts. The mixture may be divided into two or three parts and several varieties made. As these biscuits keep splendidly they make a useful stand-by.

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