

DOMESTIC

(By MAUREEN.)

Dried Apricot Jam.

One pound of dried apricots, 3lb granulated sugar, 1oz sweet almonds. Method: Put the apricots into a bowl, over them put 4 pints boiling water, cover and let them stand 48 hours, then boil the apricots and water together for one hour. Chop almonds and add them with sugar and boil rapidly for another hour. Try a little on a plate; if it jellies, it is done; if not, boil a few minutes longer. The above quantity makes 5lb of jam.

Plain Cabinet Pudding.

½lb bread crusts, ½ pint milk, 1 egg, sugar to taste, a few raisins. Grease a basin well, decorate with the stoned raisins, fill with the crusts, cut into dice. Beat the egg, add milk and sugar to taste. Pour over the bread and let it soak some time before cooking. Steam half an hour. Serve with sweet, raspberry or lemon sauce.

Hot Water Sponge Cake.

Three well-beaten eggs, 1 cup sugar, 1 cup flour, 1 teaspoonful cream of tartar, milk mix with the flour 1 teaspoonful extract of lemon, and 1 teaspoonful salt. Stir all together till quite smooth, then add half a teacup of boiling water, in which half a teaspoonful of soda has been dissolved. Stir briskly and put in the oven as soon as possible.

Meat Pie.

Take 1lb steak, cut into inch squares. Have salt, suet (chopped), and pepper on a plate, same as for baked pie. Line a pudding basin with nice short crust, then put in the steak, and sprinkle suet, salt, and pepper between the layers; put piece of paste over top. Damp edges of paste to make it adhere. Make a hole in the centre of top to let the steam escape. Tie a buttered paper over top, then a floured cloth, and steam four hours. It must not get off the boil. Always add boiling water when it is required. Serve with mashed potatoes.

Potato Soup.

½lb potatoes, ½ leek, ½ onion, 1oz fat, ½ stick celery, 1 quart stock, ½ pint milk, ½ tablespoonful crushed tapioca, salt, pepper, and a grate of nutmeg. Wash and trim the celery and leek and peel the onion. Cut all into small pieces, then fry the vegetables lightly in the fat. Wash the potatoes, peel them thinly, and cut into slices. Add the potatoes and stock, boil up and skim well when boiling. When cooked pass all through a fine sieve. Cook the tapioca in the milk and add it to the soup. Repeat and season to taste. Serve hot.—Note.—This soup can be made without milk.

Stewed Carrots.

4 carrots, 1½ gills water, 1 dessertspoonful chopped parsley. Trim, scrub, and scrape the carrots. Cut into halves, or, if large, into quarters, lengthwise. Boil up

the water, add a teaspoonful salt. Put in the carrots and cook slowly till tender, then add about a gill of well-seasoned brown or white sauce. Continue to stew for another 10 minutes. Dish up and serve hot.

Household Hints:

Celery tops may be used in soup.
Use raisins in puddings whenever possible.
Narrow loaf pans insure thorough baking.
It is dangerous to eat fish not thoroughly cooked.
Every sanitary kitchen should have a dish strainer.
Soak nuts in hot water before cracking. The nut meats will come out more whole.

Cauliflower soufflé is cheaper than meat, and a satisfying dish for the midday meal.

After first removing the cork of a bottle from glue do not use it again, but in its place insert the stump of an old candle. It will never exasperate you by sticking, and the glue cannot possibly spill.

Zinc should be cleaned with kerosene. Soap and water only make zinc look worse. First wipe carefully with a dry cloth. Then apply the kerosene and allow it to remain all night. In the morning rub with a soft cloth and again cover it with kerosene. The zinc will be bright and clean as new. Rub occasionally with a clean cloth wrung out in kerosene.

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