

DOMESTIC

(BY MAUREEN.)

Bread and Cheese Pudding.

Put a breakfast cup of milk into a saucepan with a piece of butter size of a large egg, let it remain until the butter is melted, then pour it over three-fourths of a pound of bread crumbs and one-half a pound of grated cheese; let these soak for 20 minutes and then add a pinch of salt and four eggs well beaten; pour the mixture into a well buttered dish and bake in a quick oven; this is a good way to finish up rather dry crust of cheese. Time to bake, three-quarters of an hour.

Apple Marmalade.

Peel and cut 30 apples in slices, taking out the cores, and if for preserving, to every pound of fruit put three-quarters of a pound of sugar (but if for immediate use half a pound would be quite sufficient), place the whole into a large preserving pan, with half a spoonful of powdered cinnamon and the rind of a lemon chopped very fine, set the pan over a sharp fire, stirring it occasionally until boiling, when keep stirring until becoming rather thick: it is then done: if for immediate use, a smaller quantity would be sufficient, which put by in a basin until cold, but if to keep any time put it in jars, which cover over with paper, and tie down until wanted.

Chocolate Sponge Roll.

Ingredients: Two eggs, 1lb flour, 2oz castor sugar, 1/2lb butter, 2oz chocolate, 1 tablespoonful of water, vanilla flavoring, half teaspoonful baking powder. Method: Cream the butter and sugar, then add 1 egg and a little of the flour, sieved: beat well and add the other egg and the rest of the flour. The lightness of the roll depends upon the mixture being well beaten. Flavor to taste, and add the baking powder last. Spread the mixture on a flat tin of an oblong shape that has been lined with paper. (The mixture should not be more than a quarter of an inch thick or it will not roll when baked.) Bake in a quick oven until nicely browned and firm to the touch. Have ready a sheet of paper sprinkled with sugar, and turn the baked sponge on to it. Trim the edges with a sharp knife and spread quickly with the chocolate mixture, which should have been prepared thus:—Grate or shred the chocolate and melt it slowly in the water without allowing it to boil. Having spread the chocolate, take hold of one end of the paper and roll up quickly. Place on a wire stand or sieve to cool.

Yorkshire Pudding.

Two breakfast cupfuls of milk, two and a half cupfuls of flour, one teaspoonful of baking powder, a quarter of a teaspoonful of salt, and four eggs. Beat the eggs well, add the milk, sift in the flour and baking powder gradually, beating all the time adding the salt, continue beating for eight minutes. The mixture should be perfectly smooth. Half an hour before the roast is done, pour this mixture into a buttered baking-pan and bake until a golden color.

Onions as Disinfectants.

Onions, when cut, quickly absorb impurities in the air, and therefore they act as disinfectants. But—and this should be remembered—the impurities they take up make them unfit for food, so a cut onion should be used at once or thrown away; never saved for flavoring something to-morrow.

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September 1, 1919.

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Sincerely in Christ,

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