

Palmerston North Notes

(From our own correspondent.)

August 14.

Off to Melbourne went Miss Mary Bahout one day last week. She expects to be away for two or three months.

Miss Eileen Spelman's friends will be pleased to hear that she is making slow but steady progress on the road to recovery after her long serious illness. Miss Spelman is at present staying at Raumai, in which locality she formerly resided.

In an endeavor to lay hands on another "little bit to go on with" the choir gave a sacred concert in the church after devotions on the first Sunday of the month. It was an excellent concert, and all who attended went home with the feeling that they received their money's worth. Good feeling that!

A while ago the Manawatu Rugby Union set out to raise some money for local charities. Accordingly a recent Saturday was set aside as "Charity Day" and the public was invited to patronise a special Rugby match. When the expenses (very light) were paid the balance was divided by six. The St. Vincent de Paul Society received its share, £22 10s 4½d. It's always well to be exact in money matters, but what a temptation to make it £23!

Palmerston is talking (very quietly) "library" again after a long silence, and it's a case of "keep your eyes open in case something turns up." If a ready-made library would only fall from the skies what a lot of trouble and expense it would save! Somebody suggested using the Municipal Hall (as it is so seldom used) over the Opera House for the purpose, but the idea was promptly rejected. Who wants to puff up to the top of the Opera House with a load of library books?

News of the death in Auckland of Mr. Raymond Reginald (Regie) Oakley reached here on Tuesday and was received with much regret by the people. Although it is a number of years since Mr. Oakley left his home town he is still remembered here as an enthusiastic earnest worker who gave cheerfully and ungrudgingly of his time and ability in the interests of the parish. His parents (Mr. and Mrs. F. Oakley, Church Street, are pioneers of this district, and the name of Oakley is interwoven with the history of the parish from the time of Father Moreau and the first church down to our own day. The parishioners of Palmerston North extend to the Oakley family and all relatives sincere sympathy in their sorrow.—R.I.P.



Waimate Notes

(From our own correspondent.)

August 15.

The weather conditions in the Waimate district of late have been wintry, and farmers are patiently waiting for the ground to dry to allow of their sowing their spring crops. However, the rains have been beneficial as the subsoil is now thoroughly wet, the first time for a number of years.

The pupils of our convent schools are now enjoying their term holidays. Since com-

mencing their studies, which were late owing to the epidemic, the Sisters and children have been working very hard together, with the result that good progress has been made and the work is well forward.

In the Morven part of the parish the parishioners, forming themselves into "working bees," have been doing good work round their church and convent, where great improvements have been effected. A euchre party and dance is to be held shortly to raise funds to effect a few necessary repairs and renovations to the church.

The Rev. Father Knight, S.M., is at present on a brief visit to Wellington, his place here being filled by Rev. Father Monaghan, S.M., of St. Bede's College, Christchurch.

Rev. Father Cleary, S.M., St. Patrick's College, Wellington, is also staying in Waimate during the vacation.

The Marist Football Club's nominee (Miss Elva Jones) was successful in winning the coveted honor in the queen carnival promoted by the local Rugby sub-union. The carnival committee of the Marist Club are to be congratulated upon their effort in successfully returning their queen with a substantial majority over the other four opponents. The crowning ceremony is to take place in the Olympia Hall next Thursday evening.



Oamaru Notes

(From our own Correspondent.)

August 14.

The Catholic Ladies' Club continues its fortnightly attendance at the various Masses. Members of the sodality of Children of Mary, in regalia, approached the Holy Table.

The Catholic Ladies' Club continues its nightly gatherings, and an occasional public social is held. The last social on the 4th was well attended and everything passed off very successfully. At the fortnightly meeting Mrs. Coleman's resignation was accepted with regret, she having removed from Oamaru. Miss D. Meehan was elected to fill the secretaryship.

At the recent Competitions the pupils of Miss Maud Cartwright, L.T.C.L., did remarkably well. Twelve firsts and one second were recorded to their credit.

Father Fenelon took occasion on Sunday last to urge upon the men of the congregation who are not already members the advisability of joining the Hibernian Society. Not only did the society foster loyalty to faith and country but its material benefits were of great value in time of sickness and accident. He referred to the financial strength of the branch in Oamaru, and urged all young men to join without delay.

Dr. Kelly's Notes of Travel in the *Tablet* of July 29, must prove of absorbing interest to the many Catholics of the 36th Reinforcement who did the journey so graphically described by the observant editor. How the names revive old friends and bring back familiar scenes to mind! San Remo, Ventimiglia, Bordighera, Mentone, Monte Carlo, etc., will be familiar, and their happy people who gazed so curiously at the New Zealanders' strange uniforms and tried to make themselves understood will be recalled. But the language prevented friendly conversa-

tion. One little Irish-Colonial corporal, who evidently had once been an altar boy, however, seemed to have solved the difficulty, at least to his own satisfaction, by singing out to the Italians, "Dominus Vobiscum."

"Say, Yes," when there's something to gain,

Say, yes, when you mean it is so,

Say, yes, when its wisdom is plain,

Say, yes, when you dare not say, no.

Say, yes, to the offer of ease,

When a cough or cold you endure,

Say, yes, when the proffer is made

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**GOOD TEETH ARE A HEALTH ASSET.
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It is now an indisputable fact, proven by scientists all over the world, that bad teeth are principally caused by wrong diet. That giving infants too much cane sugar not only affects their teeth, but it causes malnutrition and affects their constitutions. Nature prepares a sugar for infants: Sugar of Milk—the sugar present in milk which has no ill effects. It is a health-giver and body-builder. It is easily digested and assimilated. As a leading authority states:—

Milk sugar is the principal solid constituent of human milk, and is the only form of sugar admissible for the ordinary feeding of infants.

From about 9 months a breast or bottle-fed baby is generally given solid food, and one of the best means of giving this is by Rusks; and KRUSKITS—the Milk Sugar Rusks—are the only Rusks that should be given. They can be given through the bottle, or baby can have one to nibble at, and so help the teeth through at teething time. Up till two years and over infants should have KRUSKITS: as besides feeding them, it teaches them to chew and masticate—two very necessary processes in a baby's life.

A good constitution is more precious than gold. Remember! the foundation of a baby's constitution is being built during the first two years of its life.

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