

Fifty years ago (says the *Geelong Advertiser*) Mother Maguire left Dublin with a band of Sisters and founded the Order of the Sisters of Mercy in Geelong. The existing site with a cottage was purchased, and it was not long before the institution grew under the fostering care and foresight of the Rev. Mother, who was a born administrator and organiser. To-day a fine pile of buildings adorns the site—a solidly constructed and commodious convent, a chapel with fine stained-glass windows, and a magnificently carved altar, a spacious orphanage for girls, and charmingly laid out grounds. There are about 120 girls in the orphanage, the management of which has been praised from time to time by the Inspector of Charities. Newtown was only sparsely populated when the nuns first settled there, but now the convent is in a central residential locality. The jubilee was celebrated in the presence of a large and representative gathering. It was a time for rejoicing and reunion, and nuns and old boarders assembled from far and near.

**CHRONIC RHEUMATISM EFFECTUALLY CURED.**

No matter how long you have suffered from Rheumatism, no matter what other remedies have failed, RHEUMO, if given a fair trial, will effect a cure. Thousands of other sufferers have been permanently cured by RHEUMO when all else had been tried in vain. Many have spent large sums of money at Rotorua and other thermal springs, but it was RHEUMO that eventually effected a cure. If you are suffering from Rheumatism, or from Gout, Lumbago, Sciatica, or kindred complaints, give RHEUMO a fair trial. It has cured others, and will cure you—and that at little cost. All chemists and stores, 2s 6d and 4s 6d.

**VISITORS TO CHRISTCHURCH.**

**THE PROVINCIAL HOTEL,**

CASHEL STREET

(A Few Buildings East N.Z. Farmers' Co-op.),  
CHRISTCHURCH.

The Provincial is a Modern Building, newly furnished throughout, and only three minutes' walk from Cathedral Square.

TARIFF.....6/6 PER DAY.

G. ILES, Proprietor.

**? WHY ?**

YOU SHOULD LEARN

**GREGG SHORTHAND**

BY MAIL ?

**BECAUSE**

1. It can be mastered in 18 mail lessons.
2. Only ONE FEE for the Complete Course.
3. SENTENCES written at the FIRST lesson, letters at the Seventh.
4. There are FEW RULES, NO EXCEPTIONS, NO Shading—NONE of the difficulties of other systems.
5. Gregg "THEORY CERTIFICATE" awarded on completion of my "Mail Course Lessons."
6. Students have written 70 to 80 words a minute in Ten Weeks, 100 words a minute in Three Months.
7. It can be learned at HOME, in your SPARE TIME
8. I have, during the past ten years, successfully taught Hundreds of students in All Parts Australasia.

GREGG SHORTHAND is the UNIVERSAL System of progressive America, is recognised by the N.Z. Government for all examinations, and is recommended by many of our leading editors, statesmen, business men, and teachers.

Write to-day for ten-minute lesson and particulars.

J. WYN IRWIN

AUSTRALASIAN REPRESENTATIVE

**Gregg Shorthand College,**

BOX 199, CHRISTCHURCH.

**Domestic**

By MAUREEN

**Glass Dishes.**

Pouring hot fruit into glass dishes is very likely to result in breaking the latter. To prevent this, stand the glass dish on a cloth wet with hot water and pour the fruit into it.

**Tea Stains.**

When dry tea stains are discovered on a delicately covered tea cloth, try this method of removal: Apply equal parts of yolk of egg and glycerine, and allow to dry. Then rinse well with cold water.

**Egg Cocoa.**

Egg cocoa is very nourishing for invalids, and many people who have a dislike to eggs can take them in this way. After the cocoa is made in the usual way and very slightly cooled, add an egg just beaten enough to separate it, but not enough to make it foamy.

**Cockroaches.**

Powdered borax is excellent for ridding the kitchen of cockroaches. Sprinkle it about the stove and around the corners and crevices. When it is swept away, replace it with more at once. Steady persistence for a little while will drive the offenders off.

**The Value of Skipping.**

We have it on the authority of an eminent physician that there is no better exercise for children with imperfect expansion of the chest than skipping backwards. The skipping forward movement is not nearly so good, as the inspiratory muscles are not used to the same extent, nor does the action tend to expand the chest in the same way.

**Care of Furs.**

Cleaning with a brush made of good bristles will do more than you can imagine towards keeping your furs like new. For sealskin, and felts of that description, a smart brushing the wrong way is the correct thing, and then a vigorous shaking fluffs them up into their natural fashion. Make a point of never laying furs aside without giving them a careful brushing.

**New Blinds.**

When buying window blinds, it is a good plan to allow sufficient material for a deep hem both top and bottom, wide enough to take the lath. On the top hem sew a strip of tape through which to put the nails or clips which fasten the blind to the roller. When soiled at the bottom, blinds made in this fashion can quite easily be turned upside-down, and so do not require to be cleaned as often as if made in the ordinary way.

**The Care of Bedrooms.**

If we give a moment's thought to the great amount of time that is spent in our bedrooms—the number of hours even in one week of our existence—the necessity for keeping them clean and healthy becomes at once apparent. Not only should fresh air have free access both night and day, but every means should be taken to combat the dust fiend. To effect this, all unnecessary articles which only simply serve as 'dust-catchers' should be removed. Then there is the carpet. If the room is very large, and a great deal of sun and air can get into every part, and the carpet is not only well swept but also frequently washed over with some good disinfectant, the carpet is permissible, but otherwise a carpet gets full of dust and germs, and harbors all sorts of disease. Choose for bedroom floors linoleum, with rugs here and there which can be easily taken out, shaken, and aired. Contrive by every means to avoid keeping boxes, baskets, trunks, etc., under the beds. They collect dust and germs to an appalling extent, and they are also great hindrances to keeping the room sweet and clean. It is easy to sweep or wash a floor that is quite bare, but the trouble is multiplied in proportion to the amount of lifting up and down that has to be done with a much covered floor. If flowers are kept in a bedroom during the day, they should be removed at night, as they absorb the oxygen, so that health and complexion suffer. Some people are exceedingly sensitive to direct air reaching them while sleeping. For them it is possible to be healthy by sleeping in a room with closed windows, provided the room is thoroughly aired all day, and every precaution against germs and foul air taken. This course is never advisable unless the age or peculiar constitution of the person makes it impossible to sleep with open windows.

*Maureen*

A lawyer once, who caught a cold,  
Was soon called to the 'Bar,'  
Where liquor by the 'case' was sold.  
Old Scotch, as well Threo Star;  
His stay was 'brief,' 'I won't, I'm sure,  
Touch this whatever it "costs";  
I'll take some Woods' Great Peppermint Cure,  
And defy this Winter's frosts!