

### UNION STEAM SHIP COMPANY OF NEW ZEALAND LIMITED

Steamers are despatched as under (weather and other circumstances permitting)

LYTTELTON & WELLINGTON (Booking passengers West Coast Ports) -

Tuesdays and Alternate Fridays... NAPIER, GISBORNE, & AUCK LAND-

Tuesdays and Alternate Fridays. SYDNEY AND HOBART, FROM LYTTELTON, VIA WELLINGTON Every Wednesday.

MELBOURNE, VIA LYTTELTON AND WELLINGTON-

Palcona, every three weeks.

NEW PLYMOUTH, VIA OAMARU, FIMARU, LYTTELTON, WELLINGTON, AND NELSON-Corinna, Fortnightiv

WESTPORT & GREYMOUTH -A Steamer at Regular Intervals.

SUVA AND LEVUKA

Regular Monthly Trips from Auckland.

TONGA, SAMOA, FIJI, AND YDNEY-

> Regular Monthly Trips from Auckland.

RAROTONGA AND TAIHTI Regular Monthly Trips from Auckland.

CANADA, AMERICA, LONDON Every four weeks from Sydney, Auckland, and Suva, via Vancouver.

VIA SAN FRANCISCO-Calling at Rarotonga & Tahiti, Every 4 weeks from Wellington

GOITRE THE hamiling ating dispersion and thickened neck aung discomfort of Goitre or thickened neck can, in most cases, be removed by Doig's Goitre Treatment—a remedy with over 3000 successes to its oredit. It usually reduces the swelling within two or three weeks. Soldom tails to completely remove the trouble within a few months, leaving no trace. Easy to take—will not upset the system—contains nothing deleterious even to a child or nursing mother.

Full information Free on application to

A. DOIG, Family Chemist
114 | Victoria Avenue
WANGANUI

## "Hard Biscuits and Bully Beef!"

A SOLDIER'S DIET calls for considerable powers of mastication. That is why the Authorities are so particular about the condition of the Fighting Man's Teeth.

But even for the threemeals-a-day Civilian perfect mastication is essential.

With raulty teeth, one's rood is not thoroughly broken down. The result is Indigestion or Gastritis--with possibly worse ills to rollow

Let me give you Sound Teeth!

No matter how sensitive, broken or decayed your teeth may be. I gnarantee to repair them processfully, or teplace them with others that will last vore many years

My Superior Dental Service to noted for its modern apphances and skilful methods, and for the care taken to ensure the patient's condort and safety.

Nurse, in Attendance.

#### W. P. SOMMERVILLE

MOLESWORTH STREET on for property of constraint pro-foreproperty of

# ARE YOUR **GLASSES** RIGHT?

The only way to be sure is to have your eyes tested by a thoroughly competent opfician.

You can be certain of receiving fair, Solini, and sympathetic treatments if you write our rooms. We test eyes free. If we cannot benefit your eyes we will tell you so. Scientific methods no guesswork.

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