

## Domestic

(By MAUREEN.)

### Irish Loaf.

For an Irish loaf take 2lb of wholemeal mixed with one small teaspoonful of salt and the same of soda; mix with thick milk to a fairly stiff dough, make into a large round cake, about 1½ inches thick, prick the top with a fork, and bake in a moderate oven about three-quarters of an hour.

### Breakfast Rolls.

Mix 1oz of baking powder into 1lb of dry, fine flour, add half a teaspoonful or a little more of salt, and rub in 1½oz to 2oz of butter, and then mix to a fairly stiff dough with about half a pint of milk: knead lightly; shape into little rolls or loaves, brush over with egg yolk and warm milk beaten together, place on a floured tin, and bake in a moderate oven for about twenty minutes.

### Quick Coffee Cake.

Cream one-fourth of a cupful of butter, three-fourths of a cupful of sugar, and one egg: add one cupful of milk, two and a-half cupfuls of flour in which two teaspoonfuls of baking powder have been sifted. Beat smooth, then add as many raisins as desired, and bake in two pie tins. When the top has begun to crust over brush with melted butter and sprinkle with sugar and cinnamon. Bake a golden brown.

### Barm-bracks.

The old-fashioned barm-bracks of Ireland should meet with approval in these days, when currants are considered so healthy. Take 1½lb of flour, mix in two dessertspoonfuls of baking powder, and rub in ½lb of butter. Then add ½lb of brown sugar, 1lb of currants, 1oz of mixed peel, one teaspoonful of mixed spice, and two teaspoonfuls of caraway seeds. Mix to a

quite soft dough with milk—one and a-half pints is about right—and bake in well-greased tins for an hour in a good oven; the tins should only be half full.

### Tomatoes and Cheese.

Something light, tasty, and original is more likely to please the palate on a hot summer's day, than the dish which is well known. Take, for instance, tomatoes with cheese, which is a luncheon dish. Slice some good firm large tomatoes, season them with pepper and salt, dip each slice carefully into beaten white of egg, and sprinkle over with some dry grated cheese. Place the slices in a buttered baking tin, cover over with a piece of buttered paper, and bake in a warm oven for about 15 minutes. Have ready some macaroni cut up into short lengths and cooked in seasoned milk. Pile this as a border on a dish, and neatly lay the slices of tomato in the centre. Sprinkle the border with finely chopped parsley, garnish the baked tomato centre with small fried bread crotons, and serve warm.

### Worth Knowing.

Linoleum when first laid should be given a coat of good floor polish made of wax, pure oils and free from acids of any nature. This should be well rubbed into the linoleum to fill the pores, then the linoleum should be polished. When necessary to clean use a good soap, which must be free from alkalies, and lukewarm water. Do not use soda or any of the strong soaps or cleansing compounds, which are apt to destroy the finish and color. Some prefer that the linoleum should be polished once each month with a good floor wax, but the soap and water method is believed to be the best.

Vinegar is unrivalled as an agent for cleaning dirt and smoke from walls and woodwork, especially yellow pine. It should be applied with a flannel cloth, the flannel washed out in clean water as soon as it becomes soiled and before being dipped into the vinegar again. This makes the vinegar an inexpensive cleaner, besides being the most satisfactory way in which the work can be done.

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