# The Lahmann Health Home

MIRAMAR NORTH

WELLINGTON

on the . .

## For the . . Treatment NATURAL - CURE SYSTEM

(Originated by the late Dr. Lahmann, of Dresden, and successfully practised by him and others for many years in Europe)

Of CHRONIC DISEASES, such as Neurasthenia or Nervous Breakdown, Rheumatism, and Uric Acid in its various manifestations, Indigestion, Constipation, Insomnia, Obesity, Anaemia, Bright's Disease, Diabetes, Cancer The Home is well equipped with modern appliances for treatment, and has a skilled nursing and massage staff under qualified medical direction, and stands at the END OF THE MIRAMAR TRAMLINE.

Telephone 529

CHARGES MODERATE

#### MILBURN PORTLAND CEMENT

makes the best CONCRETE LOCAL MANUFACTURE. QUALITY GUARANTEED.

CONTRACTORS TO-- N. Z. Railways, Public Works Department, Dunedin Drainage Board, Harbour Board, Etc.

Makers:

THE MILBURN LIME & CEMENT Co. (LIMITED). DUNEDIN.

Every Ironmonger Sells them I



BARNINGHAM & CO., Ltd. ...... George Street, Dunedin. .......

### Coffee Conduces to **Mental Activity**



Right from its adoption as a beverage by the English people, coffee has been recognised as possessing stimulating qualities, mental and physical. The best coffee, you can buy is -

careful reasting and packing, give "Club" its great superiority. Ask it from your grocer, Demand "Club"

W. GREGG & CO. Limited Manufacturers : DUNEDIN



C. A Knowledge of the Subject !

#### Experience!

And the Best of Instruments!

enable on to Fit Spectacles that ensure Comfort.

BUICK æ THAMES

For

CIRCULARS . LETTERHEADS

MEMORANDUMS . LEAFLETS

ETC., try

NEW ZEALAND TABLET

