

Domestic

By MAUREEN.

DESSERTS FOR THE INVALID.

All desserts for invalids should be prepared as attractively as possible, for daintiness in serving is a great aid to the appetite. An orange is far less tempting in its natural state than if after cutting in halves the pulp is removed with a spoon and served in a long-stemmed glass and dusted with powdered sugar. Cantaloupe, when scooped out by spoonfuls, sprinkled with a little sugar and served in sherbet glasses is far more tempting than simply served in halves or slices.

Apples baked or as apple sauce are often easily digested when the raw fruit does not agree. Pears and bananas as well as peaches are delicious when baked. Stewed prunes and figs are especially valuable when laxative foods are desired.

Desserts of which the basis is milk, either with or without eggs are easy of digestion and very nourishing. The simplest of milk desserts is junket made from rennet. This comes in tablet form, one tablet being sufficient for a quart of milk. The rennet slightly digests the milk so that it is easily cared for by the most delicate stomach.

Baked and boiled custards with various flavorings come next in line of simplicity. Plain ice creams are also valuable, especially in fever cases in hot weather or when the throat is sore and inflamed. They slip down so easily and are both nourishing and refreshing.

In all desserts using milk or eggs, the freshest and best are always to be used, as a sick person is abnormally acute as to taste, and the slightest suggestion of anything not just right will be more quickly noticed than would be the case with a person in health.

Desserts made of gelatine may be varied almost infinitely. Jellies of different flavors are refreshing, coffee and cocoa mildly stimulating.

Sponge cakes are the best for the invalid and all puddings should be of the simplest kind.

Household Hints.

To prevent the skin from discoloring after a fall or blow, take a little dry starch, moisten it with cold water, and lay it on the injured part.

It is a good plan to pepper a carpet thickly, just where any heavy piece of furniture has to rest on it, as this helps to keep moths, etc., away.

To clean glass toilet bottles, put a little vinegar and salt into the bottle, allow to stand for two hours, and then rinse out in clear warm water.

To restore a voice rendered hoarse by much speaking, eat a piece of anchovy. If there is no cold or fatigue the effect is almost instantaneous.

If a tablespoonful of vinegar is put in the saucepan just before straining the potatoes, this will take all blackness out and make them white and floury.

Some people place a small bag of unslacked lime inside the piano to keep the damp away. This prevents the wires from rusting, and keeps the piano in good condition.

To remove paint from a dress, take a camel's hair brush, dip the point of it in turpentine, and just damp the parts that are stained. Let the garment dry and then rub briskly, when the paint will fall off in dust. If it does not all come off, repeat the operation.

Maureen

Noble minds and tender hearts cannot long live without the influence of religious faith. It is the life-giving sap.

NOW IS THE TIME

TO BUY YOUR WINTER UNDERCLOTHING. WE STOCK ALL THE LEADING MAKES, INCLUDING THE FAMOUS :

Wolsey and Roslyn COME AND COMPARE OUR PRICES

OUR COSTUMES AND COATS ARE REMARKABLE FOR FOUR REASONS—

Quality, Style, Fit, and Low Prices

THE MILLINERY DEFIES COMPARISON. WE HAVE THE VERY FINEST ASSORTMENT IN ALL THE LATEST NOVELTIES. COME AND LET OUR PRICES CONVINCING YOU.

HOOD BROS. : Drapers

LAMBTON QUAY : : : : WELLINGTON.
QUEEN STREET, MASTERTON : : : : AND WAIPAWA.