

Established 1861.

W. GREGG AND CO
(LIMITED)

Manufacturers of the Celebrated

**CLUB "COFFEE," "ARABIAN" COFFEE
AND "FRENCH" COFFEE.**
(Net weight tins.)

Also Exhibition Brand Coffee

Eagle Brand Coffee

Crown Brand Coffee

Elephant Brand Coffee

(Gross weight tins.)

The Best Value to the Consumer known in
New Zealand.

—EAGLE STARCH—

Favourably spoken of by all who use it as the
Best Made in New Zealand.**SODA CRYSTALS, FLAVOURING ES-
SENCES, CURRY POWDER, AND
PURE PEPPER AND SPICES,
GUARANTEED.**Ask your grocer for the above brands and
you will not be disappointed in quality
W GREGG & CO., DUNEDIN.**THE N.Z. EXPRESS CO.**
LIMITED.

(CAMPBELL AND CRUST.)

**DUNEDIN, INVERCARGILL GORE,
CHRISTCHURCH, WELLINGTON,
DAMARU, AUCKLAND, & HAWERA.****GENERAL CARRIERS, CUSTOMS,
SHIPPING & EXPRESS FORWARDING
AGENTS.****PARCELS FORWARDED** to any part of
the World.**FURNITURE Packed and Removed** by our
own men throughout New Zealand.ADDRESS: CRAWFORD STREET,
(Next N.Z. Insurance Co.)

A HIGH AUTHORITY ON

**WAI-RONGOA MINERAL
WATER.**

Bottled only at Springs, Wai-Rongoa.

The New Zealand Medical Journal says
'In regard to the Water itself, as a table
beverage it can be confidently recommended.
Beautifully cool, clear and effervescing, the
taste clean, with just sufficient chalybeate
astringency to remind one that there are heal-
ing virtues as well as simple refreshment in
the liquid, this Mineral Water ought soon to
become popular amongst all who can afford
the very slight cost entailed.'We supply the Dunedin and Wellington
Hospitals, the Union Company's entire fleet,
and Bellamy's with our Pure Mineral Water.
Specially-made Soda Water for Invalids. For
Permit to visit Springs apply Dunedin Office
THOMSON AND CO,
Office: Dunedin**PRAYER BOOKS.**GARDEN OF THE SOUL.
CATHOLIC PIETY.
KEY OF HEAVEN.

IF YOU WANT . . .

A Nice PRAYER BOOK, you
Cannot do better than send to**ALEX. SLIGO,**
BOOKSELLER, STATIONER, ETC.42 GEORGE STREET,
DUNEDIN.The Prices (Post Paid) are:—1/2, 2/3, 3/3,
4/6, 5/6, to 10/- each.**COOKING RANGES**The Patent Prize Range
ZEALANDIA.Requires no setting, and will burn any Coal
VERANDAH CASTINGS OF all kinds.
Catalogues on Application.

BARNINGHAM & CO.,

VICTORIA FOUNDRY, GEORGE ST., DUNEDIN
(Opposite Knox Church).**The Rate of Wages.**

IT is the custom of a certain London merchant to refuse an increase of salary to an employee who presumes to ask for it, regarding any such request as impertinent, while those who don't ask he says don't need it. That merchant is difficult to deal with; yet there is a way to deal with him and his like. The employee who is full of energy, with a thorough mastery of the affairs entrusted to him, will never want for employment and fair pay. Where one employer will let him go, ten others will be eager to grip hold of him, for there are none too many of his kind. Why are such men scarce? The answer is ready: Energy can co-exist only with health. Take the case of Mr. August Jansen, of Karabury Station, near Hay, N.S.W., an unquestionably industrious man who used to be laid aside from time to time. Writing on January 20, 1902, Mr. Jansen says: "Towards the close of 1899 we had extremely hot weather in this part of Riverina, day after day the thermometer registering 100° to 120° Fahr. in the shade. My occupation (that of station carpenter) compelled me to spend the greater portion of my time exposed to the scorching heat of the sun, a fact to which I attribute my subsequent sufferings. The first symptom was a sensation of sickness at the stomach on rising in the morning, and a distaste, almost amounting to a loathing, for food of whatever kind. Then I became alarmed by acute pains in the region of the heart. The bowels, too, were very irregular in their action, extreme costiveness alternating with violent purging. I could not eat, and, for want of proper nourishment, became so weak that I could hardly stand. Frequently I had to lay up entirely, neglecting my work for days at a time.

Each week marked a change for the worse in my condition, and to my other symptoms were soon added sick headaches and terrible pains about the chest, all of which made me nervous, low-spirited, and irritable. After ineffectually taking as much patent medicine as would fill a sheep tank, I placed myself in the care of a doctor, who informed me that I was suffering from acute indigestion, and that my nervous system was shattered. He attended me for twelve months, at the end of which time I was worse than when I first consulted him. Although only a little over 50 years of age, I felt like a worn-out old man, and had not the strength of a ten-year-old lad. I began to think I was beyond the aid of medicine, when a friend of mine, who had used Mother Seigel's Curative Syrup with much benefit, persuaded me to try it. I agreed, and found relief from almost the first dose. By the time I had taken two bottles I knew that I was fairly on the road to health. My strength returned much quicker than it had departed. Before the sixth bottle was emptied I was restored to a thoroughly healthy and robust condition. I could eat, sleep, and work without distress or even discomfort. It is now six months since my cure was completed, when I gave up taking the Syrup regularly; but, as a precaution, I still take a couple of doses every week. Many other persons in this district have taken it on my recommendation, and in no case has it failed.'

GRAIN! GRAIN! GRAIN!

SEASON 1902.

OTAGO CORN AND WOOL EXCHANGE, VOGEL STREET, DUNEDIN.

To the Farmers of Otago and Southland.

ANOTHER GRAIN SEASON being at hand, we take the opportunity of thanking our many clients for their patronage in the past, and to again tender our services for the disposal of their Grain here, or for shipment of same to other markets, making liberal cash advances thereon if required.

SPECIAL FACILITIES FOR STORAGE, Etc.—We would remind producers that we provide special facilities for the satisfactory storage and disposal of all kinds of farm produce.

WEEKLY AUCTION SALES.—We continue to hold the regular Weekly Auction Sales of Produce as inaugurated by us many years ago, and which have proved so beneficial to vendors; and owing to our commanding position in the centre of the trade, and our large and extending connection, we are in constant touch with all the principal grain merchants, millers, and produce dealers, and are thus enabled to dispose of consignments to the very best advantage, and with the least possible delay.

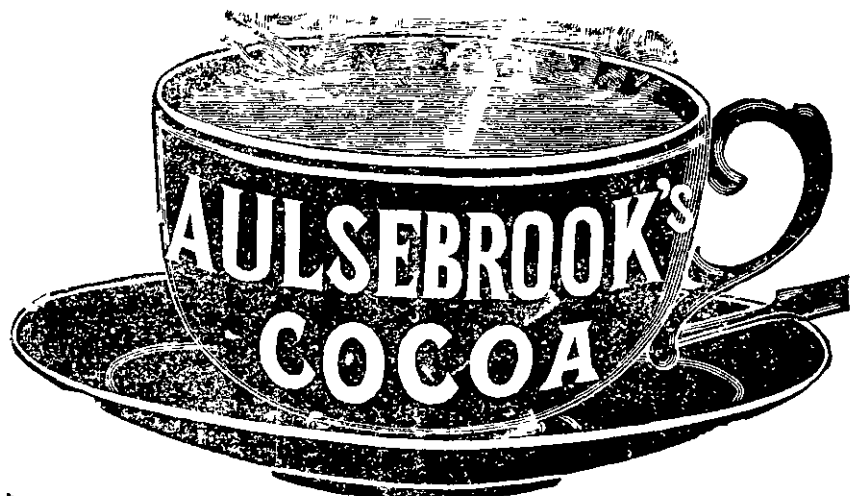
PRODUCE SALES EVERY MONDAY.—Our sales are held every Monday morning, at which samples of all the produce forward are exhibited.

Account Sales are rendered within six days of sale.

CORN SACKS, CHAFF BAGS, Etc.—We have made advantageous arrangements to meet the requirements of our numerous clients.

ADVANTAGES.—We offer producers the advantage of large storage and unequalled show room accommodation.

Sample Bags, Way Bills, and Labels sent on application.

DONALD REID & CO., LTD.**Build up your Constitution by taking****Full of NOURISHING and SUSTAINING QUALITIES**