

INFANTS, INVALIDS, & OLD PEOPLE

Will find in

"ROBINSON'S PATENT BARLEY"
Just the thing wanted in the shape of nourishing, easily-digested food. A splendid variety of nice light dishes can be made from it. Recipes with each tin.

"All who would achieve success should endeavour to merit it."

WE have during the past year spared no expense in endeavouring to make our Beer second to none in New Zealand, and can now confidently assert we have succeeded in doing so.

We invite all who enjoy A Good Glass of Beer to ask for **STAPLES BEST**

On Draught at almost all Hotels in the City and surrounding districts

And confidently anticipate their verdict will be that **STAPLES AND CO.** have successfully removed the reproach that Good Beer could not be brewed in Wellington.

J STAPLES AND CO., Limited
MOLESWORTH AND MURPHY STREETS
WELLINGTON.

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Are admitted by all authorities to be the most nutritious. The best of Cereal Foods is

"ROBINSON'S PATENT GROATS."
It goes through a special process which retains all the best qualities of the grain, at the same time making it most easy of digestion. Makes a grand porridge

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Visitors to the above Hotel will receive a Good Mile Favourite from the Proprietor,

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Badly done-up Linen puts a man in an equally bad frame of mind. Every woman should make sure of beautifully done-up linen by using the world-renowned

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It gives a beautiful gloss, and lengthens the life of the material too.

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Vegetian and Holland Blind Works.

Old Blinds repainted and repaired with promptness and despatch equal to new. Shop and Office Windows fitted with Latest and Improved Patterns of Holland Blinds and Patent Spring Rollers. A large assortment of specially prepared Tapes and Corded and every other requisite always on hand

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Francis Meenan,

WINE & SPIRIT MERCHANT,
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Buyer of Oats, Butter and Potatoes.

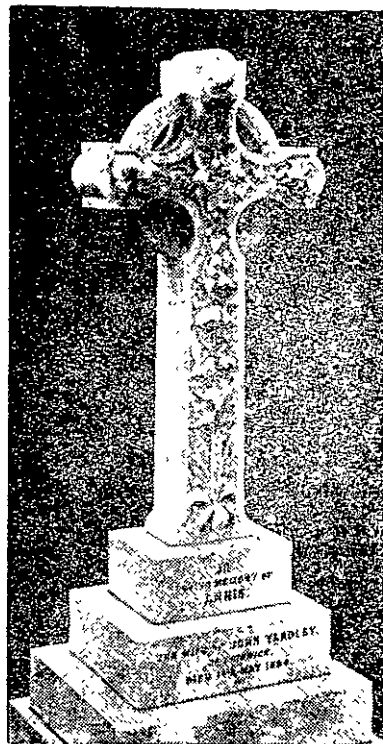
NATURE'S HEALTH RESTORER.—The Celebrated American Herbal Remedy (Chocolate-coated tablets) for diseases arising from impure blood—Rheumatism, Neuralgia, Sciatica, Biliaryness, Skin Diseases, etc. Numerous testimonials from Christchurch Citizens.

PRICES: 6d., 2/6, 5/- A. H. BLAKE,
Sole Agent, 106 Peterboro' St., Christchurch.

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The Largest and best Stock in the Colony.

No Travellers and no Commission men

"SPRING BLOSSOM OINTMENT" is a Marvellous Remedy for Blood-poisoning, Poisoned Hands, Inflamed or Ulcerated Wounds.

"SPRING BLOSSOM OINTMENT" cures Chilblains (broken or unbroken), Chapped Hands, Sprayed Skin, and all Smarting Eruptions.

"SPRING BLOSSOM OINTMENT" cures Eczema, Scaly Blisters on the Skin, and Skin Affections generally.

"SPRING BLOSSOM OINTMENT" cures Cancerous Sores, Boils, Burns, Scalds, Ringworm, Cuts, Bruises, Sprains, and all Glandular Swellings.

"SPRING BLOSSOM OINTMENT" cures Ulcerated Legs caused by Varicose Veins, Tender and Sweaty Feet, and Running Sores.

"SPRING BLOSSOM OINTMENT" cures Sciatica, Lumbago, Rheumatism, Mumps, Sore Throat, Pains in the Chest and Side.

"SPRING BLOSSOM OINTMENT" cures Itching, Clears the Skin and Scalp, Cures Dandruff & Beautifies the Complexion.

"SPRING BLOSSOM OINTMENT," THE GREAT HEALER, cures all it touches. Sold everywhere. Price 6d and 1s box.

"BLOOMING," the great Corn, Wart, and Bunion Cure. Price 6d—everywhere

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FOR RHEUMATISM, INDIGESTION ETC.

At all Clubs, the Leading Hotels, and on board the U.S.S. Co.'s Steamers.

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RELISH YOUR FOOD.

You will relish your food much more if you use

"COLMAN'S MUSTARD"

regularly. It should be taken with all kinds of meat and fish. It helps the appetite, and stimulates the action of the stomach. Be sure it's Colman's Mustard.

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As soon as you taste it you will regret the time that you have been without it. It is a splendidly refreshing and stimulating Tea No. 2, 1s 8d only.

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NOVELTIES for the COMING SEASON:

Millinery, Laces, Belts, Gloves, Blouses, Skirts, Dress Fabrics, Muslins, Delaines, Underclothing.

DRESSMAKING A SPECIALTY.

PROFIT FROM "KOZIE TEA"
"KOZIE" Tea drinkers not only get the best Tea on the market, but here is distributed amongst them every half-year 86 cash Prizes, value £55. Be in for next distribution.

How to Cook Well!

The Instructions of one of New Zealand's Leading Teachers:—

"Pastry is most particular in requiring a HOT QUICK OVEN to cause the starch cells of flour to burst and absorb the fat. If the oven is slow—the pastry is tough.

"Bread and Cakes. — First heat the oven thoroughly some time before it is wanted, so that there will be a GOOD STEADY HEAT by the time it is required.

"Meats.—The application of a QUICK STRONG HEAT to the surface coagulates the albumen. This prevents juice escaping.

The "Hot Oven,"

"Good, Steady,"

"Quick, Strong"

Heat

essential to good cooking can always be attained by using

COALBROOKDALE

COAL.

It gives an intense, strong, and efficient heat, always under control.

You can order "Coalbrookdale" Westport Coal from your own coal merchant. See you get "Coalbrookdale"!