kept hidden away (it was seldom used, the washing be-ing enough, without that added on), spread it on the the table and laid the clean knives, forks, and spoons, as they had been taught to do.

When the father came in to dinner, the children cal-led their mother, and both she and her husband looked with amazement at the table. led

'Good gracious !' exclaimed Mrs. O'Hara, have you been doing ?' ' what

The children laughed. 'We must have dinner now, while it is hot,' said Kitty.

She then helped them to soup (such a luxury had been unknown to Pat since his marriage). Then came the wonderful dish of colcannon. The

parents were delighted, and confessed that they had not got such a dinner for a long time. 'I never thought you could make such soun without

'I never thought you could make such soup without meat,' said the mother.

'What lovely bright spoons,' said the father, as he held up one. 'I shined

'I shined it'!' proudly answered Johnnie. When the father was going out, Mollie caught him at the door, and taking his hand, said :

'You must be home at seven this evening, father ; are having cakes for tea and they must be eaten we are having

hot.' 'I don't know,' said he; 'I may meet some one to

help me.' 'Promise for this time,' pleaded the child; ' we want you.'

'Very well, Mollie,' said he, 'I'll try.'

'Very well, Mollie,' said he, '1'll try.' The children had a busy evening. Johnnie was put to clean the windows, and the girls washed and poli-shed all the utensils, till everything shone. They then washed the tiled floor. They had some cold pota-toes left from dinner, so they made potato cakes. When seven o'clock came, the father returned, much to the surprise of his wife.

the surprise of his wife. 'You see, Mollie,' he said, 'these cakes must, be

eaten hot.'

Everyone seemed pleased with the day's work, and e mother said she would have let them try before, she had known they could do so well. 'You thought we could do nothing, mother,' said tty, ' and we mean to keep the house like this althe

Kitty, ways.

From that day there was a change in the cottage. The mother took a lesson from the children, and gave them a little spare room to which they carried their them a little spare room to which they carried their books and playthings, which before had been thrown in various places. Mrs. O'Hara found time now to keep herself tidy. The husband came home early and was delighted to find a bright hearth and a cheerful family waiting to greet him. He seemed interested in his children, and was much anused to hear Kitty instruct-ing her mother as to the quantity of ingredients to be-used in various dishes. Moreover, he took the pledge, and brought home all his wages so that better food used in various disnes. Moreover, he took the pleage, and brought home all his wages, so that better food could be procured, which gave the children an oppor-tunity of displaying their knowledge, and the mother soon became a thrifty housekeeper. They had family prayers at night now, as Pat was home early; there-fore they could retire at a reasonable hour and rise in the morning in time to assist at the Holy Sacriin the morning in time to assist at the Holy Sacri-fice of the Mass in turn each day.

Let us take a look three months later at the cot-tage. The sun's dazzling rays are shining on the bright window-panes. Mrs. O'Hara has a spotless white apron on, and her hair is braided back from a smiling happy face. She and her husband are sitting in the porch, fach holding a hand of baby, as he tries to walk. 'You look something like your old self, Nellie,' remarked the husband

remarked the husband.

'What an idle good-for-nothing girl I was, Pat, when you married me,' she replied, 'but experience has taught me a úseful lesson, and I thank God that the children will be able to do something for them-'What an idle good-for-nothing when you married me,' she repli selves in after life,'

'Never mind, little woman,' said he, 'I am proud of my house now; it is fit for any one to enter.' 'Why! here are the Sisters coming to visit us.' The good nuns praised the children for their in-dustry, and Mrs. O'Hara thanked Sister Patrick for the suggestion she had made some time are of findthe suggestion she had made some time ago, of find-ing 'a way out of the difficulty.' Moreover, at Sist-er Patrick's further suggestion, the family always assemble together at night, father and mother and chil-dren, to recite the ',family Rosary,' and 'somehow it seems to have brought a wonderful blessing on Pat O'Hara's home-' Messenger of the Sacred Heart.'

Woods' Great Peppermint Cure for Coughs and Colds never fails. Is 6d and 2s 6d,

## A Convert's Story

'Get thee to the woods !' "But, doctor,' I protested affairs at this critical----' I protested, 'L.cannot leave

affairs at this critical---' It was no use. The grim old practitioner was ob-durate. So within a week I found myself camping in the very heart of the Maine forests. The guide and I were rendered more or less un-easy by a prowling panther, whose thrilling cries could be heard at midnight as the wily beast crept cautiously about the settlement. Resolving to be rid of the deadly menace, I armed myself with a Win-chester and started for the spring which I thought the panther would visit about daybreak. Climbing into a tall tree which commanded a view of the spring, some thirty yards away, I patiently awaited results. As I thus sat guarding the watering place a mis-sionary priest, who had probably spent the night in the woods, came suddenly into the clearing. Having tied his pony to a tree near where grass was plen-tiful, the man of God unfastened the saddle-bags and

tiful, the man of God unfastened the saddle-bags and began preparation for Mass.

Having been taught in childhood th was a superstitious rite invented by that the Mass y a Catholic priesthood to lure the hard-earned dollars from the ig-norant members of that Church, I determined to watch the new arrival very closely, and see if he really believed in what he termed the Holy Sacrifice of the New Law.

Without the least knowledge of my presence in the vicinity, the priest erected a rude altar upon a rock in the centre of the clearing, then, donning the re-quired vestments, began the prayers with the same re-verence I have often noticed in crowded cathedrals. The sincerity and devotion displayed by that humble missionary came as a distinct shock to me, and I sat wholly absorbed in the impressive scene. Just as the priest had blessed the bread and wine, and washed his hands in preparation for what my outcoming who displayed to the present of the state of the

extensive reading taught me was the most solemn part of the Mass, I noticed the dark, graceful figure of the panther invisibly creeping upon the celebrant. In a moment my rifle was at my shoulder, 'ready for instant action. As I was about to take aim, however the prizet made a profound coundation and however, the priest made a profound genuflection and elevated the Host. What it was that terrified the parther I am unable to say, but nevertheless the beast, suddenly paused, trembled violently, stepped backward about ten paces, turned and fied. . In a few moments the service was ended, and I,

stepping down from my hiding place, congratulated the clergyman on his fervent celebration of the Mass and upon his seemingly miraculous escape. Then I inwhile him to take breakfast at the camp. The meal finished, we retraced our steps to the spring, and while scated upon the rock which had previously served as an altar the priest, at my request, care-fully explained to me the doctrines of the Catholic Church My required hand the catholic Church. My reading along theological lines had been quite extensive, so that at the end of a three-hour conference I humbly craved baptism at the hands of the forest missionary. Thus in the depths of the Maine woods I, a poor, unworthy sinner, was received into the Church of my fathers by the humble missionary who had taught me less by word than by example.—' Stan-dard and Times.'

## A NEW TREATMENT FOR LUNG AND THROAT TROUBLES.

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