

ted by the Government. In these circumstances the Pope has probably been led to weigh the peril of giving any occasion for an outbreak of anti-clerical hatred which would be an offensive accompaniment of celebrations that ought to pass in the quietest and pleasantest manner.

**UNITED STATES—Catholic Students**

It is computed that there are 8671 Catholic students in attendance at secular colleges in America. Catholic educationists are attempting to grapple with this unpleasant fact.

**A Japanese Teacher**

A Japanese teacher has been appointed to take charge of one of the science departments of the Marquette University, a Jesuit institution of Milwaukee, in the United States.

**The Catholic Press**

At the sixth annual meeting of the American Federation of Catholic Societies, held at Indianapolis, it was resolved—That as the press is a very important power in moulding public opinion, it is the conviction of this convention that members of the Federated Catholic Societies owe it to themselves and their religion to loyally support the Catholic press; first, by subscribing for the same, and second, by advertising therein. We recommend that Catholics call for Catholic papers at news-stands and libraries. By creating a demand for Catholic papers, the corresponding supply will be forthcoming. The Federation continues to voice the need of a daily Catholic press in the English language, and urge Catholics to loyally support any move in that direction.

**Heroic Abstainers**

At a recent meeting of the Catholic Total Abstinence Union (says the Philadelphia 'Standard and Times') Rev. John E. McCann, the president, related an incident of the collapse of the concrete structure at Fifteenth street and Washington Avenue. Father McCann, with the other priests of St. Teresa's and those of St. Paul's and St. Rita's, were in attendance. Two colored men were pinned down by a girder. A doctor furnished them with drink through a tube. They were offered whisky and refused, asking for water, as did a white man. One of the colored men, whom he afterwards saw at the hospital, said he was a Baptist and did not drink. The white man was a Catholic total abstainer, as was his brother, Michael O'Melia, who was killed, and who belonged to the Ascension Society. Both brothers had received Holy Communion on the recent feast day. 'If ever there was an excuse for using a stimulant,' said Father McCann, 'it was under such circumstances, and,' he added, amid applause, 'I took occasion at the hospital to congratulate the colored Baptist as well as the white Catholic on their adherence to principle under trying circumstances.'

**A Life Saving Station**

A private life-saving station, fully equipped with all apparatus and appliances for the saving of life, with the crew composed entirely of priests who live at Loyola-on-the-Lake, the Jesuit villa at Sunnyside, three miles west of Lotain, on the shore, has been established at Lake Erie, U.S.A. The idea was carried out at the suggestion of Rev. Fred. Odenbach, S.J., of Ignatius College, Cleveland, who has just ordered a marine telescope and a large flag for the look-out tower to be sent to the station.

**GENERAL**

**Fathers of the Foreign Missions**

The Fathers of the Foreign Missions of Paris have opened three ecclesiastical seminaries in Japan, one in Corea, four in Manchuria, thirteen in China, one in Thibet, six in Tonquin, five in Cochin-China, one in Cambodia, one in Siam, one in Burmah, four in the Indies, one in Laos. The number of native students in these ecclesiastical seminaries is 2246.

**HOW TO PAINT A HOUSE CHEAP.**

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**Domestic**

By 'Maureen'

**The Reason for Toast.**

'Did you ever wonder why toast is always recommended for invalids?' said a chemist to a newspaper representative. 'The reason is that toast is predigested bread.'

'What makes fresh bread trying for invalids is the starch in it.'

'Starch is very hard to digest. It needs a good stomach to take hold of the soggy starch in bread and change it to strengthening, stimulating dextrine.'

'But when you cut bread thin and toast it brown the fire itself caanges the starch to dextrine. That, in fact, is what the brown color in toast indicates—that the starch is gone and dextrine has taken its place. The stuff is predigested.'

**For Tired Feet.**

For tired feet, a hot foot-bath every night, with the addition of a little salt and a tablespoonful of bay rum or a few drops of ammonia, will often give ease; but the magic preparation is said to be a mixture of carbolic acid, camphor, and armonia—four ounces of carbolic acid, to one each of the ammonia and camphor. Stir into the foot-bath in the proportion of one large spoonful of this liquid to every two quarts of hot water. It will give the greatest relief. For chilblains and itching and burning of the feet apply equal parts of turpentine and kerosene.

**Care of the Teeth.**

Cracking nuts, biting thread, and want of cleanliness are injurious to the teeth. After eating the mouth should be rinsed with lukewarm water, and such pieces of food as are not thus washed away, removed carefully by a toothpick. The toothbrush should be elastic and not too hard. Rub up and down as well as across the teeth. A great many do more injury than good by rubbing the teeth so hard as not only to injure the enamel by excessive friction, but also to hurt the gums. No care will preserve them as they should be kept without consulting a dentist.

**How to Tell Pure Olive Oil.**

The adulteration of oil is a secret to no one and that this practice is in vogue in Spain is proved by the fact that the Provincial Deputation of Seville has addressed a communication to the Ministry of Finance proposing the means of avoiding such practice, so as not to prejudice the good name enjoyed everywhere by the oil.

The oleaginous plants used by merchants to obtain greater gains are very numerous. They mix the poppy, colewort, or wild cabbage, benne seed, peanut and cotton seed oils with the light, clear, and transparent oil of the olive. The oil mostly used in Spain for such falsification is that extracted from cotton seed. Pautet's reactive and Lefebre and Lauré's oleometers are generally used for detecting adulterations, but as the majority of people do not possess these apparati it is opportune to give a few practical rules for discovering the fraud.

Oil coming from Seville may be accepted without scruple for being as represented. All the business firms dealing with this commodity have such competent experts that they are able to tell whether the oil is adulterated or not by its color and odor. Those who are not able to detect adulterations by these practical means should shake the oil, whereupon a small crown of bubbles will be formed immediately. If the mixture contains cotton seed oil these will disappear very slowly. Should the mixture be made with poppy oil more or less foam will appear, according to the greater or smaller quantity of the adulterative matter it contains. If the means are insufficient to discover the fraud, then congelation or freezing should be tried, which is the surest method, owing to the exclusive property of olive oil to freeze at three or four degrees above zero, whereas other oils need a temperature of ten below zero.

*Maureen*

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