- (2) For the purposes of the last preceding clause hereof, any two or more periods of time shall be deemed to be a continuous period unless separated by an interval of not less than half an hour in which the driver is able to obtain rest and refreshment.
- (3) It shall be a defence to any proceedings for a breach of this regulation if the defendant proves that the breach was due to unavoidable delay in the completion of any journey arising out of circumstances which he could not reasonably have foreseen.
- (4) This regulation shall not apply to any vehicle while used in terms of a license issued under the Transport Licensing Act, 1931.

PART III.—BICYCLES.

REGULATION 21.—EQUIPMENT.

(1) No person shall ride any bicycle during hours of darkness unless it has attached at the front thereof a lamp throwing in a forward direction a light substantially white in colour of sufficient brilliance to be visible under normal atmospheric conditions for a distance of at least 300 ft.

(2) After the 31st day of March, 1937, no person shall ride

any bicycle unless either-

(a) It is equipped with a lamp placed at the back of the bicycle so as to display and does during hours of darkness display to the rear a red light of sufficient brilliance to be visible under normal atmospheric

conditions for a distance of 300 ft; or
(b) It is equipped with a red reflector of a make and type approved by the Minister, by notice published in the Gazette, and placed perpendicularly at the back of the bicycle so as to reflect to the rear a light shining

towards it from rearward of the bicycle.
(3) After the 31st day of March, 1937, no person shall ride any bicycle unless it displays to the rear a white surface of at least 12 square inches maintained in a clean condition at a place where such surface is not likely to be obscured from the rear by the rider or his clothes.

(4) No person shall operate a bicycle unless it is equipped with at least one efficient brake attached thereto and operating

on the rear wheel.

(5) No person shall operate a bicycle unless it is equipped with a bell as a warning device attached thereto and capable of being readily operated so as to emit sound clearly audible under normal conditions at a distance of not less than 100 ft.

REGULATION 22.—RIDING REQUIREMENTS.

(1) Every person commits an offence against these regulations who negligently or carelessly rides any bicycle on any road or other place to which the public have access.

(2) Every rider shall keep the bicycle as close as is practi-

cable to his left of the roadway.