

The New Scientific rat killer that

195.9

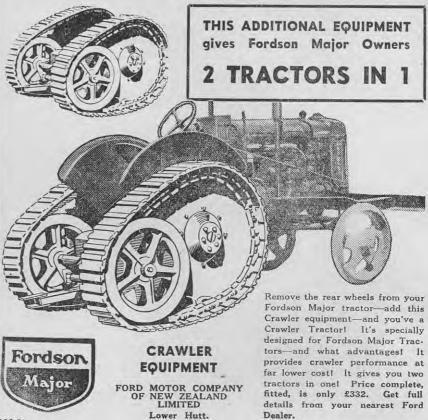
KILLS AT A TOUCH

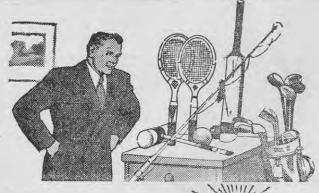


and runways . . . the rat picks up the dust, licks his feet and dies within 12 or 48 hours, usually outdoors. 100% effective. This special preparation of Alpha Naphthyl Thiourea is now available at all stores in 30z tins or larger sizes.

Distributors: T. A. MACALISTER LTD., 12 Albert St., Auckland.







For a Happier, Healthier Summer-

CHOOSE THE OUTDOOR EXERCISES

THAT ARE BEST FOR YOU

Summer weekends and holidays are ideal times to enjoy healthy outdoor exercise, and to get yourself in good physical condition for Autumn and Winter. You should, however, be careful not to over-exercise.

The businessman in the middle years of life who works in an office all week and over-exerts on weekends may do himself more harm than good. So choose activities that are suitable for your age. Better still, check with your doctor and follow his advice as to the kinds and amount of exercise you can enjoy safely this summer.

ISSUED BY THE NEW ZEALAND DEPT. OF HEALTH