



SCARLET FEVER

Important Advice, Part 2

Part one of our advice dealt with how to dodge Scarlet Fever. In case you fail to dodge it—here is what to do. Unless there is safe nursing, the fever will spread.

Have a separate room or veranda for the patient.

Have what are called "clean" and "contaminated" areas in the room. There should be a small table or washstand for the nurse's wash basin, towel and soap, and a special cupboard or box for the patient's wash bowl, tooth brush and mug, and for a bedpan if needed. Keep the thermometer immersed (and out of reach) for two-thirds of its length in cyllin, I-160.

Set aside a special mop or broom and duster for the sick-room, and damp-sweep and damp-dust floor and furniture.

Have an overall or gown hung on the back of the door—don this gown and cover the hair with a cap when entering the room.

After attending to the patient, scrub hands and arms for one minute in hot water—remove the gown without touching the outside until the arms are out (the district nurse will show you how if you ask her)—hang up the gown, and rescrub the hands and arms for another minute.

Any utensils should now be emptied and returned to the room.

Bed linen—Unstained bed linen should go straight to the boiler, to soak or be boiled, or remain in its container untouched until wash-day; stained bed linen should be soaked in anti-septic (cyllin, I-80) for four hours.

Squares of newspaper fastened at one corner into bundles should hang in the "clean" area of the room, for opening doors or handling clean utensils after the hands are contaminated.

Fill a hot water bag by bringing a jug of hot water to the room, protect the jug handle with a square of paper, and fill the bag. Place jug in the "clean" area, and wash hands.

Feeding utensils should be scraped on to a paper and placed in a bowl of cold water, and then boiled for five minutes; or alternately, placed in a bowl kept for the purpose and washed.

Patient's dishes, tea-towel and dishcloth must be kept separate.

After these operations, and after any procedure in the sick room, always wash the hands thoroughly.

By following these instructions, Scarlet Fever can be isolated within your own home.

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FOR A HEALTHIER NATION

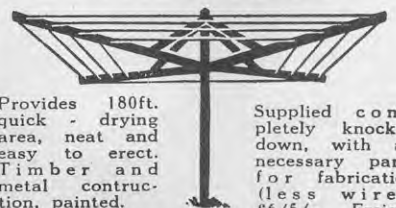
others, in spite of her good looks, and so he troubled about her not at all, and he and Arini went forth to their happiness.

Alas! that happiness was short-lived. A raid was made on the tribe of Tareha by an enemy band, and they immediately planned to avenge the attack. The women folk anxiously waited the return of the warriors to the kianga, the village, but when at last they came they walked slowly and in grief, for Tareha, their chief, had paid the price of victory with his life.

* All feeling seemed to die out of Arini. Gradually one thought shaped itself in her mind—the tree, the tree whence had come her happiness, the tree would show her the way of escape. Away into the bush she went, on and on, caring naught for hunger or fatigue, never stopping till she was secure among the topmost branches of the tree-of-dreams. The face of Tareha seemed to laugh at her from the shadowy ripples of the lake, and the prophecy of the ancient priest was fulfilled and the way of escape made plain. Music trembled on her lips, beautiful and unutterably sad—a song of farewell, and at the end joyousness stole in till all the sadness had gone, and, standing poised an instant on the bare branch tip, she slid smoothly down into the cool grey water. The quiet depths closed over her and the soul of Arini took flight to join Tareha in the dim Reinga, the Place of Departed Spirits.

And a wind sprang up and the sound of singing swept through every leaf and branch, so that people passing by called it the Singing Tree. Henceforth it was treated as tapu, as sacred, and even now in these times of encroaching settlement and dwindling forests, the tree still stands by the lake edge, untouched by axe, unharmed by fire. The Maoris say that misfortune will befall the disturber of its branches, for sometimes in the wind can you not hear the sound of singing, haunting and sweet beyond all telling? Then you know that Arini, the bird-voiced, and Tareha, her lover, have crept back for a space to the place of their happiness—the Singing Tree.

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