

jug in the spring, roses in my crystal water jug in the summer, chrysanthemums in my brown jug in autumn, and back to my black jug for winter, filled with shining scarlet of holly berries.—A.S.C., Carterton.

**H**OW I enjoyed reading of your holiday at the Sounds. There is so much beauty in the country if we have but eyes to see and ears to hear the birdsongs, the ripple of the streams, animals on the prowl. Reading of your holiday made me have a mental one too, for I love the things you enjoyed so much. I am sure you would feel the benefit of it, and feel fit and fresh for your work. I live amongst much beauty: green valleys, bush clad slopes, rivers famous for their fishing, white roads winding here and there always luring one forth to go adventuring along them; such trees that "only God

can make"; the gay singing of birds; away in the distance majestic mountains with their ever-changing hues; plains dotted with trees and homesteads.

Life is very busy these war days, but it is good to "stand and stare." What lots we would miss if we did not. "Beauty is beauty only when it speaks to us."

I have a birthday book with Tennyson verses in it for each day, Betty G., and I still get names in it because each year brings fresh ones.

Biddi-Jan, I just know how much you must enjoy rummaging. I have letters (always do keep the most interesting ones) cuttings of prose and poetry, a drawer full of fancy work (not finished), music, patterns, and I hardly ever sew, but I do love looking at them. Perhaps there may come a

day when things will not have such a hold, maybe it will happen when I have done all the things I have set out to do.

Well, Mary, I must close, wishing you and our Good Neighbours all the best for 1943.—Peggy, Pleasant Point.

When scrambling eggs, add a dessert-spoonful of breadcrumbs to each egg—this makes the mixture go a lot further.

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Whipped cream will go further, be much lighter, and have a distinctive flavour if two egg whites are beaten separately and added to each pint of cream when whipping.

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New potatoes can be scraped much easier in salted water than fresh water.

## A man's job...and only a woman's strength



Reborn...the spirit of pioneer parents. Women of other days stood shoulder to shoulder with their men, at the plough, in the palisade. Today, their daughters stand beside their men, too, in the hour of need. Doing a man's job.

A man's work to do... and only a woman's strength. The wise war-working woman will not overestimate her resources. However strong, however fit. To brace feminine muscles and internal organs against strain, every war-working woman needs a Berlei, and needs to wear it constantly. Correct posture defeats fatigue. With a Berlei's scientific figure support, you are able to work more and tire less. You'll do your duty better in a Berlei!

