

the farm—the outstanding difficulty is that of evolving a scheme which would be applicable to all parts of the Dominion. In a general way, an indication of group planting is given below. The crops which constitute each group are dealt with in the Home Garden Notes of the "Journal" as fully as space permits.

(1) **Early Spring Planting.**—Lettuce, spinach, turnips (early varieties), silver beet, peas, cauliflower, onions (salad and main crop), cabbage (summer), radish and carrots (early).

(2) **Main Crops for Planting in Late Spring or Early and Mid-summer.**—Potatoes, cabbage (savoy), cauliflower, borecole, Brussels sprouts, carrots, parsnips, peas, lettuce, beetroot, celery, tomatoes.

(3) **Crops liable to damage by Light Frosts.**—Tomatoes, beans, pumpkins, marrows and all gourds, kumaras.

(4) **Crops to plant Late Summer and Early Autumn.**—Savoy cabbage (late), spring cabbage, swede turnips.

(5) **Perennials.**—Parsley, rhubarb, asparagus.

### Factors Contributing To Success

Diseased plant residues should never be dug or ploughed into the garden; they should be burned.

When making a compost heap, use only material free from disease, supplemented with animal manure, soil and small quantities of artificial fertilisers.

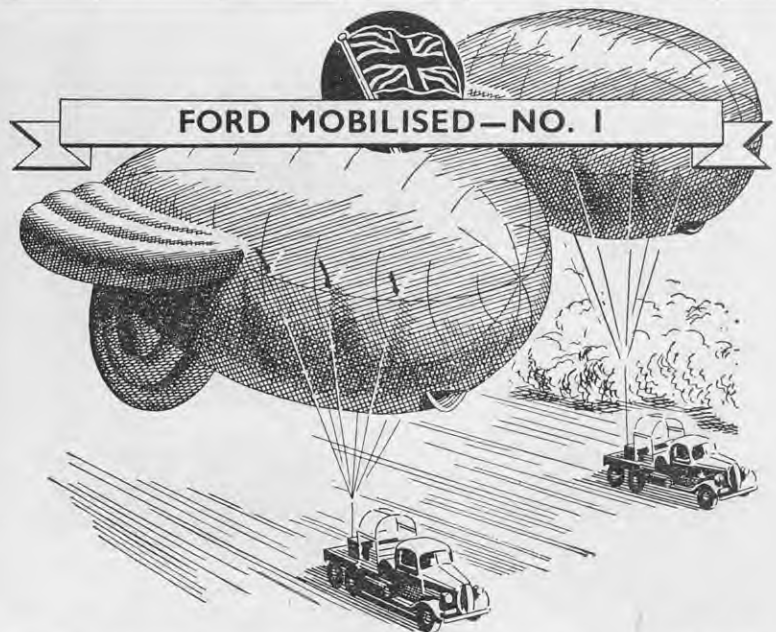
Buy only the best seed; this is the basis of all crop production, and always the objective should be to grow quality produce. Only vegetables of the highest grade should be good enough for the farm family. Good seeds, however, will not produce best results unless proper methods of cultivation are adopted.

The substance of the foregoing remarks must not be construed into accusations of neglect or indifference on the part of the farmer; rather are they intended to direct the attention of our farming community to the advantages which may reasonably be expected by the farm family from increased vegetable production and consumption.

It may be that "time is the alchemist which heals the wounds of war," but no alchemist can heal the constitutional weaknesses produced by the continued process of unbalanced and improper dieting, and time but accentuates and accelerates the deterioration of the human framework built from material of which a large proportion has been proved unsuitable for its durable construction.

The old adage still holds good; it is still a fact that "the true wealth of a nation lies in the health of its children." Greater production and consumption of vegetables on the farm

will not only maintain but will also increase this most desirable and necessary form of wealth.



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