

Pains in the Back

Aches and Chills. Gives Thanks to Ayer's Sarsaparilla. A Medicine which Does All that is Claimed for it.



Mrs. A. Curtis, of 85 Charles St., Northcote, Victoria, sends us her photograph, and says:

"Having used Ayer's Sarsaparilla and proved it to be what is claimed for it, I am in a position to say that no better medicine could be found for severe pains in the back, for which I used it. I must have caught a chill, as I was greatly troubled with aching pains in the back. I began to take Ayer's Sarsaparilla for it, and after a few weeks I was a new woman. Am now well, and in much better health than I have been for a long time, for which I have to thank Ayer's Sarsaparilla."

You may think sometimes that Ayer's Sarsaparilla does too many things, cures too many diseases. But if you will stop and reason a moment you will see just why its power to cure is so great. It is because this medicine acts so directly upon the blood. When the blood is impure, then the whole body suffers. You feel weak and exhausted; you are nervous and discouraged; you have aches and pains; the head throbs and beats; the skin breaks out in rashes; and even the kidneys may become seriously affected. All because the blood is impure. Ayer's Sarsaparilla simply purifies and enriches the blood; and by doing this one thing it removes a multitude of complaints and diseases.

It was "Ayer's" Sarsaparilla that made Sarsaparilla famous. Be sure to get the original, genuine kind. Accept no substitutes.

AYER'S Sarsaparilla

Removes the Cause of Disease.

Correct any Tendency to Constipation by Taking Ayer's Pills.

Prepared by DR. J. C. AYER CO., Lowell, Mass., U. S. A.

Once again has Victoria won the eight-oar inter-State championship. The race was rowed from Ryde Wharf to Searle's Monument, on the Parramatta River, Sydney, on Saturday, all the six States being represented, which is a record. The race virtually rested between Victoria and Tasmania, the latter making a surprising good showing. They got going very quickly, Beauchamp setting a quick, short stroke. They led for a mile, when the nice even swing of the Victorians commenced to tell its tale, Donald's men gradually going to the front. The Tasmanians were by no means done with, but stuck to their opponents all the way. A quarter of a mile from home Beauchamp called on his men for a last effort, to which they gamely responded, but the dark blues, also quickening up, won by a length in 16min. 24sec., a record for the course. New South Wales was a very bad third a dozen lengths away, with West Australia almost level with them. C. Tulloch, W. Heath, H. Rowe, W. Wright, H. G. Whitting, C. Donald, A. Chamley, J. Donald (stroke), and J. M. Macfarlane (cox.), comprised the winning crew. Writing of them prior to the race, "Rex" says in the "Referee" that theirs is a magnificent combination. It is a treat to witness the crew at work. Time, swing, lift, and leg-drive appear perfect, and the boat runs with a beautiful rise as the weight of each stroke is applied. She is lifted by the oars until she seems to skim the water, and shoots on. There is no fatal rush forward of the crew in this boat to check the run. It will be a grand crew indeed who can wrest Victoria's laurels from her present representatives.

The Tasmanian crew, which put up such a gallant fight, did not altogether please the critics in their training. Of them the "Sydney Mail" said that Tasmania has a peculiar style, not much length, very little in the first part, but a furious lug at the finish, with a smart bounding away of the hands, and a steady recovery until reaching for the catch. The rowing is very different to that of any of the other crews. Stroke has little or no swing, and trusts to his arms, which bend too soon. There is also a pace-destroying hand. Apparently the writer was a good deal astray in his estimate.

As was very generally expected, the two Tasmanian scullers, Bourke and Evans, were too good for the opposition in the Single Sculls Championship, the former winning by six lengths in 20min. 3sec. Ivens, of Victoria, was third.

Barney Kieran, Australia's champion swimmer and world's record-holder, left for England by the R.M.s. Oratava, in company with his friend, Mr. W. H. Mitchell, who will act as adviser and trainer to the lad during his stay in England. The N.S.W. Amateur Swimming Association decided that Kieran shall compete at the two meetings of the

Royal Life-Saving Society (which body pays half his expenses), and in all the English amateur championships. It has been left to Messrs. Mitchell and W. Henry (hon. secretary of the Royal Life-Saving Society) to say what other events (if any) Kieran may contest.

A long tow has recently been accomplished by the A.U.S.N. steamer Warrego. She picked up the disabled steamer Pilbarra off Fele, and towed her into Suva, and from there on to Brisbane, a total of 2200 miles. For the most part of the way the weather was fine, but towards the close it became impossible to see the disabled steamer, which was 140 fathoms behind the Warrego.

With the completion of a number of orders, work at the various building yards has slackened off considerably. A fair number of motor launches are in hand, however, and no doubt matters will soon take a spurt again.

CYCLING.

C. Sutherland's appeal to the North Canterbury Centre of the League of New Zealand Wheelmen in connection with the dispute over the race for the Royal Enfield Cup, has been successful (says the "Weekly Press"), and at its meeting on Friday evening the Centre instructed the club to award the race to Sutherland. Provided no further steps are taken, the trophy now becomes Sutherland's property, as he had won it twice previously. It was plain that there was a conflict of opinion between the riders and the officials, and the ruling of the Centre indicates that they considered the men in the race rode to instructions.

Latest exchanges to hand furnish particulars of racing in Paris at the Velodrome d'Hiver. In the semi-finals of the Grand Prix d'Overture, Mayer won the first from Otto Meyer, his fellow countryman, and Piard, of France. Schilling, of Holland, won the second heat from Mathien, the Frenchman, and Fenn, the Yankee, while Jacquelin beat Bader and Jenkins in the third. The final was decided in three matches, Mayer being returned the winner, he securing the two first heats, and Jacquelin the third.

A paced race over a distance of 25 miles, small motors being used, was also decided. Caesar Simar, Hugh MacLean, and Emile Lorgeon facing the starter. MacLean is the American pace-follower who recently defeated Walthour, but as he had only five days' training in Europe his form could not be weighed up. He is a strong rider, with an easy position, and follows pace well, but on this occasion he had to be content to finish a mile behind Simar, whose time for the full distance was 33min. 33.5sec. Lorgeon was a bad third.

Dunlop-Kelly Carriage Tyres

will run thousands of miles without cutting—and will last for years on a private conveyance.

No Noise, No Vibration and No Repair Bills

Illustrated Price List on Application.

The DUNLOP TYRE Co of Aus Ltd.

MELBOURNE SYDNEY ADELAIDE PERTH BRISBANE AND CHRISTCHURCH N.Z.

Dunlop Test Race, 1904,
Cambridge to Papakura, 75 miles,
Won by B. MABERLEY ON HIS Okareta Cycle

MADE BY . . .
W. HENDRY, CYCLE ENGINEER,
KARANGAHAPE ROAD, AUCKLAND.
Repairs a Specialty.

The Cyclists' Touring Club of England has resolved to devote a sum of £400 in prizes for a series of trials of non-slipping devices on bicycles, or for discovering a remedy for slipping. A large number of entries have been received.

Rutt and Ellegaard, with G. J. Farley, left Australia last week en route for Europe, where, at Antwerp, they will compete in the world's championships.

Lawson and Macfarland, the crack American cyclists, passed through Auckland by the mail steamer on Friday. They will proceed direct to America, and, it is understood, will rest for a few months. Lawson does not intend crossing over to Europe and competing in the world's championship races. He says he is in great need of a spell, especially after his numerous falls; but as he expects that the winner of the great championship will visit Australia next season, and as he is certain to again return to Australia with Macfarland, he will be willing to make a mat. with the champion, whoever he may be. It is the intention of the two Americans to reach Australia early next season, probably by August or early in September.

The Parisian papers are jubilant over the prospects of the brilliant racing season likely to ensue from Kramer's and Taylor's visit. Both these champions, in addition to Fenn, Mayer, Jenkins, Ellegaard, Rutt, and others, will make the Parc des Princes, Paris, their headquarters, as Parisian racing offers more inducement to the cracks than that of the other Continental cities.

With the new season opening next spring it appears likely that the importation of British and foreign cracks will be dropped (says a Melbourne paper). But these men will race here at their own expense—tempered by occasional appearance money from promoters—and compete for the rich prizes so regularly offered by Australian sporting bodies; in fact, it is expected that, in addition to Major Taylor, Rutt, Lawson, and others, a fresh contingent from Europe and the States will be seen on our tracks this year.

BOWLING.

(By the "Skip.")

The Mount Eden Club members have good grounds for indulging in a little crowing, for they have won every one of the inter-club fixtures this season. Carlton were the last victims, having been beaten by 139 to 120.

H. W. Brookes did best for Mount Eden on Saturday, beating Wilson by 32 to 12. Kilgour was the most successful Carlton skip, winning by 23 to 16.

The Remuera green will be closed for the season after Saturday next.

Ponsonby put up the shutters for the season last Saturday. The green has not worn so well as usual, being very bare in many places, but, of course, there has been a great deal of play on it.

The Devonport green was in perfect condition on Saturday, and looked as though the season was just opening instead of closing, for there was not a suspicion of a bare patch anywhere. The chief item was the final of the championship between Gardner and Ralfe, which was wonderfully keenly fought out. Gardner had won the first game by 23 to 12, but on Saturday, the second game went the other way, Ralfe taking it 23 to 18. The closing stages of the final game were very close, Gardner getting home by a single point with 21 to 20.

Eva beat Reeve in the final of the First Year's Players' competition at North Shore by 23 to 21 after a very close go.

A fairly strong four from the Auckland Club, skipped by Handcock, went over to the Shore on Saturday, but a team skipped by Eagleton put them through by 19 to 16. Eyre, at third man, played a great game for the winners, being repeatedly on the jack. It was 16 all on the twentieth head when the Shore men got in three and won handily.

R. R. Ross has won the Mount Eden championship by 21 to 8 and 23 to 19, W. H. Mercer being his opponent in the final.

ATHLETICS.

Before he sailed, I asked Alfred Shrubbs, the unapproachable and incomparable long-distance runner, who was the best man he had met during his Australasian trip over the long courses (writes the well-known Sydney authority "Prodigal.") The reply was "George Blake." From what I could gather from Shrubbs and Duffey, and their unanimity of opinion was really remarkable, their views as to the respective merits of the men they met during the tour were as follows:—Sprinters: Nigel Barker 1, Stanley Rowley 2, G. A. Widmer 3. F. C. Mueller, P. H. Hartland, and G. W. Smith all received "good words," but, unless I misunderstood the trend of their views, the N.S.W. bunch of sprinters seemed to be rated most highly. There is no doubt, at any rate, about Barker being the best, in their opinion. In the middle-distance department, say, from 880yds to a mile, W. J. Burk and G. A. Wheatley stood above all others in the opinions of our visitors. Shrubbs quite agreed with the views I have expressed for some time to the effect that Burk and Wheatley were really middle-distance runners, who could go to a mile, but all the same were at their best over four furlongs. Shrubbs holds a very high opinion of both over the "half"—in fact, considers them real champion half-milers—and thinks it will be a great mistake if either attempts anything beyond a mile, at most. Himself a long-distance runner pure and simple, notwithstanding he can run a solid mile, Shrubbs knows the distance runner when he sees one—and the best long-distance runner he met he considers to have been George Blake.

Just prior to the last mail leaving, the annual British cross-country championship was held. Three annual International Cross-Country Championships have now been held, and England has won them all (says the "I.S. and D. News"). Next year the contest will come off in Wales. Baldoyle Racecourse, near Dublin, was the scene of the encounter on March 25. Nominally the distance was eight miles. Actually, it was not very much more than seven. But any shortage which there may have been was well compensated for by the numerous and stiff nature of the jumps. It was in depressing weather conditions that the 48 runners, consisting of twelve representatives from each of the four competing countries (England, Ireland, Scotland, and Wales) were sent on their way. For five furlongs the pace was very fast. Then came the jumps. They soon lengthened the field. A. Aldridge,