# Cousin Kate's Correspondents.

### TO OUR YOUNG READERS.

Our young readers are cordially la cited to enter our wide circle of Cousins, by writing to

COUSIN KATE,

"The Weekly Graphic," Shortland Street, Auchland.

Cousin Kate is particularly desirous that those boys and girls who write should tell her whatever it interests them to tell, about their games, their pets, their holidays, or their studies. Their letters and Cousin Kate's replies will appear in the "Weekly Graphica" on the Children's Pages.

All Cousins under the age of fourteen are accounted Junior Cousins, all above that age Senior Cousins. Cousins may continue writing until quite grown up. and after, if they wish to do so; for we are proud to number among our Cousins some who have passed out of their teens.

A Badge will be sent to each new Cousin on the receipt of an addressed

### LETTERS AND REPLIES.

EAR COUSIN KATE,—May I become one of your consins? I am eleven years old, and in the fifth standard. I am just vecovering from an altack of pneumonia, so will you pleuse excuse may writing. We have a levely beach just a moment's walk from our house, where in the summer we have levely four swimming and boaling all day long. We have not many peta, only a country, which sligs sweetly. I'ld you go to the lickens festival? I was not allowed to go, but I have been reading 'dliver Twist,' and link it very alce.—Cutsin ISTRVAN.

There Cousin Dervan.—I am so meased to

Their Cousits Dervan,—I am so pleased to eared you as one of any cousins. You have, indiced, a glorious bench at Chelleman. I have offen enjoyed a swim there. I think

very lateresting to see the men going to work in the locomotive truck to the forest to cut the timber. It is exported to England. In the apple senson an enumous lot of apples are brought up from there by steamers. I suppose you already know that Tasmanta is called appletand, and the Switzerland of the South.—Cousin MONA.

MONA.

[Dear Cousin Mona, I was delighted to bear from you again. Your letter is very interesting. Half the fun is lost not seeing your letter in print. I tooked up some back anumbers and would have sent you me, but had not the one your letter was in. The only part of Tasmania I know is Hobert, and that I thought charming.—Cousin Kate I.

Itear Cousin Kate.—I expect you have forgotten me, as it is a long dime since I wrote to you last. We had our examination last month, and I am in the first standard now. My age is seven years and fournauths. I like going to school, as we have olds of fan piaying "I say" and "King, King Cuesar," and other games. My hierhed Watter and I are making a garden, and we are going to piant peas, heans, carrots, pointers, and other thing and the properties of the manner of the properties. I was sorry if the control of th + + +

Consin GHLBERT.

Their Consin Gilbert, "Better late than never." I am always pleased when the consine don't quite forget me. I am wolchefig what sort of a game "King, King Caesar" is." I hope the garden with be a great success. -Consin Kaite.]

Tangowahine (N. Wairoa).

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Item the to tell you all about nyself mai my work. I am thirteen years of age, and am in the fifth similarid at school, and my birdhday is on the 25th of December, Christians Day.

I have a long way to go to school. A friend of mine and I the seven mites to school the serious every morning. The roads are very middly at present, and we have should be selected to the second the selected of the second to the secon

Hear Cousin William,—I am glad you wanted to join our society. Boys are al-ways welcome. We have so few of them, and those we have hardly ever write, such



"See here. Life Saver, I am accustomed to the water, but I have little fainting spells sometimes. Now I want you to stay near and take me in your boat if necessary."

your writing is very good for a ber your age. I think you are a bit young to read lickens, but if you enjoyed the book, and understand it, that is all right. I dope you will write again.—Consid Kate.!

Dear Cousin Kate,—I received your letter and badge with much pleasure. I suppose my other letter has been in the "Graphic" by now. I do not get it weekly, only about once he a month, so of course I don't see my letter always. I would like to tell you about New Norfolk and Gerreston. New Norfolk, which is situated at allies up the River Decwent, is a very party little place. Going up to New Norfolk by stemmer the secacry is picturesque, the discussion of the property of the people to the different places for inach, then after tunch they drive out to be sainton points, about the me. The township of the people to the different places for inach, then after tunch they drive out to be assimon points, about the me. The township of the people to the different places for inach, then after tunch they drive out to be assimon points. The illner me tame. The township of the people to the different place are very nice buildings. I have an uncle who lives at New Norfolk, so I usually spend my school holidays up there. My functs have two steamers running there the Maraon and the Taraona. I christiened the Marain when I was eight years old. It is the Taraona when I was eight years old. It is the only of the providence which is on the (tour Hum River, is not as large as New Norfolk. It has summerous timber while. It is

lazy things they are. What a delightful day for a lifthday. No fear of your people forgetting your birthday. You have indeed a long ride, but just think if you had to walk. — Consin Kate.]

The Cussin Kate. May I become one of your consinct. I have not my sister to write his for one because I cannot write. I am only six. Would you send me a blue hadge? I have only one ped, a little dog just like a fox for runff. I used to have a pony called Dick, but father sold him, I am in Nupier now. I have not hene well, so I came up here. I always get my sister Joan to read the cousins' letters to me, foud I like them so much. Joan says she is going to write to you next time. I will strong, —Cousin NGAIRIS.

Hear Cousin NGAIRIS.

Hear Cousin NGAIRIS.

Hear Cousin Ngaire,—I am delighted to entry you as a new cousin. What a family you try and write a feter with a yeard your father you could manage that.

Better changed your full cance. I have not never the sould now your full mane, and soil sell sent you riddle. Can't guess the riddle. Causin Kate.

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Great Coursia Kate, Recuse me for not writing before, but I have built to look ache for a week. It is very cold and wet fore at present. My brother has a fittle

black calf. Will you blease give it a name? We are slarting sewing for a bazant. It was my father's birthirdy on Wednesday, I went out for a ride on Saturday, and got wet through, 4b you get many flowers down there. I can get a lat of violets and snowdrops, Cousin DELCT'18.

[IDear Cousin Delcie,—I am sorry to hear about the hoolbache. It is a loreful third to the bothered with. You are having fine weather now. Call the calf "Snowy." What is the bazant for. Cousin Kate.]

Dear Cousin Kate,—Piease will you accept me as one of your cousins? I like reading the cousins letters very much. I have one surface, it passed my profedency exam, at Caristinus, and I go to the light Nehool at Feliding now. I am fourteen in October, planted some violet seeds a few days ago. Which are your favourite flowers? Mine the violets and worst. I think. Piease will the violets and worst. I think. Piease at riddle for the cousins budge? Here is a riddle for the cousins.

to bed? -Cousin WINNID.

[Dear Causin Winnic, -I am very pleased to accept you as a new consin. I think my favourite flowers are roses and variations. Violets are very sweet. You won't get any flowers this year. When the leaves grow hig you ought in cut them right down, and then you get better violets. Cousin Kate.]

then you get better vlotets. Consin Kate. I
bear Cousia Kate. The weather is
getting much better now. I have a bad
foot, and I am staying away from school.
I am now ten yours old, for my bichday
was last July 5. Cousia DicSSIONIS.

[Dear Cousia Desmond, You will soon be
atie to go and play on the beach and lave
lots of fun outside. You are getting quite
a big chap. I hope your foot will soon
be better.—Cousia Kate.

+ + + Dear Consin Kale. May I become one of your consins? I am nine years old, and I sen in the second shandard. My favourite game is footbull. I am a member of the school club. Would you kindly send one a badge, as I would like one for a bookmark? Coushi JAUK.

[Hear Coudin Jack.—We are pleased to have new cousins to add to our large circle. To you play matches with ofter Cutta, or only between school teams?—Coushi Kale.] I'a bistus

+ + + Dear Cousin Kate,—I was very pleased see my letter in last week's "Graphic."

I wonder if our garden has sitered much since you saw it. If that is some years are, I expect it has, as flowers grow as quickly flere, Our bulbs are all coming into bine-som, as we are having such heaviful weather. Such a dear little black of heaviful block in the control of the bine who can be such that the block in the block of the block

Clifton (Sumner).
Dear Cousin Kale, -- I feel rather ashamed to write after this lapse of time. to write after this lapse of time. My original idea was to enter your competition list, but I had I have not so much three upon my hands as formerly. Thank you very much for sending we the badge; but I think I shall return It, as I may not be writing again, nut it is a pily to wrate it, as It may do for snother child. Hoping I have done the right thing under the crumstances.—Couch IREENIO.

(Dear Cousin Ireed, I am sorry to hear on won't have time to write, but you ced not have bothered to return the badge Cousin Kute.)

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Pukelsenta (Klo Kio).

Dear Cousin Kate,—We are baying very wet and cold weather Just now. We had four on five fine days, but the wet vecatier has set in again. 186d I say I was in Mandard IV, in my first letter? If I idd, 1 am not. I am in Standard V. I have one sister and three brothers. We all ride to school, two on one borse and three on the other. We play buskethalt at our school, I is a very nice game to play on cold days. My schoolmate and I have to watch the goal. It is very hard to score. We also play fives. Do you ever play it, Consin Kate?—Cousin Phoebe.—Baskethall was not heard of what I was a schoolgirt. I the Cousin Phoebe.—Baskethall was not heard of what I was a schoolgirt, I is a fine gaine, and it keeps you on the goal the true. Do the three loys ride logether, or how do you manage?—Cousin Kate.]



To be well and strong you must cat food, and having eaten it, you must digest it and so turn it into the material of your own body. You cannot be well if your body is not properly nourished, and it cannot be nourished if your food does not digest perfectly. Indigestion (imperfect digestion) will make you weak and ailing, subject to headaches, stomach pains—very likely constipation, and certainly discomfort after eating. Matters do not end there, for the poisous, formed in your stomach from the stagnant mass of food, will be drawn into your blood and carried to every part of your body, thus weakening your system and rendering you liable to more deadly diseases. Don't hesitate. Take Mother Seigel's Syrup. It so strengthens the stomach and liver that indigestion becomes impossible, and it cleanses your system of all impurities.

## STRENGTH COMES FROM FOOD BUT IT MUST BE WELL DIGESTED

"My life was a misory. Everything I ate caused me more or less pain and trouble. I also had mains in the chest, together with a sense of great weight and oppression, as well as hearthurn, wind, and other distressing symptoms.

"I tried all sorts of medicines, but with no good results. After a few days use of Mother Seigel's Symp I began to feel better. What I no began to nourish me Instead of causing pain and distress. Six bottles banished every trace of Indigestion, so that I have not suffered since." - From Mrs. McMaton, 21, McDonald Street, Erskinville, N.S.W. 233.11.



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ENSURES GOOD HEALTH.

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