# Sayings of the Week.

## Damping Their Ardour.

OWADAYS the modern churchgoers were inclined to get up early on Sundays, and if they saw clouds in the sky would go back to bed again, thanking God it was going to be too wet to go to church -Rev. Dr. Gibb, Wellington.

#### A Sheet Anchor.

They needed church work more now than ever, for they were inclined to be flabby, and wanted moral grit. It was well to have the Church as a great sheet anchor in times of trouble and danger.— *Mr. C. J. Parr*, Mayor of Auckland.

## Our Territorials.

Our Territorials. You have a feeling of pride and pleasure that, individually and collec-tively, you are by your personal work as territorials, rendering true and valued service to your country and Empire by preparing yourselves on practical and efficient lines to protect your people and the interests of your country—Lord Islinaton. Islington.

#### The Bonds of Custom.

The Bonds of Custom. Praying and preaching have their place, but we must bind up the wounds, assuage the aching smarts of society. We must seek to destroy all those conditions that bring wounds and bruises and putrefying sores in the body politic, and declare that not for the sake of wealth, property, or monopoly shall we forbear. Too long have we been bound by the bonds of customs, bigotry, and prejudice, but to day women everywhere are throw-ing off these ligatures which have for and bound them, for they have heard a voice saying. "Loose the bonds of iniquity and het the oppressed go free."— Mrs. Cole, of the W.C.T.U. Benevolent Instruction.

#### Benevolent Instruction.

The nurses are, to all intents and pur-The nurses are, to all intents and pur-poses, students for a professional career, and the training of these, first under-taken voluntarily by the honorary staff, ought not now to be accepted gratui-tously. The benevolent system of giving instruction must allow a certain amount of latitude on account of private profes-sional duties, which must of necessity occasionally, obtrude themselves. This would be, obviated entirely, by adequate payments, which would demand the effi-ciency and regularity of a university course. *Hr. P. M. Mackog, chairman* Auckhand Hospital Board.

#### A Sober Country.

A Sober Country. Compared with the United Kingdom, New Zealand is a sober country, consum-ing only half the quantity of liquor per head.—Mr. H. B. Irving.

## A Profitable Holiday.

A Profitable Holiday. Contingent on the absence of dangers elsewhere, supposing both Britain and Germany took a year's holiday. Three Germany ships would not be built. Ger-many would save nearly 27,000,000, and owuld automatically wipe out five poten-tial British super-Dreadnoughts.-Mr. Winston Churchill.

## Ministerial Angels.

I feel I want superhuman eleguence to express even dimit the great admiration I have for hospital nurses, for to volun-tarily face the sad and distressing in life and to try and mitigate it is surely the most Christian and augelic instinct of human kind.—Lady Islington. I feel I want superhuman eloquence to

#### Good Settlers.

Good settlers should be encouraged in every way. Give them the hand for nothing, if you will, and help them time cially because we want to see men settled and prosperous, and keeping their heads well above water.—Mr. C. C. Kettle, S.M.

#### Our Pundits.

At present there are no learned men in New Zeuland except those who are teachers in the four rival colleges.— *Professor Sale*.

#### Lunatio Nationalisation.

As regards the national ownership of the mines, one might as well talk of mationalisation of the moon.-Hon. W. P.

#### A Good Blind,

Colonisation was having a great influ-Colonisation was having a great influence on politics and the social advancement of the world. Fortunately for South Australia they had not had people of other nationalities thrust upon them in large masses. Practically only two nationalities hnd settled in South Aus-tralia, British and Germans, and a splen-did blend they made. Out in the agricul-tural districts one could see the result of the blend, for British and Germans had . intermarried extensively. — Mr. Rounsrell, Adelaide.

#### A Harder Task.

A Harder Task. Many said that they would lay down their lives for Ireland, but give him the man who would lay down his glass for Ireland. Anyone who would do this for the sake of Irish prosperity would be a credit, and better than those who went about saying they would sacrifice their lives.—Archbishop Kelly.

## Bush Fire Laws.

I tried to get the laws dealing with bush fires amended some 20 years ago, but nothing has been done, with the re-sult flat actions are continually coming before the Court.—Sir Robert Stout,

#### . . . . To Lead or to Reflect ?

It was sometimes said that one of the missions of the Press was to lead public opinion, but public opinion had not yet becture so degenerate in this country as to leave all their thinking to the Press. The Press was really more to reflect public opinion and he believed that the Press of New Zealand and Australia did combite and promethy express the public capally and properly express the public sentiments of the day.-Mr. C. J. Parr, Mayor of Auckland.

## The Root of all Evil.

The optimin traffic was provaily inde-fensible, but there was something to be fought that was deeper than the optimin traffic or the drink traffic. Love of money accounted for the existence of laramful traffic.—Miss B. Webster, of the China Juland Mission Inland Mission.

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Germany: "Friends? John Bull: "Friends!"

#### Lost Trade.

Lost Trade. But for labour troubles in Australia, nearly the whole of the coal supplies for the Philippines would be controlled from New South Wales. Important in-roads have been made by Japan. and even America and India, supplies from those countries being more certain. It will take a long period of settled cou-ditions in New South Wales before con-fidence is restored.—Mr. Natton, com-mercial agent for New South Wales in the East. the East. . .

## The Land of Tea.

I was in China for ten years and dut-I wild in Ching for ten years and dur-ing the whole period only saw one man the worse for drink. On my first day in Sydney 1 saw a man taking up the whole of the footpath, and 1 had an exactly similar experience in Wellington, -Wr, T. W. Webster, China Inland Mission.

#### . . . Hasty Marriages.

Too many hasty marriages are made these days; far too many. The old adage, marry in haste, and repent at leisure, seems to have been forgotten.—Mr. C. C. Kettle, S.M. . . . .

## Self Reliance.

There was too great a tendency in this There was iso great a tendency in this land for men to lean not upon their-selves, but upon others. When he was a young man, if they wanted a football or a cricket club, they earned the money themselves to get it started; but nowa-days the young men went round with a subacription list to get the money they had not the grit to sarn—Rev. Dr. Gibb, Welhington.

#### The King's Highway.

Nowadays locamotion is much more rapid than in former years; it is, there-fore, very essential that every reasonable and practical precaution should be taken to guard against accidents on the King's to guard against accidents on the King's biglways. It is, in my opinion, very necessary that the owners and drivers of all vehicles should be required to carry sufficient lights at night, not only to warn others that a vehicle is approaching, but also to enable the drivers of overtak-ing vehicles to see the position of any ahead of them.—Mr. C. C. Kettle, S.M.

#### . . . Thought Reading.

It was all very well talking about re-flecting public opinion, but it was not always such an easy matter to find out public opinion as perhaps the public thought it was.—Mr. T. W. Leys.

#### The Corner-stone of Finance.

The Corner-steme of Finance. Money spent upon education, upon housing, upon uplifting the lot of the people, is a better and more assured in-vestment than any which could be po-dured; and I, in conclusion, would like to say this one word. The corner-stone---the corner-stone of sound finance--is peace on earth and goodwill amongst ueu.-Mr. Lloyd George.

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## Wasting Time.

I have been watching the clock, and I have been watching the clock, and for half an hour the Council has been in-dulging in a discussion that has nothing whatever to do with the clause under consideration. The Council has been talking about matters already decided on, and I have been wondering whether or not we were going to talk here all night and still leave the question actu-ally before us untouched.—Mr. Lester, Lyttetton Borough Council.

#### The Y.M.C.A.

In the home life there came a time when the younger members of the family brood were naturally disposed to "hive off," and leave the old firesides, and make new ones for themselves. It was in this transition stage that the influence for good of the Young Men's Christian Association showed itself beneficial. for it largely bridged the gap between the old life and the new; it filled the place of an elder brother to the toys, and necessarily tended towards the ennohing of the race generally.—Mr. W. T. Mills.. In the home life there came a time

## Crusaders' Church.

- Important archaelogical discoveries are being made in Nazarvth, where the foundations of an ancient church of the Crusaders has been brought to light. During the excavations there were found in this place many wonderful mosaics, coins of the carly Koman period, admir-able Ionian and Corinthian capitale, very able ionian and Cornionian expirate, very old well-preserved stome doors, a variety of house utensils, exquisite objects of ornament, and quite a large number ot jewels, all of the eleventh ceutury. These objects are now preserved in a specially constructed museum. It is These objects are now preserved in a specially constructed museum. It is intended to restore the church to its original state. The work is very diffi-cult, as above the foundations there stands at present a Franciscan convent. Another important discovery is what is Another important discovery is what is asserted to be the carpenter's work-shop of Joseph, the father of Jesus. In 1858 the Franciscan monks established a small chaple here. Now the execus-tions have brought to light the founda-tions of a church with three apsides from the time of the first Crusaders. Thorough research and investigation seem to establish the fact that this the place where the workshop of Joseph seem to establish the fact that this the place where the workshop of Joseph stood. The Franciscans have bought up all the adjoining buildings and intend creeting here a magnificent temple. Further executions on this site bring continually to light large numbers of exceedingly interesting and valuable re-hes.

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## FOR ALL EYE TROUBLES

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## Vigorous Old Age

Even ruddy-checked youth is not more beautiful than the mature vigour of healthy old age. This, however, is not seen so often as it should be, partly because many persons mistakenly suppose that weakness and ill-health are inseparable from ripe maturity of years. Yet, in the majority of cases, enfected old persons require nothing but the simple, natural treatment afforded by

## Stearns' Wine of Cod Liver Extract which acts by increasing the appetite, miding digestion, and putting more iron into the blood. It has neither the taste nor smell of cod liver oil, but is an pleasant to the taste as a superior table wine. It is as valuable to old persons as to young ones, and many of its most remarkable effects have been uchleved with the aged. Get it at your chemist's, and be sure you get STEARNE-the

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