

(By BOMULUS.)

WELLINGTON.

Brougham Hill Finals.

H. V. HOWE'S FINE RECORD.

Three championship finals were played off. at Brougham Hill on Saturday 1st April, in the presence of a large muster of members and visitors. A feature of the afternoon's tennis was the unprecedented success of H. V. Howe, who established a record for the club by winning three championship finals in one day.

Hay, Howe once more upset calculations by defeating Hawkins, who is never the same player in his meetings with Harry Howe. 'The latter has not had nearly the same opportunities for practice as Hawkins, but after the first set he was Hawkins, but after the first set he was the only man on the court. At the be-ginning of the concluding set Hawkins was done, aithough he put up a good finish, and Howe continuing to play con-fidently won the match 3-6, 6-1, 6-3.

And the championship for the first time. A more unexpected result still was that in the Men's Doubles, Howe Bros. that in the Men's Doubles, Howe Bros. defeating Laishley and Hunter (the club's first double), after the latter pair had captured the first set, 6-love. The Combined Doubles went to H. Howe and Miss Rochschild, the latter of whom is a really good doubles player. Following were the results:--

MEN'S CHAMPIONSHIP SINGLES. H. V. Howe defeated L. W. Hawkins, 5-6, 6-1, 6-4.

MEN'S CHAMPIONSHIP DOUBLES.

Howe Bros defeated F. Laishley and J. Hunter, 0-6, 6-4, 6-3.

COMBINED CHAMPIONSHIP DOUBLES.

H. V. Howe and Miss Rothschild v. L. W. Hawkins and Miss Davis, 6-4, 6-4.

R. H. Nagle-Newtown Champion.

R. H. Nagle-Newtown Champion.
The final of the Men's Championship Singles of the Newtown Club was decided on Saturday week when the holder of the title, R. H. Nagle, succeeded in defeating E. Y. Redward, 6-4, 6--2; and thus is club champion for another year. Nagla was expected to win as he has had lairly regular practice this year, whereas Redward, Lindsay and Coy are couffied to an occasional single they manage to work in at the courts. The winner joined the Thorndon Club some time ago, and has been much keener of late, so that in all probability this will be his last season at Newtown. The match under review was not marked by any great brilliancy, as Nagle was evidently disposed to take no chances, and an idea of the game may be guaged from the fact that Redward himself was responsible for whatever gressive play there was.
The final of the Ladies' Championship was started, Mrs. Nagle and Miss Clark before the game was concluded. The score was set all, and 3 all in the third set. Consequently a replay was necessary and the match was set down for decision during the week. The correct senifinal results were:—

Miss Clark v. Miss Robinson, 8-6,

6-Mrs. Nagle v. Mrs. Grady, 6-4, 6-1.

Petone Cinb.

The suburbanites who have had the and successful season in the history of the club, winning two of the inter-club championships, concluded a Men's Handi-cap Singles event last week with the fol-lowing results:---First round.--Andrews (22) beat H.

(a) interval (2), and (2), an

Thompson (38), 60-57; Parkinson (owe 10) beat A. Thomson (40), 60-36. Final.-Andrews (22) beat Parkinson (owe 10), 60-40.

Missellaneous.

Victoria College's team in the New Zealand University Tournament to be held in Auckland at Easter, will be chosen from:-D. 8. Smith. 8. M. Cleg-horn, J. B. Parker, C. H. Taylor, A. T. Buncan, Mrs Bogle, Blisses J. Scott, H. McIntosh, I. Tennent, and A. Atkinson. Mr Geo. 8. Pratt, many years secretary of the Newtown Club, returned to Wel-lington on Sunday week, after a moath's leave-of-absence, during which time he visited Sydney, Melbourne, Holbart, and New Zealand's Southern cities. Mr R. S. J. Beere, well-known in ten-

New Zealand's Southern Cites. Mr R. S. J. Beere, well-known in ten-nis circles in Wellington, leaves for England on Thursday, 20th April, having been selected as an officer of the New Zealand Coronation contingent.

Zealand Coronation contingent. Rod Heath, the great Victorian player, who has gone to the Old Country to com-pete in all the famous tournaments, played in the international championship at Col d'Azure, Cannes, and reached the final, where he was defeated by Rahe (the German crack) 6-4, 6-4, 7-9, 6-4. 8

Next issue will be the last occasion on which Lawn Tennis Notes will ap-pear this season. The championship on which laws femins for the propert this season. The championship tables for the various inter-club com-petitions will be published for the bene-fit of the many players who doubtless would like to preserve some record of the season's performances.

AUCELAND.

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There are at present several young players of promise in Auckland, as well no doubt as elsewhere who are handicapped for want of instruction. In this respect founds suffers as compared with other sports, which have their coaches, No one doubts the great advance other sports, which have their coaches. No one doubts the great advance in the standard of play amongst cricketers here since the advent of the "coach," and no one doubts but that there would be a corresponding increase amongst tennis players were the young players to get proper instruction. The day of the tennis coach, however, does not appear as yet, and one must be

ATHLETICS.

Champion G. A. Wheatley. HOW HE TRAINS.

Gregory A. Wheatley, the Australasian middle distance obampion runner, has been selected to represent Australa-sia at the Festival of Empire sports, ot be held in connection with the Corona-tion celebrations next June and July. Born at St. Kilds, 27 years agn, Wheatley stands 54t. 104, in height, but on the running track he looks well over 6ft., and is known in all other States and New Zealand as the "Tall Victorian." His weight is 68t, 11th, in running costume, but he only scales in a few pounds more when out of training. He has for some wasn been amount the

few pounds moré when out of training. He is a non-snocker. He has for some years been among the leading pedestrians of Australia, and has won innuemrable championships and other events. His performances include 840 yards in Inin. 563 sec. on Exhibition track, Melbourne, March 18, 1910 (Aus-traksian record), 1000 yards in 2min. 19 2-5scc. on the Melbourne Grammar School Ground, April 15, 1910 (Austra-lasian record); and one mile in 4min. 23

content with watching one's superiors and "taking a leaf out of their book" at present.

at present. Amongst the lady players, Miss Gray maintains her undoubted superiority, but while several others have shown themselves to be players of average standard, no one hus showed signs of more than ordinary ability.

THE NEXT SEASON.

In a few wecks' time the clubs will be holding their annual meetings and electing officers for the coming season, Next season, with the Davis Cup contest, and a prospect of a large championship tournament, and the advent of many tournament, and the advent of many fine exponents of the game, will probably be a record one in the history of tennis in New Zealand. Members will therefore do well to see to it that their best representatives be elected as delegates to the Association, and the Association will require to use a good deal of dis-cretion in the appointment of its execu-tive officers tive officers.

EDEN AND EPSOM,

At Eden and Epsom on Saturday last, At Eden and Epsom on Saturday last, Grossmann and A. H. C. Brown defeated W. A. Brown and Morpeth in the double championship, 6-3, 3-6, 6-2, 4-6, 6-2. The game was started late and was finished in the dark. The win-ners were most aggressive, Brown in par-ticular. Their volleying, too, was better than their opponents. The play through-out scemed to be characterised by lack of enthusiasm, owing, no doubt, to the thought that the match could not be enthusiasm, owing, no doubt, to the thought that the match could not completed in time.

completed in time. Grossmann (0-15, 4-6) defeated Young (scr.) in the final of the handicap singles, 5-7, 6-4, 10-8. Grossmann was repeatedly foot faulted, a decision which quite upset his game. The following are the winners of the club championships for the senson:---Eden and Epson. II. Morpeth. West End, Quinnell and Swainson. Parnell, T. R. Grigson. Devonport, R. Gringer. Mount Albert, T. Gardner. Remuera, K. Duthie.

ROTORUA.

The club tournament which has been in progress lately, was concluded last week, when the following games were in

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43. In the men's championship final, Met-ville beat Empson 6-4, 7-5, and 6-3. In the ladies' handleap singles final, Miss 8. Simpson (owe 10) beat Miss Mur-ray (receive 12) 50-28.

FEILDING.

On Saturday last at the Feilding ten-nis court, Mrs Evans beat Miss Shannon in the final of the local championship. in the final of the local championspip, Mr Davey beat Mr Luwson, Mrs Evans and Miss Shannon write defeated by Mrs Harding and Miss Harte in the ladies' doubles. Mrs Evans and stras Shannon are to play off on Salarday next for the ladies' handleap singles.

sec on the Sydney Cricket Ground, No-vession 0, 1995 (Australian record, Ule in: the holder of the half-mile and mile, Queenshind; half-mile and mile, New Pouth Wales; and half-mile Victorian records.

METHODS OF TRAINING.

METHORS OF TRAINING, Wheatley is very thorough is his training methods. His fundquarters are at the North Melbourne recreation ground, which has a grass track with three laps to the mile. "Chartie" Saw-yer, a well-known football trainer, has charge of the Essenden Harvier and other melasting

yer, a were now in contain trainer, and other pedestrians. When training for the half mile and mile championships, Wheatley considers that three months' steady preparation is necessary. For the first three weeks he puts in three or four nights a week, his work consisting of three laps of ateady work, in order to cultivate a comfort-able and easy stride, which, in his optim-ion, is a most important desideratum. "Once a runner has developed a stride that is easy to himself," he remarked, "his training work becomes a plensure." Commencing the fourth week, he in-reases his pace somewhat, and this con-tinues for the next three weeks. By this time he is feeling fit, and his trainer

creases his pace somewhat, and this con-tinues for the next three weeks. By this time be is feeling fit, and his trainer gives him "breaking" work, with occa-sional "runs through." Huns from a quarter of a mile to 600 yards at top speed are also undertaken. Being handicappel by not being able to race in company with runners who can stay more than a good quarter of a mile with hin, he often arranges to have a relay of men to take him around over the full distance. He frequently trains with a whippet. He is conceded a start of 30 yards in a 130 yards sprint, and the dog generally manages to beat him on the post. This, he states, is one of the best aids he receives in his training, as it improves his sprinting powers con-siderably. Wheattey is not a food fuddist. He believes in enting good, wholesome food,

Wheatley is not a food fuddist. He believes in eating good, wholesome food, and does not consider it necessary for him to curtail his menu in any way, ow-ing to the fact that he is always in good condition, and puts on very little weight when off the tracks. Touching on the question of diet, Wheatley humorously remarked that when he and a number of other cham-pions were competing at a big meeting in Bendigo some years ngo, an "old-timer, who was watching the races from the arema, said, "Look here, you young fellows, you don't know how to train, or even diet yourselves for these champion-ships.

"What are your methods?" inquired

"Dry toast and water," replied the old ped. "Well, what have you won?" asked

"Well, what have you wonr' asked the Essendon runner. "I've never won a race in my life," said the veteran; "but I know that dry toast and water is the best stuff for a chap to train on." "He was a poor alvertisement for this diet," romarked Wheatley, with a sunile. "So I never followed his advice."

TACTICS IN RACING,

TACTICS IN RACING. Wheatley does not believe in making the pace in a race. He sizes up the field, and then keeps in a handy position until the hell. If he has a formidable opponent he makes his run about a fur-long from bone: but if the competitors are not up to his stundard he challenges them about 50 yards from home. He effects to win just confortably, and is sposed to "guand stand" flushers, as they tend to belittle the other men in the race.

the race.

In y tone to bentue the other mich in the race. In his opinion the tracks in Australia are against fast times, but the Sydney Cricket Ground he considers to be the fustest. The einder track at Carisbrook ground, Dunedin, is a very good one. Ho looks upon the Melbourne Cricket ground as being somewhat trencherous for rac-ing. One day it has plenty of life in it, and on another day appears to be dead Nature, has endowed Wheatley with a fine physique. He runs with a perfect stride, while his movements on the track represent the very "poetry of motion." His performances prove conclusively that he is the finest middle-distance runner in Australia at present.

If there was a shortage of labour in New Zealand, and it was desirable to have a policy of assisted immigration, he would point out that the last three ver-sels which had left Wellington for Syd-ney direct had been full ships, and the same was the case with vessels leaving Anakland for Syder. W. T. Young. Auckland for Sydney .- Mr. W. T. Young Wellington.