# Sayings of the Week.

#### Balfour on Gorman Audacity.

**▼** HE depreciation of British virility has gone so far that non-official Germans, men of position and character, engaged in great affairs, have actually the audacity to say: "Do you supose we should ever allow Britatin to adopt Tariff Reform to It is undesirable to press irresponsible con-rersations too far, but such audacity as to say that Britain shall not settle its taxation according to its own ideas makes my blood boil .-- Mr. A. Balfour, in . recent speech.

#### Quite Secure.

We are more secure, as far as the de-fence of our shores is concerned, than at any time in the memory of living man. any time in the Mr. Asquith.

# The "Examination" Craze.

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Examinations have crept into everything connected with school life to such an extent that to many minds the word "examination" has become synonymous with "education."—Mr. G. W. C. McDonald, president of the New Zealand Educational Institute.

#### A Second Dreyfus Case.

I do not realise that a British com-munity will allow a second Dreyfus case to be enacted in their midst.—Captain F. B. Knyvett.

#### Kitchener in Sydney.

Complete security is only obtainable by efficient fixed defences, supported by a mobile and efficient land force.—Lore Kitchener at Sydney.

### Prospects for the Lords.

Whatever the people think about the Budget or the House of Lords, they will not, I am sure, allow any Government a free hand to turn us over to the untempered mercy of a chance majority in the Commons, and of the Ministers happening to control that majority.—The Marquis of Londonne (Leader of the Unionic party in the House of Lords).

### Our Naval Obligations.

It is quite true that there is competition in naval shipbuilding, but it is untrue that we have fallen behind; I do not like this increase in the naval expenditure. It must be a burden on the resources of any country, but the navy is essential to our safety, and we cannot afford to let other countries get up to us.—Sir E. Grey [(Foreign Secretary)

# Highest, Purest, and Best.

Highest, Purest, and Best. It we wish the children to have more from in the blood of their principles, we must present before them the highest, purest, and best moral examples in this new country. Far removed from the larger centres of population, and untrammelled by the traditions and absurd class distinctions of older lands, we have a splendid opportunity to work out our own destiny on lines that should make for the national uplifting and national greatness.

—Mr. G. W. C. McDonald, President of the New Zealand Educational Institute.

Professor Bickerton is a man who is Professor Bickerton is a man who is misundershood, and often misrepresented, but he is a second Sir Isaac Newton, and has discovered the law of impact. Some day the people will erect a monument to his memory.—Mr. Clement Wragge, tha well-known meteorologist.

## The Work of the Navy.

It is on the navy that you must refy in the first instance to frustrate the de-signs of the enemy on isolated portions of territory, and to keep open communica-tion with other parts of the world.—Lord Reference at Sydney.

### An Educational Fotish.

There is a growing feeling in connection with the New Zealand University that it should find new channels for its activities. The Latin and Greek fetish atill stands as a hindrance to systematic higher education.—Dr. A. K. Nesoman, Mayor of Wellington.

#### The First Consideration.

The first consideration always in our work is the pupil .- Mr. G. W. C. Mo-Donald, president of the New Zealand Donata, pressure.

#### Francisco Ferrer.

When I maintained against Ferrer my theory, justifying the winnig of political rights by violence, Ferrer used to ruply to me with the utmost calmness, "Time only respects those institutions which time itself has played its part in building time itself has played its part in building up. That the violence wins for us to-day another act of violence may wrest from us to-morrow. Those stages of progress are alone endurable which have rooted themselves in the mind and conscience of mankind before receiving the final sanction of legislation. The only means of realising what is good is to teach it by education and propagate it by example."—Alfred Naguet, formerly French Senator and an intimate friend of Francisco Ferrer. ciaco Kerrer

#### The Imperial Destiny.

We must work out our Imperial salva-We must work out our Imperial salva-tion by wisdom, moderation, and mutual understanding and comprehension be-tween the various equal and self-govern-ing democracies of the Empire. The welding into closer unity of so curiously formed a body will require the labours of successive generations of statesmed. Let us take one step at a time as it commends itself to our common-sense and that of our fellow-citizens across the seas.—Mr. Balfour.

#### The Old Home Life.

Some parents, teachers know, are utterunfitted to train their children. The home life, with all its hallowed associations, are fast becoming a thing of the past.—Mr. G. W. C. McDonald, president of the New Zealand Educational Insti-

#### No Training Required.

Society requires certain guarantees of training from its chemists, doctors, lawyers, plumbers, cab-drivers, motormen, etc.; indeed, from almost every class of skilled workmen except teachers. Anyone satiled workmen except teachers. Anyone can start a private school, no training is required for a teacher in our secondary schools, and the large body of uncertificated teachers in our primary schools speaks for itself.—Professor T. A. Hunter, Victoria College.

STICKING TOGETHER.

election speeches on the Budget have shown that Mr. Balfour and the Tory Party are tightly linked up with the Dukes and the brewers.

# Only Themselves to Blame

I am in favour of adult suffrage. If the reform is not embodied in the Liberal programme for this election the ladies themselves will be to blame.—Mr. John

# A Criticism of the University.

The University of New Zealand is purely an examining body, with its soul resident in Europe.—Mr. G. W. C. Mc-Donald, president of the New Zealand Educational Institute.

## A Sort of Mecca.

Wellington is a sort of Mecca, or holy land, to which all sorts of institutions, sinners and saints flock.—Dr. Necman, Mayor of Wellington, at the opening of the Educational Conferece.

. . . .

### Be Sure of Victory,

I do not believe there is going to be any war between Britain and any great Power; but the only way you can secure peace is to be sure of victory if war occurs.—Mr. Balfour.

## "Bullying Inspectors."

It is very necessary to have something clear to place before inspectors, for I know of instances where country teachers have been bullied by the inspector for doing the very things which in a city school have been approved.—Mr. Mc-Kensie (Auckland), at the Educational Conference in Wellington.

#### The Force of Discipline.

What is the main disciplinary force in our schools to-day? I unhesiatingly reply "Fear." As the whole history of our sensors treaty? As the whole history of eivilisation teaches us, we must replace brute force by skill, which means caheatoonally, fear by knowledge of the child.

—Professor T. A. Hunter, Victoria Col-

# Unassailable Superiority.

The Government has recognised to the full the increasing risks to which Britain's naval supremacy is exposed and does not heaitale to call for large sacrifices for a substantial addition to the naval expenditure, which is one of the principal causes of the Budget. This additional sum is being better and more

fruitfully expended than if it had been spent earlier. The position as regards the navy, now and for the future years, for which we, as an Administration, are responsible, is one of unassuilable superiority.—Mr. Acquith, Prime Minister.

#### We Tarif Rerformers.

We tariff reformers stood for the whole policy of taxation of foreign imports and food duties, as proposed by Mr. Cham-berlain.—Lord Milner,

#### The Balance of Power.

Even if the Tories, as they anticipated, gain 100 seats in the new Parliment, the balance of power will be in the hands of the Irish Nationalists. — Mr. Wirston Churchill, President of the Board of

# SOME COSTLY MISTAKES.

Every day people make serious mis-takes which the experience of others should have taugth them to avoid. For should have taught them to avoid. For instance, there is the fool, with the gun that he "didn't know was loaded" until it went off, and hurt somebody. There is the person who goes to find an escape of gas with a naked light, and so causes a symbolic in Aboin behave in a section. of gas with a naked light, and so causes an explosion. Again, there is—perhaps in your household—somehold who makes the everyday mistake of thinking that they can be well even though they cannot digest their food. Now, health and strength can be obtained only from food well digested, and the first approach of Indioxetion is a serious matter. Neural. well digrested, and the first approach of Indigestion is a serious matter. Neuralgia, anaemia and hreumatism result from Indigestion as surely as pains in the chest, head, or back! Such troubles arise from a disordered stomach, and that condition you can remedy with the aid of the root and herb extract, Mother Seigel's Syrup, which tones and strengthens the stomach and stimulates the liver and bowels. and bowels.

Mr. J. Gilmour, Gregory Terrace, Bris-Mr. J. Gilmour, Gregory Terrace, Bris-bane, Queensland, said, on August 2nd, 1909:—"It is five years since I began to suffer from Indigestion. 'Always, after cating, I bad severe poins in the chest and stomach, with a distressing sense of over-fulness, though I ate but little, having no appetite. My stomach became so disordered that I could retain nothing. I used to retch and vomit after every meal. I was so weak and ill that work became a burden.

became a burden.

"I went on in this way, never a day free from pain and distress, for two whole years. Then, on a friend's advice, I bought Mother Seigel's Syrup. In a month I could eat, sleep and work better, and the vomiting after meals ceased entirely. As I continued to take the Syrup, I kept on getting better in health and spirits until I was thoroughly cured and as well as ever I had been in my life. I have never suffered from Indigestion since." since.

If you have any stomach or liver troubles, Mother Seigel's Syrup will prove as good a friend to you as it did to Mr. Gilmour.

An overdressed woman was talking to

An overdressed woman was talking to an acquaintance.

"Yes," she said, "since John came into his money we have a nice country house, horses, cows, pigs and hens."

"That must be charming," remarked the other; "you can have all the fresh eggs you want."

"Oh, well," replied the first lady, "of course the hens can lay if they like to, but in our position it isn't at all necessary."

# Vigorous Old Age

Even ruddy-cheeked youth is not more beautiful than the mature vigour of healthy old age. This, however, is not seen so often as it should be, partly because many persons mistakenly suppose that weakness and ill-health are inseparable from ripe maturity of years.

Yet, in the majority of cases, enfeched old persons require nothing but the simple, natural treatment afforded by

# Stearns' Wine of Cod Liver Oil

which acts by increasing the appetite, aiding digestion, and putting more iron into the blood. It has neither the taste nor smell of cod liver oil, but is as pleasant to the taste as a superior table wine. It is as valuable to old persons as to young ones, and many of its most remarkable effects have been achieved with the aged. Get it at your chemist's, and be sure you get STEARNS—the