

How to make Old Articles Look New.

This is a question many anxious mothers and grown up daughters ask themselves somewhat dolefully when cash is none too plentiful. Let us see what can be done. Taken as a whole, the matter is bewildering, and enough to make the bravest housewife quail before her task, but so much may be done, little by little, that the truly cheery materfamilias will turn to quietly, determined to do the best she can.

Probably the furniture itself is responsible for that hopeless "shabbiness" which some of the rooms present. This should be re-upholstered. Cretonne can be bought for a few pence a yard, but tapestry at about eightpence a yard will better repay the labour. The first attempt should be made upon an ordinary chair, or, better still a stool. Rip the old covering off carefully, cut out the new material by it, and nail on neatly. Upholsterers' pins must be obtained for the purpose, and the proper braid to match the covering is finally nailed on in the same way. Do not attempt a large article, such as a sofa or easy chair, until you have had considerable experience. There is a great deal to be done in this direction by a deft-handed woman, but space forbids my going into further details now.

Occasional chairs very soon show signs of wear on their silken seats. A judicious wander through some of the larger shops is almost certain to reveal bargains going in the shape of small bits of silk tapestry. Carry the necessary measurements with you, and carefully consider the colouring of your room, and you will be able to obtain re-seating fabrics for a few shillings. As these chairs are scarcely ever made en suite it does not in the least matter whether the silk squares match or not. Piles of cheap cushion squares at ninepence or a shilling

each are fruitful sources for finding pretty bits of silk for these purposes. Fancy nails almost invariably surround these silk seats, and it must be remembered that each hole must be first made with a bradawl before attempting to drive in the brass-headed nails, otherwise the heads will fall off in a disastrous fashion.

And now we come to the framework of the furniture. The simplest and best polish I know of is made by melting together equal parts of beeswax and turpentine. Before this is applied, however, a sponge dipped in warm soap-suds should be passed over the wood.

When it comes to the pianoforte's turn, great care must be taken to let no dampness get inside, and this is specially necessary when the keys are washed. A very dry damp sponge should be used, with but little, if any, soap. After ordinary use the keys do not require more than a slight damping and drying. To make them white apply a little lemon juice on a clean bit of flannel; when dry, polish with a wash leather.

Ox-gall put into a pail of water will revive the colours of the carpet which is being scrubbed. This scrubbing should not be done till the carpet has been thoroughly beaten and is re-laid. Old carpets may be treated in the same way as old sheets; rip up the centre and turn the sides to the middle. Of course this is impossible in the case of a square bordered carpet. Ink stains on a coloured tablecloth may be got rid of by rubbing with a dissolved teaspoonful of oxalic acid in a tea cup of hot water.

New silk frills to old cushions will entirely renovate them, the silk sides having been lightly rubbed with pumice stone powder and then brushed to clean them; new ball fringe or edging to window and fireplace curtains will give them an indescribable air of

freshness. Many people indulge in short washing silk curtains, but these are apt to shrink most deplorably after many tubbings, and are then quite useless for their original positions. Instead of throwing them away or putting them up at some back window, sew a long strip of wide guipure lace edging on to the top of the curtains. The straight edge of the lace is sewn to the length of the windows. Now attach curtain rings to each of the points of the lace, and when these are slipped on the rod you will find that your curtains are prettier than they ever were, despite their having been "contrived."

The foregoing are but hints to indicate how much can be done in a house without the expenditure of a great deal of money. A clever housewife will be at no loss to know how these slight suggestions may be elaborated and worked upon.

—By Thekla Bowser.

veil is closely spotted. Otherwise one would imagine a veil would protect these organs from grit and dust, and the cuticle of the skin from the roughening influence of the wind.

Then and Now.

Buttons in front of us, buttons behind us! Our gowns, our coats, our hats, anywhere and everywhere they are welcome at the moment; and truly some of the new designs are wonderful in their beauty and charming in their dainty ornamentation. Some are of the palest green with designs after Wedgwood on them, and others are of delicately tinted ormolu. Smart jewelled buttons are still in favour, and old-fashioned silver and gold buttons now fulfil duties very different from those for which they were originally made. Then they were for use; now they are for ornament.

The Thin Girl's Temper.

No thin woman can afford to lose her temper. "Nothing," says a good authority, "will make you so angular or give your face such an undesirable look as the free indulgence of your own will." A girl who was thin to a really painful degree gained thirty pounds in sixty days on the following regime:—Twelve hours' sleep a day, a well ventilated and cool room to sleep in, with lots of fresh air all night; light down coverlets for warmth, and hot water bags at the feet if they were cold; loose light clothing at all times, with plenty of space about the chest, shoulders and waist; a diet of cereals, cocoa, fresh fruits, and starchy vegetables, potatoes, beans, etc., milk and cream—everything of a warming, fat-producing nature in the way of food; warm baths, though not too frequently.

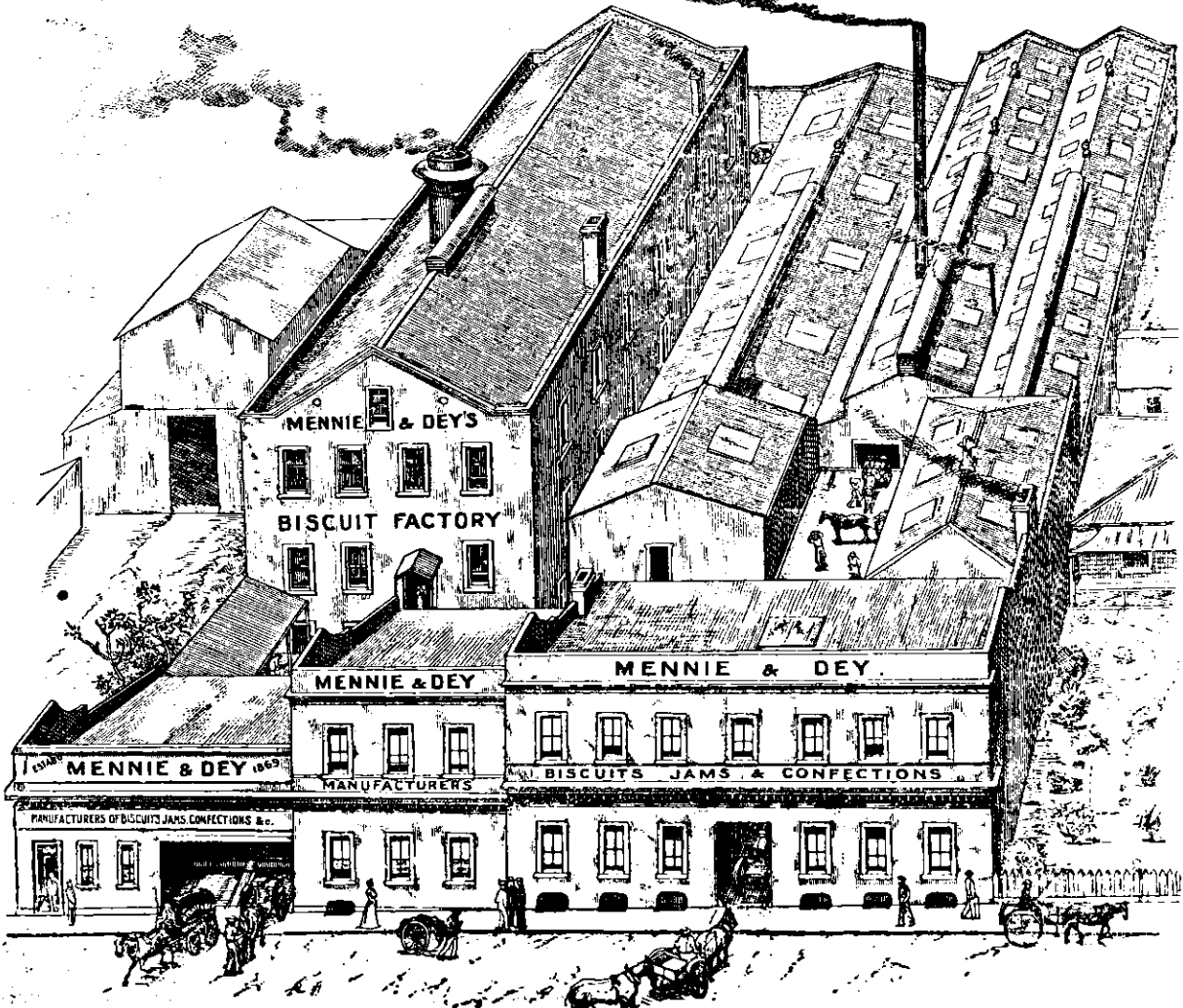
Would Men Consent to Wear Veils?

It was rather an ingenious argument that a lady, who denounces veils, made when she said, "If any one does not believe veils cause nervousness, let them try them on men and see how long they would stand them." This hater of veils does not include in her trial against them the gift to men of fluffy hair that will get disarranged and make the wearer feel as if she not only looked but was a lunatic. Probably if men took to wearing their hair as women do, they would speedily invent some protection, at any rate, for the coiffure.

There is no doubt that veils are injurious to the eyesight of some people if the optics are not strong and the

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