

Headache, Indigestion and Constipation.

AN IMPORTANT DISCOVERY.

AN IMPORTANT DISCOVERY. It will interest sufferers to know finds a valuable mediclue, called Froo-tolds, has been discovered, which is pow completely curing each of the above named complaints. Frootolds and the set of the ut-most importance, are throoughly reli-able in affording quick relief. You do not require to go on taking them for a prolonged period, as is necessary with some mediches, which even then are mostly disappointing; you simply take a dose of Frootoids when ill and repeat the dose if necessary, but gene-rally one dose is quite effective. Frootoids are immensely more valu-ble than an ordinary aperient, in so far that they not only act as an ape-rient, but do remove from the blood, itssues, and internal organs all the waste poisonous matter that is clog-ging them and cloking the channels had lead to and from them. The bene-ted of the theoremes of precident are evident at once by the disappearace of head-net, the head becoming clear, and a bright, cheery-sense of perfect health aking the place of sluggish, depressed preserver, and the proper aperient di-streation are the proper aperient

feelings, by the liver acting reoperty, and by the food being property di-gested. Frootoids are the proper aperient medicine to take when any Congestion or Eload Poison is present, or when Congestion of the Brain or Apoplexy is present or threatening. They have been tested, and have been proved to afford quick relief in such cases when other aperients have not done any good at all. It is of the utmost impor-tance that this should be horne in mind, for in such cases to take an or-dinary aperient is to waste time and pertail of a serious illness becoming fatal. Frootoids act splendidly on the liver, and quickly cure billions attacks that autibilious pills that could have been cured at once by Frootoids. People should not allow themselves to be duped into contracting a medicine-taking induit by being personed to

been cured at once by Frootolds. People should not allow themselves to be duped into contracting a medicine-taking inabit by being persunded to take daily doses with each meal of so-cure. Frootoids have been subjected to extensive tests, and have in every case proved successful in completely curing the complaints named. A constipated habit of body will be frootoids, instead of an or-dinary apericat: by so doing, the pa-tient will require doses only at longer intervals, and will so become quite intervals, and will so become quite independent of the nations. Frootoids are only now being placed on the Australian market, consequently you may at present have a difficulty in getting them from your local cle-mend if you cannot get them at once and a botte of them will be ter-mediately forwarded to you post free-ther source, successing of them, and a botte of them will be ter-mediately forwarded to you post free-ther sour free or bottin wholesale sup-ples froating. Markeepers, had a holesale sup-ples froating. Therefore, Ke. 11, fret

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ISTER ANN aroused the animals in the menagerie to an exhibition spirit by prodding me sharply with a long pole. I I threw myself against the bars of the bull-pen and seized the corn-husk

meat she threw within, but not with the ferocity pleasing to Ann. "The trouble is, Patty, you've never

been to a real circus," she said regretfully.

That supreme joy had fallen to Sister That supreme joy had railen to Dister Ann a short time before our coming to visit Uncle Henry on his mountain ranch. It coloured her dreams and shaped her days. Before the advent of the circus, Ann's

Before the advent of the circus, Ann's choice of occupations had long wavered between the delights offered a lady In-dian fighter, and the thrills enjoyed by an aeronaut. Then the show flatinted its spangled banners, and now, at twelve, Sister Ann would be a circus queen. I was ten and had no ambitions.

You can do it best, Sister Ann," I suggested.

Ann tried to squeeze through the Ann tried to squeeze through the small space between the upright poles with which Uncle Henry had divided the barn for a vicious bull; but, failing, we were obliged to change places by run-ning round through the doors.

Then I was shown the real thing. Ann plunged and growled and tore her fea-thery meat to fragments. She threw herself against the bars and showed all



attic windo dark object crouched in the contre of the corral"

her sharp little white teeth with such terrifying intent that I stood appalled, "O Sister Ann," 1 entrented, "let's play something else." Sister Ann's features relaxed into

their normal form. "Well, so long as it ain't dolls," she agreed. So we turned our attention elsewhere.

In the end of the log barn was a square window, fitted with a sliding door, which was called the "bear-winwhich which was clinic the observation (ω, w) , (λ, ω) and (ω, w) , (λ, ω) are a pig-stealing bear. We now raised the window, and, to keep it up, inserved a peg with string attached, as Uncle Henry had shown us. Then I crawled through, and Aun pulled the string and sprang the trap. Soon I was in the midst of a severe course of bear-training Could be the severe course of bear-

in the midst of a severe course of bear-training. Suddenly Ann dropped my halter and, seizing what sho called a snake-stick, made off, with flying curls. Following her with my eyes, I saw on the mountain side, near the yard fence, an angry, fang jawed head and an welifted hyring tail. Then Ann media fence, an angry, fang jawed hend and an uplifted, buzzing tail. Then Ann made a jab with her forked stick. I had learned my part; and following on with the axe, 1 shudderingly severed the loathsome head. The job must be neatly done, for Sister Ann wanted the rattlesnake skins for personal adorn-ment. ment. "O Sister Ann," I wailed, "I wish you

wouldn't.' "Wouldn't what?" said Ann; and I

said no more. Aunt Emma came to the door as Ann

dragged her headless captive into the yard

"Now, Ann," she said, "I don't think your mother would like to have you hunt rattlesnakes." "it's great fun," Ann answered eva-

sively. "But they will bite you," Aunt Emma

"But they was and insisted. Ann looked contemptiously down at her still wiggling victim. "They al-ways act as if they'd like to," she ad-mitted, "but it's a pure waste of time, Aunt Emnua." And I had faith it was so.

At dinner Aunt Emma looked grave. At dinner Aunt Emma looked grave. She had received word that one of her sister's children was dangerously ill. "I have been wondering," she began, "whe-ther my two little guests could keep house for Uncle Henry if I should be gone a week?"

gone a week?" Ann was a wonderful rook, but her reputation had not preceded her. "Meat, rare or well done?" said she. "And what is his favourite rake?"

Ann's finality of manner left no room for further discussion. Aunt Emma hoked at Uncle Henry with a queer lit-

looked at Uncle Henry with a queer lit-tle twinkle in her eye. "I think, Henry, I shall start right after dinner," she said. Except for the meals, Aunt Emma's departure left but little for us children to do. Uncle Henry lived on his moun-tain ranch only a short time during

the summer. He had already sent bis cows to the valley, and there were now on the place only a few hens and n small flocks of high-grande sheep—said to be the finest in Colorado—which he was herding on shares.

be the finest in Colorado—which he was berding on shares. Left to Ann's generalship, every mesi-was a banquet, limited only by the ro-sources of the pantry. She had pre-mised Annt Enma to heave ail suakes in peace, during her absence, so we spent our spare time playing circus and train-ing our pet hanbs—at least, Ann train-ed hers; mine second to stupid. Two days after Annt Emma's depar-ture a man rode up to the house to telt Uncle Henry that the Box'S outfit was rounding up steers. That ranch had none too good a reputation for respect-ing other people's brands, so the meigh-bouring ranchers made a point of being present when the Box'S gathered eattl. Uncle Henry coralled the sheep earl' in the day and left us with the unde-standing that he would be back beford night, or else send some one to stay with us and herd the sheep. That night we sat up late, but no one came. We were farci-bred bildren, and

us and herd the sheep. That night we sat up late, but no one came. We were furze bred children, and fortunately had no fear of the dork or of ghosts—at least, Ann hadn't. The next morning we were still alone. Sister Ann said she could herd sheep "as good as anybody;" and as we had an intelligent dog, there was no dri-culty in taking the sheep out and cor-ralling them again at night.

Before locking the doors that night is called Shep, the dog, into the house it is



At breakfast Sister Ann was . thoughtful."

company. It must have been near morning when we were awakened by the dog's growling. We both sat up in bed and listenet. Presently we heard the sheep stamping and then rushing wild-ly about the corral. "I guess it's a coyote," I whispered to Sider Ann

Sister Ann.

Sister Ann. We crept out of bed and went to tha window, but could see nothing, for around the corral was a tight board-fence, six feet high. Just then the sheep began to bleat.

"We can see from upstairs," Ann sugcested.

She lighted the lamp, and we went into the kitchen and climbed the ladder to the attic.

The mean shone brightly, and from the attic window we saw a dark object crouched in the centre of the corrat. As the flock rushed wildly alwait, crowding against the fence, the creature spring into the midst of them, biting and strik-ing right and left. When the sheep scattered be had a lamb in his month into the midst of them, biting and strik-ing right and left. When the sheep exattered, he had a lamb in his mouth and stood out plain in the mounlight, among those be had killed at a blow. "O Sister Ann!" I gasped, chattering