

# SANTAS

## Disinfecting Fluid.

**Colorless, Fragrant, Non-poisonous.** Pints Bottles. **1/-**

### Oxidant & Germicide

Indispensable in all Sick Rooms.

Also 1/- Tins Powder and 1/- & 1/3 Boxes Soap. Of all Chemists and Druggists.

The "SANTAS" Co. Ltd., Limited, London.

## CAUTION.

The Public are warned against the many spurious imitations brought into the market under various labels, and it is therefore necessary to ask for my

### No. 4 Eau de Cologne,



distilled strictly according to the original recipe of the inventor, my ancestor, which is known in all parts of the world by the lawfully registered label here shown.

The addition of address "JULIUS PLATZ No. 4" alone warrants genuineness of my EAU DE COLOGNE.

**JOHANN MARIA FARINA, Julichs Platz No. 4, Cologne a. Rhine.**

By appointment to H.M. KING EDWARD VII. and to most other Imperial and Royal Courts.

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# O'Brien's

System of Protecting Joints, Countering Chills, Tripping, Humbers, Progress, Premiers, Centuries, Etc. and Slingers, at special prices. Makes joints bring the World's Best in price within the reach of all. A light-colored Coventry-made Cycle for £6 10/-, payable half down with order, balance on delivery at special price. Machines sent on approval. Write for Free Illustrated Catalogue.

**EDWARD O'BRIEN, LTD.,** World's Largest Cycle Dealers, COVENTRY, ENGLAND.

**10 YEARS GUARANTEE**

### Mosquitoes

Avoid the presence of Carboles, so do gnats, ants and many other insects. That is why the use of

## CALVERT'S

### 20% Carboles Soap

has been found such a protection against their attacks. It is powerfully antiseptic, too, is quality readily appreciated in hot climates, and imparts a delightful freshness to the skin.

Sold by local Chemists and Stores.

**F. C. CALVERT & Co., Manchester, Eng.**

## Wet Fly Fishing for Brown Trout in New Zealand

By G. J. HAMILTON,  
Author of Trout Fishing and Sport in Maoriland," etc., etc."

No. IV.

SO far, streams that by wading can be fished from bank to bank with a ten foot rod have been dealt with. There still remain the rivers that are too deep generally to wade and too broad to cast across with a light short rod. For these, and lakes to be fished from the bank, it is well to have a two-handed fourteen foot rod in reserve. This, though wanting in the lightness and delicacy so desirable for playing trout with light tackle, particularly if not well hooked, commands a greater breadth of water. For those who can obtain it, the best fourteen foot fly rod for trout fishing I have seen is one made for me by Hardy Bros., Abwick, England. It is of Palakona cane, and weighs twenty-one ounces, with cedar handle. This rod, by having a single-handed rod handle to fit on to the middle piece, can be used also as a single-handed rod of about ten feet eight inches, and is very useful as a medium rod, being stiffer than the ten foot rods first mentioned. If a spare top, about two feet six inches, is added to the fourteen foot rod, it makes a fairly handy minnow rod of about twelve feet. A convenient diameter of rod handle for many people is one inch. If the rod handle is too thick for the hand that grasps it, the hand is soon tired. With the full length rod a reel to hold one hundred yards of dressed silk line should be used. For fly fishing one equal in thickness to Hardy Bros. 18 or 20 level line is suitable for most fishing, according to the size of the fish expected, while for minnow one equal in thickness to Hardy Bros. 20 or 22 level line, according to the size of the fish expected is suitable. For the rod made of the middle and top pieces of the fourteen foot rod a reel intended for a ten foot rod is often convenient. This rod is also adapted for fishing streams for which the ordinary ten foot rod is generally used. Let us compare the relative qualities of the ten foot and the fourteen foot rods. The ten foot rod will cast the line more lightly, although not so far, will strike a rising fish much more quickly, will play a slightly hooked fish more gently, giving to every plunge, and so being much more likely to land it than the two-handed rod three times its weight. Besides, the angler will be much fresher after some fishing than with the two-handed rod, and likely to fish better and to try places that with the heavy two-handed rod he might be inclined to pass by. The longer the day's fishing the more will the weight of the two-handed rod appear to be relatively. There is diversity of opinion about the best joints for rods. They all have their advocates. After trying all sorts of inventions I prefer the old-fashioned suction joints, which, if well made, are less liable to get out of order than any of the others. All that can be said against them is that in putting together a few seconds more might be occupied in lacing them together, but they must have catches to lace them together with waxed thread, otherwise they are liable to turn round or to fall out. Many of the patents partly turn round. It is sometimes attempted to make these plain joints fit so close that they do not require lacing together. In that case, as soon as they get the brightness off or get wet they stick altogether and cannot in light rods be got number by ordinary means. When made by Hardy Bros. they are the lightest joints, and are specially suitable for the very light rods of which mention was made earlier.

The proper time to strike rising trout has been much discussed, some advocating the doing so at a slight interval. My own view is that it can hardly be

done too quickly. The trout on seizing the fly shuts its mouth on it. This is the time, while the mouth is shut, that the tightening of the line by a slight movement of the rod is most likely to fix the hook. If any interval is allowed to pass, unless the trout has hooked itself, it will, on finding the fly is fraudulent, blow it out of its mouth instantly. Therefore, on seeing or feeling a rise my practice is to strike gently but instantly. The strike is generally made much too hard, the slightest pull of the line being sufficient to fix the hook. It should be made without altering the direction in which the rod is moving. Among good sized brown trout, particularly in shallow water in summer, many trout take the tail fly without making any visible rise. This must be expected, so that on the slightest touch being felt the fish can be instantly struck. Sometimes I have for two or three months in summer, taken ninety per cent of the trout in this way. A common place for trout to take the fly in this way is just where the top of the rapid is very shallow, perhaps three or four inches deep, where it first leaves the tail of the pool. In such positions, and at that season, I have found either the brown or black spider, according to the state of the water and weather, very taking when used as a tail fly as recommended earlier. Under these conditions and with these flies I have taken a fair catch of good trout in full daylight, when there was not a rise to be seen on the two miles or so of water I had passed over.

(To be continued.)

### TURNED AGAINST FOOD.

Indigestion for 4 Years.  
**E. C. Snowden, Auckland**  
Stomach all Upset  
A Wreck of His Old Self  
Back in Good Form Again  
**Dr. Williams' Pink Pills**

"For over four years I wasn't one day free from indigestion," said Mr. E. C. Snowden, hairdresser, Trudgeon Bros., Victoria-street, Auckland. "Everything went sour on my stomach, and I was knocked out after every meal with such a pain across my chest that I could hardly breathe. Two first-class doctors did their best to cure me, but they could not do me any good at all. Then I thought to put my stomach right with common pills—but they simply drained away my strength, and made me worse. I was as weak and downhearted as any man could be when I started Dr. Williams' Pink Pills. In less than two months they cured my indigestion, and cured it for good, too. Ever since then I've had an appetite fit for a king."

"I was over in Brisbane when this indigestion came on me," said Mr. Snowden. "It didn't bother me much at first, as long as I did not take anything. I knew my stomach would not turn against. But every week it got harder to find things that would agree with me. I began to feel wretched from morning till night. Whatever I ate lay like lead on my chest. I could not digest anything, no matter how plain it was. I'd sit down to the table, but I often got up without touching a thing. I got to hate the very sight of food. It always gave me a bilious turn, and left me almost too sick to stand. When I was looking after a customer, my head often started to swim, and everything in the shop spun round. I had to grab hold of the chair to save myself from falling. No man ever had a worse liver. My tongue was coated thick, and I could never get rid of the dirty brass taste in my mouth. All that was bad enough, but I could stand anything except that smothering feeling that caught me round the chest after every meal. Sometimes it was worse than others—and when I was bed it kept me in agony for two or three hours at a stretch. The pain

at times was more than I could stand. When nothing did me the least good I began to lose heart. I could never get away from the fear that some big piece of bad luck was in store for me. It brags me how I got through my work at all. The whole of the day I was so dull and drowsy that I could hardly keep my eyes open. I was tired out before the morning was half over. Sometimes during the afternoon it was all I could do to keep on my legs. At night I went to bed worn out—but I could never sleep. I tossed from side to side, and often it was long past midnight before I closed an eye. I got up in the morning aching all over. I started out the day feeling wretched and in a bad humour. I didn't want anybody to speak to me. People got on my nerves. Some days my hands trembled till I could hardly hold a razor. I was all astrung, and spent many an hour in misery with a splitting headache. For no cause at all my heart started to thump for all it was worth. It acted in such a way at times that I never knew the day when it would stop stock still altogether.

"All this time I got weaker," Mr. Snowden added. "I lost flesh, and my weight went down till I was a wreck of my old self. I had just made up my mind that medicines did more harm than good, when I read how Dr. Williams' Pink Pills had cured another man who was nearly as bad as I was. I couldn't see why they wouldn't do the same for me—so I got some there and then. Before I was through the first box I began to have a hankering for my meals. That was something new for me. After that every dose put me on the road to health. I began to relish my food, for I could eat it and not go through agony afterwards. That showed that Dr. Williams' Pink Pills were doing me more good than all the doctors could do—so I kept on with them. I picked up weight, and there was no more need for me to worry about my heart. It was sadder than ever it was before, and so were my nerves. I got back my old spirits, and was soon chock-a-block with energy. To-day I am in ripping form. After going through all I did, I was cured for good by seven boxes of Dr. Williams' Pink Pills for Pale People."

Dr. Williams' Pink Pills for Pale People never fail to cure indigestion, because they go right to the root of the trouble in the blood. Bad blood is the cause of all common diseases like anaemia (bloodlessness), eczema, psoriasis, headaches, neuralgia, sciatica, rheumatism, lumbago, backache, kidney complaint, liver trouble, biliousness, indigestion, general weakness, and the special ailments that only women-folk know. Bad blood is the one cause—and Dr. Williams' Pink Pills are the one cure, because they actually make new blood. They do just that one thing, but they do it well. But, of course, you must get the genuine Dr. Williams' Pink Pills for Pale People—3/ a box, six boxes 16/8, from chemists and storekeepers, or sent, post free, by the Dr. Williams' Medicine Co., Wellington.

### Stop That Over-eating Habit of Yours.

"The principle cause of poverty is extravagance in food." This is the conviction of a lively and healthy man of 74, and he makes a point of living on 4d a day—that is, for food alone. "For many years," he says, "I have not permitted myself to exceed that expenditure, which, as I have proved, is ample to keep the body of a man in perfect health. Most people eat themselves to death. They eat too much, and they buy food materials which are excessively costly—such, for example, as meat. I never touch meat: it is wholly unnecessary to the human economy. One has only to look at the train of a human being to see that they are not those of a flesh eating animal. Man is carnivorous by habit, and not through necessity. My favourite articles of diet are fruit, eggs, and bread. For breakfast this morning I ate three slices of bread without butter, and an egg, with a cup of tea. For lunch I had a couple of bananas, half a dozen crackers and a cup of tea. For supper I shall have a couple of peaches, sliced, without sugar, and three slices of bread, with a cup of tea. Of course I vary my menu from day to day, like anybody else. I may take a potato for breakfast, instead of an egg; and for supper stewed prunes instead of peaches. But the quantities consumed are not in excess of those I have mentioned. Poor people spend most of their earnings upon food. That is why they are poor. If they did as I do, they would be able to live comfortably."