

NEW ZEALAND GOVERNMENT TOURIST RESORTS

WONDERFUL THERMAL SIGHTS. SUPERB SCENIC EXCURSION ROUTES. HEALTH-GIVING SPAS

TE AROHA.

A beautifully situated health and holiday resort at the foot of Te Aroha Mountain, 115 miles south of Auckland; accessible by rail direct or by steamer and railway via the Thames. It has several good hotels and boarding-houses. There is a large supply of hot mineral water, with excellent public and private BATHS. The hot waters are efficacious in cases of Gout, Rheumatism, Dyspepsia, Neuralgia, Sciatica, Skin Diseases, and in disorders of the Urinary Organs, Liver and Spleen; also in ailments due to excess of acidity. Dr. Kenny, Government Resident Medical Officer, may be consulted. Male and Female Attendants in charge of the Baths. Pleasant Recreation Grounds, Tennis Courts and Bowling Greens.

ROTORUA.—THE WORLD'S SANATORIUM.

ROTORUA, on the shores of a beautiful lake, 915 feet above sea-level, is 171 miles south of Auckland. Daily railway service. It is the Centre of New Zealand's Thermal Wonderland, and its Unequaled Natural Hot Mineral Waters are sure remedies for many ailments. The climate is healthy and equable. There are several large and comfortable hotels and many boarding-houses. Easy facilities for side-trips are provided by steamer, coach and buggy. Spouting Geysers (including WAIMANGU, the largest in the world), boiling springs and lakes, miniature volcanoes and other thermal marvels abound. Beautiful forest, river and lake scenery.

The Government Gardens cover 180 acres by the lake-side. Geysers, flower-beds and ornamental shrubberies, winding walks, lakelets covered with native water-fowl. Afternoon tea, music. Tennis Courts, Croquet Lawns and Bowling Greens. Golf Links on Pukeroa Hill.

THE BATHS.

THE HOT SPRINGS OF ROTORUA are beneficial in a very large number of cases of Chronic and Subacute Disease; more especially in cases of Chronic Rheumatism and in Convalescence from Acute Rheumatism, in Gout, in Rheumatoid Arthritis, and in such local manifestations as Sciatica and Lumbago, in Peripheral Neuritis, Neuralgia, and many other nervous diseases when not of central origin, in Neurasthenia, and in certain cases of Hysteria, and in certain Uterine complaints; in many diseases due to failure of excretory organs such as the Liver or Kidneys, and in many skin diseases.

THE PRIEST'S BATH.—This is an immersion bath; the water is of a strongly acid and aluminous sulphur nature, acting as a powerful stimulant to the skin, relieving pain and stiffness, and stimulating the circulation. Hot douches and cold showers are provided for use after the bath.

THE RACHEL PUBLIC BATHS, supplied by the Rachel Spring, are immersion baths like the Priest, but the water is of a bland, alkaline nature, and distinctly sedative in its effects.

THE RACHEL PRIVATE BATHS are also supplied by the Rachel Spring. In addition to privacy, there is the advantage of obtaining a bath at any desired temperature. Special baths and towels are reserved for those suffering from skin diseases.

THE POSTMASTER BATH is similar in nature to the Priest, but the waters are even more acid and stimulating.

THE SULPHUR VAPOUR BATH.—This is a natural hot vapour, highly charged with sulphur gases, conducted into a properly constructed box, in which the patient sits, while Sulphur in an impalpable form is constantly deposited on the skin.

LOCAL SULPHUR VAPOUR BATHS, for treatment of a single limb or a part of a limb, are available.

THE MUD BATHS.—A part of the whole of the body is immersed in hot mineral mud. These baths are especially useful in cases of stiff joints and localised pain.

THE AIX MASSAGE BATHS.—These baths, only recently opened, are in charge of trained operators. Various kinds of powerful douches, under high pressure, play upon the body, while at the same time massage and various manipulations are employed. The installation, though at present comparatively small, is very complete, while the Rachel water possesses in a very high degree the "gistry" quality which makes the waters of Aix les Bains so peculiarly fitted for massage purposes. There is no bath in the Southern Hemisphere to compare for a moment with this.

THE DUCHESS BATHS.—These consist of a large, hot, covered Swimming Bath and two sets of private baths. For those who desire a luxurious bath at a reasonable price there is no better bath in the world than the Duchess. In addition to the Duchess Swimming Bath, there are

THE BLUE BATH, an open air hot swimming bath, fed by the Maitroy Geysers, and furnished with cold shower baths; and

THE LADIES' PAVILION SWIMMING BATHS, an open air hot bath, similar in arrangement to the Blue Bath, but fed by the Rachel Spring.

THE NEW BATHS now in course of construction will, in point of completeness and luxury of baths and appliances, rival the most famous baths of the Old World and in the variety of Mineral Waters supplied they will completely eclipse any other baths in existence.

The Famous Te Aroha Drinking Waters Are Obtainable at Rotorua.

ROTORUA GOVERNMENT SANATORIUM.

The charge for admission to the Government Sanatorium at Rotorua is 80/- per week. The fee includes board and lodging, medical attendance, nursing, baths, and laundry. Owing to the accommodation being limited, and the great demand for beds, intending patients are advised to secure accommodation in advance. Patients recommended by Hospital or Charitable Aid Boards and members of duly registered Friendly Societies are admitted at 21/- per week. To these patients are extended all the privileges given to those paying the higher rate. Beds available for Friendly Society patients are limited to six.

The Government Bacteriologist, ARTHUR S. WOHLMANN, M.D., B.S., London, M.R.C.S., L.R.C.P., Eng., is in charge of the Government Baths and Sanatorium, and is assisted by WILLIAM B. CRAIG, M.A., M.B., and C.M. (Ed.). Either of these medical officers may be consulted at the Sanatorium, or will, on request, attend at visitors' residences.

TARAWERA-WAIMANGU TOUR.

Chief among the side-trips in the Rotorua District is that to Tarawera, Rotomahana, and the mammoth Waimangu Geyser. The coach route passes the beautiful Lakes of Tikitapu and Rotokakahi, and terminates at the ruined village of Wairoa, which was destroyed by the Tarawera eruption in 1886. Thence a Government oil launch conveys visitors across Lake Tarawera. Another launch trip is made across Rotomahana (the most wonderful lake in the world), where the excursionists boats over boiling water. Thence visitors walk to the Waimangu Geyser. GOVERNMENT ACCOMMODATION HOUSE at WAIMANGU.

LAKE WAIKAREMOANA.

This beautiful lake, surrounded by lofty cliffs and forest-clad mountains, is accessible from Wairoa (Hawke's Bay). The most convenient route is that via Napier, whence coaches and coastal steamers run to Wairoa; thence coach to the lake. "Lake House," a large, comfortable, and well-equipped house, conducted by the Government, stands on the shores of Waikaremoana. Excellent trout fishing is to be had, and interesting excursions may be made on the lake and also to the lovely little neighbouring lake of Walkarua. Oil launch and rowing boat.

MORERE may be visited from Wairoa. Hot Mineral Baths. Hotel accommodation available.

HAMMER HOT SPRINGS.

Government Spa at Hammer (altitude 1,215 feet), one day by rail and coach from Christchurch. Exceptionally fine climate; clear, bright, and health-bringing. Government Accommodation House. Excellent hot mineral curative baths, public and private. Hot-air and douche baths. Massage. The waters are efficacious in cases of rheumatism, sciatica, gout, disorders of the stomach and liver, skin complaints, etc. Shooting and fishing in the neighbourhood.

MT. COOK, SOUTHERN ALPS.

The Mt. Cook "Hermitage," Government Hotel, is situated in the heart of the grandest Alpine scenery, close to the terminal faces of several great glaciers. Three days from Christchurch or Dunedin by rail and coach. Government Hotel at Lake Pukaki en route. Splendid Alpine ascents and Glacier excursions. Guides, horses, and all necessary equipment at the Hermitage. Mountain huts well stocked with food, blankets, etc., at the foot of the Ball Pass, and on the Matie Burn Range, overlooking the Tasman Glacier, at elevations of 5,400 and 5,700 feet. Cook's Tourist Coupons accepted.

LAKE WAKATIPU.

WAKATIPU, the most easily accessible of the great Southern Lakes, is one day's journey by train from Dunedin or Invercargill. Lofty mountains ranging up to 5,000 feet in height surround the Lake. Government steamers; enchanting thermal excursions. Numerous interesting land trips; Alpine ascents. Lakes Wanaka and Hawea are reached by coach from Queenstown (Wakatipu). Excellent Deer Stalking around Hawea. Hotel accommodation at Queenstown and elsewhere.

OVERLAND TO MILFORD SOUND.

The most magnificent walking tour in the world. Train and coach to the loveliest of Lakes, Manapouri and Te Anau; foot track from the head of Lake Te Anau to the head of Milford Sound, through scenes of the wildest grandeur. The immense Canyon of the Clifton, McKinnon's Pass, and the triple leap of the Sutherland Falls (1,804 feet), the highest in the world, are features of the trip.

GLADE HOUSE (Government Accommodation House), at the head of Lake Te Anau, is the starting point of the walking tour (80 miles). Comfortable shelter huts en route to Milford, equipped with blankets, food, etc. Government Guides on the track; Government cooks at the huts. Accommodation House at the head of Milford. Oil Launch and boats on the Sound.

ALL INFORMATION

as to Charges, Fares, etc., in connection with the above and other Tourist Resorts in the colony may be obtained free on application to the GOVERNMENT DEPARTMENT OF TOURIST AND HEALTH RESORTS, WELLINGTON, or on inquiry at the Branch Offices, Auckland, Te Aroha, Rotorua, Wairoa (H.B.), Hammer Hot Springs, Christchurch, Dunedin or Invercargill. Information is also supplied at the London Office of the Agent-General (Hon. W. P. Reeves), Westminster Chambers, 13, Victoria street, S.W., and by Mr. J. G. Gow, Commercial Agent, for New Zealand, Durban, South Africa. For details as to routes, fares and time-tables see Tourist Department's Itinerary. Minister in charge of the Tourist and Health Resorts Department.

The HON. SIR JOSEPH G. WARD, K.C.M.G.

Superintendent, T. E. DONNE, Wellington, N.Z.

Cable Address: "MaoriLand."

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