CONSOLATORY.

A MAN who was suffering herribly from goas is the right foot was no fortunate as to possess a wife who used every possible means to comfort and councils him.

One day when he was complaining bitserly of the pain, she said soothingly:

'But you are comparatively well off, James. Just think what the gout would be if you were a thousani-legged worm!'

WESTMINSTER ABBEY.

THE past great men of England lie entombed in Westminster Abbey. There rest the bones of Kings and Queens, Briton's heroes, poets, statesmen, and scientists.

There is as yet no one interred there who made his mark in the world as a gonrmand. Yet Lord Rosebry a fortnight ago hinted at the possibility of the Colonial Premiers finding a last resting-place in the tomb of England's celebrities.

This prediction was perhaps jocular, but it opens up a vista of probabilities, and points a moral which everyone should take to heart.

Pate de fois gras, and other similar delicacies, do not promote a healthy liver, and this fact was the reason of the saying, 'High life is not worth living, for it depends on the liver.' The intoxicating beverages at banquets are in the same manner of a most enticing character, but calculated to lead to an early grave. To those who hope to obtain a ripe old age, and avoid the possibility so broadly suggested by Lord Rosebery, is recommended the use of that most health-continuing beverage, Suratura Tea, which is appreciated for its purity and economy, and has been well described as 'a domestic idol' and the economiser's friend.'

SURATURA TEA IS NOT BLENDED WITH INDIAN OR CHINA TEAS.

NERVE, BLOOD SKIN DISEASES **CURED BY TAKING** HERR RASSMUSSEN'S

ALFALINE

Herbal Remedies

A PERMANENT CURE FOR NERVE, SKIN, AND BLOOD DISEASES.

HERR RASSMUSSEN DIRKE KASSMUSSEN
The Celebrated Danish Harbhist and Gold
Medalist, of 91 Lambton Quay, Welington, and by George Street, Bronge,
is world-removed for the
THOUGANDS OF CURES
which have been affected by his Hernau
EMPRING, and the
THOUGANDS OF TESTISONIALS
peak for themselves as to the immense virtues
of these Herbal Remedies.

of those Herbal Remedies.

ALFALINE VITALITY PILLS

Are a Certain Cure for Weak Nerves, Depressed

Spirits, Debitity, and Weakness of the Spiries,

Brain, and Nerves. Special Powerful Course,

48s. 64; Ordinary Course, 28s. 64; Smaller

Horses, Jak, and 6s. posted. Bend for Free

Parcellals.

ALFALINE BLOOD PILLS

unaurpassed as a Blood Purifier and Blood nic, and will eradicate the most obstinues ood and Skin Affections. Price, same as

Alfalms Universal Pills for Famals sints, Rhenmatic Pills, Asthma and His Alfalms Universas some over Complaints, Rheumatic Pills, Asthma and Couth Pills, Fas Reducing Powders, Varinocels Powders, Gargie Powders, Flesh Producing Powders of Court Pills, Pills, and Pills, and Pills, and Instant Headache Chars and Richard Pills, and Instant Headache Chars, are all simply

Send for his Free Book, which con-ins all particulars and many useful hints and uncrous testimonials. ALL Cognessonneaus skyazz and Convidentals. Write without lay, and address

MERR RASSMUSSEN WELLINGTON N.Z.

BELOW STAIRS IN A PARISIAN CAPE.

It is no unusual thing to pay 26 for a dinner at a first-class restaurant in Paris. Some may think this a high price, but when we come to look into the matter the charge is not unreasonable. Leaving out of the question the anormous capital invested in the enterprise, often approaching half a million dollars, and the cost of maintains. man a minion opiars, and the cost of main-taining the elegant service, the great ex-pense is in the indispensable batterie de outsine and the continues of the food. This can be best understood when it is explained that into a pint of Bechamel sauce enter

that into a pint of Rechamel sauce enserten chickens simmered to a liquid, with mushrooms and a liberal supply of champagns. A batterie de cuirine has no relation to pote and pans, as some people might suppose. The cooks are the batterie, which, to be perfect, must number one chap and eleven sous cheft.

Reservore is more or less conversant with the appointments of a first-class restaurant, but in Paris they far axceed in splendour those of any city in the world. The table dhots to one of the chief, if not the supreme, pleasures of life, and therefore, to the cheft docurred of a first-class cheft, the caff first with gilding and frescoes and respicades with gilding and frescoes and respicades with mirrors and velvet fautells furthers that end.

d'ouvres of a first-class chef, the cafe glitbering with gliding and freesces and resplendent with mirrors and velveb fautells
furthers that end.

With the Parisian dejeuner, or mid-day
lunch, is also an important event. Unlike
Americans, who generally tear themselves
away from their affairs in order to eat what
is necessary to satisfy hunger, the Parisians leave business at a fixed time to partake, in leianrely fashion, of a light and
well-cooked repeat, followed by coffee and
fuqueur, and a repose of as hour for
digestion. Here again the café rises to the
conston, for all the principal stabilish
ments are well supplied with newspapera,
dominoes, checkers and other games, and a
large number of them contain billiard
tables. The Parisiane meet after dejeuner
day after day, and year after year, in their
favourite café, arriving and leaving with
unvarying punotuality. Later in the day
it is the custom to take a gleas of absinthe,
vermouth or other appetizer for dinner,
after which coffee is again in demand, so
that the cafée are well patronized at all
hours between 1 p.m. and 7 p.m. and again
from 8 p.m. to midnight.

Cookery in Paris is a fine art, and the
kitchen is run on scientific principles.
Economy of space being a necessity, the
kitchen—and its necessary offices—is invariably in a deep basement far below
ground without either window or grating.
Fresh air is admitted by a system of shatts
and the odours are carried off in like
manner. The wells are tiled. The floor,
although hard and polished, is absorbent.
The lower stratum consists of two feet of
puddled earth; next a layer of brick, then
a stratum of rolled charcoal, and finally a
composition of lime, sand, and cinders,
all beaten and ground together. A
good scouring with pumice stone gives
to a fine black polished surface. Whatever
moleture may be thrown upon it quickly
disappears, and in a few moments the
floor is quite dry again. In an open grate
burns a monstrous fire, requiring a hundred
weight of ooal at each replemishment, and
the for it

this stock is four times the concentrated strength of the same

this stock is tour impas the concentrated strength of sky be could buy for the same purpose.

Bahind a stone partition, so constructed as to exclude the heak, is the garde manger. Here, on stone and marble slabs, she are arranged as if for sale, and tobeters, all alive, and game, and great joints of meak. In another section are tanks containing varieties of live fish and frogerought in to provide against the demands of the day. On shelves are terrines of game, sances in their solid state, and fore gram—which every high class restaurans now prepares for itself.

Half the secret of French cooking is in the acquisite asnees. The foundation of all those is the Francaise, the grandware of sauces. From that grandmother spring five others, called the sauces mers; respectively the Repagnol, the Allemands, the Bochamel, the Veloute and the mere tomate. Out of these five, aided, of course, by their grandmother, apring two thousand lesser ones. There is not any real connection between the sauce and its name. All are French purely, and all date from ancient days.

Many of the Parisian cold-keepers are

Indigestion Loss of Strength And Appetite.

The testimony of Mr. Dennis, Adelaide, South Australia, who was cured by Ayer's Barsaparilla, is like unto that of many thousands of others. He writes:

"It is with very much pleasure that I testify to the great benefit I received from using your wonderful blood-purifier. I was a sufferer for years from indigestion, loss of strength and appetite, and constination. My whole system seemed to be thoroughly out of order. A friend finally told me to take Ayer's Sarsaparilla. I followed his advice, though feeling discouraged at the fruitless results of other treatment, and I am thankful to state that a few bottles completely cured me."

The medicine that has cured others will cure you.

AYER'S Sarsaparilla

BEWARE of imitations. The name - Ayer's Bareaparilla -- is prominent on the wrapper and blown in the gians of each bottle.

AYER'S PILLS A GENTLE PURGATIVE

wantity men, in some instances esting their own farms and vineyards, from which they obtain the bulk of their supplies. Whenever anything is to be purchased, it is customary for the proprietor to attend to the matter personally, so cantious is he in this respect. Wines and champagnes hold an important place in the Paristan cays. They are selected with rare judgment from the best sources. Of the quality of his beverages the cattery prides himself. Some of the old wines in these cast collars are faunce the world over, and instances have been known where the growers themselves have offered to buy them back as retail rates.

in comparison with what French chefs eive in the United States and England, receive in the United States and England, they are poorly paid in Paris. the average annual attend being \$1,600. But it must be remembered that an education in a Paristan ca/f of the premier order is in itself a fortune. Graduates of these schools carry their diplomas over all the world, earning position and money shereby. Usually waiters receive nothing has their board, their income being derived from the compulsory tips and further gratuities of pairons. This, however, is no insignificant compensation, for it is estimated that Parisian waiters receive in this manner an average of £200 a year.

TO THE DRAF.—A gentleman who cured himself of Desfouse and Noises in the Head after fourteen years suffering will gially send full particulars of the remedy post free.—Address, H.C.LIFRON. Amberley House., Norfolk street, Strand, London, England.—(ADVI.)

ROWLANDS' ODONTO

The Best and Purest Destifries one use use; the whiteen the teeth, prevents decay, strongthess the same and swestens tile breath.

ROWLANDS' KALYDOR

A southing, heating and emolliest milk for beauti-fying the skin: resource Prackles, Tax, Suphura, Sedness, Roughness, etc., and is warranted harmises.

ROWLANDS' ESSENCE of TYRE

Dr. WALLACE, the Eminent Specialist is all Nervous Diseases, Registered in Eng-land and the Colonies as a Physician and Surgeon, DR. WALLACE.

Kaving a reputation second to none for ex-plaints of a NEEVOUS shareder, from

Old and obsolve methods dissarded; the New American remedy for Dobliky proved absolvely effective, known only to Du. Vatacaro. Ourse mean pronounced hopslem. Thirty years' experience in Europe, America, and America. My BOOK has opened the eyes of numbers of both same to their tree nondition. A perfectly readable back. Send Ell; Panny Stamps as once. Write your case freely and medicaritally.

As ONE POUND usually suffices, this amount should be enclosed with first letter.

with first letter.

Morbid finades endloaded, and the future imministivity. The water valuable time,

If you suffer from any, or many, of the full wing
ymptons, don't dainy a memourh. Write and receive
groupe reply ... Depression of spirits, beachtlasses,
labelity to look frankly into the eyes of another,
headachs, hair coming out, fifts sight, moises in the
head and surt, weak memory, forgetting dains, your
must same, places, who, loss of whose, beach, some lips, look of ter years, standed in growth, passification
of heart, pain in or under breacthous, shorthess of
breath, indignation, with oppression safer food, constipation or irregular bawels, fastilency, graval,
wakeness or pain across remail of shock, less of muserlar power, gloomy, reservedul, fearful of something
going to lappen, disturbed alway, meaning, tabling,
grinding teeth, tearful or want to longth.

I have known instances in which

I have known instances in which most of these symptoms were present in one patient. As a rule a great many are present. In no case are many absent

DR. WALLACE

91 PITT ST., SYDNEY OR, BOX 52, PARK ST. P.O.

A DISH FOR PRINCES.

Custard with the luccious Fruits of New Yealand, and all Imported Fruits.

BIRD'S CUSTA

Produces the Richest Custard. without Eggs.

TINNED FFUIT in Delicious with BIRD'S CUSTARD. This Fruit with Syrup should be empited into one float dish and the Custard poured into another. A portion of the Fruit and Custard when served upon each plate forms a most attractive dish.

BIRD'S OUSTARD POWDER can be obtained wherever Tinned Fruit is sold.

POWDER

The best resource for every housekeeper-affording a constant variation in the daily menu.

Storekeeper can obtain supplies of Bird's Gustard and Bird's Concentrated Egg Powders, Bird's Basing and Bird's Blanc-Hange Powders, from all the leading Wholesale Houses. 99999999999999999