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1st JULY, 1926
AUCKLAND

THE

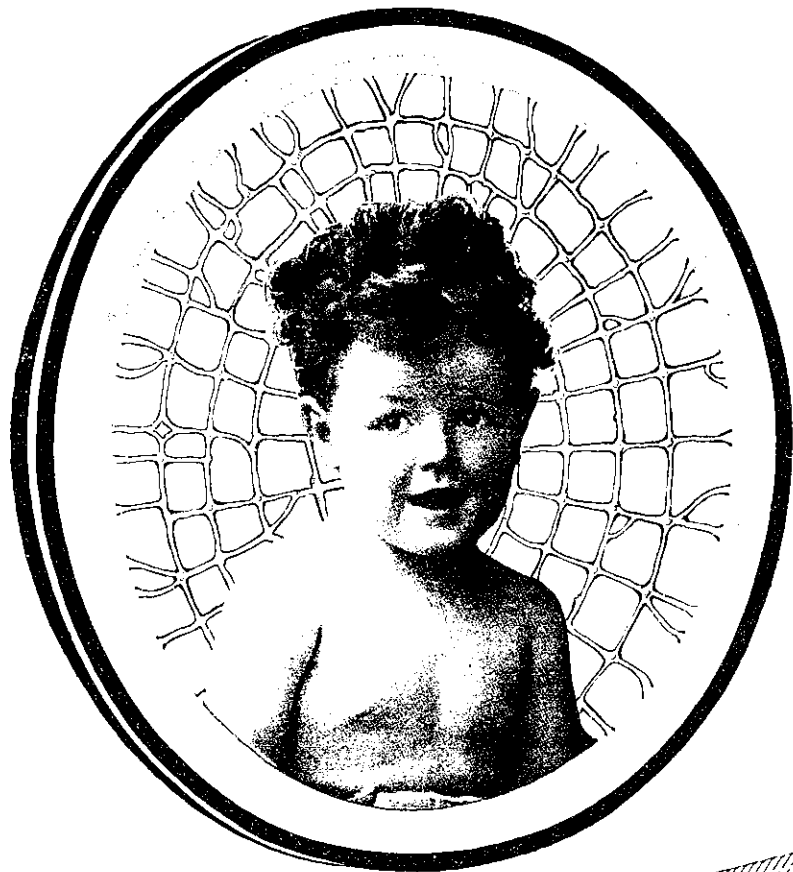
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THE HOME JOURNAL OF NEW ZEALAND



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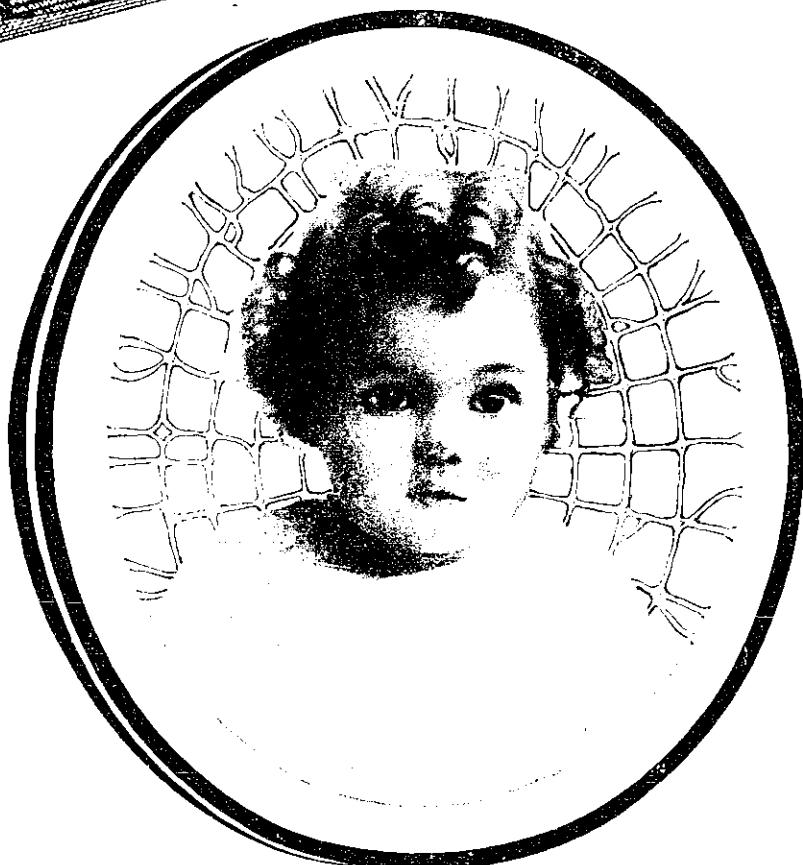
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Members of the Cabinet

The Rt. Hon. Gordon Coates, Prime Minister, has been tardy in making his final selections to complete his Cabinet, but now his "team" has been completed, and comprises the largest Executive Council the Dominion has known. That the Prime Minister has made his selection wisely remains to be seen. He certainly had a remarkably large following to choose from, and possibly he may find the severest critics of his selection will be members of his own party, who have not gained preferment.

At the last General Election the Prime Minister achieved a signal success at the polls and met Parliament last month with a powerful majority, which may prove somewhat unweildy. However, let us hope for the best, and trust the great confidence reposed by the people in the Government will be justified. The country requires prudent administration and the Coates Government will be judged upon its ability in statecraft. Reference is made in this issue to several of the recent appointments.



HON. W. DOWNIE STEWART
Minister for Finance in the new Coates Ministry

HON. W. DOWNIE STEWART,

The new Chancellor of the Dominion's Exchequer is one of our foremost Young New Zealanders. He comes of shrewd Scottish stock, and is a product of Otago. The province is justly proud of the son of a worthy sire, who played a yeoman's part in the country's politics a generation ago. As quite a young man, Downie Stewart, after qualifying in the legal profession, took a serious interest in politics, in which he has made his mark, despite serious physical disabilities. He, like his chief, the Prime Minister, was one of our patriotic politicians, who answered his country's call during the Great War, and as an officer of the N.Z.E.F. was beloved of his "Diggers." For years this young Cabinet Minister has now suffered from the effects of active service. Nevertheless with great courage he has continued his Ministerial work, and placed his country under a debt of gratitude for the capable administration of the important portfolios he has successively held, and for his outstanding ability in statecraft. As a debater he stands in the front rank, enjoying the respect of all parties. The Hon. Member has now undertaken a most formidable task in controlling the finances of New Zealand, but it is generally conceded he is the right man for the job. May success crown his efforts.

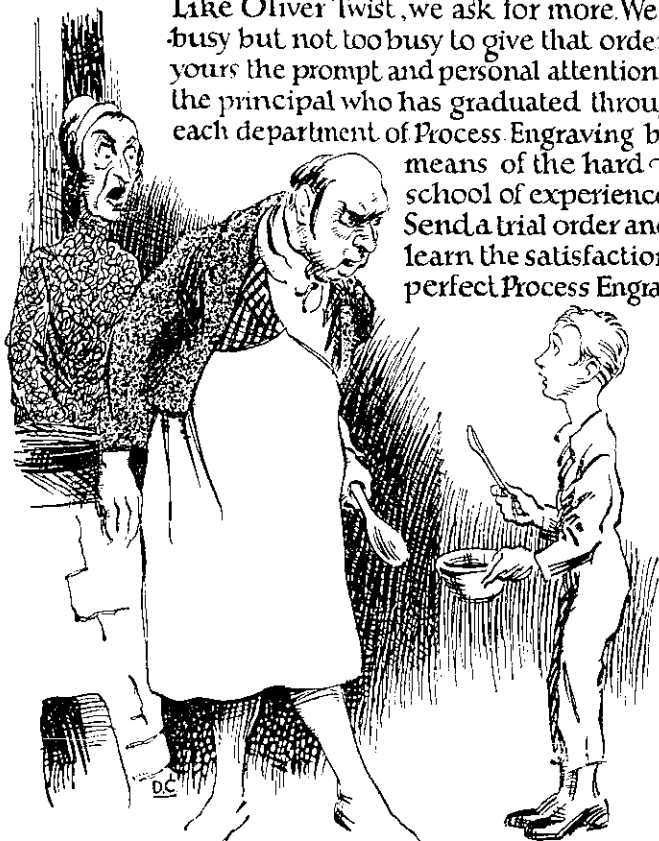
HON. R. A. WRIGHT

Minister for Education, is a politician who has fought his way to preferment by dogged determination and loyalty to his party. He served a long and successful apprenticeship in public life, being identified with local bodies in the Empire City for a long series of years. He has been one of Wellington's outstanding successes in the Mayoral chair. In the days when the Liquor Question divided New Zealand into two opposing camps, and the fight was strenuous, the new Minister of the Crown was a stalwart in the Prohibition camp. His administrative abilities should be a distinct acquisition to a Government not over blessed in such qualities, and "R.A.W." can be depended upon to bring shrewdness and practical commonsense to bear upon a Department where economy is necessary to save it from the breakers for which it has been heading.

Continued on page iv.

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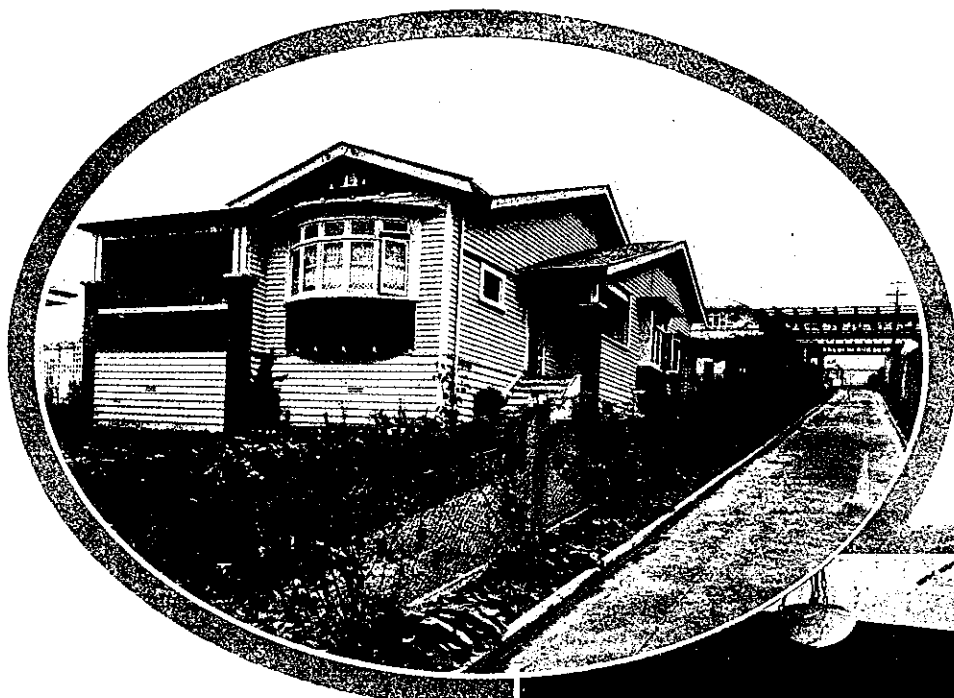


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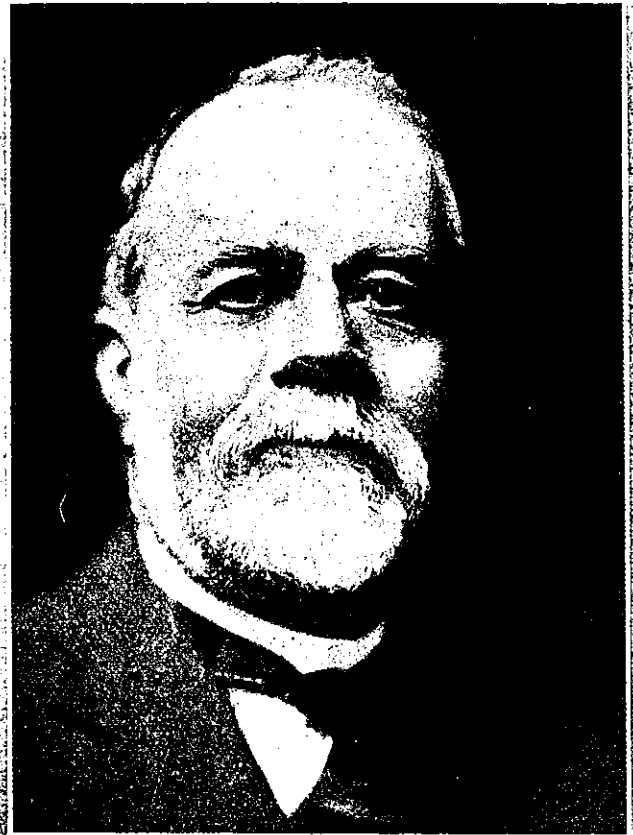
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New Members of the Cabinet



HON. R. A. WRIGHT



HON. K. S. WILLIAMS

Minister for Public Works, is a "son of the soil" so far as New Zealand is concerned, as it is nearly a century since his forebears landed in the Bay of Plenty. In his earlier days "Ken" played a prominent part in athletics, and in his heyday as a collegiate scholar was captain of Christ's College (Christchurch) football and cricket teams. He has since been the president for a number of years of the N.Z. Cricket Council. Nowadays he is a keen sportsman, and his colours have often been seen leading the fields home in many important races. Possessed of much of this world's goods, the Williams family have always been most generous benefactors of worthy causes. Our returned soldiers have a most sympathetic friend in the Hon. K. S. Williams.

The MIRROR



THE HOME JOURNAL OF NEW ZEALAND

IN WHICH IS INCORPORATED "THE LADIES' MIRROR" AND "THE WOMAN'S MIRROR"

VOL. V.—No. 1

1st JULY 1926

One Shilling



A Classical Profile



Mrs. Vixian, wife of Dr. Arthur Vixian, of Riccarton, Christchurch

Claude King, Photo

We celebrate with this issue of THE MIRROR our fourth birthday. We feel justly proud of our growth and flattered at the wide popularity "The Home Journal of New Zealand" has attained. During the past year THE MIRROR has made wonderful headway. From sixty-four pages we have expanded to eighty, and are to-day offering our readers the largest quality publication of its kind so far issued from the printing presses of the Dominion of a modest cost.

Having said so much of "ourselves," we must take this opportunity of gratefully thanking the public at large, and our subscribers in particular, for the very generous way in which New Zealanders have shown their appreciation of our efforts to make THE MIRROR reflect the national life and aspirations of these Fortunate Isles.

*'Tis not in mortals to command success;
But we'll hope to do more—deserve it.*

The noteworthy triumph our Kiddies' Sunshine Circle has achieved indicates that the childhood of New Zealand are very discriminating readers, and we have, through the medium of this new feature of THE MIRROR had the opportunity of better appreciating how many really clever children our young country is rearing to guide its future destinies.

There is a natural reluctance on our part to "blow our own trumpet." We may, however, modestly claim to have initiated a campaign against the pernicious growth of the gambling spirit amongst the youth of the country, as an aftermath of

the license allowed in "Chocolate Alley" at the recent Dunedin Exhibition.

Public indignation was aroused to such an extent that police prosecutions were instigated against a number of promoters of "Amusement Parlours" in different parts of the Dominion and further permits to exploit the unwary by this obnoxious form of gambling have been denied by local authorities.

So far so good. But the deplorable laxity of the Department of Internal Affairs still permits "art unions," surprise packets, raffles, and like thinly disguised charitable stunts to be "worked" onto the public—too often for private gain. The Prime Minister has recently made a pronouncement to the effect that the Government has decided to take measures to curb the craze for so-called art unions.

The Prime Minister must know that from the inception of his succession to power the gambling craze, in its more degrading forms, has been rampant, and that the Government has all the time had in "The Gaming Act," the means of controlling, checking or prohibiting these recently introduced forms of exploiting the public.

We readily admit that gambling, betting, speculation are all more or less comparative terms, and that indulgence in what is admittedly an

inherent instinct of our people is by no means indicative of a degenerate mind, or is sapping the moral fibre of the nation, as some of our rabid anti-gambling crusaders would have us believe.

Our contention, however, is that undue latitude given to "clever" mendicants and self-styled "charity" promoters is an evil, and one that must have an extremely baneful effect, not alone on the youthful mind, but upon the economic state of the country.

To the rational-minded there is actually no more harm in buying a ticket in a raffle, a lottery, or a sweepstake, than there is in speculating on the Stock Exchange, or betting through the totalisator, which are legalised forms of gambling.

The crux of the question is that if gambling in any form is given too much latitude it leads to unrestrained license and abuse. Therefore it is essential that there should be impartial, strict, and intelligent control to save a national proclivity degenerating into a national vice.

With this issue we publish for the first time a budget of notes on behalf of the National Council of Women, of which THE MIRROR is now the Official Organ. This new section will in future contain much informative information regarding the activities of this splendid organisation, which has done so much to bring about the emancipation of our

womenkind and care for the welfare of our children.

Our cover-design for the current issue of THE MIRROR is from the S. P. Andrew Studios. The study represents originality in artistic portraiture and technical skill by the process-engravers—the New Era Co. Ltd.—in rendering colour effects.

A number of correspondents have written complimentary letters commending the cover-design for last month. That pictorial work, we are pleased to intimate, was the work of a talented young New Zealander—Miss Mildred Corbett, of Auckland. In selecting designs and pictures for reproduction by Dominion artists, be they photographic prints or sketches by pen or brush, THE MIRROR is giving a lead in New Zealand journalism that is long overdue.

That these "Fortunate Isles" possess artists of merit is generally conceded; but it is a slur upon our judgment, as a community, that we generally have to hear them applauded from overseas before we recognise the latent talent which too often languishes for want of appreciation or encouragement.

Unfortunately the Press of New Zealand has in the past always been most niggardly in giving expression in its publications of the efforts of our young Dominion artists. Indeed, more has been actually done to discourage than encourage them. This, of course, is most regrettable, but it is to the credit of talented New Zealanders that they persevere under the greatest disabilities of finding a local market for their artistic wares in almost every department of the journalistic, artistic, and topographical arts.



Top row—Mrs. MacCormick, wife of Dr. Kenneth MacCormick, of Auckland, nee Miss Margaret K. Duncan, of Rotorua. (S. P. Andrew, Studios); Mrs. J. Mauders, nee Miss Roberta Gee, of Takapuna (Home Studios); Mrs. W. J. A. Hislop, of Napier, nee Miss Bridie O'Grady, of Wellington (Standish and Preece, Christchurch).

Second row—Mrs. Marsden, nee Miss Rena Cooper, of Wanganui (Tesla Studios); Mrs. Hollings, of Wellington, nee Miss Clegg (Elizabeth Greenwood); Mrs. F. T. Saxers, nee Miss Thirza Tregidde, of Onehunga (T. H. Ashe).

Circles—Mrs. G. W. B. Hardy, of Wairarapa, nee Miss McLeod, Martinborough, niece of the Hon. A. D. McLeod (Elizabeth Greenwood); Mrs. L. J. Mitchell, of Wairoa, H.B., nee Miss McGoutgan (Crozer Studios, Wellington).

Bottom row—Mrs. William Collic, nee Miss Jean Burgess Todd, of Auckland (Torquist Studios); Mrs. Ronald Corbett, nee Miss Kathleen Raymond, of Auckland (Walter Clegg); Mrs. G. Owen, nee Miss Janet McQuarrie, of Papatoetoe (T. H. Ashe, Onehunga).

The State and Child Welfare



S. P. Andrew Studios, Auckland

*Yours faithfully
Helen E. Ferner*



H. H. Clifford, Christchurch

*Yours sincerely
Annie G. Herbert*



Margaret Hinds Shaw, Wellington

*Yours very sincerely
Annie M. Vear*

*Associate Magistrates
of Children's Court*

*Recently appointed under "The
Child Welfare Act."*



Margaret, daughter of Mr. and Mrs. Ralph Brown, of Wanganui

F. J. Denton, Wanganui

We are privileged to publish in this issue three short articles courteously supplied, exclusively to THE MIRROR, by Mesdames McVicar (Wellington), Ferner (Auckland), and Herbert (Christchurch), who are the three first ladies to be appointed Associate Magistrates under the Act. The choice of these three ladies, who have for years been indefatigable social workers of the highest standing in their respective centres, is to be most heartily commended. Their knowledge, tact, ability, sympathy and experience admirably fits them for the honorary, yet onerous, duties they have so disinterestedly undertaken for the welfare of our less fortunate children.

Mrs. McVicar

(Wellington)

"We women who have been interested in the welfare of the young," writes Wellington's Associate Magistrate, "have looked forward to the creation of such an office, but I did not think I should be asked to fill such a position, feeling that there were many others who could have filled it more worthily. However, having been appointed, it is for me to do my best."

Mrs. McVicar then quotes the official document enumerating the duties attaching to the office of Associate Magistrates of the Children's Court, which reads:

"I have the honour, by direction of the Minister, to inform you that His Excellency the Governor-General has been pleased to appoint you as an Associate of the Children's Court at Wellington, in pursuance of the provisions of

Care of the Children

"The Child Welfare Act," which has recently been put into operation with the establishment of Children's Courts, and the appointment of three prominent lady Social Workers as Associate Magistrates, is one of the most progressive and far-reaching legislative enactments of a humanitarian nature that has so far been embodied in the Statute Law of New Zealand.

Section 27 of the Child Welfare Act, 1925.

The appointment, which is an honorary one, will be for a period of one year, expiring on the 30th April, 1927.

Section 27 of the Child Welfare Act reads as follows:—

(1) The Governor-General shall from time to time appoint one or more Stipendiary Magistrates or one or more Justices of the Peace, and no Stipendiary Magistrate or Justice shall exercise jurisdiction in a Children's Court unless he is appointed so to do under this section.

(2) The Governor-General may also, from time to time, appoint one or more persons of either sex to be associated with the Children's Court, either especially for the purpose of any particular case or class of case, or generally in relation to all matters that may be dealt with by that Court.

Such persons shall be appointed on the ground of special knowledge or experience deemed to be of ad-

vantage to the Court in the exercise of its discretionary power under this Act.

(3) The decision of the Court in any case shall not be dependent on the concurrence of any persons so associated with the Court, but in all other respects all persons so associated with a Children's Court shall be deemed to be members of that Court.

A notice in the Gazette of the appointment of any person to exercise jurisdiction in a Children's Court shall be sufficient evidence of his authority to do so."

Briefly, the duties of an Associate will be to attend the Children's Court when required; to acquaint herself fully of the circumstances and conditions of every child or family of children brought before the Court, and to confer with and give advice to the Magistrate or presiding Justice as to the best methods of dealing with them, bearing in mind the fact that it is the duty of the State to safeguard

the Welfare, and to provide the social re-adjustment, where necessary, of all children who come under the notice of the Court, no matter for what reason.

As a general rule, the Associate will be advised by the Child Welfare Officer when cases are to be heard by the Children's Court, and the information obtained by that Officer regarding the case will be available for the Associate prior to the sitting of the Court. It is open to the Associate, of course, to make such personal enquiries as she deems necessary regarding any particular case; and possibly she may be in a position to assist the Child Welfare Officer in arranging for the supervision or social re-adjustment where necessary, or in arranging for the co-operation or social service organizations in supervising same. The experience of the Department has shown the advisability of exhausting every means of dealing with children in the community before the question of admission to an Institution is considered, and it is to be hoped that you will assist in maintaining this system."

You will see by the foregoing paragraphs that they offer the new Associate every facility to help and advise.

The "Court" is situated in the Government buildings adjacent to the Child Welfare Offices, and has no appearance of a Court as we know them. Very quiet and private; only those interested are to be there.

Altogether I consider the new innovation an excellent one, and the Government are to be congratulated on the new departure.

Continued on page 7

Fair Daughters of the Fortunate Isles



*In Circle—Miss Moxcat, Blenheim
Elizabeth Greenwood*

*Below—Miss Janet Cossins, Timaru
Patillo, Dunedin.*



*Above—Miss Frances A. Nicholson,
New Plymouth
Paula Huggot, New Plymouth*



*In Circle—
Miss Betty Gilchrist, of Dunedin
Patillo, Dunedin.*

Mrs. Herbert
(Christchurch)

Gare of the Children

Continued from page 5

The 1925 Child Welfare Act came into operation on April 1st, 1926. This Act consolidates previous legislation covering welfare of children under the care of the State. Its passing automatically repeals the Industrial Schools Act of 1908 and the Amendment of 1909. Also it repeals sections of the other Acts and amends part of the Infants Act of 1908. The repealed Act of 1908 gave authority for the operations of the "Special Schools Branch of the Department of Education," and mainly through that branch the State's care of children was operated.

This name has gone with the repealed Act and the passing of the Industrial Schools Act from the Statute Book removes many objectionable features in the relation to the care of children. One of the chief objections under the old Act was that a formal charge of destitution or other offence had to be heard in court and a conviction registered against even the smallest infant before the State could take charge of the child. To be left parentless, homeless and without provision on the part of the infant was to be left an offender against the State. The iniquity of such a procedure was demonstrated during the epidemic of 1918. Orphaned children left destitute were in the position of being ineligible to participate in the benefits of State care except upon formal charge, conviction and committal. Public opinion in this matter was so aroused on behalf of these children at the time, that by special regulation these provisions in the old Act were lifted in their case.

The new Act shows an advance in public opinion and the formal charge and conviction are swept away. Now, when the magistrates of the Children's Courts which the new Act has set up, or the Justices of the Peace acting similarly are satisfied that any children are not provided for in any other way they may at once commit them without further trouble to the care of the Child Welfare Department.

The old Act failed to adequately provide for the best interests of the children under the care of the Department, and alterations in practice had grown beyond the old Act. Practice in an advancing social service soon over-reached the plans and provisions considered adequate only a short time previously. The new Act, in many important clauses, looks a long way ahead, and by use of general rather than particular terms places it in a position of permanency. Many criticisms have been levelled against the new Act because it has not provided this or that: for example, it has been stated that no provision has been made for the care of the mentally unfortunate or feeble-minded children. The first clause of Part Two of the Act is worded in such general terms as to make possible the setting up of any required institution for any required purpose of child care. Under this clause the Minister could establish Homes for the mentally unfortunate or Convalescent Homes for those

suffering from malnutrition or any other physical disability. When the problem of the mentally unfortunate is fairly defined and understood, all that is required is the authority of the Minister of Education, and the system best suited to the country and the need can be set up.

Generally speaking, the Act is rather vaguely understood; the common impression being that it is an Act to establish Children's Courts and that is where it ends. It is a very much larger thing than this, for it is a great advance in the forward movement of child welfare. The Act is the first step towards placing child welfare (and one may add, public welfare) on a scientific basis. The department of

study and record of every case worth studying. The court may be the school of juvenile delinquency to all accredited social workers, for provision is made for the attendance at the court of "any person representing a social welfare agency engaged in work for the benefit of children."

The vesting of guardianship in the Superintendent of Child Welfare of children placed under his care, the proper establishment of the department, the system of State care exercised upon children, the endorsement of the boarding of children in private homes, are all clauses in the Act that may not excite much interest, but one provision enabling any parent to seek



Mrs. Tennent, wife of Professor Tennent, Principal of the Teachers' Training College. Mrs. Tennent, prior to her marriage, was Miss Maitland, who was widely known in Educational Circles as the capable Head of the Kelburn (Wellington) School. *Elizabeth Greenwood*

Child Welfare which the Act sets up will soon outgrow the subordinate position it occupies at present under the Department of Education. It must soon become far too important and far too wide in its sphere to be held long under the portfolio of Education. It will require one day a portfolio to itself and special supervision of its many departments.

Child welfare will be found soon to mean public welfare, and 'public welfare' might well be the name of a department of State with the fusion of the many sub-departments under one administration and policy. Children's Courts, which are established by this Act, are the first step towards real study of juvenile delinquency in New Zealand. The provisions are wide enough to allow of the complete

help of the department with regard to care or supervision of his child or children is very important. This help can be got very easily by the parent, for he or she has only to go to the Child Welfare Officer and ask.

The Superintendent will accept guardianship of any parent's child for such time as circumstances may require and without going near a Children's Court. The Act provides for an arrangement of this kind being transacted privately. There is no danger of stigma being attached to the children placed under the care of the Superintendent, for the Act itself eliminates such a possibility. The Act empowers the Registrar of Births to notify the Superintendent of the birth of every child of an unmarried mother

and establish thereby a means of protection against possible harm to such children.

One sub-section of Clause 43 confers power on the Governor-General by order in Council to make regulations "Regulating the employment of children whether they be under the care of the Superintendent or children generally and also regulating and restricting the attendance of children at places of entertainment. Should it be found at the Children's Court that any general children's employment agency (and children in this Act means under 16 years of age) is detrimental to the welfare of these children then it will be possible to stop such an agency from employing children. If again it is found that any entertainment of any particular type is adversely affecting children it will be possible to have that also prevented.

The appointment of women as Magistrates' Associates at the Juvenile Court should be most helpful in many ways. Men and women do not always see things from the same view-point. It is necessary to have both view-points, and the blending of the two is very essential in the interests of child welfare to safeguard the interests of the child and to help provide for social readjustment where necessary. The fact that the Court is held in another building other than a Magistrates' Court, the absence of police uniforms and everything that struck terror to the child should be a great advantage.

Only a short time ago a man was charged at the Christchurch Court with a serious offence against his little daughter, about five years of age. Medical evidence proved most conclusively that an offence had been committed. The child's statement was very convincing before the case was heard, and yet when she went before the magistrate and saw the police in uniform etc., she could not be induced to speak, and the case was dismissed. Had the case been heard before the Juvenile Court, with the absence of anything official-looking and a woman associate and other women social workers present round the table, the child would probably not have been so terrified and would have given her evidence without fear.

In a short article one cannot discuss fully all the provisions of the Act. To those interested in social welfare, and therefore child welfare, the Act may be regarded as an open road to the attainment of those principles and ideals which we are all hoping to see put into practice. The little Child Welfare Act is the harbinger of a department of social service worthy of New Zealand.

Erratum

In arranging the articles by the three Associate Magistrates of the Children's Court, Mrs. Ferner's informative notes have unfortunately been separated from the esteemed contributions of Mesdames Herbert and McVicar, and appears on page 33 under the caption "The Growing Child."—Ed., THE MIRROR.



*The Waterfall—Kare Kare
West Coast, Auckland*

H. Rezell Reynolds, Auckland



ENTERTAINED BY A MILLIONAIRE

A Fancy Dress Ball was recently given by Mr. and Mrs. Williams, of Wales, on board their yacht "Surprise" in Port Nicholson, at which many prominent Wellingtonians were present.

F. G. Barber, Wellington

We are becoming more like London every day. Not to mention our traffic, with a whole policeman at a difficult corner, and intermittent control at various points of the city, we have added real pea-soup fogs to the list of our attractions. Last week the town and the suburbs were wrapped in a dense grey blanket. Dim ghostly figures greeted one another out of the mist, and gargantuan statues rose, grim and terrible, on the pedestals where Canterbury perpetuates its loyalty and commemorates its pioneers. Motorists, journeying down the road between the lupins and the pines, to the far-off suburb of New Brighton, crawled like uataras to their destination. Scouts ran ahead, like post boys, striking lights, and four hours and a box of matches was the average.

Alas, this winter weather. There is no running away from the chill touch of Jack Frost, though the deceitful bunny rabbit, masquerading as seal and lynx, has been called to our aid. Indeed, the auditorium of our theatre is a veritable rabbit warren on gala nights, and could some benign fairy wave a wand and bring all the little slaughtered bunnies back to life their scampering would block our highways, and the sight of a lettuce leaf would provoke a riot. Our coat collars mount to our ears, and tapering, chilly, silk-cased legs bravely support our warmly-clad bodies. There is, of course, that pioneer few who boldly raise their furry edifice on the stout support of very uncossacky Russian boots. All honour to them—they, at least, are warm!

We are on tiptoe for Pavlova. The rag and bone man has called, and his little subsidy has been laid by in the cracked tea-pot

South of the Straits

along with the proceeds from the sale of our cast-off bottles and the profit represented by dripping instead of butter in the family cake. Dripping alone would not do it! Rags and bones, plus bottles, would fail to purchase a seat in the gods. But rags and bones, plus dripping, plus bottles, with the addition of a third of our weekly salary, may secure

continents might be lost in adipose tissue.

This question of diet! There was ease in the old days, when a woman might put her feet up, and grow comfortably rotund. Pavlova, we are told, dances four hours a day in front of a mirror. That is all very well for Pavlova, but for

Charity never faileth—in Christchurch. Charity suffereth long, or at least the audience does—in Christchurch. In Christchurch Charity is Unlimited. Charities Unlimited held the stage at the Theatre Royal for a week, and Cinderella nightly lost her slipper—and found it to the plaudits of interested fathers, mothers, sisters, brothers, uncles, cousins and wives. One little gem on the ever-green subject of Mary won rounds of appreciation:—

"Mary had a little lamb;
The butcher killed it dead,
Now Mary takes the lamb to school,
Between two hunks of bread."

The proceeds of the pantomime are in aid of the various charities of the city, and when the highwayman's velvet breeches have been paid for, the widow and the orphan will receive what is left. He was a picture, that highwayman, and said breeches were not picked up for a penny. How men love dressing up! A fig for the supposition that women are the sartorial sex. Give a man a paper cap, a pretty apron, a beard, a wig, a brass hat, or some red tabs, and earth holds a no more radiant spectacle. Even learning does not smother the innocent desire to emulate the peacock, and the Chancellor gracing a University festivity sports silks that would have turned his grandmother green with envy.

Take this question of repressed sartorial instinct. In early life, before he has learnt that it is unmanly, the small boy trots around with a bow in his hair, as happy as his infant sister. A few years later he streaks his face and puts Red Indian feathers in his hair. Later still, since the child is father to

Continued on page 11



A picnic group of New Plymouth Girl Guides, taken during a recent visit of Lady Margerie Dalrymple

for us a seat in the back stalls. And then the thrill! Pavlova, we hear, brings her own chef, her husband, and her secretary. The order, we believe, is correct. Without the secretary, Pavlova might be as light of toe as ever; husbands, though useful, and sometimes ornamental, may often be lightly jettisoned on a tour; but with one grain of an arch-ismen; too much in her choicely prepared biscuit, the fame of five

most of us the contemplation of our jig-jogging charms for four solid hours would be likely to induce a state of dejection, rather than exhilaration. Latest advices from London report that the comfortably in and out again figure is likely to return. Ah! Potatoes, please—two helpings! Cocoa! Cream! Chocolates! Cakes! Just for once—but it is all a dream! The paling fence figure is still the vogue.

South of the Straits

Continued from page 9



the man—or so we are told—he prances, a University student, making merry in scanty feminine attire. Arrived at years of discretion he joins a Lodge, and solemnly parades in flowing beard and gown, dons weird insignia, and presumably loses his sense of humour in the process. In old age he prefers his dressing-gown and slippers with a touch of the flamboyant. We must not blame the sterner sex; they but follow the instincts of nature. Mrs. Tiger is but a douce creature beside her flaming lord.

No flaming Bolsheviks we; we have a Society for Imperial Culture in our midst. Note the nomenclature; there is nothing paltry about it. Gallop not off with the idea that it is the gentle Jingoistic germ that is under observation; it is the wider culture of the soul we seek. Lectures on literature and art, washed down—vulgar term!—by coffee, form the programme of the evenings' entertainments. Then we house the Parents' Educational Union. The ninety odd members of this Association also absorb lectures, dealing, not as might be supposed, with the first and best methods to be adopted when Johnny falls down and hurts his knees, but gentle talks on alpine flora and the origin of nursery rhymes. Three years ago a little old lady died after a strenuous life devoted to the study of child life and child ideals. Thirty-eight years ago this little old lady, Miss Mason, founded the Parents' Educational Union, which lives as a memory of her work, Christchurch is fortunate in possessing the one branch of the Union flourishing in New Zealand. The members meet frequently, and afternoon tea partaken of in this atmosphere of high thought, which must add perceptibly to the understanding of that overworked science, "child psychology."

Upwards of seventy years ago our pioneers sailed up the slow-moving Avon with their worldly goods, including their wives and families, comfortably packed, in small vessels. With the coming of the watercress and the riverweed introduced by our far-sighted forefathers, traffic on the Avon became limited to the romantic *draft à deux*, in which Reginald woos Angelina. Ah! those halcyon days, now threatened by the promise of a return of the old commercialised age. The Avon is in process of being dredged and reeded up, and Napoleon's willows have been ruthlessly lopped. One fine day we are told, the boats will once more sail up and down the waters of our placid stream. The chough! chough! of a motor launch already makes pleasing prophetic music for the ears of the citizens. Shades of the Pilgrim Fathers may yet see argosies laden, not with "a cargo of ivory, apes and peacocks, sandalwood and cheap white wine," but with "Tyne coal, road rails, pig lead, firewood and cheap tin trays."

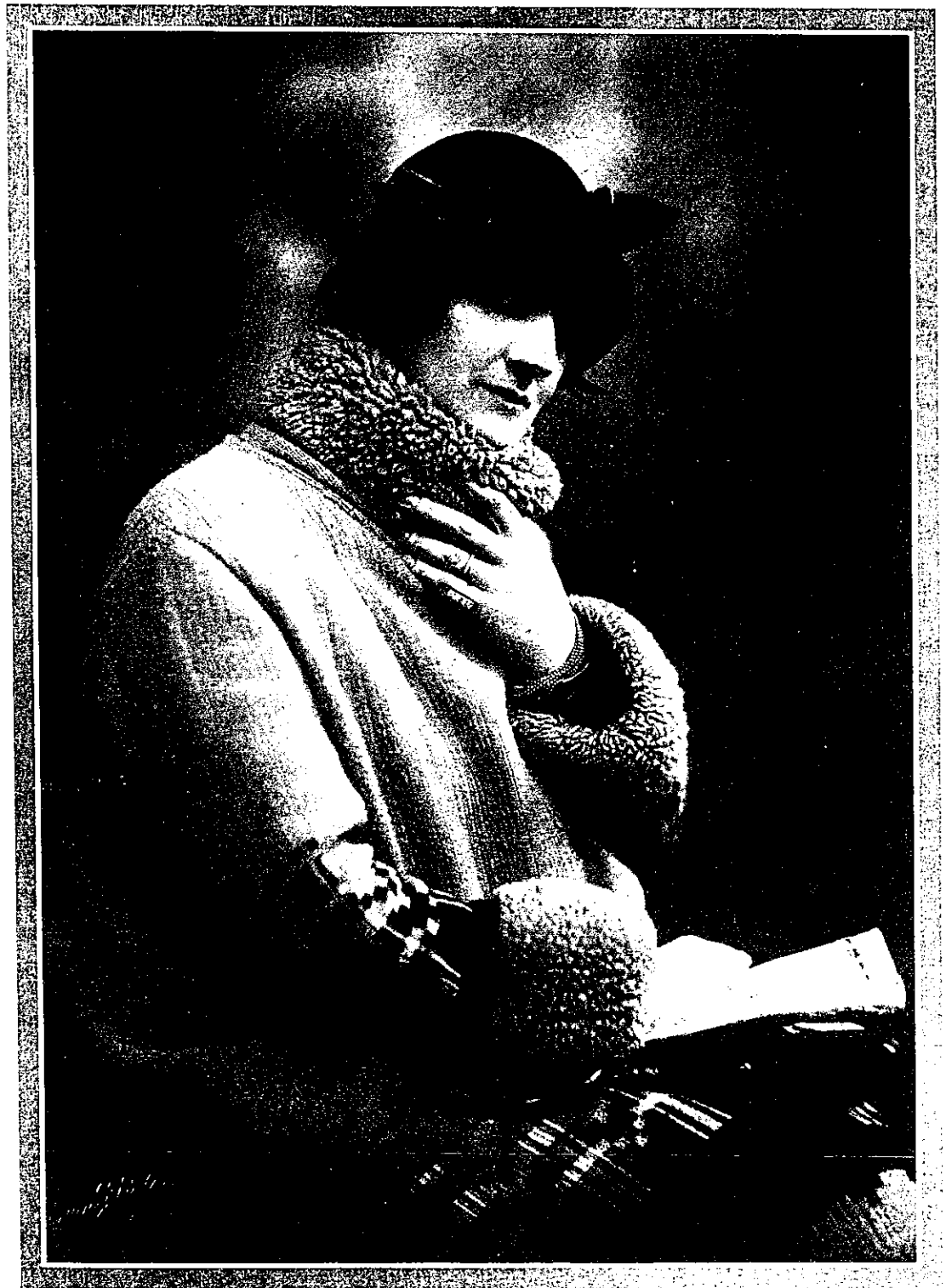
Nowadays our population is bounding forward—or else the Census Man has deceived us. Not for us "A loaf of bread beneath the bough." We have no use for the Wilderness, or even the Outer Suburbs. Our increase—eleven

thousand odd—is in the city area. With judicious partition one six-roomed house can be made to yield a dozen or more three-roomed flats, and where but one flourished before, twelve milk jugs now adorn the back-door steps. Flating is on the increase even in our city of homes and gardens. The sociability of it! Does your neighbour take her morning plunge into cold water? Listen for the splash! Does she leave the dust under the table? A peep in her own room will reveal a

great deal. How much did her furniture cost? Has she paid her bills? Who is that last letter from? Life is never dull in a flat!

Any of us could answer that ancient query "Where was Moses when the light went out?" He was in Christchurch when the electric light power at Lake Coleridge was turned off, and the city was plunged into darkness. He had just reached the most thrilling chapter in his best seller, and Mrs.

Moses had a pot of cocoa on to boil, when with a misdirected sense of humour, the light failed. Periodically, during the winter of our discontent, our city boasts primitive illuminations in the shape of candles, single gas jets, and bicycle lamps. Mayhap it makes us appreciate our mercies; they are withdrawn from us so lightly; the quality is not even strained. Two magpies have a discussion on a wire—result, suicide for the magpies, and darkness for the city of the plains, until such time as the corpses are located, and given decent burial. A piece of bark is blown from an innocent-looking gum tree on to the transmission wires, and again gross darkness covers the land. Truly, great is Nature; and what is man, that she should be mindful of him?

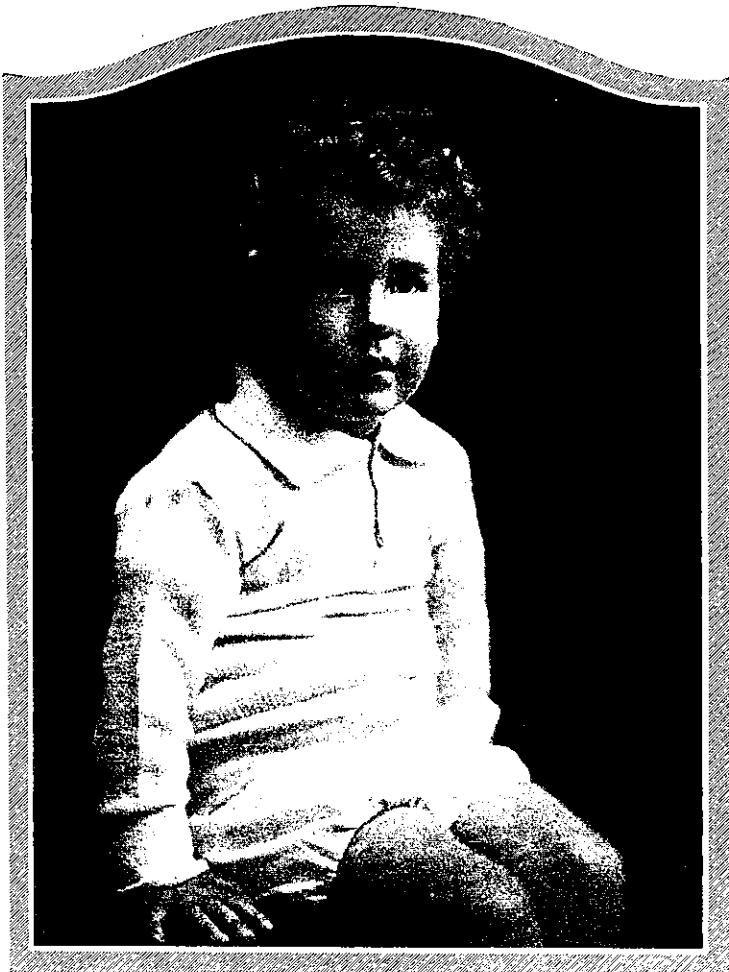


Mrs. L. Louisson, Auckland

Crown Studios, Auckland, photo.

Some Youthful Maorilanders

"The Youth of a nation are the trustees of posterity."
—BEACONSFIELD.



*Above—
Douglas, the son of Mr. & Mrs. H. E. Kemmington,
of Wangamui Z. A. Morton, photo*

*Below—
Lloyd, son of Mr. & Mrs. Hugh Jenkins, of Kelburn
P. H. Jauncey, Wellington*



*In Circle—
Phillip, the son of Mrs.
and the late Mr. E. P.
Evans, of Christ-
church
Marie Dean,*



*Above—
"Bill," the son of Mr. &
Mrs. Chas. F. McAllum,
of Hawke's Bay,
Hawke's Bay
Brighton Studio, photo, Napier*



*In Circle—
Joseph, the son of Mr. &
Mrs. Ernest Williams, of
Auckland
Bellmond Studio, Auckland*

English Social Personalities in *Winter Garb*

Topical Press, photo, London





"When Winter comes, a-hunting ice we'll go"

Epical Press, photo, London.

At first, I thought of making my title "A Sigh From Sydney"—notice the apt alliteration?—but that (the proposed title, I mean) sounds rather as if it had been originated by a lady whom irreverent "diggers" used to call Miss Bella Squeeler Pillsbox. You know how, in all the very best paper-back novels, the hero who has gained a million and lost his waist, sits down, leaving his oyster cocktail absolutely untouched, and sighs for his auld mither and the days when he used to eat hurns and paddle in the bun-ock (or have I got things a trifle mixed?). Anyhow, whenever I shut my eyes tight enough, I can see a crowd of people on a wharf, and steamers, pink, yellow, and blue and wheeling white gulls making most uncomplimentary remarks about the whole affair from their points of vantage on the dock shed roofs! And then the ship moves very slowly out to sea and the sun gets in one's eyes so that one can't make out the faces on the wharf and the band plays *Auld Lang Syne*. Last of all, there are steep hills (I'm sure the wind that blows over them is always scented with gorse blossoms), and a gold and scarlet sunset flames over them like the splendour of a medieval banner. That's Wellington waving goodbye. . . . I hate sentimental women, don't you? Let's talk about Sydney.

The steward wakes you up at a most unchristian hour by upsetting your can of hot water over you. You, being still very sleepy, so far forget yourself as to say "Tut, tut!" Then, suddenly, you realise that the ship is no longer rolling—that it's standing perfectly still and behaving itself for the first time within your memory. You leap—yes, absolutely out of your bunk, and make one spring for your cabin window. You can count nine little lights—no more—twinkling out from old, friendly hills still shrouded in a purple mist of sleep. A ferry boat slips past, and its lights make wavering columns of ruby and emerald in the black water. There are palm-trees—feathery palm-trees—

Notes from Sydney

Slender and tall, and unreal as those that grow round the enchanted castle of the sea-fairy, Morgana. And Sydney rises before you—a dark city of dreams.

All very romantic, mes chers, until you come to the wharf and require your baggage to be carried. The first large and lazy-looking dock lounge surveys your baggage doubtfully, spits (wonderful, the speed and accuracy of these gentlemen as regards spitting) and says, encouragingly: "You take it, 'Arry." 'Arry is a man of action: one of these crisp, curt, masterful men that women do so admire (ask E. M. Dell). He says: "Blowed if I do!" Finally, a poorer spirit is found, who, being paid in advance, consents (amid the silent scorn of those sweated slaves of Capitalism, his fellows) to take your boxes to the Customs officers. I like those Customs officers. "Anything to declare?" they inquire. "What is dutiable?" you ask. "Well, whisky," they reply, more in hope than in anger. You shake your head: they sigh, inscribe chalk hieroglyphics on your belongings, and motion you into outer darkness. And there you are in Sydney.

You remember how Alice in Wonderland nibbled the left side of the magic mushroom, and found herself growing smaller and smaller, and the rest of the world becoming "just simply 'normous'?" Well, your first idea, on taking a cursory glance at Sydney, is that you have somehow, and quite by accident, swallowed a similar noxious weed: Sydney is so big, and so tall, and so broad, and so long, and there's such an unconscionable quantity of it. You'd like to fly up above it in an aeroplane just to see that somewhere, somehow, it really does come to an end, instead of just going on and on to the extreme edge of the world. Looking at it from

the ground, you have your doubts. It doesn't thin out or taper off in any direction: it just sits there, fair and square and solid, as if it had been dropped from the clouds by some sky-giant who had grown tired of so heavy a toy.

I suppose I should tell you about the "ribbons and laces and sweet pretty faces." Well, my first glimpse of feminine Sydney was distinctly interesting. It wore a long black velvet coat rather like those affected by gallant cavaliers in the days of Charles II. On its shoulder was pinned a bunch of artificial violets, and in its small and be-chained hand it carried a bouquet with real dew on it. It wore violet stockings and little black velvet slippers, and as much paint as would be considered proper by a lady of old China. In front of its hat shone a little silver latch-key: didn't look rusty either. I began to realize that I was in a very gay city. But the Sydney of winter days, I'm told, is really quite tame by comparison. In summer (again, I'm told) it is "life with the lid off."

You don't have to wear those nasty little squashy-squishy felt hats here. Isn't it nice? The latest idea is a "cavalier" hat of velvet, with a big, sweeping, upturned brim, which gives a quite dashing look to the demurest young thing. Felt, of course, is present, but is by no means compulsory, which makes me almost like it.

But I really must tell you (while we're on this trivial topic of fashions) about the Sydney shoes. I went into a shoe-store the other day, and sat me down amid a multitude of tan and patent shoes of the type referred to by Young Persons as "classy." One rather nice little quiet and well-behaved pair took my fancy. I looked: I tried on: I called unto the shop assistant, saying "How much?" "Fifteen shillings and eleven pence."

she replied, I felt almost inclined to clasp her by the hand—but thought, if I did, that she might take me for her long-lost maiden aunt, and try to borrow half-a-crown. So I clasped the shoes instead, and said, with the Sydney style of brevity, "These are mine." In Wellington, the same cost forty-five shillings, with half-crown reductions at bargain sales. However, I'm bound in justice to tell you that tramping the Sydney pavements soon wears holes in the stoutest pump soles.

A grey old town Sydney is. At first, when you're passing along Martin's Place, where all the bad bank directors stay when they die (haunting the scene of their former crimes—you know) you are a little surprised to hear someone call to you in a language which might be anything from modern Italian to Ancient Greek, but which certainly sounds as if it oughtn't to be allowed by the police. On turning, you discover that you are merely being requested to buy Iceland poppies—dear little gay ladies of Iceland poppies, with bewitchingly naughty skirts of sunshine-yellow and flame. There are sea-blue cornflowers and "violets, dim, but sweeter than the lids of Juno's eyes" and pearl-pale narcissi. So small and gallant and gay they look, under the shadow of the towering grey buildings that hide away the sky. There are no gardens in Sydney.

All the same, there are fruits. Have you ever eaten a custard apple? Its outside is green and knobby and most unappetising, but its pulpy interior melts slowly and deliciously in one's mouth. And mangoes: never eat a mango without first getting into a bath and spreading beach-towels all over the surrounding country. That's how mango-eating is done in the best circles. Yes, mangoes have a slight tendency to be juicy. Then persimmons, like the poor, are always with us. Originally, the persimmon set out to be a tomato: but it lost its way, and now is like nothing on

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earth except its own sweet (and squelchy) self. Old friends are the best friends. Wouldn't you like to meet purple-bloomy grapes priced at sixpence a pound?

Sydney at night. . . There are lights everywhere—lights like the golden apples in the gardens of the Hesperides: trim little ladies in neatly-cut tweeds: gay ladies who pass you by "with a flash of eyes and a flash of pearls": the smell of "Quelques Violettes, Howbigant": and; in the quiet little tree-shadowed places that Sydney is pleased to call its parks, the dim rustle of falling leaves. You must go on tiptoe there, if you please, for fear of disturbing the sweet slumbers of sundry gentlemen of leisure who sit, all neatly tucked up with newspapers for blankets, and snore. It must take a great deal of practice—sleeping on park benches. But one would always have one comfortable and consoling reflection: one couldn't possibly be subject to a friendly visit from pickpockets, because one would have precisely nothing in one's pockets to pick.

Haunting the parks at ten o'clock is interesting but cold—when one can see, not so far away, the blazing beacon-lights of the city proper (or, as some are pleased to call it, the city improper). You'd love the Sydney shops. They are not segregated, Wellington-wise, in little hermetically-sealed compartments labelled Butcher, Baker and Candlestick-maker. You enter an emporium: it's little short of *lese majesté* to use the word shop. On one floor you buy, for example, a bath. A nice, roomy bath, in which you could, if you felt so inclined, drown with comparative comfort. A lift, going at a pace which makes your Eton crop stand on end, whirls you into "next floor, Moddom." Here you attend to the vital matter of bath salts—bath salts which make you remember gardens, all fresh and rainy-sweet. Higher up, after passing through the more uninteresting habitats of bath towels and soap-containers, are the Olympian regions where handmaidens of the goddesses display for you "robes"—the delicate dreamy-blue negligés into which every good-but-not-too-good-woman loves to slip after her rose-geranium perfumed bath. A whole world in one single shop—I beg its pardon, Emporium. And every reasonably-sizeable emporium has, tucked away somewhere in its "roomy and gloomy" interior, a little tea-room, all creamy curtains and morning sunshine and adorable little blue jugs, where weary women can drop their parcels and their cares into one confused heap, and eat strawberry waffles. Have you ever met a strawberry waffle? Then you haven't really lived yet; the mere maple-syrup kind haven't the shadow of a shade of the strawberry waffle's toothsome glory.

All the same, I'd advise the unwary to "take care—beware" when entering one of these sweetly simple little tea-shops. You eat your strawberry waffle pensively: afterwards you decide that the correct word is "expensively." Your bill, without the first faint dawns of a blush, assures you that your light refreshments cost you just seven and six. Always bring large

quantities of citronella and oil of lavender with you when you visit Sydney. You're sure to be badly stung—either by the mosquitoes or by the natives.

You go out into the wide, wide world, with just a glimmer of apple-green sky showing between

the tall, grey houses, and one evening star up betimes to see the fun. Fun in quantities! Even the advertisements are amusing. One, in large letters, printed beneath a picture of a beaming wife and children who are simply bubbling over with *joî de vivre*, asserts

"We're all happy now—Dad's lost his liver!" Surely a somewhat original reason for happiness in dutiful children and a really nice wife. On investigation, however, you discover that Dad has "lost his liver," not through some unfortunate accident, but by the use of a new and unrivalled variety of Little Liver Pills.

In a music-shop, the latest thing in tango-records is advertised, not by mere words, but by deeds. Affixed to the top of the gramophone is a most charming little

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Miss Adelaide Vaughan McAllum, daughter of Dr. H. McAllum,
of Inglewood, Taranaki

Paulya Huggot, New Plymouth



A group of Mannequins displaying Model Dresses, from the newly-established British Fashion House, taken at the Drapery and Textile Exhibition. Beath's, Christchurch, is the home of Fashion's Vogue from London and Paris]

Topical Press, photo, London

Forecasts for Spring indicate that we have to expect:—

More feminine fashions.
Skirts just the littlest bit longer.
Flares not quite so pronounced.
Pleating on almost everything.
Collars and higher neck lines.

It certainly seems a bad time to foretell Spring fashions when everyone is shivering, but nevertheless the Home and Paris modes—which we usually follow fairly closely—show marked features and styles that are certainly most alluring.

Paris, for instance, is reviving olive-green, which is rather a subtle shade to go with present-day complexions—or as they are made-up. Another colour with a pretty name is "soleil-d'or"—a new shade of brown of a warm, golden shade. And, of course, there is quite a *penchant* for pastel colouring.

Quite a new class of garment, which is very suitable for between seasons, is a *chic* little velvet coat of the smoking-jacket variety, over soft dress material or even light-weight tailored frocks. The coat may be short or three-quarter length, flared or straight. Such a garment would be especially useful in the evenings, when the conventional and airy frocks are rather to-to.

Stockinette Suits

At Home there is a great vogue for stockinette suits and dresses. Some are trimmed with galon, some with leather or linen. Most of the skirts in jumper suits are pleated at the front at any rate. Fullness is introduced unobtrusively in most garments. When there is side full-

Vanitas Vanitatum



ness it is rather towards the back than the front of the dress.

Collars and higher necks are a marked feature in the smartest modes. Hardly anything more than the throat is shown with outdoor frocks. Many collars fasten right up to the neck, the Eton collar being a special favourite. A scarf tie-up is often seen as a means of softening a plain neck-line.

The Practical Jumper

The most useful and decorative garment which fashion has to give us is the jumper suit. It is a democratic affair common to all, and simple though it must always be, it never looks ordinary. The newest jumper suits from Paris appear to be all jumper and no skirt, the latter of plissé material looking almost like a ruffle at the hem. Usually with a jumper and pleated skirt there is a long coat to match.

Charming colour alliances are secured. A beige suit of stockinette is trimmed with two bands of crêpe-de-Chine, one brown and one red. A jumper suit with a skirt of striped material has a plain top and

an inlet vest, collar and cuffs of the striped fabric. Plaid and plain can produce the same results and give a big opportunity for colour. Kasha or stockinette jumper suits are trimmed with embroidered galon, leather, gold and silver kid in bright contrast. All pastel shades are favoured, giving the suit a dainty, fragile look which is a charming deception. Tweed jumper suits continue to be worn, making as they do such suitable companions to masculine plus fours.

It is a certain fact that soft tie-up collars with fichus and flowing ends are to be a feature on both jumper suits and other dresses.

The Discreet Line

The much-discussed waist-line continues to be a vexed question, but the indications point to a tendency to return to the more normal position. The short skirt provides the opportunity, but it has to be rather gradually and cleverly done, so do not be in too much of a hurry to push your belt-line higher.

Tailored costumes show the figure in just that sleek and beau-

tiful way that is always attractive.

Many costume coats are cut on practically riding-coat lines, fitting the figure most attractively beneath the arm to the waist, thus calling attention to femininity. Tailored skirts are for the most part full chiefly when in movement, the fullness being secured by inverted pleats. A few of the latest are cut with the slight "kick" at the hem, and do not require pleats. This skirt is usually topped by a straight coat.

A stylish innovation in tailored costumes is to provide an ornamental border.

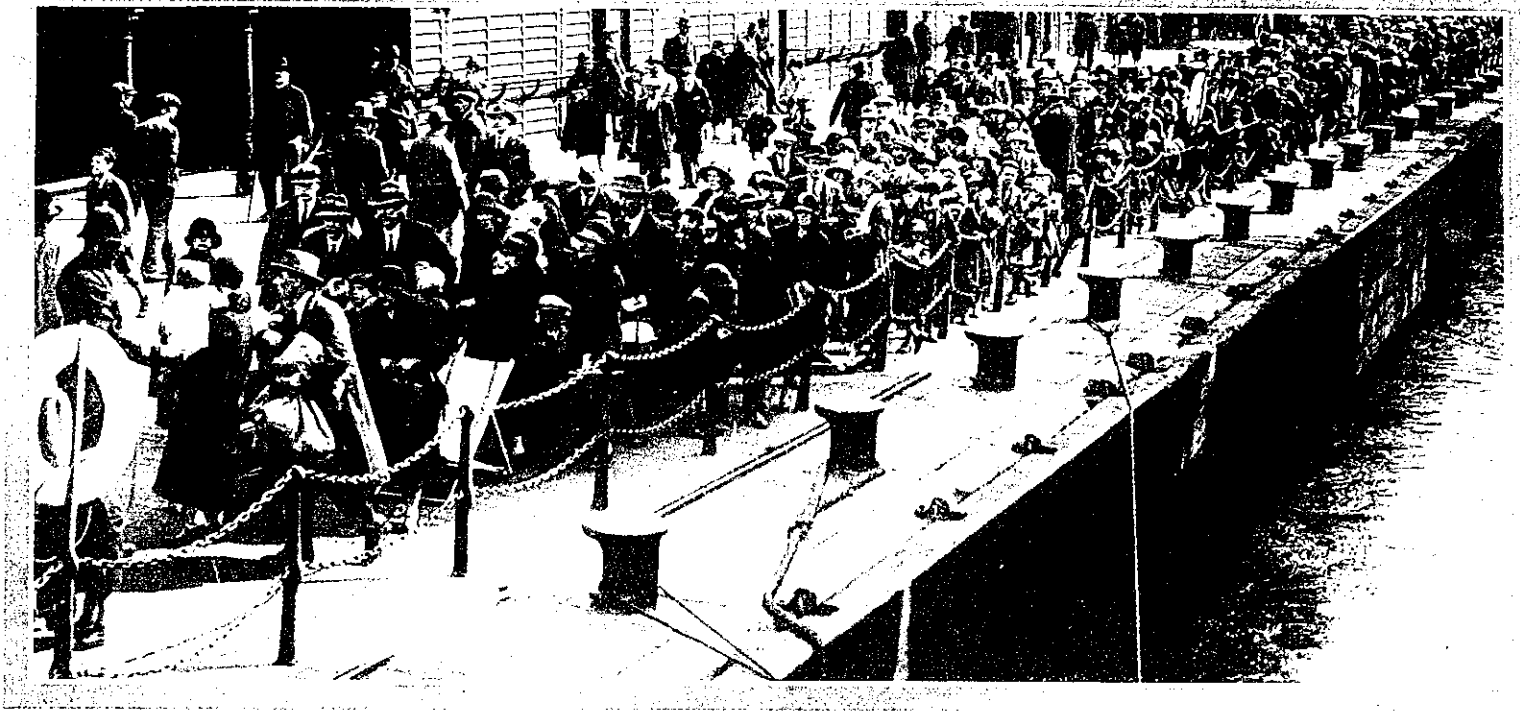
The flare is to give way to pleats, and where formerly a godet curved outwards it is now to be turned in to form an inverted pleat cut to taper to a point. This gives a smart relief to the hem.

The plissé is the very latest feature Dame Fashion has evolved. Boldly-patterned materials are finely pleated, breaking up the design in an uncommon way. Large box-pleats are being adopted, and bid to become a pleasing change.

If you are going in for a new cardigan, and you wish to be in the fashion, it should be quite simple and masculine in style, but the strap round the neck and down the fronts should be heavily stitched—that is the newest idea.

Hats are to be a little larger, brims and crowns. The brims have more becoming lines, and every crown is either dented or draped. The little hard hat has apparently had its day.

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Embarking in the Old Country for a Land of Promise. The "Mahana" recently left Liverpool carrying 800 assisted emigrants. This illustration shows a general view of home-seekers in New Zealand waiting to embark.

Topical Press, photo, London

lady, all (or nearly all) silk clasping her in a "hold" which combines perfect correctness with a sufficient amount of warmth is the dancing partner that we girls dream about—side-whiskers and all. He's just two feet high, and is made of that mysterious substance known as "composition." Round and round they spin, to the invigorating strains of the gramophone, with a speed, a grace, an abandon, which makes the beholder half-giddy and wholly envious. Merely to watch them makes one dream of polished floors, shaded lights, coloured bands and convenient roof gardens. In the advertising profession alone, genius ceases to be its own reward.

Then there's the house-and-land-agent's abode. The young married couples (these charming people!) come here, hand-in-hand as often as not, though of course they try to look frightfully grown-up and sophisticated the moment that one glances at them. They are dreaming of a little cottage—near enough, of course, to John's business (eyes, capitals, please) but far enough from the world to possess a little garden, with wall-flowers and mignonette and cabbages—the cabbages serving as the *raison d'être* for worldly-minded relatives. And couldn't there be honeysuckle? and chocolate-brown gables? and those darling little windows that look at you, under their caves, like shining eyes? And, for one really must be practical, "hot and cold water"? Well, there in front of them, standing in the house-and-land-agent's window, is a miniature replica of the very identical little house they want. It is perfectly modelled even to the shining windows, and it says, as plain as ever a little house can say, "I'm so lonely; please take me." Above is a notice: "This charming Langalow For Sale." Was there ever a woman who could resist dolls' houses? If there was, she

Notes from Sydney

Continued from page 11



The son of Mr. & Mrs. C. E. Dowland, of Wellington, who was awarded First Prize in an Australasian competition (in which over 10,000 photographs were submitted), for the best all-round child combining beauty, intelligence, build, etc.

F. J. Denton, Wellington

probably died young, which is one good thing about her. Our married couple adopt their little house, and go there rejoicing; and they call it "Sun's Sonnet" or "The Nest" or just "Home." *Ah, si la jeunesse savait!*

At which point in your maiden meditations you remember that you really ought to go home. But you don't; you pursue and catch a cat, and go gaily for miles into the country, only to find that you've been going in an entirely wrong direction and have arrived at the other side of nowhere—such an interesting place if your feet didn't ache.

"You're lost, my dear child,
Right out in the wild,
And the wolves they are hungry
and fierce."

I could, with sufficient provocation, write a whole book entitled: "Sydney by Night; or, the Cat that took the Wrong Turning." I've been in Sydney just a week, and already am well and unfavourably known to the whole of the Sydney police force, including suburban branches. No, I have not been exceeding any speed limits; I've simply been losing myself, my way, my luggage and everything that is mine with the monotonous regularity of clockwork. Just wonderful, the way apparently stable things move about in Sydney. You think, for instance, that you know just where the G.P.O. is to be found on demand. It isn't. Somebody has picked it up overnight, and deposited it in an entirely different place. But the police seem to keep track of things well enough—poor dears! "When in doubt, ask a policeman." I've seen stark naked terror leap into the eye of a stalwart constable as he witnessed my stealthy approach. Eventually, and with much effort, they succeed in depositing the strayed lambkin within its fold. And so, as our friend Pepys puts it, to bed.



Stylish Models that reflect Grace and Dignity
 [Latest modes at Beath's, Christchurch]

Vanitas Vanitatum

Continued from page 15

What Paris Says—

Judging from the latest creations as seen at the leading fashion salons one must conclude that godets, flares, gores—call them what you like—have had their day. This does not mean that they are to be quite abandoned, but there is a tendency to return to the "tube" outline. Pleatings and kiltings are to be the vogue rather than the umbrella skirt, which had a tendency to give extra width and less height. This was not desirable unless one happened to be extra tall and slim.

The much-discussed waistline is decidedly higher and often emphasized by a belt and blouse effect. Still, it is below the normal line, and will probably remain there for some time to come.

Sleeves are generally worn long. The rather tight, banded sleeve is left to the morning dress, but the latest idea for afternoon and semi-evening dresses is a rather tight sleeve extending well to the forearm, where it flares out, balloon-shaped, by the addition of a wide embroidered or pleated cuff, which is caught together again in a narrow wristband. Other models show large gauntlet cuffs.

The ensemble idea is still prevalent, but in a modified form. It is now composed of a printed or two-coloured frock, over which is worn a slim, straight coat, finished off with a military collar or with two scarf ends, and lined with the

same material as the dress. The latest idea is to pick out for the colour of your coat one of the darker shades in the printed material.

We are told that an old fashion is to be revived. Taffetas are to come in again. One chic model by a famous Parisienne house is of the blackberry, trimmed with light green taffetas. The skirt was straight, with the fullness brought well to the front, and trimmed with a high band of a criss-cross pattern in the same material. This served the double purpose of trimming the frock and also of weighing the silk down, as taffeta is always inclined to stand out.

Jumper suits are enjoying great popularity. They are expressed in a wonderful variety of styles and every possible medium from Kasha to velvet and even lamé.

More Feminine Notes

The "masculine" woman is now regarded as an anomaly, and indeed seems, according to advance modes, to strike quite a discordant note. Paris is displaying an eagerness to return to a more feminine style, and is now wondering whether a shorn head is appropriate to the newest modes in flimsy evening wear, and in some cases they are resorting to artificial tresses.

Extreme simplicity is to be abandoned. We are shown all sorts of refinement in cut, new trimmings.

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Rich Furs at Sale Price

Ballantyne's are noted for the reliability and quality of their furs. The sale now proceeding is undoubtedly an event of interest, for it enables customers to obtain the season's fashionable Furs at very advantageous prices.

This photograph shows a beautiful White Canadian Fox Choker of perfect quality—Regular price, 36½gns. Sale Price, 29GNS.

Other attractively priced Furs:—

PLATINUM FOX CHOKER—

Regular prices 50gns. and 42gns.
 Sale prices 40GNS. and 32GNS.

CANADIAN RED FOX CHOKER—

Regular price 21gns.
 Sale price 17GNS.

WEMBLEY FOX CHOKER—

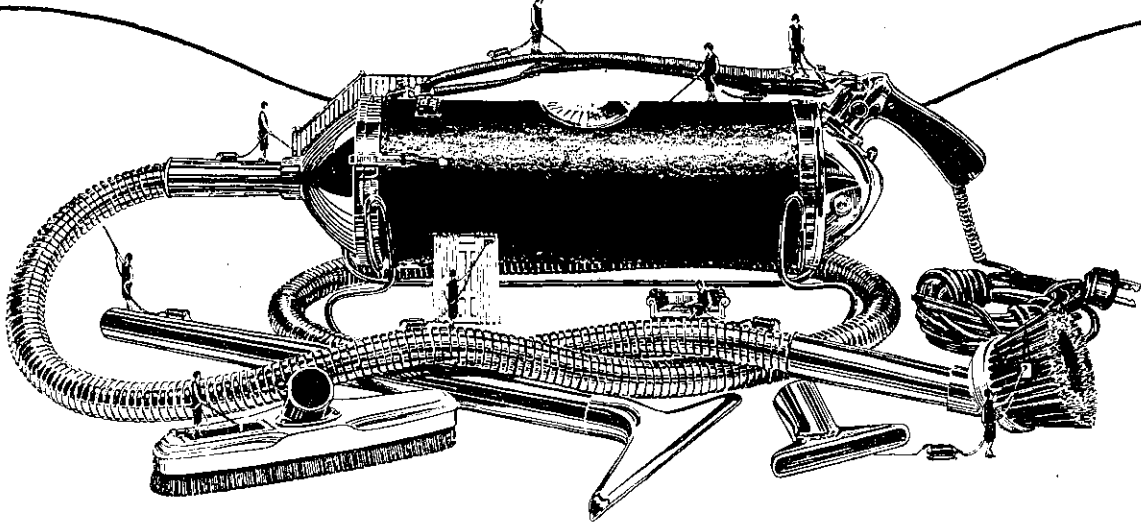
Regular price 14gns.
 Sale price 11½GNS.

Particulars of many others on application

Ballantynes of Christchurch

Everything you do with brush, broom
or duster, you can do *better, quicker,
easier*—and far more pleasantly

with **Electrolux** *The New
Cleanness*



Reasons for Electrolux Popularity

It cannot be measured by the standard of the ordinary vacuum cleaner.
It is different—and better.
It lacks an exposed dust-bag.
It lacks wheels.
It lacks beaters, moving brushes and adjusting devices.
It lacks the necessity to push the machine.
It lacks awkward attachments.
It lacks the necessity to move heavy furniture.
IT IS SO MUCH EASIER TO USE.
IT DOES SO MUCH MORE.

Important Facts About Electrolux

Largest makers in the world of Electrical Cleaning Devices.
Capital, 3½ million pounds sterling.
World-wide organisation—branches in thirty different countries.
Made now in England by the largest makers in the world of Electrical Cleaners only.
Twenty-five Branches already established in New Zealand, with 140 employees.
Thousands of New Zealand homes adopted Electrolux in the first twelve months.
The construction of Electrolux and the work it does are so far ahead of ordinary vacuum cleaners.

Full stocks of all replacement parts and supplies carried in all branches. Prompt service and immediate attention to all customers' requests. Electrolux motor tested and Electrolux adopted by New Zealand Government Departments and Hospitals. Every part is correct in size, shape and function to give better results than any other cleaning method. Low priced. One price to all—and sold on very easy terms.

We want to give you a demonstration in your own home—a demonstration that will not obligate you in any way. There's an Electrolux Branch or Agency in your town. Phone, write, or call.

Electrolux Ltd.

Head Office: 111 Customhouse Quay, Wellington.

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25 Branches in leading centres throughout New Zealand



Crochet Sports Hats

All the hats pictured are of gay yarns and variously decorated, perhaps with a cluster of woolly blooms at the side, or a more pretentious band of wool embroidery. They are crocheted in doubles with two strands of yarn, which gives them "body," using a No. 3 bone crochet hook. The close, even stitches are taken into both loops of the stitch below. Each hat is started in the centre of the crown, then increased at regular intervals, forming as many decided points of mitres as there are stitches in the first round.

General Directions

To start crown, chain (ch) 3, and work doubles (d) into 2nd ch (the number of stitches is given in the direction). *2nd round*—Work 2 d in each st. *3rd round*—(d in first d, 2 d in next), repeat around. *4th round*—(d in each of 2 sts, 2 d in next), repeat, making 4 times the number of sts of 1st round. *5th round*—(d in each of 3 sts, 2 d in next) for each section, making 5 times the number of sts of 1st round. Continue increasing in this way, always adding a stitch between mitres until crown measures the width required.

A Tam For The Schoolgirl

This model will fit a twenty-one-inch headsize, and requires two 1½-ounce balls each of tan and green loosely twisted two-ply yarn, somewhat heavier than Shetland, although Shetland may be used effectively.

With one strand of each colour, ch 3. *1st round*—Work 7 d in 2nd ch. Continue according to general directions, starting with 2nd round and working crown of 7 mitres.

When there are 14 d in each section (98 sts in all) continue without increasing. Work 7 rounds of d in each stitch. *22nd and 23rd rounds*—Skip every 10th st (81 sts). *24th round*—Skip every 11th stitch (74 sts). Work 1 round of d in each st. *26th round*—Skip every 9th st (66 sts). Work 6 rounds of d in each st. *33rd round*—Skip every 7th st. Work 3 rounds without decreasing, then sl st in 3 or 4 sts and turn.

BRIM—*1st round*—d in each st. *2nd round*—* d in each of 4 sts, 2 d in next. *3rd round*—d in each st. *4th round*—Increase in every 8th st. Work 2 rounds without increasing, sl st and fasten off.

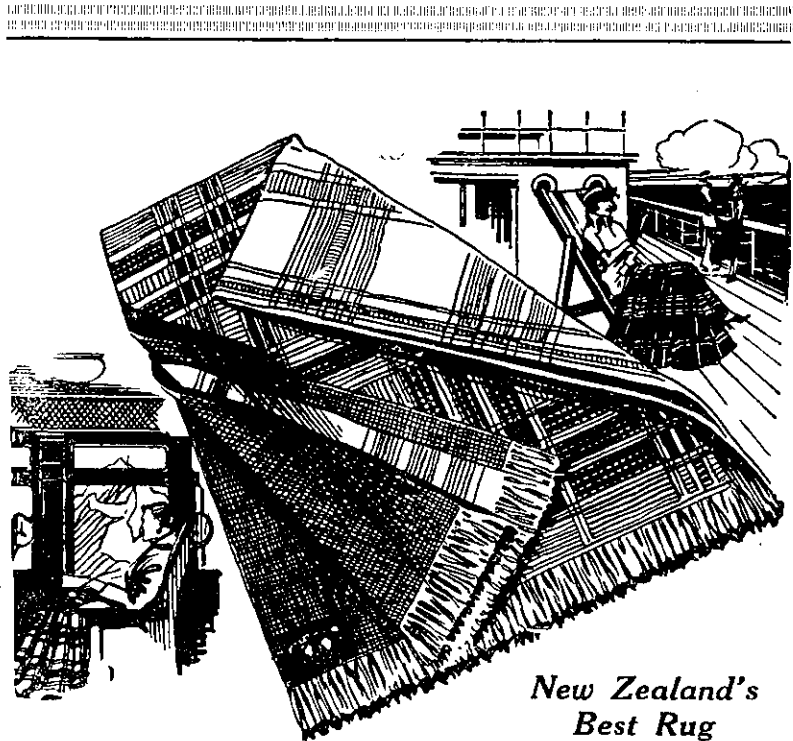
TRIMMING—With one strand of yarn ch 3 and work 14 d in 2nd ch, sl st and break yarn. With contrasting colour sl st in 1st d (d, 2 t, d) in next d, sl st in next, repeat around. Work 2 more flowers in the same way, reversing colours, and sew to side of tam as pictured.

Embroidery Decorates One Hat

An attractive little hat can be done in muffin and decorated with tangerine. It would be exceedingly pleasing to those who can wear golden browns and pinkish yellows. Neither does it take great needle skill to make French knot and lazy daisy flowers that encircle the crown above the brim. Two narrow bands of tangerine are crocheted in process of the work and form a part of the decoration.

The model is a twenty-three-inch headsize, and requires three 1½ ounce balls of muffin and one of tangerine lustre wool, slightly heavier than Shetland in weight.

Continued on page 27



New Zealand's Best Rug

You believe in New Zealand Industries, why not particularize? Definitely ask for an "Onehunga" Rug, New Zealand's Best Rug. Be assured of quality too, when buying Tweeds, Blankets or Flannel—particularize—demand Onehunga!

"ONEHUNGA"

Rugs - Tweeds - Blankets - Flannels

THE accompanying photograph illustrates the artistic effect of a Permanent Wave by the "Eugene" method, executed at Hendy's Toilet Rooms, Dunedin, where every branch of Hairdressing is executed by thoroughly skilled artists.



Ladies desirous of Shingling, Shampooing, Hair Tinting, Marcel Waving, Face or Head Massage, may rely upon skilled attention in every department, at moderate charges.

Mr. Hendy is also sole agent in New Zealand for Dr. Wilson's Regenerator, the British specific for checking prematurely grey hair. It is obtainable throughout New Zealand from all leading chemists and toilet depôts; also from J. R. McKenzie's Toilet Stores in Auckland, Wellington, Christchurch and all branches. Price, 4/- per bottle. If your hair requires a good tonic try it—you will wish for nothing better.

A. M. HENDY

HAIR SPECIALIST

DUNEDIN



Chic Styles for Evening Wear
[Beath's, Christchurch, for Dainty Frocks]

Vanitas Vanitatum

Continued from page 17



insets, appliqué; and, better still, all the pretty pastel shades are being worn. Wherever women gather together now you find the prettiest collection of flower-like tints, which somehow makes everything look gay and happy.

Although the winter brought with it the great novelty of godets and widened skirts, these were not unanimously adopted by the Parisienne. She wisely refrained from being transformed from a tube to a just as ridiculous inverted flower, and this season width will be derived more from pleatings than from godets, which the wise woman will only use with much discretion.

"Bottiers de luxe" are a most extravagant vogue. Footwear in blue and red and green kid are in great demand, while many of them are even ornamented with hand-painted motifs on the sides. Lizard, crocodile and antelope are used as trimmings.

Imitation jewellery is exceedingly popular, and long strings of pearls loosely tied at the waistline is quite a chic adornment; while shades of blue, pink, yellow and grey paste and beads are very attractive, especially when associated with ear-rings and brooches to match.

Hats are ornamented with large gilt buckles and motifs, in paste and blue, red and jade enamel.

Hosiery Advice

"What need I pay," many women are asking, "to get good hosiery?" "Why do I have to buy so many pairs?" "Is hosiery flimsier, poorer than formerly?"

The answers are not so difficult as they seem. There are a few simple guides which everyone should know and follow, but for the present we will take but one, that is the guide to "full fashioned."

The genuine "full fashioned" hosiery is hosiery which is knit to conform to the shape of the leg. In it the seam is a real seam, and extends from the top of the stocking right to the toe tip.

Imitation "full fashioned" has a fake seam which is merely up the back. There is no seam on the bottom of the foot. It is the old style tubular hosiery. That is to say, when knit, it is as wide at the ankle as at the calf of the leg, but is steamed into shape. After the first wash the shape is lost and the only means of procuring fit around the ankle is to pull the hose tight on the leg. This is one of the chief causes of quick wearing.

The genuine "full fashioned" hosiery, being knit to conform to the shape of the leg, keeps its shape. This means a clinging to the ankle as closely as to the calf.

The chief guarantee in getting "full fashioned" hosiery is the label of the manufacturer. For instance, when you buy "Kayser" hosiery you are guaranteed the genuine "full fashioned."

Twilfit

Regd.

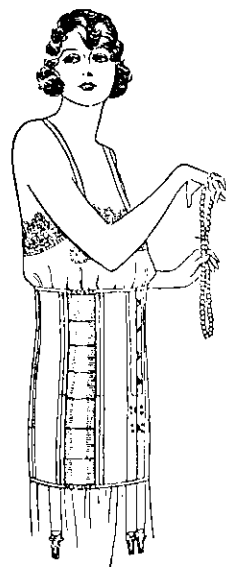
CORSETS

Perfect beauty with perfect ease—Twilfit Corsets skilfully combine body support with a comfort and freedom not to be found in any other corset. The graceful lines of "Twilfit" Corsets, the perfection of the workmanship in the models, and the fact that they represent the very latest designs are three points which contribute towards the popularity of "Twilfit" Corsets.

Every pair is Guaranteed to be RUSTLESS and UNBREAKABLE

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- Trade Only—
- Twilfit Corsets, Box 829, Auckland



Strong Corset of Pink Coutil, with elastic inserted each side in front and down centre back. A medium fitting corset fitted with "Twilfit" Spiral steels.

You can knit these yourself

Such smart, serviceable suits for any little man, an easy to work in

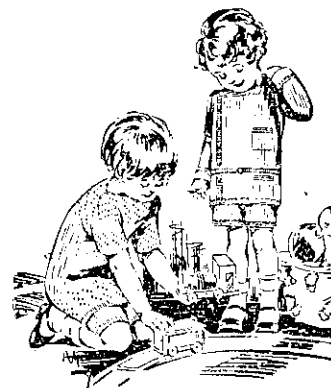


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64-page Knitting and Crochet Instruction Book, "Woolcraft," No. 9 BK 5d. posted. A splendid book for beginners.



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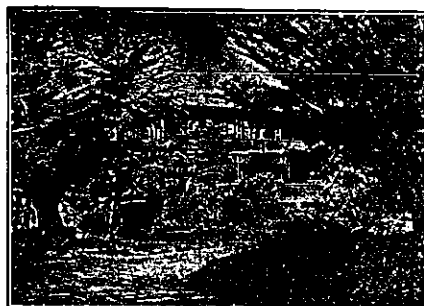
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Beautiful Situation near sea and hills.

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Engagements

The engagement is announced of:—

Miss Margaret Moir Dickson, Marton, to Mr. Frank Gurney, Wanganui.

Miss Isabel Furley, of Nottingham, England, to Mr. Arthur Lawman Thomas, of Dunedin.

Miss Dorothy Matheson, Waipaoa, Gisborne, to Mr. Leslie Brown, of Toa Toa, Bay of Plenty.

Miss Ursula Joan Maingay, Onehunga (late Thames), to Mr. Norman Chiplin, Remuera.

Miss Aorere Bull, of Hawkston, Hawke's Bay, to Mr. Thomas Alexander Snelling, Kuripapango, Hawke's Bay.

Miss Nellie Kalaugher, of Wellington, to Mr. T. J. Cotter, of Pahiatua.

Miss Phyllis Gloria Stringer, of Christchurch, to Dr. Frederick Lamb, of Auckland.

Miss Agnes Susan Dron, Glencoe, Waikari, to Mr. Harold Nelson Main, Riccarton.

Miss Nora Catherine Bunny, of Masterton, to Mr. John Stockman, of Roseneath, Wellington.

Miss Elvira Frances Dum, to Mr. Henry Russell Jellyman, both of Blenheim.

Miss Margaret Rose Leatham, Temuka, to Mr. Francis Bishell, of Hawarden.



Mr. & Mrs. H. Ian Simson, nee Miss Eva Paterson Robertson, of Auckland. Walter Clogg, Newmarket.

Miss Norma Lord, Papatoetoe, to Mr. Harold Lewis Gedye, of Penrose, Auckland.

Miss Daisy Iris Bonnett, of Timaru, to Mr. Forester Adams, of Albury.

Miss Norah Emerson Buss, of Fendalton, to Mr. Francis Edric Wait, of Riccarton, Christchurch.

Miss Marjorie Bollard, daughter of the Hon. R. F. Bollard and Mrs. Bollard, of Wellington, to Major Aldridge, son of Mrs. Aldridge and the late Mr. Aldridge, of Epsom, Auckland.

Miss Mavis Raines, to Mr. John Moffett, both of Invercargill.

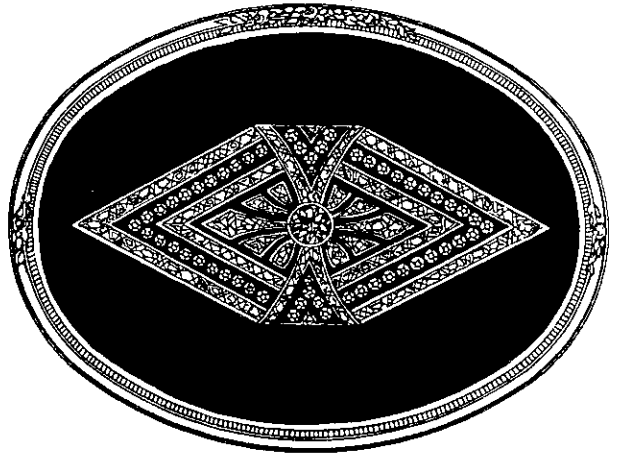
Miss Enid Aileen Thompson, of Dannevirke, to Mr. Richard Ramsden Buchanan, of Matawhitea, Dannevirke.

Miss Githa French, of Hastings, to Mr. A. E. Cooke, of Napier. (the well-known All Black footballer).

Miss Nellie Witte, of Cashmere, to Mr. Trevor Longdin, Papanui, Christchurch.

Miss Merva Somerset, youngest daughter of Mr. and Mrs. G. C. B. Somerset, Papanui, Christchurch, to Mr. J. F. Dudley Jeune, of Kaiti, Gisborne.

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HARDY'S display of Modern Jewellery features the latest designs in Gem-set Brooches. The illustration above depicts one of the newest designs in Shoulder Brooches, now so popular for wearing on the Hat, Corsage, Shoulder, or the revers of a wrap. Many other exclusive styles are shown in Hardy's displays, full particulars of which will be gladly sent on application.

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A Non-shrinking Material for Hard Wear.



An unusually durable and smart heavy twill flannel. Actually improves with the washing.

Unshrinkable. Does NOT "felt."

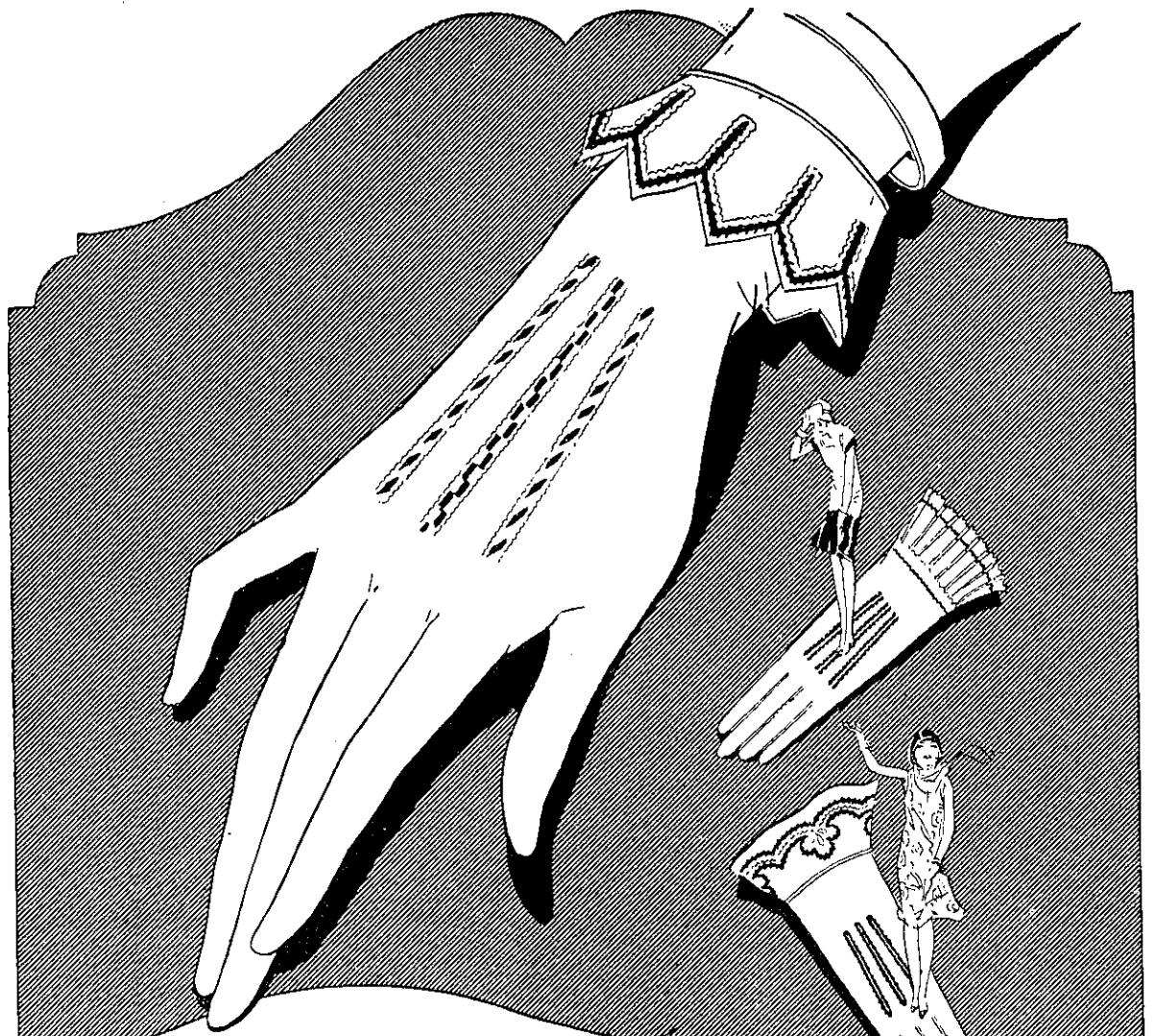
For Winter Nightdresses, Shirts and Pyjamas, Children's Clothing and Nightwear—it is unexcelled. Durable, Cozy and Economical.

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If your Retailer cannot supply you, write to Wm. Hollins & Co. Ltd., 12a Hannah's Buildings, Lambton Quay, Wellington.





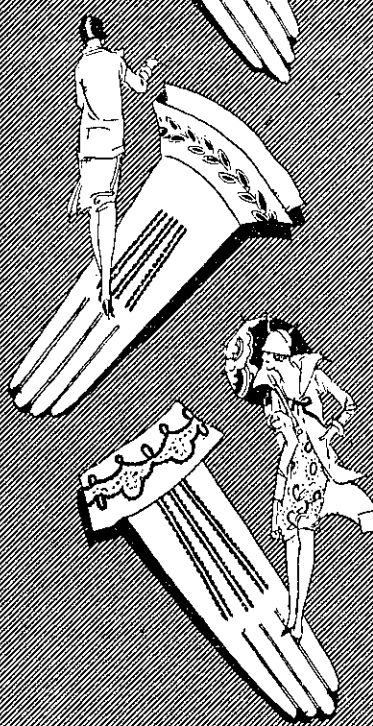
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in Every Pair*

DELIGHTFUL NEW WINTER
Kayser GLOVE FASHIONS

Never was the French Cuff
Glove presented in Styles so
delightful and so varied, in
tonings so tastefully smart as
in this Season's range of
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You'll be charmed by their
faultless elegance.

*They look like, feel like, wear
like Leather Gloves, and
wash perfectly*



Kayser Chamoisette Gloves
(REGISTERED)

Dress to Suit Your Type!

By MARIE TEMPEST

Miss Marie Tempest, who designs all her own frocks, wears some remarkably dainty gowns on the stage. She maintains that "The Secrets of Good Dressing" are individuality and femininity.

WHEN I first saw the chemise-like modern frock I confess I did not like it. But by degrees as I grew used to the unaccustomed severity of the garment I came to recognise its allure. At length, however, the growing popularity of a style of dressing which appealed by its simplicity had the inevitable result of monotony and loss of individuality. Very soon everyone adopted it, and every woman cultivated a perfectly straight figure. Young and

to say that we need show how deplorably our knees knock or retreat from each other.

Uniformity Not A Virtue

ABOVE all we must discard the idea that uniformity is a virtue. Let us wear long dresses or short dresses, crop our hair or wear it long, according to our personality and style. The secrets of good dressing are individuality and femininity.



Douglas, the grandson of Mr. J. D. Morrison, Mayor of Takapuna Home Studio, Takapuna

old, fat and thin, took to the tubular dress, a style that reduced them all to shapeless uniformity.

Skirts grew shorter and shorter, revealing legs of every shape and kind of ugliness, exaggerated by the ubiquitous flesh-coloured stockings.

I sincerely hope that never again shall we trail into our drawing-rooms the street sweepings we used to accumulate in the days of long skirts, the days of horse transport. But there are possibilities of compromise. We need not drag our skirts in the gutter, but that is not

There must be something wrong with a fashion which admits of every woman being able to wear another woman's dress and look just the same in it.

Individuality, to my mind, is the keynote of success in dress. Every woman should be able to dress in such a way as to emphasise her good points and minimise her bad ones. The great fault of the present-day fashions is not only their monotony, but their lack of femininity.

Continued on page 30

Five years guarantee

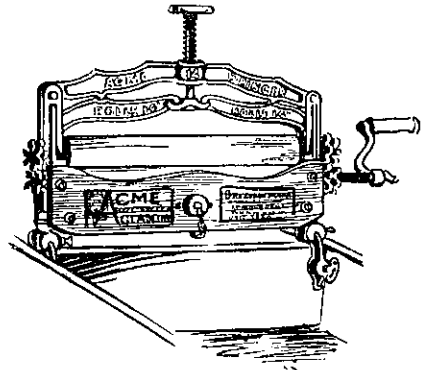


The ACME Guarantee is a definite contract. Your Retailer is authorised to replace the rollers or any part of this fine British ACME Wringer which may prove defective within five years from date of purchase. The Makers know it will last you a lifetime!

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"Wrings with Ease the Heaviest Blanket Dry"

Ask your Hardware Dealer to-day to show you the New Model ACME. You will be delighted to see how easily it turns—how its soft, pure rubber rollers gently and thoroughly press out all the water without damaging the daintiest fabric or breaking buttons. Note the reversible Water Drain which catches every drop of water and conveys it to the desired tub, and the patent Clamps which fit anywhere. You need a New Model ACME.



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Hannah's FOOTWEAR



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WHY must you keep thinking about your feet? And about whether your shoes are helping? Get the ARCH PRESERVER SHOE and you can walk as much as you like, with never a foot ache or pain. This is the one shoe that combines foot health and comfort with the smartest styles.

IF you cannot obtain from our nearest Branch Shop the Arch Preserver Shoes you require, kindly write to Wellington, and we will send you an illustrated booklet.

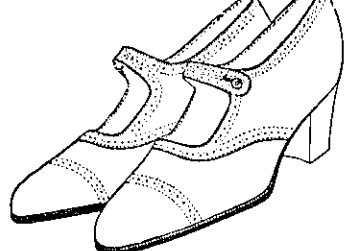
WE ALSO STOCK MEN'S ARCH PRESERVER FOOTWEAR

The Shoes featured in the illustration above are:

- S506—Lace Shoes in Fine Black Glace—63/-.
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- S498—In Best Patent Leather—67/6.
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- S503—In Best Patent Leather—63/-.
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- S495—In Best Patent Leather—67/6.
- S496—In Rich Tan Willow Calf—67/6. Sizes 3½ to 9.

Hannah's FOOTWEAR

Two New Decorations for Felt Hats



Little, close-fitting black felt hats are becoming rather monotonous, and, without losing any of their smartness, could be made interesting by either of the novel trimmings sketched here.

The first hat appears to be studded with golden nails, which sounds luxurious, but the reality, if prosaic, is certainly amusing and original. The quaint geometrical pattern (geometrical designs, both on hats and frocks, are one of the very newest ideas from Paris, by the way) is produced by a box of assorted paper clips, from any stationer's, and a small awl, which can be bought for 6d.

First mark your pattern on the hat with a piece of chalk, then, with the awl, make a series of holes on the marks where the paper clips are to be inserted. The clips are in all sizes, so be careful to make your pattern exact by using similar-sized clips for each repetition of your design. After inserting each one, flatten it down



thoroughly on the underside, put in a thin silk head-lining, and your hat is finished.

The other hat shows the fashionable cubist or geometrical trimming, done in gaily-hued wools. The hat to be decorated in this way must be a particularly soft felt. What are sometimes called "felt flops" can be bought very cheaply, and they are very soft, having an enormous "floppy" brim, which can easily be cut away to secure any desired shape. Having made your felt hat the shape you wish, mark your chosen design on the crown with chalk, and proceed to embroider it in wool in the ordinary filling-in stitch. The fine felt will take a needle easily. The whole charm of the finished model lies in the brilliant coloured wools cleverly combined.



"Health means more than fame and wealth"—Rodger Babson.

Guard yourself against chest troubles—even the slightest chills can develop into a serious illness. Take Baxter's Lung Preserver for all colds, coughs, influenza, or bronchitis—means quick riddance of any chest complaint.

"Baxter's" has achieved wide fame for its marvellous efficacy during more than half-a-century. Baxter's Lung Preserver is also invaluable as a tonic.

Obtainable at any chemist or store. Generous-sized bottle 2/6; family size 4/6.

For the benefit of ladies who are interested in ecclesiastical embroidery and needlework, a class in these subjects is being held at the Elam School of Art, Rutland Street, every Thursday. Instruction by Mrs. Mayne, late Royal School of Art Needlework, London. Apply for particulars. Fee very moderate.

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The Canadian H. W. Gossard Co.
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Why lose Your linen?

When it goes through the wash or other channels, all garments should be easily identified—so

MARK LINEN WITH CASH'S WOVEN NAMES

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a material with a silk-like texture and permanently lustrous surface. "TRICOLINE" is excellent for Pyjamas, Blouses, Jumpers, Dresses, Underwear, and clothes for the little people. It will wear and wash splendidly despite the hardest usage.

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Children's Vests, 9/-, 9/9, 10/9
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Also Fine Selection of Baby Coats
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Shoes, Shawls, & everything wanted
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Art Needlework Specialist
107 Cashel Street, CHRISTCHURCH

Beauty in the Bedroom

A Woman's Bedroom, however small, can be cosy and inviting; a place in which to rest the senses and repair her beauty at any hour of the day.



“Who wins the eye, wins all,” is a true saying. Is there a woman living who does not wish to win admiration?

If beauty, or at any rate a charming appearance, can be had for the asking, why not have it? Most women would reply that to present a beautiful appearance at all times entails too much bother. That, indeed, is the crux of the

other little things that beauty demands, the average girl is glad to tumble into bed as quickly as possible, simply because her bedroom is not cosy enough to make her want to linger over the sacred rites of her toilet. Thus she persistently neglects to do the many things she ought to do for the sake of her good looks.

To encourage herself in making beauty-culture a daily job, the wise woman should, first of all, make her bedroom really comfortable and convenient.

The first essential is a well-placed dressing-table (with an overhanging light), spacious enough to hold the jars and bottles required for Beauty's toilet. Then one should have a long mirror, an easy chair and a really comfortable bed, plus an eiderdown. Parenthetically, nothing causes sleeplessness quicker than cold, and sleeplessness is the mother of all wrinkles.

The colour scheme of a bedroom is also of great importance: it should be so harmonious that it rests the mind as well as the eye.

To begin at the beginning: On waking in the morning it is good to devote a few minutes to deep breathing and stretching before getting out of bed. And now for the comfy wrap, and the easy chair! An early morning smile is the finest prescription for a happy day, besides having a stimulating effect upon the facial muscles.

After bathing, rinse your face in cold water to which a few drops of tincture of benzoin have been added, then apply a good day cream, lavishly, to the face and neck. Wipe off and apply vanishing cream and powder.

To the stay-at-home woman who works hard one cannot say too much in favour of an hour's "siesta" every afternoon, and you can have your tea reclining on your bed.

If our bedrooms were more attractive, we would live in them more, be less inclined to nerves, and, undoubtedly, we should be better-looking.

Before retiring at night cleanse the face, neck and arms thoroughly, and pat in a good skin food.

Natural Colour-Beauty

Valtona is a secret and exclusive tonic for home treatment of the hair. It imparts a healthy, youthful appearance to your tresses, and revives grey or faded hair to its natural colour-beauty. It is absolutely safe and guaranteed. Write, without obligation, for free copy of *The Valtona Method of Hair Treatment* to the Valtona Agency, 5 Great South Rd., Auckland.

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“Ninette”

H. B. BUILDINGS
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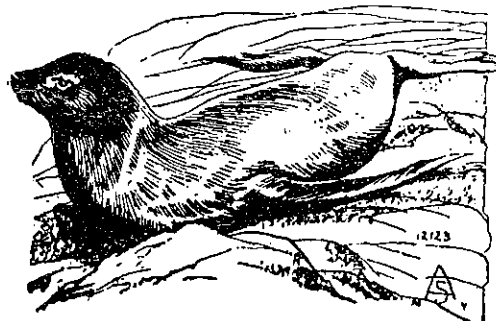
Fickle Fancy's Newest Craze
A snapshot taken in Hyde Park, London, of Miss Sybil Rhoda, with a "Totem Doll," which is becoming very fashionable with winter furs

Topical Press, photo, London

whole matter. To cultivate and preserve a clear complexion, glossy hair, and a faultless contour, one must devote a certain time each day to one's personal appearance.

Why is it that most of us, knowing this truth, hurry over our toilet in the mornings? It is not always because we get up too late, but because our bedrooms are often cold and uninviting. At night, too, instead of sitting before her mirror leisurely brushing her hair, creaming her face, and doing all the

SEAL SKINS always FASHIONABLE



SEAL SKINS -

Fashion is Fickle - but not with the Rich Silky Fur of the Seal.

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THE other day I received a letter from a reader who signed herself "A Five-Foot-Nothing Girl." "Do give me some more advice about the styles of dress I should choose," she wrote. "At one time you gave lots of hints on the subject of how the short woman should dress, but you haven't been doing so lately."

I am very sorry, my "Five-Foot-Nothing" reader, that I seem to have neglected you, but for some time now fashion has been kind to the short woman—styles have been so simple as to be becoming to almost any type—that is to say, until the godets came in.

Godets and pronounced flares do not suit short women, but as these are going out of fashion we need not reckon with them now. Let us consider only the question as to how the Five-Foot-Nothing woman can dress in the present-day fashions in such a manner as to minimise the effect of her shortness, and to make her look as smart as it is possible for a very short woman to look.

Avoid Exaggeration

IF the short woman is slim, there is no reason why she shouldn't look as well dressed in every way as her taller sister; but if she is at all inclined to be plump and has, in addition, the handicap of clumsy legs and ankles, then for her to dress well is a more difficult matter, and she must be careful what style she chooses.

No short woman should wear very short frocks, not even the girl who has a slim, graceful figure and neat ankles, because a short frock decreases materially from one's apparent height. A short, slim girl of

Dress Problems of the Short Woman

Styles she should Adopt and Styles she should Avoid



twenty-five with shingled hair and frocks reaching to just below her knees looks for all the world like a tomboy of fourteen. It is nice to look young when one is grown up, but one does not care to look like a schoolgirl. There is one's dignity as a grown-up person to be maintained.

The Colour Question

THE short plump woman should choose dark colours in preference to light ones. They can always be brightened up with a touch of brighter colour, and quite a liberal touch, too, in these days of accordion-pleated front panels from neck to hem, and so she need not resign herself to a sombre style of dress.

Black she can wear relieved with white, blue, cerise, beige, any colour she likes, and there is no doubt about it that light stockings also serve to brighten up a dark frock.

BUT be careful how you choose the shade of your stockings if your legs are at all inclined to be

thick. Don't wear the flesh shades; beige or taupe or grey will suit you better. And wear good stockings, not cheap ones. You will find it pays better to have a few pairs of really good silk stockings than to have dozens of pairs of cheap artificial ones. Good stockings look so much better, and make the legs look so much neater, too.

The Neckline

ONE cannot lay down hard-and-fast rules as to how the "Five-Foot-Nothing" woman should dress, because types vary so much; but the plump, short woman should be careful about the cut of her neckline. The "V" neckline will suit her better than the square, or even the round one.

She should avoid belted frocks. There should be nothing to break the straight, simple line. Cross-over effects are becoming to her, too.

She should be careful to choose the right corsets, the perfectly

straight ones, and she should remember also that it is better for her clothes to be loose-fitting than to have them to define the figure in any way.

Keep To Simplicity

EVEN expert couturiers go wrong in dressing the small, plump woman. I know a girl for whom a Paris fashion expert made a black velvet frock, cut square at the neck and with a train at the side to give her dignity. It only made her look matronly and years older than she was.

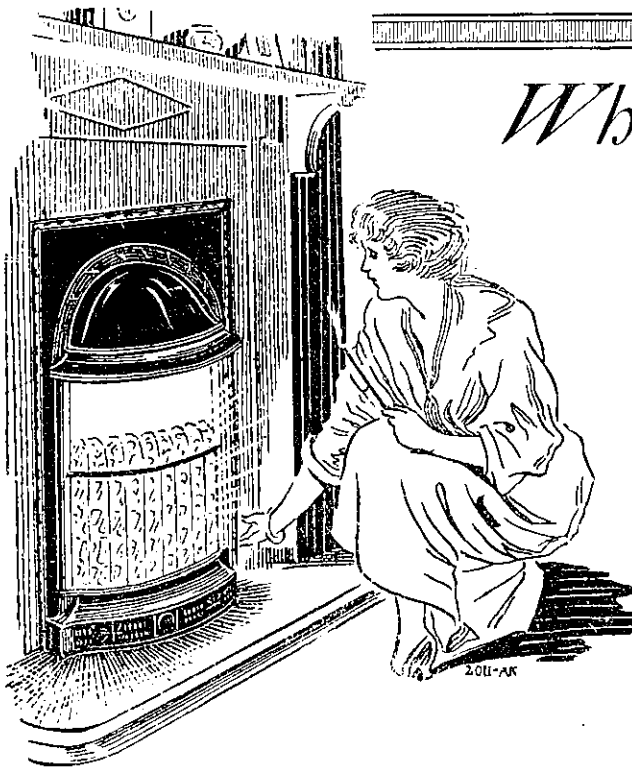
In a simple little sleeveless georgette frock, cut perfectly straight, with slightly gathered panels at each side and a posy of bright flowers on her shoulder, she looked a different girl, and very neat and smart.

Picture Frocks

THE dress problems of the slim, short woman should not be difficult. Picture styles are for her. There are many who admire the petite woman much more than they admire the taller woman. In the daytime, demure little frocks with Eton collars and turned-back cuffs; in the evening, full skirts of georgette or taffetas will bring out her flower-like prettiness, especially if she has the quaint, early Victorian look about her, which so many small women have.

And she can wear the pretty holo styles which are to be all the rage next Spring, and in which many a tall woman looks clumsy and ungainly.

No, I don't think the small woman has much to complain of in regard to her dress.



When Visitors "POP IN"!

WITHOUT any warning of their coming, some visitors suddenly come upon you. It's an awfully cold night. There's no fire going. But who cares? You only have to apply a match to that beautiful Gas Fire to have glowing radiant heat and a warm, cosy room in a few moments. No waiting for the wood to catch—which it often doesn't. No likelihood of there being insufficient warmth to make your guests feel cheerful and "at home."

GAS FIRES

The modern Gas Fire is the most hygienic and the most satisfactory of all heating appliances. There are many beautiful designs to select from at any of our Showrooms.

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First thing in the morning, last thing at night, imagine the comfort of a cosy Gas Fire in your bedroom to dress or undress by.

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Crochet Sports Hats

Continued from page 19

With two strands of muffin ch 3. **1st round**—Work 6 d in 2nd ch. Continue according to general directions, starting with 2nd round and working a crown of 6 mitres. When there are 12 d in each section (72 sts in all), work 10 rounds without increasing for side crown, change to tangerine and with two strands work 2 rounds of d in each stitch. Pick up muffin and work 6 rounds, then two rounds with tan-

4 sts, 2 d in next, repeat around (100 sts). In 3rd round work d in each st. In 4th round d in each of 8 sts, 2 d in next, repeat around. Work 2 rounds without increasing. Work 7th round over a 29-inch hat wire, sl st and fasten off.

TRIMMING—With one strand of yarn ch 3 and work 6 d in 2nd ch, then 2 d in each of 6 sts. For each of the four petals work (2 trebles in each of 2 sts, d in next), fasten



gerine followed by two more of muffin.

BRIM—With muffin make 3 or 4 slip stitches, then turn work and continue in opposite direction. Work repeat from * around (96 sts). Work 2 rounds of d in each st and fasten off.

With a single strand of tangerine embroider a group of flowers for each section of the crown directly above the first band. Repeat directly below between the groups already made. The groups on the model consisted of a whole flower (12 petals) and a half flower beside it (7 petals), each with three French knots for centres. If you make each pair 1½ inches long by 1 inch deep, the proportions will be satisfactory. If you like, the entire band may be planned first on paper, then basted to the hat and the embroidery done over the paper, which is afterwards torn carefully away.

A Crocheted Posy Trims Another

The hat below is becoming because of its adjustable brim which is stiffened at the edge with wire.

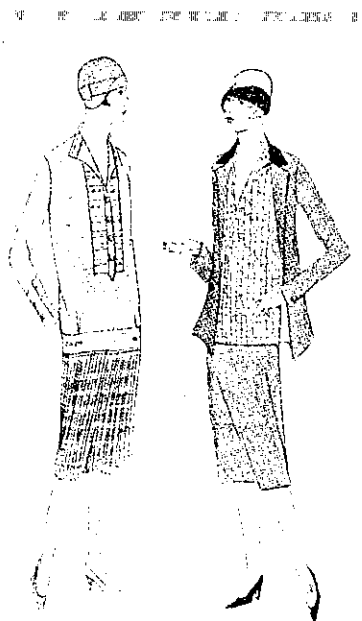
The model was made of orange wool, to fit a 23-inch headsize and a brown and orange flower is a simple but pleasing trim.

You will need five 1-ounce balls of imitation angora yarn and one ball of brown in a harmonising shade.

With two strands of yarn ch 3. **1st round**—Work 7 d in 2nd ch. Continue following general directions, starting with 2nd round and working crown of 7 mitres. When there are 12 d in each section (84 sts in all) work 21 rounds without increasing for side crown, then sl st in each of 3 sts and turn work.

BRIM—Work 1 round of d in each st. In 2nd round work d in each of

off. With one strand of contrasting yarn, * ch 3, and work 9 d in 2nd ch, then 2 d in each of 9 sts, then (d in 1st d 2 d in next) 9 times (27 sts) *. Work 9 petals of (2 t in each of 2 sts, d in next), fasten off. With same yarn repeat from * to *, then work (2 d in 1st d, d in each of 2 sts) 9 times, and work petals as before. Sew to crown as pictured.



Jumper And Sports Suits For Spring

LEFT—A jumper suit in which the pleated skirt takes unto itself a jumper of plain material, with an inlet vest, collar and sleeve bands of plaid material.

RIGHT—A spring three-piece. The draught-board jumper has a short sleeve inset, while the costume of fine serge has a skirt with a centre back inverted box pleat. The back collar is of velvet.

To Honolulu & Return £50

A WONDERFUL EXCURSION FROM WINTER TO SUMMER

Six Glorious Weeks

Six weeks of travel by the finest vessels on the Pacific, and of sojourn in romantic Hawaii, the earthly Paradise.

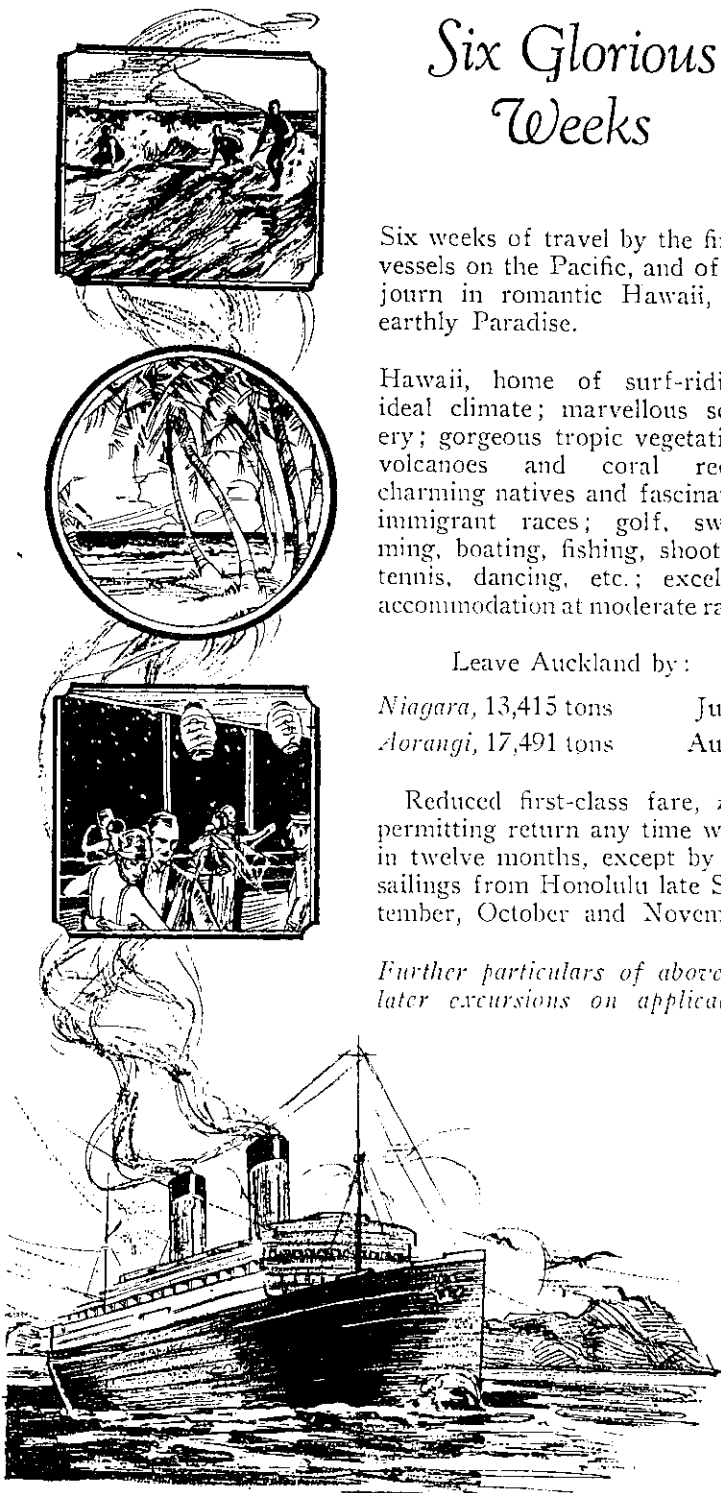
Hawaii, home of surf-riding; ideal climate; marvellous scenery; gorgeous tropic vegetation; volcanoes and coral reefs; charming natives and fascinating immigrant races; golf, swimming, boating, fishing, shooting, tennis, dancing, etc.; excellent accommodation at moderate rates.

Leave Auckland by:

Niagara, 13,415 tons	July 6
Arangi, 17,491 tons	Aug. 3

Reduced first-class fare, £50, permitting return any time within twelve months, except by the sailings from Honolulu late September, October and November

Further particulars of above or later excursions on application



Union Steam Ship Company of New Zealand Limited

Materials: 7 ozs. Paton's Rose Fingering, 4-ply. Two No. 8 knitting needles.

Measurements: Length from top of shoulder, 17ins. Width all round at under-arm, 29ins. Length of sleeve from under-arm to cuff edge, 13ins.

Work at a tension to produce 6½ stitches to the inch, measured over the plain, smooth fabric.

Commencing at the lower edge of the front, cast on 88 stitches.

1st row—K, 2. * P. 1, K. 1. repeat from * to the end of the row.

Repeat this row for two inches.

Work in plain smooth fabric (alternate rows of plain and purl) for 11 inches, ending with a purl row. Proceed as follows:—

1st row—K. 36 (K. 1, P. 1) eight

2nd row—K. 1, P. 35. (K. 1, P. 1) eight times, P. 35. K. 1.

Repeat these two rows twice.

7th row—Cast off 4. K. 32, (K. 1, P. 1) eight times. K. 36.

8th row—Cast off 4. P. 32, (K. 1, P. 1) eight times, P. 31, K. 1.

9th row—K. 1, K. 2 tog., K. 29. (K. 1, P. 1) three times, K. 2, turn.

10th row—(K. 1, P. 1) four times, purl to the last stitch, K. 1.

11th row—K. 1, K. 2 tog., knit plain to the last 8 stitches, (K. 1, P. 1) three times, K. 2.

12th row—Like the 10th row.

Repeat the 11th and 12th rows once.

15th row—K. 1, K. 2 tog., knit plain to the last 10 stitches, K. 2 tog., (K. 1, P. 1) three times, K. 2. Continue in plain smooth fabric, keeping the border of (K. 1, P. 1) at the neck edge and decreasing once in every 6th row at the neck edge (inside the border) until 30 stitches remain.

Shape for the shoulder as follows:

1st row:—(K. 1, P. 1) four times, purl to the last 10 stitches, turn.

2nd row—K. 12, (K. 1, P. 1) three times, K. 2.

3rd row—(K. 1, P. 1) four times, P. 2, turn.

4th row—K. 2 (K. 1, P. 1) three times, K. 2.

5th row—(K. 1, P. 1) four times, purl to the end of the row.

6th row—Knit plain to the last 8 stitches, (K. 1, P. 1) three times, K. 2.

7th row—Like the 3rd row.

8th row—Like the 4th row.

9th row—Like the 1st row.

10th row—Like the 2nd row.

Leave these stitches on a spare needle until the other front is worked.



Boy's Pull-Over

Knitted in Rose Fingering Wool

7th row—K. 1, purl to the last 8 stitches, (K. 1, P. 1) three times, K. 2.

8th row—Like the 4th row.

9th row—Like the 5th row.

10th row—Like the 2nd row.

11th row—Like the 3rd row.

Cast on 12 stitches at the end of the last row and work across the stitches which were left on the spare needle. Proceed as follows:—

1st row—K. 22. (K. 1, P. 1) fourteen times, K. 22.

2nd row—K. 1, P. 21, (K. 1, P. 1) thirteen times, P. 21, K. 1.

Repeat these 2 rows three times.

Continue and work to correspond with the front, increasing and casting-on at the armhole instead of decreasing and casting-off. Cast off.

The Sleeves—Cast on 28 stitches.

Work in plain smooth fabric, casting on 3 stitches at the end of every row until there are 70 stitches on the needle.

Decrease once at each end of the needle in the 5th and every following 4th row until 64 stitches remain, then in every 8th row until 52 stitches remain.

Work in rib of (K. 1, P. 1) for 5 inches. Cast off. Work another sleeve in the same manner.

To make up the Pull-Over—With a damp cloth and hot iron press carefully. Sew up the side and sleeve seams. Sew in the sleeves, placing seam to seam.

(Paton's "Helps to Knitters," giving detailed directions for knitting numerous useful garments, will be sent gratis to any reader who mentions THE MIRROR upon application to Messrs. Paton and Baldwin Ltd., P.O. Box 1441, Wellington.)

THE MIRROR, WELLINGTON, N.Z.

Join in the wool where the other stitches were left and work as follows:—

1st row—(K. 1, P. 1) four times, knit plain to the last 3 stitches, K. 2 tog., K. 1.

2nd row—K. 1, purl to the last 8 stitches, (K. 1, P. 1) three times, K. 2.

Repeat these 2 rows twice.

7th row—(K. 1, P. 1) four times, K. 2 tog., knit plain to the last 3 stitches, K. 2 tog., K. 1. Continue in plain smooth fabric, keeping the border of (K. 1, P. 1) at the neck edge and decreasing once in every

6th row at the neck edge (inside the border) until 30 stitches remain.

Shape for the shoulder as follows:

1st row—K. 1, purl to the last 8 stitches, (K. 1, P. 1) three times, K. 2.

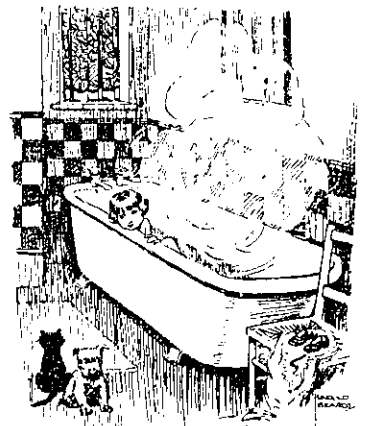
2nd row—(K. 1, P. 1) four times, knit plain to the last 10 stitches, turn.

3rd row—P. 12, (K. 1, P. 1) three times, K. 2.

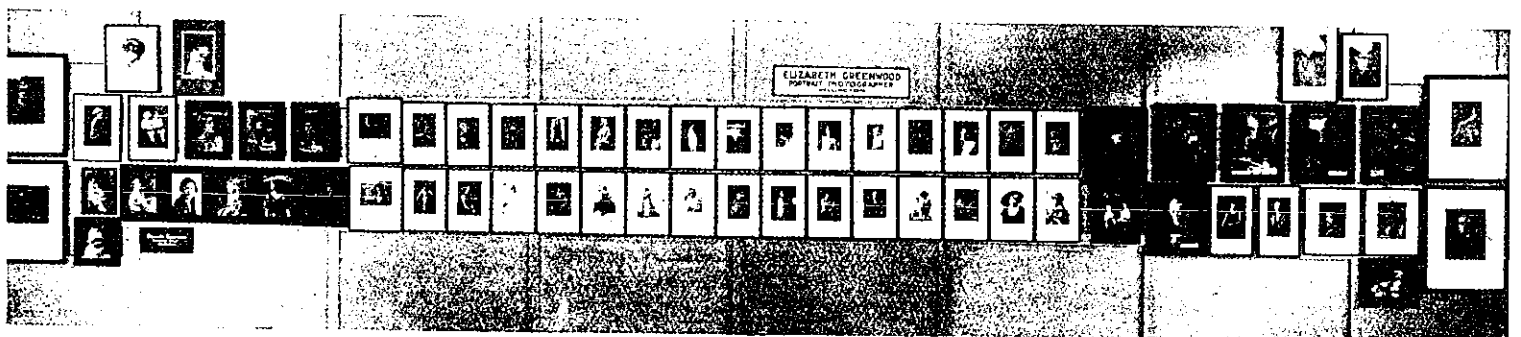
4th row—(K. 1, P. 1) four times, K. 2, turn.

5th row—P. 2 (K. 1, P. 1) three times, K. 2.

6th row—(K. 1, P. 1) four times, knit plain to the end of the row.



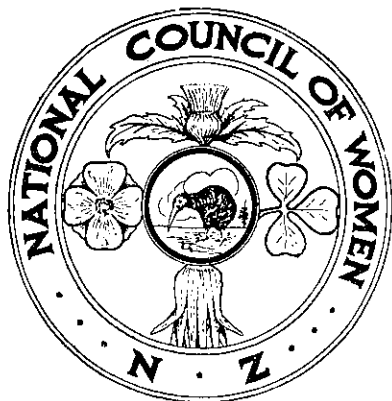
JOAN (in bath): "Miss Tiddles can stay, but this is no place for you, Master Jackie."



The only First Order of Merit for Portrait Photography was awarded to Miss Elizabeth Greenwood, of Wellington, by the Directors of the N.Z. and South Seas Exhibition. This illustration merely indicates the extent, and not the artistic merit, of the exhibit, which was a source of much admiration by visitors to the Exhibition.

National Council of Women

The Mirror is the Official Organ of the N.Z. Council



Introductory

The thanks of the whole Dominion membership of the National Council of Women of New Zealand is due to the Editor of THE MIRROR for kindly according us a special page in his valuable journal to register our progress and aspirations. There is, of course, only one practical way of expressing gratitude, and that is by the members becoming regular subscribers to what now constitutes our official organ, particularly as we hope for a great impetus to be given to the growth of the National Council of Women through perusal of the N.C.W. page by thousands of THE MIRROR's readers who at present are unacquainted with us. Order copies through your Branch Secretary—this will help us.

Editorial

We feel sure the first appearance of this page will be critically viewed by members, and we are open to receive suggestions for its enhancement, but will correspondents please remember that we possess but one page (and that by courtesy), and not the whole journal. We wish to put clearly to the members that this page is subject to the exercise of the full editorial functions of the Editor of THE MIRROR, and that he may reject, curtail, or in any wise edit matter handed him for publication by the N.C.W. press secretary.

Our policy shall be to feature news of Dominion interest from the N.C.W. viewpoint, to give each centre its share and turn as regards contributions, to invite from time to time signed articles from members in the different centres on topics of general interest, to have occasional topical correspondence, and to promote an interchange of ideas with National Councils outside the Dominion.

The Next Number

Should be of Dominion interest, as by then all annual reports of the branches will be to hand. If the report of your branch was uninteresting to you it was because the year's proceedings generally were uninteresting; if the report was uninteresting to you, it will be uninteresting to the general readers of THE MIRROR, and unworthy of record; it will be up to you to make the next one worth while. If your branch report was interesting and yet fails to appeal to the said general readers it will be the fault of your page editor—fire her.

Address communications—

Press Secretary,
304 Victoria Arcade,
Auckland.

What Do You Think

Of our twelve reasons why every woman should join the National Council of Women of New Zealand:—

1. Because it is the most influential and representative body of women in the Dominion.
2. Because it is not organised in the interests of any one policy, but presents even opposing points of view.
3. Because it focusses and re-distributes useful information.
4. Because, through its conferences, it promotes sympathy of thought and purpose among the women of the Dominion.
5. Because, through its meetings and literature, it keeps members in touch with the questions of the day, especially as they affect women and children.
6. Because, by joining, women possessing the Parliamentary and Local Government vote will receive information enabling them to exercise it with greater intelligence.
7. Because it seeks to promote such conditions of life as will assure to every child an opportunity for full and free development.
8. Because it works for the removal of all disabilities of women, whether legal, economic or social.
9. Because it exists to deal with Legislative and Industrial proposals, with rescue work, health, education, and many other questions affecting the welfare of the community.
10. Because it has branches in many parts of the Dominion, and is in touch with nearly all the important national societies working to promote the welfare of the community.
11. Because, through the International Council of Women, it will keep in touch with the work of women in other lands.
12. Because, through its initiative, many important measures have been taken for the welfare of women and children.

Consequences

She Said—The N.C.W. urge removal of sex disqualification.

He Said—It will be my earnest endeavour to administer the country's affairs in the best interests of all classes of the community.

And the consequence was—She is waiting to see.

She Said—Put a woman on the Prisons Board.

He Said—Not enough women in gaol.

And the Consequence was—They arranged to meet there.

She Said—We want Women's Employment Bureaux re-opened.

He Said—Can't afford it.

And the Consequence was—The women didn't know where to look for jobs.

Credit Where Credit is Due

It is noteworthy that the establishment of Children's Courts is the outcome of propaganda originally instigated by the National Council of Women, and ultimately given expression to by the Auckland Community Welfare League in their Children's Charter. The document as eventually adopted was essentially the basis of the present "Child Welfare Act," although, of course, it does not go so far as the Charter proposed.

Under the heading of "Establishment of Special Courts, to be called Children's Courts," the wording of the Charter was: "These Courts should be in the nature of Courts of equity, with power for the liberal construction by the magistrates or presiding Justices of the provisions outlined . . . so that in all the proceedings arising therefrom the Court shall act upon the principle that, to the child concerned, there is due from the State the protection and correction which he needs. . . and that whenever it is necessary to provide for him elsewhere than with his parents, his care, custody and discipline shall approximate as nearly as may be that which ought to be given by his parents."

In connection with the constitution of the Courts the Charter proposed, *inter alia*,

That they be in special buildings apart from ordinary Police Courts.

Proceedings be not published except at the discretion of Special Magistrates.

Appointment of Child Welfare Officers, male and female, who will deal entirely with children appearing before Children's Courts."

Thus it will be seen the new enactment closely follows the Charter. The National Council of Women and Social Workers generally are entitled to all credit for this piece of humanitarian legislation. ED.—MIRROR

Affiliations

Greymouth has affiliated with Christchurch Branch. Timaru affiliated some time ago, and it is hoped eventually to form a separate Branch embracing Timaru and Ashburton.

Magistrates' Associates, Children's Courts

Great satisfaction is felt by women generally, by educationalists and all interested in child welfare that the recently-appointed Magistrates' Associates in the newly-established Children's Courts are women. Mesdames Herbert (Christchurch), Ferner (Auckland), and MacVicar (Wellington), are all members of the National Council of Women. It is not surprising that this is so, for the social workers in the various centres who are delegate members of the Council afforded much valuable assistance in the way of advice and information, directly and indirectly, to the makers and supporters of the Bill before it became law. More and more is it becoming recognised that membership with the Council affords to women that education which is requisite for the successful performance of public, social and philanthropic work.

"Child Welfare Act"

"The Child Welfare Act" is a decided step in the right direction, but much yet remains to be done in the way of child legislation. The present measure might more properly have been entitled "The State Child Welfare Act," because it is these children only which it affects. There is room, however, for a "Children's Commonwealth Act," which might be distinct from, or have incorporated with it, the present Act. As regards its *modus operandi* it is too early yet to criticise, but we have no doubt that those charged with its administration have already observed some minor points for amendment.

Pernicious Literature

The publication of pernicious literature is a question that has long exercised the mind of the N.C.W., and members will be interested to learn that the Executive of the Auckland Booksellers' Association recently expressed their desire to discountenance the sale of books of an immoral and harmful tendency. It is the intention of the Association not to re-order or in any way cultivate the sale of any book of an objectionable character which they may find inadvertently upon their shelves. The 1922 Conference of N.Z. Booksellers in Wellington carried a resolution requesting the Publishers' Association of Great Britain to use its influence in the direction of eliminating, as far as possible, a class of objectionable sex novels then becoming too prevalent.

Boy's Pull-Over

Knitted in Rose Fingering Wool

Materials: 7 ozs. Paton's Rose Fingering, 4-ply. Two No. 8 knitting needles.

Measurements: Length from top of shoulder, 17ins. Width all round at under-arm, 29ins. Length of sleeve from under-arm to cuff edge, 13ins.

Work at a tension to produce 6½ stitches to the inch, measured over the plain, smooth fabric.

Commencing at the lower edge of the front, cast on 88 stitches.

1st row—K, 2, * P, 1, K, 1, repeat from * to the end of the row.

Repeat this row for two inches.

Work in plain smooth fabric (alternate rows of plain and purl) for 11 inches, ending with a purl row. Proceed as follows:—

1st row—K, 36 (K, 1, P, 1) eight times, P, 35, K, 1.

Repeat these two rows twice.

7th row—Cast off 4, K, 32, (K, 1, P, 1) eight times, K, 36.

8th row—Cast off 4, P, 32, (K, 1, P, 1) eight times, P, 31, K, 1.

9th row—K, 1, K, 2 tog., K, 29, (K, 1, P, 1) three times, K, 2, turn.

10th row—(K, 1, P, 1) four times, purl to the last stitch, K, 1.

11th row—K, 1, K, 2 tog., knit plain to the last 8 stitches, (K, 1, P, 1) three times, K, 2.

12th row—Like the 10th row.

Repeat the 11th and 12th rows once.

15th row—K, 1, K, 2 tog., knit plain to the last 10 stitches, K, 2 tog., (K, 1, P, 1) three times, K, 2. Continue in plain smooth fabric, keeping the border of (K, 1, P, 1) at the neck edge and decreasing once in every 6th row at the neck edge (inside the border) until 30 stitches remain.

Shape for the shoulder as follows:

1st row:—(K, 1, P, 1) four times, purl to the last 10 stitches, turn.

2nd row—K, 12, (K, 1, P, 1) three times, K, 2.

3rd row—(K, 1, P, 1) four times, P, 2, turn.

4th row—K, 2 (K, 1, P, 1) three times, K, 2.

5th row—(K, 1, P, 1) four times, purl to the end of the row.

6th row—Knit plain to the last 8 stitches, (K, 1, P, 1) three times, K, 2.

7th row—Like the 3rd row.

8th row—Like the 4th row.

9th row—Like the 1st row.

10th row—Like the 2nd row.

Leave these stitches on a spare needle until the other front is worked.



CAST ON 88 STITCHES

Join in the wool where the other stitches were left and work as follows:—

1st row—(K, 1, P, 1) four times, knit plain to the last 3 stitches, K, 2 tog., K, 1.

2nd row—K, 1, purl to the last 8 stitches, (K, 1, P, 1) three times, K, 2.

Repeat these 2 rows twice.

7th row—(K, 1, P, 1) four times, K, 2 tog., knit plain to the last 3 stitches, K, 2 tog., K, 1. Continue in plain smooth fabric, keeping the border of (K, 1, P, 1) at the neck edge and decreasing once in every

6th row at the neck edge (inside the border) until 30 stitches remain.

Shape for the shoulder as follows:

1st row—K, 1, purl to the last 8 stitches, (K, 1, P, 1) three times, K, 2.

2nd row—(K, 1, P, 1) four times, knit plain to the last 10 stitches, turn.

3rd row—P, 12, (K, 1, P, 1) three times, K, 2.

4th row—(K, 1, P, 1) four times, K, 2, turn.

5th row—P, 2 (K, 1, P, 1) three times, K, 2.

6th row—(K, 1, P, 1) four times, knit plain to the end of the row.

7th row—K, 1, purl to the last 8 stitches, (K, 1, P, 1) three times, K, 2.

8th row—Like the 4th row.

9th row—Like the 5th row.

10th row—Like the 2nd row.

11th row—Like the 3rd row.

Cast on 12 stitches at the end of the last row and work across the stitches which were left on the spare needle. Proceed as follows:—

1st row—K, 22, (K, 1, P, 1) fourteen times, K, 22.

2nd row—K, 1, P, 21, (K, 1, P, 1) fourteen times, P, 21, K, 1.

Repeat these 2 rows three times.

Continue and work to correspond with the front, increasing and casting-on at the armhole instead of decreasing and casting-off. Cast off.

The Sleeves—Cast on 28 stitches.

Work in plain smooth fabric, casting on 3 stitches at the end of every row until there are 70 stitches on the needle.

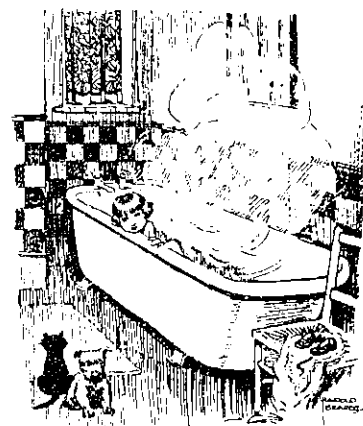
Decrease once at each end of the needle in the 5th and every following 4th row until 64 stitches remain, then in every 8th row until 52 stitches remain.

Work in rib of (K, 1, P, 1) for 5 inches. Cast off. Work another sleeve in the same manner.

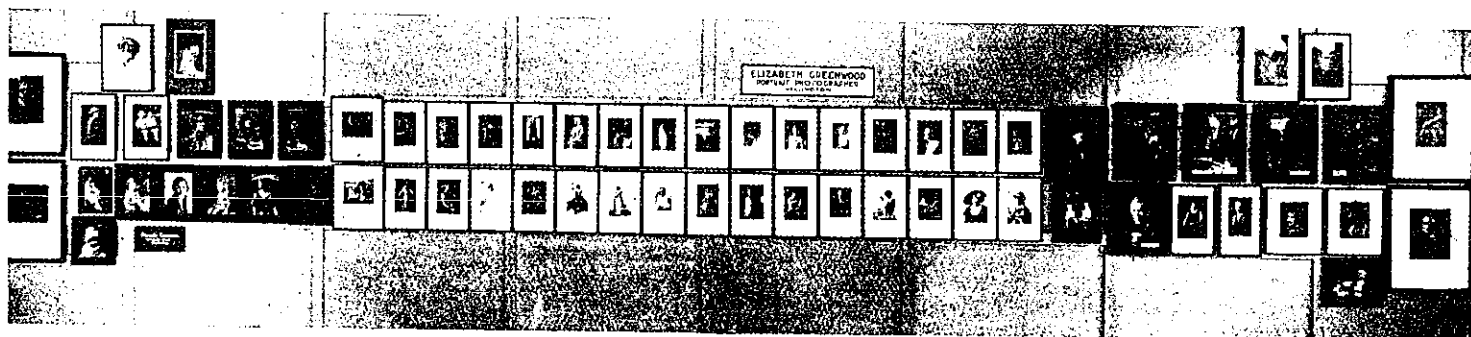
To make up the Pull-Over—With a damp cloth and hot iron press carefully. Sew up the side and sleeve seams. Sew in the sleeves, placing seam to seam.

(Paton's "Helps to Knitters," giving detailed directions for knitting numerous useful garments, will be sent gratis to any reader who mentions THE MIRROR upon application to Messrs. Paton and Baldwin Ltd., P.O. Box 1441, Wellington.)

CAST ON 28 STITCHES



JOAN (in bath): "Miss Tiddles can stay, but this is no place for you, Master Jackie."



The only First Order of Merit for Portrait Photography was awarded to Miss Elizabeth Greenwood, of Wellington, by the Directors of the N.Z. and South Seas Exhibition. This illustration merely indicates the extent, and not the artistic merit, of the exhibit, which was a source of much admiration by visitors to the Exhibition.



National Council of Women

The Mirror is the Official Organ of the N.Z. Council

The National Council of Women of New Zealand (representing seventy organised Women's Societies), affiliated with the International Council of Women of forty countries. International President: The Marchioness of Aberdeen and Temair, Scotland. N.Z. President: Mrs. John Cook, 17 Esplanade Road, Mt. Eden, Auckland. Hon. Vice Presidents: Mrs. Sheppard, Midway, Christchurch; Miss Henderson, Clifton, Sumner. Vice-Presidents: Dr. Northcroft, Auckland; Mrs. Valder, Hamilton; Mrs. Walker, Gisborne; Mrs. Fraer, Christchurch; Mrs. Forde, Wellington; Mrs. Leech, Dunedin. Hon. and Press Secretary: Miss Basten, 304 Victoria Arcade, Auckland. Hon. Treasurer: Miss S. E. Jackson, Marne Avenue, Mt. Albert, Auckland. International Secretary: Dr. Hilda Northcroft, "Rangiatea," Glenside Crescent, Auckland. Branches: Auckland, Christchurch, Dunedin, Gisborne, Hamilton, Wellington, Napier, Hastings.

Introductory

The thanks of the whole Dominion membership of the National Council of Women of New Zealand is due to the Editor of THE MIRROR for kindly according us a special page in his valuable journal to register our progress and aspirations. There is, of course, only one practical way of expressing gratitude, and that is by the members becoming regular subscribers to what now constitutes our official organ, particularly as we hope for a great impetus to be given to the growth of the National Council of Women through perusal of the N.C.W. page by thousands of THE MIRROR's readers who at present are unacquainted with us. Order copies through your Branch Secretary—this will help us.

Editorial

We feel sure the first appearance of this page will be critically viewed by members, and we are open to receive suggestions for its enhancement, but will correspondents please remember that we possess but one page (and that by courtesy), and not the whole journal. We wish to put clearly to the members that this page is subject to the exercise of the full editorial functions of the Editor of THE MIRROR, and that he may reject, curtail, or in any wise edit matter handed him for publication by the N.C.W. press secretary.

Our policy shall be to feature news of Dominion interest from the N.C.W. viewpoint, to give each centre its share and turn as regards contributions, to invite from time to time signed articles from members in the different centres on topics of general interest, to have occasional topical correspondence, and to promote an interchange of ideas with National Councils outside the Dominion.

The Next Number

Should be of Dominion interest, as by then all annual reports of the branches will be to hand. If the report of your branch was uninteresting to you it was because the year's proceedings generally were uninteresting; if the report was uninteresting to you, it will be uninteresting to the general readers of THE MIRROR, and unworthy of record; it will be up to you to make the next one worth while. If your branch report was interesting and yet fails to appeal to the said general readers it will be the fault of your page editor—fire her,

Address communications—

Press Secretary,
304 Victoria Arcade,
Auckland.

What Do You Think

Of our twelve reasons why every woman should join the National Council of Women of New Zealand:—

1. Because it is the most influential and representative body of women in the Dominion.
2. Because it is not organised in the interests of any one policy, but presents even opposing points of view.
3. Because it focusses and re-distributes useful information.
4. Because, through its conferences, it promotes sympathy of thought and purpose among the women of the Dominion.
5. Because, through its meetings and literature, it keeps members in touch with the questions of the day, especially as they affect women and children.
6. Because, by joining, women possessing the Parliamentary and Local Government vote will receive information enabling them to exercise it with greater intelligence.
7. Because it seeks to promote such conditions of life as will assure to every child an opportunity for full and free development.
8. Because it works for the removal of all disabilities of women, whether legal, economic or social.
9. Because it exists to deal with Legislative and Industrial proposals, with rescue work, health, education, and many other questions affecting the welfare of the community.
10. Because it has branches in many parts of the Dominion, and is in touch with nearly all the important national societies working to promote the welfare of the community.
11. Because, through the International Council of Women, it will keep in touch with the work of women in other lands.
12. Because, through its initiative, many important measures have been taken for the welfare of women and children.

Consequences

She Said—The N.C.W. urge removal of sex disqualification.

He Said—It will be my earnest endeavour to administer the country's affairs in the best interests of all classes of the community.

And the consequence was—She is waiting to see.

She Said—Put a woman on the Prisons Board.

He Said—Not enough women in gaol.

And the Consequence was—They arranged to meet there.

She Said—We want Women's Employment Bureaux re-opened.

He Said—Can't afford it.

And the Consequence was—The women didn't know where to look for jobs.

Credit Where Credit is Due

It is noteworthy that the establishment of Children's Courts is the outcome of propaganda originally instigated by the National Council of Women, and ultimately given expression to by the Auckland Community Welfare League in their Children's Charter. The document as eventually adopted was essentially the basis of the present "Child Welfare Act," although, of course, it does not go so far as the Charter proposed.

Under the heading of "Establishment of Special Courts, to be called Children's Courts," the wording of the Charter was: "These Courts should be in the nature of Courts of equity, with power for the liberal construction by the magistrates or presiding Justices of the provisions outlined . . . so that in all the proceedings arising therefrom the Court shall act upon the principle that, to the child concerned, there is due from the State the protection and correction which he needs . . . and that whenever it is necessary to provide for him elsewhere than with his parents, his care, custody and discipline shall approximate as nearly as may be that which ought to be given by his parents."

In connection with the constitution of the Courts the Charter proposed, *inter alia*,

That they be in special buildings apart from ordinary Police Courts.

Proceedings be not published except at the discretion of Special Magistrates.

Appointment of Child Welfare Officers, male and female, who will deal entirely with children appearing before Children's Courts."

Thus it will be seen the new enactment closely follows the Charter. The National Council of Women and Social Workers generally are entitled to all credit for this piece of humanitarian legislation. ED.—MIRROR

Affiliations

Greymouth has affiliated with Christchurch Branch. Timaru affiliated some time ago, and it is hoped eventually to form a separate Branch embracing Timaru and Ashburton.

Magistrates' Associates, Children's Courts

Great satisfaction is felt by women generally, by educationists and all interested in child welfare that the recently-appointed Magistrates' Associates in the newly-established Children's Courts are women. Mesdames Herbert (Christchurch), Ferner (Auckland), and MacVicar (Wellington), are all members of the National Council of Women. It is not surprising that this is so, for the social workers in the various centres who are delegate members of the Council afforded much valuable assistance in the way of advice and information, directly and indirectly, to the makers and supporters of the Bill before it became law. More and more is it becoming recognised that membership with the Council affords to women that education which is requisite for the successful performance of public, social and philanthropic work.

"Child Welfare Act"

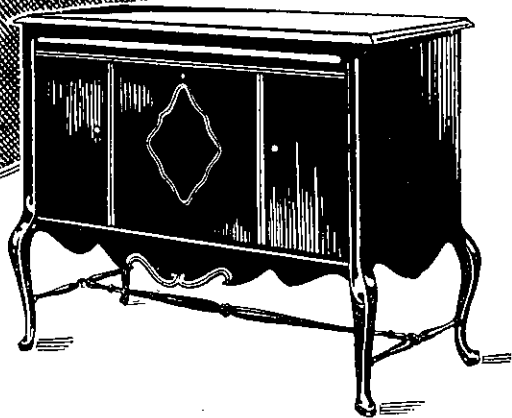
"The Child Welfare Act" is a decided step in the right direction, but much yet remains to be done in the way of child legislation. The present measure might more properly have been entitled "The State Child Welfare Act," because it is these children only which it affects. There is room, however, for a "Children's Commonweal Act," which might be distinct from, or have incorporated with it, the present Act. As regards its *modus operandi* it is too early yet to criticise, but we have no doubt that those charged with its administration have already observed some minor points for amendment.

Pernicious Literature

The publication of pernicious literature is a question that has long exercised the mind of the N.C.W., and members will be interested to learn that the Executive of the Auckland Booksellers' Association recently expressed their desire to discountenance the sale of books of an immoral and harmful tendency. It is the intention of the Association not to re-order or in any way cultivate the sale of any book of an objectionable character which they may find inadvertently upon their shelves. The 1922 Conference of N.Z. Booksellers in Wellington carried a resolution requesting the Publishers' Association of Great Britain to use its influence in the direction of eliminating, as far as possible, a class of objectionable sex novels then becoming too prevalent.



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Dress to Suit Your Type!

Continued from page 23

There is nothing more lovely than the natural figure with its pretty curves, yet women are all expected to dress as if they were straight planks from top to toe.

When Fashions Were Perfect

FROM many points of view the most perfect period of dress is that of the 18th century, for during this period dress was at its most feminine. It was planned to bring out the beauty of the figure, to indicate curves without exaggerating them, as did the ugly fashions of the mid-Victorian period.

Skirts were full and pretty; materials were lovely also, and not only the dress, but the coiffure, was a thing of charm.

Think of the dainty buckle shoes with their Louis Quatorze heels, and the beautiful stockings to match the frocks, too. Think of the billowy, rustling petticoats with their frills and flounces. The present-day woman has discarded stockings—it is a great pity! There is nothing, to my mind, more enchanting than the rustle of a silken petticoat accompanied by the tap of high heels on a polished floor.

The Charm of Taffetas

IT requires some strength of mind in view of the trend of present-day modes, to preserve one's individuality in dress; but this I strive, perhaps vainly, to do. I like feminine styles and feminine materials. Taffetas, to my mind, is one of the most seductive materials a woman can choose—it lends itself so admirably to the fashioning of picture frocks.

For my stage frocks I always try to arrive at something that will indicate the character of the part I am playing. Many women have admired the garden hat I wear in “Hay Fever”; this was really a joke. I thought it the incongruous thing “Judith” would wear; and yet such is the reaction from the “eloche” that I am told it is quite becoming. I practically put this hat together myself. I bought a little coarse straw shape for a few shillings, got a huge poppy and placed it in front, and some trailing leaves at the side. It is amusing, and apparently quite effective.

Reaction Will Come

IF every woman made up her mind to emphasise her own personality by her dress, women would no longer be the slaves of a monotonous fashion. To my mind, the present monotony has lasted too long already, and women with good sense will rebel against it, with the result that we shall once more see women dressing to suit themselves, instead of dressing to make themselves merely the doubles of their sister women.

I hope this day will come soon now!

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Queen Mary's Life Story

Ex-Factory Girl As Royal Biographer

"What a woman she is! Why don't we know her better? We all ought to know more of the Queen."

This exclamation by an ex-factory girl, named Kathleen Woodward, leaning out of a window to watch a Royal ceremony at Temple Bar last summer, has led to Queen Mary giving her consent to the telling of her life-story as princess, mother, queen, and woman.

Miss Woodward's thought was that the Queen—easily the most popular woman in Britain—is practically unknown to her people, as far as her intimate life is concerned.

Acting upon the impulse, she wrote to the Court asking if Queen Mary would tell the story of her life to her people.

Scotland, and personal introductions to all who could assist her.

She talked with those who knew the Queen in infancy, had been her intimate friends in girlhood, and attended her when the serious duties of State devolved upon her as Princess May, Duchess of York, Princess of Wales, and as Queen of England.

She interviewed statesmen, diplomats, ladies-in-waiting, equeuries and courtiers, old and new. At Windsor Castle, Balmoral and York Cottage she talked also with housekeepers, dressers and serving men. Everywhere she collected material, known only to the few, which revealed the Queen as the woman she is.

Facts, episodes and adventures



Miss Kathleen Woodward

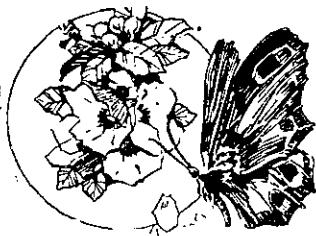
"We who are not privileged to know Her Majesty," she wrote, "are made aware, and most heartily believe, that the Queen is one of the most hard-worked women in her whole realm."

"Is it therefore unnatural and presumptuous of us to wish to know how she works, in what she works, and know it in some definite and reliable form, not in fleeting glimpses or in vague rumours and intimations?"

To the writer's joy, Queen Mary accepted the suggestion. Miss Woodward was given the entrée to the Royal homes in England and

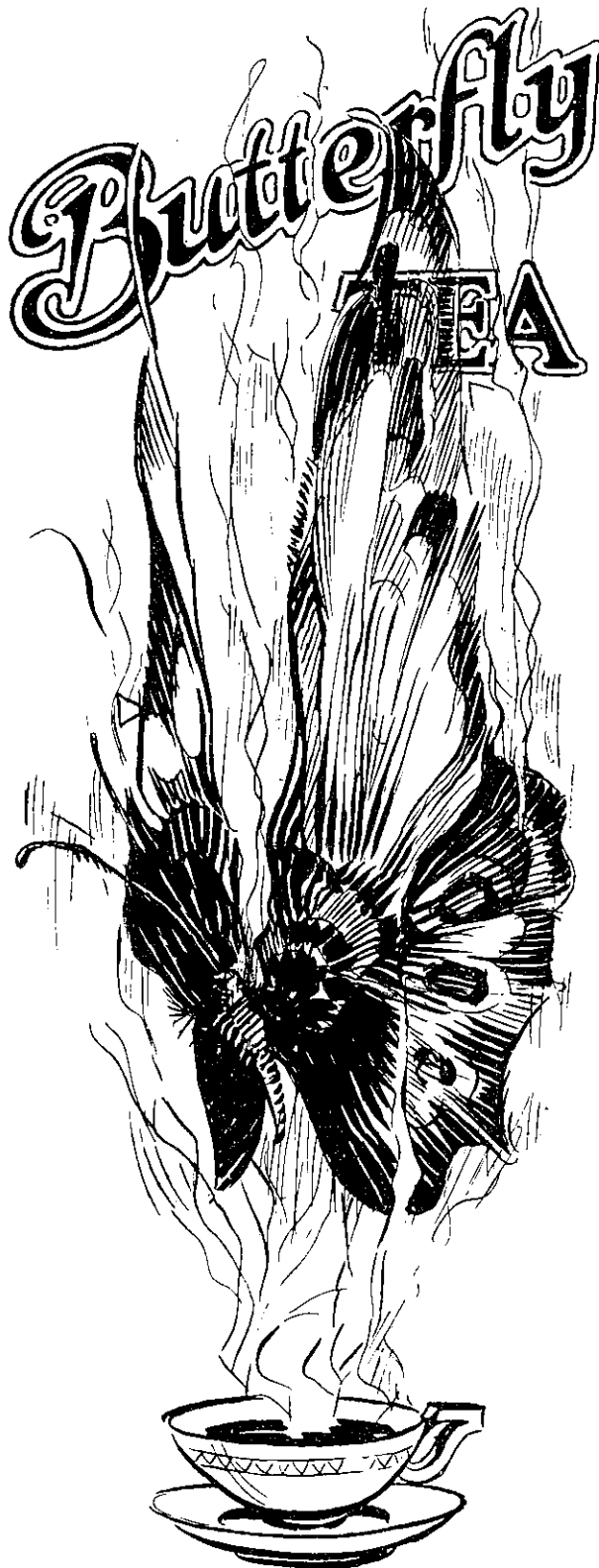
all marshalled, Miss Woodward wrote her story, which was read page by page, paragraph by paragraph, by both King George and Queen Mary. Formal consent to the publication of the work in book form has just been given.

In the twelve years since she worked in a South London collar factory, Miss Woodward has worked her passage to South Africa as a stewardess, in London "hawked" sewing machines and photographs of theatrical and social beauties, been a cashier at the dignified Travellers' Club, and served as a Quartermaster-Sergeant in the W.A.A.C.s.



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An interesting "Press" wedding has recently taken place in Sydney. The bridegroom is a young New Zealand journalist, Eric Ramsden, formerly of Wellington and Auckland, and now of the Sun Newspapers, Ltd., and the bride, a Sydney girl, Eve Graham of the "Daily Telegraph." Hugo Freeth, an erstwhile Palmerston North boy, and now on the

Press Wedding in Sydney

Sydney Morning Herald, was best man. The bride, a pretty, dark-eyed girl, wore lavender blue crepe de chine frock and a bois de rose hat, and was attended by her sister Jean,

wearing tonings in beige. Dr. Crotty, Dean of Newcastle, a personal friend of the bridal couple, performed the ceremony, which eventuated at St. Phillip's Church, Sydney. Amongst

the guests were Dora Wilcox, Maoriland's distinguished poetess, and her husband, William Moore, who, by the way, is one of the soundest art critics in Australia, and Mrs. J. F. Mendelssohn (formerly Vera Caselberg, of Masterton) and her husband, both recently returned from America.

—V.A.R.

British Fashions

The British Model House recently opened in Regent Street, London, is the realisation of a long-cherished



desire on the part of the great textile manufacturers of the Homeland to work with the designers and makers of clothes in the same way as the French manufacturers have been working for years and by so doing made Paris virtually the fashion centre of the world.

In days gone by Yorkshire manufactured beautiful fabrics in wool, silk, and artificial silk, but on account of the methods of the Parisienne creators of fashion the British-

made materials were sacrificed to enforce the sale of French fabrics.

Recently there has been a patriotic demand in England for British-made goods, with the result that the British Model House has been established for the purpose of having fashionable gowns designed and made of British materials. This new departure will no doubt be heartily endorsed by the Dominions, especially New Zealand.

Our illustration at the head of "Vanitas Vanitatum" shows a grouping of British mannequins in British models made exclusively of British manufactured materials, such as silks, laces, stockinettes, and cashmere fabrics, which were declared by experts to be as fine and as light in weight as any that have ever come from France. The hats also were made in the millinery workrooms of the Model House, and shoes, underwear, and all the accessories of mid-lady's dress were British-made.

Let us hope that in future the trend of Dominion fashion will be reflected from the British Model House in preference to the Paris

Vanitas Vanitatum

Fashion Salons. New Zealanders are intensely British at heart, and our womenkind will no doubt appreciate the wisdom of following British fashions instead of foreign. The great venture should do much to reduce unemployment in the textile trade in the Old Country; but it is not the Home factories and their workers alone who will benefit, but workers in the Dominions also, for they are all contributors in the form of raw materials, besides which our own woollen mills should receive greater encouragement for the sale of their excellent fabrics which have in recent years been brought to such a high state of perfection.

Flares Give Way To Pleats

Fashions have always run in cycles so we are told. Fashion's vagaries, as "mere men" cynically refer to our changes in the mode, are not the result of mere caprice or fancy, because in reality many of the changes come about with a good deal of logic and inevitability.

Take the flare. The flaring silhouette has been struggling with the

"tube" for years. Every year its influence has been more and more evident where fashions originate as well as in the wardrobe of well-dressed women. It reached its zenith last



autumn, when everything was cut with a lot of flare. The reaction now seems to have come by the return to straighter lines.

The principal note of the new season's clothes, which we are to expect in the Spring, are to be cut on trim straight lines. The line is not to be so severe as previously, and you will find that the apparently tight skirts have hidden pleats and folds for freedom of movement.

The Growing Child

Some Thoughts

In most of the civilised countries to-day, the care of the child is attracting much attention. It is coming to be recognised the world over that children are the nation's most valuable asset; for on their inherent possibilities and their development the future of the country depends. The quality of the future citizens depends on what we do for the children now. The guiding of the children in the proper direction is a subject which needs much study. Many minds and much thought, and the close attention of all the Welfare Societies have combined in the formation of this new Child Welfare Act, which came into force on April 1 of this year. Information was sought of what was being done

children by officers of the Welfare department.

Some of the children come from large families of poor working parents, others come from more affluent homes, where over-indulgence has had its part in the faulty structure of a child's life: others again have come from homes where parents are indifferent or dissolute, while there are other unfortunate children who have never known the love of parents, and have been cared for by well-disposed people (often poor relations) who could ill afford the extra burden cast upon them.

Special schools are provided for the problem child—one who because of his delinquency or of his natural tendencies requires special treatment. The schools have met with



Mrs. H. D. Ross, wife of the Canadian Commissioner, as "Canada," at the Pageant of Empire Festival held during the concluding stages of the N.Z. & South Seas Exhibition

Pauilo, Dunedin.

in this matter in other countries, and after much patient and prolonged study there is in being this new Act, which should tend to make our country a much better and safer place for its children.

Many new features are suggested. Big institutions where large numbers of indigent or delinquent children committed to the State were congregated are now a thing of the past. Instead of these institutional homes, foster homes are sought, where the child may live an ordinary happy life and go to school enjoying all the advantages that are possessed by children who live in a normal home with their parents. Much kindly care and tactful supervision is given to these

marked success. Many worthy citizens in the future will owe their chance in life to the care and attention here provided. It is recognized that while children differ among themselves, both by nature and nurture, there are comparatively few who cannot be made into more or less useful members of society if rightly understood and rightly managed. There are a few cases that are found to require more severe and strict measures: these are committed to the special schools, where their energy will be used towards constructive ends. This is done by intense handiwork, organized play and the teaching of the simpler trades.

Continued on page 36



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Slimness versus Scragginess



The line is so terribly easy to overstep—from plump to frankly fat, and from lovely slimness to unbecoming scragginess. And now that backs are once more being worn, the rounded contours of shoulders and arms only throw more sharply into relief the ageing "salt-cellars" and drooping sagginess which come to all those who have dieted and exercised every ounce of superfluous flesh away—unless they are still on the right side of twenty-five.

Few women pay as much attention to the throat and neck as to the face, and yet the throat needs even more care if it is to be kept equally youthful and beautiful.

The sagging of the skin means that the muscles underneath have lost their elasticity, and ordinary

For any discoloration after wearing furs during the colder months, rubbing with the juice of a lemon is good, or two or three applications of hydrogen peroxide (twenty volumes).

A good astringent lotion is made from camphor water, which can be bought very cheaply at the chemist's, and it is even more improved by adding a teaspoonful of the simple tincture of benzoin to a pint of the water. The camphor lotion can be made at home by crushing a piece of block camphor and then adding a pint of water in a wide-mouthed bottle. Shake well every few hours until the water smells strongly of the camphor, and then strain.

Often actual "salt-cellars" are due to faulty breathing, and unless



Wife (announcing husband's decision to give up his profession):
"Yes, my husband's burnt his bridges behind him."
Visitor: "How very unfortunate! Ah—I hope they weren't his best pants."

massage will do little to restore it. Pinching and kneading of the muscles is what is needed. Bathing the skin in very hot water and then a liberal supply of good cold cream is the first step. Then with the tip of finger and thumb, start at the base of the neck and work up towards the chin, pinching up tiny pieces of skin as you go. It is best to smear the fingers with cream before starting, and to continue for about ten minutes for several days. Pay particular attention to the skin over the collar bones and work from them right up to the ears, as one of the largest muscles runs in this direction, and if its tone is restored, the whole neck improves very quickly.

If the throat is lined, sponge with warm water and then apply a liberal supply of skin food, patting it in, and if it is very bad, warm oil is even more efficacious, either patted in or applied on a piece of lint, which is kept moist with warm oil added when necessary.

the air passage is quite clear nothing is likely to bring about an improvement, so first see that there is nothing blocking either nostril. If you know that you suffer from enlarged tonsils and adenoids it is wise to consult a surgeon, from your general health point of view, quite apart from your appearance.

If all is clear, try the following exercises, which will help matters wonderfully.

Stand before an open window and shut your mouth tightly. Now pressing your forefinger against one nostril, take three short, sharp breaths through the other nostril, and then repeat with the alternative nostril. Repeat five times, and this will ensure your nose passages being clear.

Now do these exercises for the actual neck muscles and be sure that your shoulders are kept perfectly still. Only do it for ten days at a time, and then let several weeks go by without exercising in case

Continued on page 35

Slimness versus Scragginess

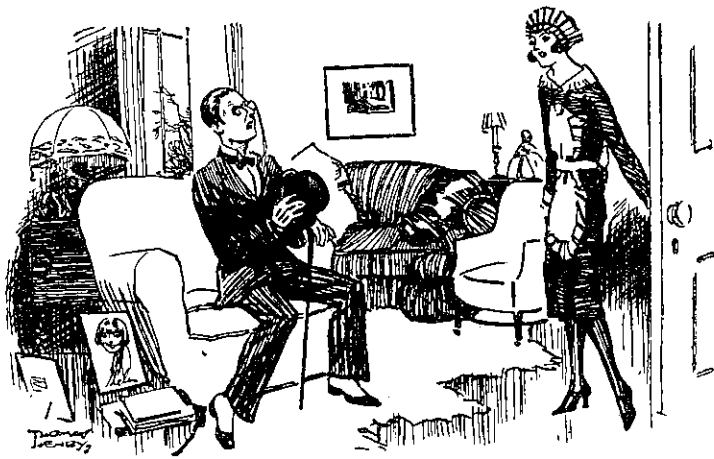
Continued from page 34

you are *over*-developing the neck muscles. Let the head fall back as far as possible, and then forwards on to the chest as far as possible. Turn the head to the left and then to the right, each movement to be done smoothly and without any suspicion of jerkiness.

Without raising your left shoulder, try to let your left cheek touch it, and then do the same with the other shoulder. Finally, complete the course by shrugging the shoulders several times, keeping the head quite still and letting the shoulders make as big an excursion as possible each time.

But don't forget that deep, regular breathing is the basis of a symmetrical and beautiful neck.

If the "salt-cellars" are but part of a general thinness which you want to remedy, then a teaspoonful of olive oil three times a day is helpful, and cod liver oil and malt works wonders. If you object to the "fish-and-treacle" taste of the latter, you can get the cod liver oil alone in capsules which are quite tasteless. Regular meals with an abundance of butter and cream and thick soups will do much to increase your weight. And, finally, don't worry—for worry is the greatest reducer known.



MAM (to nervous suitor): "Mr. Bygad will see you in a minute, sir; he's just putting on his boots."

The Perfect Perfume

Elaborate advice is often given to women on choosing perfumes to suit their personalities. A good deal of this talk seems rather strained and exaggerated. A pleasant and matured personality needs no aid from an artificial lotion and if individuality is lacking, no scent will give it. It is not the function of a perfume to suggest traits of character, but to give an impression of fragrance and the most alluring cleanliness.

The simple, flowerlike scents best do both these things, and lavender water, white violet, lily of the valley, rose and eau-de-Cologne never pall. Far from being common-place, they suit English beauty infinitely better than exotic Eastern odours, which are best left to Oriental women.

Everything to match—bath salts, soap, powder, creams—is perhaps the ideal. But this is often neither easy nor cheap. If it prove impossible, the best alternative is

to have all toilet articles of fine quality, but unscented, and to rely on a few drops of liquid perfume to create fragrance.

Scent is far better sprayed than dabbed on, as the spraying gives a much more even effect, and, in the case of eau-de-Cologne, has a tonic effect on the skin. A cheap throat spray from the chemist is just as effective for scenting, by the way, as the expensive dressing-table gadget we can't all afford.

A very faint fragrance may be embedded in every garment worn—accumulating in the whole toilet to just the perfect perfume—by buying sachet powder in bulk from a good perfumery. Sprinkled on cotton-wool and fitted into thin silk sachets for wardrobe and drawers, this takes the place of liquid scent.

A charming touch is added both to a room and its owner if a bowl of fragrant pot-pourri, containing some of the personal perfume used, stands on mantelpiece or window-sill.



Watch Your Skin!

IT is well to remember that all the more stubborn and disfiguring skin affections start off in simple pimples, rashes and eruptions.

Any cut, abrasion, burn, etc., is liable to become infected with the germs of ulceration or blood-poison.

Guard your skin against disease by resorting to Zam-Buk at the least sign of trouble. Owing to its perfect refinement and herbal character, Zam-Buk quickly penetrates to the root of skin trouble. Sinking naturally into the pores, it has a soothing, purifying and curative influence on the whole of the underlying tissue.

If disease has already taken root in the tissues, there is no surer or quicker way of dislodging it than by persistent applications of Zam-Buk. This swiftly overcomes all sore, eruptive, and inflamed conditions of the skin. It kills the germs of eczema, boils, abscesses, ringworm, etc., and completely rids the tissues of poison and disease.

Be sure and keep a box of this famous skin remedy always handy. Chemists and stores everywhere sell Zam-Buk at 1/6 & 5/6, and Zam-Buk Medicinal Soap 1/- per tablet.

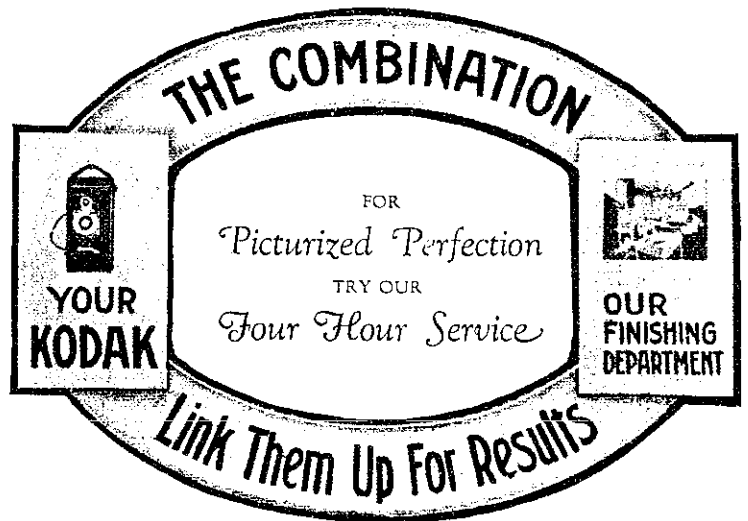
Zam-Buk

ENDS ALL YOUR SKIN TROUBLES

Wallbets

THE CAMERA HOUSE

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CORNER OF
ST. KEVIN'S ARCADE —and— KARANGAHAPE ROAD
AUCKLAND.

Beauty

may be more than skin-deep, but the care of the skin goes a long way towards making beauty. The right skin tonic and one which gets well into the skin cells, nourishes them, and makes the complexion glow with vivid health and beauty, is

**BEETHAM'S
La-rola**

(As Pre-war)

If effectually removes all Roughness, Redness, Tan, Irritation, etc., and is delightfully Soothing and Refreshing at all times.

at all High-class Chemists and Stores.

Manufactured by
M. BEETHAM & SON,
CHELTENHAM SPA., ENGLAND.



Marjorie Fume

The Growing Child

Continued from page 33

A new feature of this Act is the establishment of Children's Courts. These special Courts are to be held at a building quite apart from the Criminal Courts. A child who has committed some youthful peccadillo will not have the stigma of being a little criminal placed upon him, but he will be subjected to the treatment that his case merits. The Court as it is now constituted shall consist of a Stipendiary Magistrate, and one or more Associates. The duties of an Associate will be to confer with the Magistrate on the decision to be arrived at, on cases brought before the Court, and to make, when possible, previous investigation of the circumstances surrounding the case, and to act as Child Advocate. As a rule, full information of the family history, environment, conduct, and school record will be placed before the Associate before the case comes

privacy, no means of recreation, drive the children on to the streets to learn the evil that is present there. The conditions of home life are the greatest factor in the quality of the child. Great effort should be made to provide better houses, and so bring about brighter and happier conditions in the home life. Again, the boisterous activity which so often leads a child astray, is a gift of nature to every normal child—a force that is within him, so that he may build himself up. It is the urge within to grow and to develop. Though children have this urge to do things, they need direction, else the activity will go into wrong channels and the child astray. The State makes elaborate provision for part of his time, through the educational system, so that every child may benefit and be taught for a certain number of hours a day, but for the leisure time, when he is not



Teaching a modern feminine art—Bobbing and Shingling on models
Topical Press, photo, London

under notice of the Court. Unfortunate children who have been deprived of their birthright—a good home and loving parents—are very seriously handicapped at a time when they most need careful guidance. Many such children come before the Children's Court, and it becomes the onerous duty of this Court to do its best to rectify these serious faults. Such children are generally sent to either Boys' Homes or Girls' Homes. These homes are purely clearing houses, where the children are observed and classified according to temperament and mental ability. They are then placed in suitable private homes or special schools. It is a question which society should ask itself: In what proportion is it to blame for the conditions under which these children default? In minor cases it may be only the urge within a child to "Go! Do!" And for want of proper direction, and a lack of parental control, he *does* the wrong thing.

under control, little or no provision is made for his guidance. He is free to make or to mar his own career. Voluntary organisations endeavour to fill this lack. Many more helpers are needed before the great numbers of children who are roaming about can be provided for. Play is as essential for the building up of a child and is as important as the right to go to school. Games also provide a means of healthy activity and an outlet for pent-up animal spirits. If a child plays games he will not so readily get into mischief. He will learn to obey through games the rules of society. It is when a child is at leisure and may do as he pleases that the course of his life is largely determined. Suitable and ample means of recreation must be provided if we are to protect our growing girls and boys from the streets. To so guard and train these young children of the nation as to put a stop to wastage of young life, We cannot be too jealous for each childish personality—for its safety, its growth, its happiness. According to our sowing now, will be the future reaping.

Poor housing conditions, no doubt, contribute largely to juvenile delinquency. Want of space, lack of



After Dancing tired and wan

Dancing all night in overheated rooms is tiring to the body and bad for the complexion—unless you treat it right. Continue it for the season and you will find your complexion suffer—unless you treat it right. Before you go to bed every night, gently massage your skin with pure Mergolized Wax and your complexion will never suffer. What happens is this: The dry, overheated air and the tiny invisible motes of dust cause the outer skin to shrivel and to choke the pores. Unless you use Mergolized Wax, this gets worse and worse until your whole complexion becomes muddy and sallow. If every night you massage in a little Mergolized Wax it cleans the

pores, and while you sleep it gently dissolves away the minute invisible particles of dried-up skin which would choke the new skin underneath and leaves you with all the beauty of the new, healthy complexion unimpaired. Take a jar home to-day and see what Mergolized Wax can do to-night.

Mergolized Wax

Guaranteed not to encourage the growth of hair. Contains only the purest ingredients. Of all Chemists.

Train Your Child Wisely!

By VISCOUNTESS ERLEIGH

This brilliant titled lady is prominent among the younger Society women of England who are not content to be "butterflies." She is intensely interested in child welfare.

It is during the first few years of life that a child's brain develops most rapidly. It grows more at that time than at any other period of life. Also during the first seven years the child is more open to suggestion and more pliable to outside influences than at any subsequent stage, which makes one realise that these first early years are, perhaps, the most important of all in the training of the child. The time lost then can rarely be made up later, and mistakes made are apt to leave impressions which are never subsequently eradicated.

mothers have to go daily out to work. These children are left to look after themselves, to play in the streets, or else shut up in their houses until their mothers come back.

These children, when they reach the school age, have been trained in no good habits, have little power of attention, and it is some time before they are really fit to profit by their educational instruction. Their early important years have been wasted, and they have had no fair chance to develop either physically or mentally.



A Pleasing Child Study

A very famous religious order well known for its understanding of the processes of education has said: "If you give us the child for the first seven years of its life, you may do what you will with it afterwards."

The Mother's Part

The importance of these early years suggests that the mother is the most important factor in her child's development: for it is in the nursery days that good or bad foundations are laid.

Some mothers are far too much inclined to keep their children babies, thus hampering their development from babyhood to childhood.

It is not often realised how much valuable time and opportunity is lost with the children of the poor whose

In The Day Nursery

It is for these children that kindergartens and day nurseries exist, where mothers can leave them while they are out at work, knowing they will be well cared for, trained in habits of cleanliness and obedience, and given opportunities for self-expression in games, action songs, and clay-modelling, which all are agreed are so important for the young child. When the day-nursery children reach school age the schoolmistresses say they are far more able to attend to their lessons and profit by their instructions than children who have had no such previous training.

It is difficult to over-estimate the value of proper care and thought for these little children, and one is repaid over and over again in later years for the trouble taken during this period.

Continued on page 45



Yardley's Old English Lavender Soap

THE FINEST PRODUCT OF THE CRAFT of the soap-maker, it has been cherished for over a century by the leaders of taste and fashion—the Luxury Soap of the World.

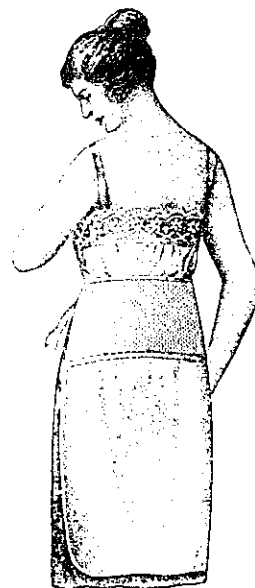
Its mellow lather is a caress to the skin, purifying, refining and delicately scenting it with the refreshing fragrance of lavender which lingers long after use.

BOX OF THREE LARGE TABLETS 5/3
Of all Good Chemists and Stores

Made by

YARDLEY: 8 New Bond Street LONDON
PARIS: 24 Avenue de l'Opera

LADIES! buy SOUTHALL'S TOWELS



Sanitary, Absorbent
Antiseptic and of
downy softness

They are the Original and Best, and are of BRITISH Manufacture

If you cannot procure from your Dealer, write to the N.Z. Representatives—

W. HOLDSWORTH & SON, Ltd.
35 Albert Street Auckland

Telegrams: "Holdwear" Auckland P.O. Box, 954 Auckland

SOME DAY TOMMY WILL LOSE THOSE MILK TEETH

and what will grow in their places?

The care bestowed on the first set of teeth governs the degree of perfection of those which come after. The milk teeth need Kolynos just as much as those which follow, and Kolynos used on a child's first teeth is the best guarantee of the perfection of the permanent ones. The Kolynos habit can't be commenced too soon.

KOLYNOS DENTAL CREAM

"Got a Cold?"

kill it

Make this test To-night

Get a bottle of Pynetha—pour ten drops in a quart of boiling water—cover the head with a towel, and inhale deeply for five minutes.

The soothing vapours of Pynetha penetrate the respiratory organs, killing the germs of cold and influenza. Pynetha contains oil of pine, menthol, eucalyptus, camphor—the wonderful "goodness" of these will clear the head, ease the breathing and break up the worst cold. Get a bottle to-day.

INHALE

PYNETHA

THE GERM KILLING INHALANT

INHALE PYNETHA INHALE PYNETHA INHALE

Sex Determination

The present-day parent is tired of haphazard parenthood—tired of dipping into the lucky-bag and picking out what comes first to hand.

And just as many of us now plan the size of our families scientifically, studying our present responsibilities before embarking on others, so even now we are trying to probe one of Nature's other deep mysteries—how she controls the sex of the children she sends us.

A tremendous amount of scientific work is being done on this subject, and a seeker after knowledge will find at least a hundred treatises and books, from which he may turn but little wiser at the end.

But certain truths seem to stick out from the morass of uncertainty, and everyday experience tell us that perhaps they point the road to truth.

Now let us consider the conditions which will tend to reduce the strength of the mother, making her the weaker vessel, both at the time of conception and immediately afterwards.

Age has a great influence, and we find that if a very young mother of about sixteen or so has a child it is most likely to be a boy, especially if the husband is a good deal older. At the other end of the scale we find that women having their first child late in life also tend to have boys, while mothers of between twenty and twenty-six, that is, when they are at their best child-bearing period, are more likely to have a girl. Also, if the husband is considerably older than the wife the family is largely composed of boys.

These deductions have been made from many thousands of cases, and so the results may be taken as being true for the normal healthy couple.

Another, and perhaps a more important, factor comes into play, and that is, the type and amount of food eaten by the mother and the sort of life she leads.

We all know that more boys are born in times of war, famine, and trade depression, that is, when conditions are hard and food is scarce. Comfortable conditions and lazy, sedentary lives tend to give us girls.

Tables have been drawn up comparing the price of foodstuffs and the male birth-rate, and these were found to rise together, while when prices fell, and living again became more luxurious, girls once more began to be born in excess.

In the animal world the same thing holds true. Fur trappers, for instance, find that if trapping is easy and the region fruitful they get a majority of female skins, but in a barren region male skins predominate.

It seems strange that Nature, giving with one hand luxurious and easier conditions, should produce the less powerful sex—woman, and that she should of her hardness and austerity make us "mothers of men."

It has been found that in the case of both the male and female seeds there are two kinds—one propagating sons and the other daughters. In any particular case, like may join like, definitely producing one sex or the other, or unlikes may clash, the stronger winning. This would fit in with what we know of heredity in general. By the Mendelian Law, which is now generally accepted as truth, one knows that children inherit equally from their parents their mental and physical characteristics, and with such things as the colour of the hair and the general build and temperament, so with sex.

Where the conflict occurs one quality is dominant or powerful and the other is recessive or weak, and according to whether the mother or father is the more powerful, physically and mentally, at the time of conception, so will the sex be determined. The weight of evidence shows that the more powerful mother produces a girl, and conversely.

All this goes to show that sex is determined at the time of conception but work has been done recently which suggests that in certain circumstances the sex can be modified during the few weeks following.



Weedy Women!

ONE of the King's physicians, Sir Bruce Bruce-Porter, has recently described the modern woman as "willowly, weak and weedy"; also as a potential consumptive and even a premature corpse.

Surely we are not going to revert to the type of girl whom Thackeray pictured as "pale, pious and pulmonary." It will need more than professional strictures to convince us that we are,

If the modern girl has a sylph-like figure, she has also an insatiable love of strenuous sport and of the open-air than any medicine to banish that anemic, lifeless creature who was once all-too-familiar a representative of her sex. Willowiness does not betray weakness. There is strength as well as grace in the slimmness of the modern girl. A healthful activity, rather than a starved stomach, is responsible for her discarded avoirdupois.



Creamy-skinned, dark-eyed and majestic, the Princesse Matchabelli's exotic beauty has brought her world-wide renown. She possesses a striking personality—a subtle blend of poise with fire, of simplicity with the wisdom of true sophistication.

The PRINCESSE MATCHABELLI tells how women can keep their youthful looks

I HAVE been much impressed by the way American women do not allow the effects of exposure to mar the smooth delicacy of their complexions," declares the Princesse Matchabelli.

"Their charming youthfulness is due to their clear, fresh, beautifully cared-for skins. Women everywhere," she adds—this Princesse who bears a name nine centuries old—"can acquire the same perfection with the use of Pond's Two Creams."

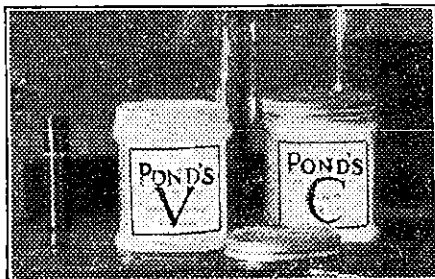
Everywhere women whose names are synonymous with birth, beauty, and rank, are finding out the truth of these words of Princesse Matchabelli. They are using Pond's Cold Cream for cleansing their delicate skins, for keeping them supple and young, firm and fine of texture.

A deep thorough cleansing at night and after every exposure to dust and weather during the day has become an indispensable part of their daily routine.

Each cleansing with this pure cream, except the bedtime one, they follow with the soft finish and the delicate protection of Pond's Vanishing Cream, using it carefully before powdering and before going out.

Thus they prevent the drying caused by wind and sun and the irritation of dust.

Try this excellent method for yourself and see why it has the sanction of the most important women everywhere. Both creams may be had in any chemist shop or at any toilet goods counter. The Pond's Extract Company.



BEAUTIFUL WOMEN USE THESE CREAMS

Free Offer *Mail coupon for free tubes of Pond's Two Creams and folder telling how to use them*

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P. O. Box 319, Dunedin, New Zealand.
Please send me free tubes of Pond's Two Creams.

Name _____
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BRITISH
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Pompeian
FOR BEAUTY



Aids to Beauty

THE Pompeian Beauty Toilette has long been the choice of the loveliest women in every clime to accentuate their charms.

The use of Pompeian Beauty Powder will not change your looks but will greatly enhance those you already have.

If your skin lacks clearness or velvety smoothness, Beauty Powder will modify these faults—if it is naturally lovely, then the correct shade of Pompeian will make you even more attractive.

Pompeian Day Cream (Vanishing)
Beauty Powder (four shades)
Bloom (a non-crumbling rouge)

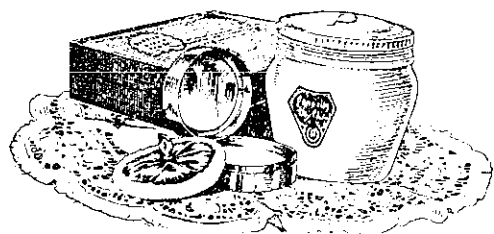
To attain a creamy skin suffused with that delicate, glowing colour which lends charm and bespeaks youthful beauty, you must choose the right shade of Powder and Rouge. Study your skin and select the tone that will harmonise with your natural colouring.

The best results are obtained by first using Pompeian Day Cream (vanishing), which forms an excellent base for Beauty Powder, causing it to adhere for hours.

On sale at all chemists and drapers.

Manufactured by
THE POMPEIAN COMPANY
Cleveland, Ohio, U. S. A.

Sales Representatives
THE BRITISH HAROLD F. RITCHIE
& CO., Ltd.
72 Dixon St., Wellington



Overdoing the Hardening

By A PHYSICIAN

IN THE bitter weather which we are now experiencing one may see children sometimes led about by overcoated fathers, enduring the icy blasts with bare legs and chilblained hands. They are being hardened. They do not seem to be enjoying the process in the least; they sneeze and snuffle; they are laying up for themselves a crop of adenoids which will obstruct their breathing, give them high palates, protruding teeth, and "rabbit" faces, and will also provide them with the seeds of rheumatism for their mature years, to say nothing of the chances of consumption in their teens.

Or, again, the remorseless parent will have his children up at 6 a.m., and make them begin the day with an icy cold bath. After that performance they sit in a cold room packing their heads with lessons before breakfast. He intends to make them Spartans.

These excellent people forget to take into account the sensitiveness of the young organism. A cold bath in the morning may so depress the nervous system that the child may feel the deficiency of vitality all day long, and, indeed, all his life.

Knee-Pads For Girls

OUR young women show greater heroism, for, in devotion to fashion, or by way of rendering homage to the goddess of vanity, they will submit to veritable torture. Recently I met one who had all her toes frostbitten rather than renounce her silk stockings in winter. As to good woollen hose, which would be warmer, my suggestion to that effect almost proved—stoical though she was—too much for her.

The fashion of Russian boots is sensible enough, but these should be carried higher than usually worn. The bare knee, though pleasing to the eye, is a tender part, so much so that in other countries where comfort rather than appearance is consulted, "genouilleres," or pads for the knees, are worn as commonly as mittens.

In saying all this do I advise that children should be nursed, muffled, coddled? No, On the contrary, I believe in the hardening process, but it should be done gradually and methodically, by a sort of progressive training rather than by sudden and violent jerks trying to the organism and hurtful to the morale of the child.



An Only Child's Mother!

DOCTORS and schoolmasters are agreed in dreading the only child, but the reason for this lies, not so much in the difficulty of dealing with him as in the fact that every only child has an only mother. The child placed among companions soon learns to re-focus its ideas and realise it is no longer the centre of the universe, but the mother of one who can see him in true perspective is yet to be found.

"Why haven't you got a name Mummie?" asked a friend's little boy the other day, and the question told volumes. That boy was eight years old, and had never heard her spoken of save as "Mummie," so completely was her individuality merged in motherhood. She was utterly devoted to him, and gave her life to training and watching him. Her's is a case such as one sees on every side.

The steps are so easy and seem inevitable at the time. Games take up too much time, so they are dropped. Baby might wake or cry at night, so invitations out are refus-

ed. Music might wake him; it must stop. And so life gradually narrows down to nursery-land.

Then the inevitable happens. Schooldays arrive. There is the wrench of parting—soon over for the child, who plunges joyfully into the new life to grow more and more independent of home; and the mother is thrown back on her own resources, to resume a personality she has forgotten, and her friends have forgotten, too.

Where there are several children there is far less danger of the mother becoming so absorbed—partly because she is needed less as a companion, partly, perhaps, because it is impossible to worry over several to the same degree as one.

There was sound common sense (and a certain amount of bravery) in the Doctor's advice to the mother who was always worrying over her only child. "Is there nothing I can give him, Doctor?" she begged with tears in her eyes.

"Yes, madam, a little wholesome Neglect," he replied.

Our Changing Complaints

"EVERYTHING changes. . . Even our epidemics, the very diseases, are changing!" an eminent doctor has said. It is true. "The ills that flesh is heir to" change in character; some that are serious and deadly in one generation become mild and unimportant in the next.

Smallpox was once a shocking and devastating thing that left its trail of blighted and dead. There were periods in our history when it raged as a plague, and half the people were pock-marked, many died every year, and many were blinded. Then vaccination robbed it of its terrors. In its "black," or confluent, form it is still the ghastliest of afflictions, though to-day it is mostly a trivial affair. Indeed, a headache and a mere pimple, which is all it may present, may easily be overlooked.

Diphtheria has undergone much change, and is by no means so serious as the thing of twenty years ago. Anti-toxin has snatched away its armaments, and made it amenable to some extent. Scarlet-fever, too, that was growing sadly deadly to children a few years back, is milder.

Dangerous Measles

"SLEEPY sickness"—that was unknown, at any rate, as such,

a few years ago, and that developed a deadly meningitic character—is now much less harmful in some of its phases, though in others it is still sufficiently nasty and uncannily unsettling afterwards.

Measles, that triviality of childhood of a generation or two back, has changed for the worse, and is causing some concern to the pathologists, and those whose business it is to study the incidence of epidemic disease. It is not so many years ago that the writer heard a consultant say, "Ordinary measles is nothing, and the German form is negligible!" The oracle would hesitate to make such a pronouncement to-day, for both complaints need watching and care now in view of their sequelæ.

Rheumatic troubles, also, especially in the chronic forms, have not improved their characters, and are becoming so prevalent as to threaten to cripple the nation unless research clears up certain obscure patches; for though some wonderful things have been done with inoculation with autogenous vaccines of special streptococci, one cannot go about injecting the populace wholesale, and—it doesn't always act.

These are but a few of our troubles which have changed.



Wife's New Status

By A BARRISTER-AT-LAW

Interesting changes—some, indeed, rather startling—were brought about in England by the coming into operation with the year 1926 of the new 130,000-word Law of Property Act. The ancient customary land law of England vanishes at a touch; the romance of copyhold, gavelkind and Borough English disappears, and the customary heir of property in this or that famous manor will be known no more.

The heir-at-law is doomed, for the State has taken on itself to ignore certain blood relationships, which could be done previously only by a testator in the exercise of his right to dispose of his property as he willed.

Property which, in the case of intestacy, would have gone to distant relations will now, failing nearer kin, pass to the Crown.

In future there will be only two kinds of legal ownership in land—fees simple and leaseholds for years, much in the same way as absolute ownership and the ownership of the hirer are alone recognised as legal ownership in the case of chattels. Copyhold and fancy tenures are abolished and turned into ordinary freehold (the lords of manors re-

ceiving reasonable compensation), and all land will descend on intestacy exactly as stocks, money or goods, but in a new fashion.

Husband And Wife Equal

With regard to the devolution of property on the death of the owner intestate, all property will go in the same way. Personal chattels—furniture and the like—go to the surviving husband or wife absolutely, together with the residue up to £1000. Subject to that, if there are no children, or grandchildren, the surviving spouse takes a life interest in the whole, or, if there are children or grandchildren, in one-half. The residue goes to such of the children living at the death of the intestate as attain 21 or marry, the issue of deceased children taking the share which their parent would have taken.

Husband and wife are for the first time placed on an equal footing. The new Act does not penalise the children of a young man who marries under 21. In the new Act the protection given to a person who takes the title deeds as security is not to be infringed at all.



Your face is your fortune

PRICKLES AND FRECKLES.—Sudden exposure to sun and sea salt may crack and freckle the skin and even leave permanent disfigurement. Protect yourself against the drying, burning effect of sun by using Icilma Cream. Not only on the face but on neck and arms too. It is the skin over the neck and shoulder bones which is most sensitive of all to sun.

A correspondent writes: "Recently I got the back of my neck and my shoulders badly scorched. I could hardly bear anything near them, till a friend produced some Icilma. It soothed the skin delightfully, and in a day or two—apart from a slight and agreeable brown-ing—my shoulders were quite presentable."

Be especially careful to use Icilma at night. Rub well in and the heat and "prickliness" of the skin will disappear by the morning.

Icilma Cream itself is the same as ever—supreme in the toilet world. Guaranteed not to grow hair. Excellent base for face powder.



A NEW JAR
and a choice of
TWO
PERFUMES

**Icilma
Cream**

Price 2/6 per Jar

FREE SAMPLES.—Send 2d. in stamps for trial tubes of Icilma Cream—Bouquet and Magnolia. Write clearly to the N.Z. Agents, Salmond & Spraggon Ltd., Dept. LM Box 652, G.P.O., Wellington.

Made by International Icilma Trading Co., Ltd., London.

LADIES!

Consult us regarding your Hair.

We are Specialists in

SHINGLING, SEMI-SHINGLING,
BUSTER and ETON CUTS,
MARCEL WAVING & PERMANENT STAINING.

Special Appointments by Request—



The Exclusive Toilet Parlours
15 DARBY STREET, AUCKLAND.



Ask Your Doctor!

YOUR doctor will tell you that Vitamins play an important part in the growth and development of children—their presence or absence makes all the difference between health or sickness, strength or weakness, brightness or dullness.

There is a Vital Principle of food (Vitamin Concentrate) which should be in the daily food of your child, and this Vitamin Concentrate is present in Glaxo-ovo, extracted and concentrated from its richest known source—2,000 times concentration.

This Vitamin Concentrate in Glaxo-ovo is blended with milk, malt-extract, and cocoa, and is the most powerful protection that daily diet can give. It strengthens the body and the constitution, increases vitality and powers of resistance, and is the sanest safeguard against measles, diphtheria, flu, colds and winter ailments.

Glaxo-ovo is the only food-drink with the Vitamin Concentrate. Your child will love its delicious, creamy, chocolate flavour. He should have it regularly every day.

**A COMPLETE
FOOD**

**ADD
NO MILK**

GLAX-OVO

"EVERY DROP SHEER NOURISHMENT."

PRICE **2/3, 4/6, AND 8/6** PER TIN

FOR FREE TRIAL TIN

Write your name and address *ONLY* here and send it with 3d. in stamps to cover postage and packing, to
P.O. BOX 1509, WELLINGTON

Name.....
Address.....

Shingle Cuts

Nowadays, when the shingling is nearly universal, the cost of going regularly to a toilet saloon to have your hair trimmed becomes quite an extravagant item of expense. To cut down this ever-recurring expense it is a good plan, if you want to seriously do your own shingle, to club together with your friends and buy the few essentials, such as the scissors, combs, clippers, and drier.

Shingle Fashions

First, a few words on the newest shingle styles, as the shingle must be kept very up-to-date in every sense.

The present smart idea is to uncover the ears completely, clip the hair like a boy's at the back, brush it off the brow—the Eton crop! This is for the young, beautiful, slim, and smooth of brow only.

A master brain evolved the "swirled shingle." This shows the hair parted at one side, the parting started at the temple and extended to the nape of the neck, with the

tips of the hair, graduating up. To cut off more than this, back comb the hair with the scissors and then cut it. Of course, each hairdresser may have his own methods of shingling.

Further Economy Studies

Unless your hair grows far down on your neck, the trimming can be done with sharp manicure scissors; although, of course, a real pair of shingle scissors with blunt tips are the best. If your hair is dark and grows quickly, a pair of clippers are a boon.

Shampooing At Home

By shampooing at home you can save a lot of money. The hair must be carefully rinsed in several waters. This is where the amateur often fails.

Make a habit of shampooing the night before, if you put in your own waves with tongs. Brush a trace of brilliantine into the hair before using the tongs, which must never be too hot, otherwise the hair becomes brittle.



MISTRESS (having discovered butler enjoying himself): "Perkins! I'm astonished! I really am astonished!"

BUTLER: "That sentiment expresses my own feelings exactly, ma'am—I felt certain you had gone out!"

hair brushed outward instead of in, side-pieces being curled under the tiniest bit. The "swirl" shingle is a wonderful help when your hair needs a trim.

A Twice-Weekly Trim

As for economy "cuts" you can maintain an immaculately shingled head and only visit the hairdresser every five or six weeks, if you will hire the services of a friend and get her merely to trim your shingle twice a week. Especially do the little hairs which grow on the nape of the neck need attention. If possible, do not let the amateur really cut your hair. It is so easy to destroy the neat line of the shingle, and when the hair is short line matters tremendously.

The way to trim is to take a comb in the left hand, lift up the hair through this, and cut off just the

Setting The Hair

For the rest, water-waving is really nicest. There are three kinds of wavers—a lattice-work of combs, an open-work rubber affair, and sets of tiny combs, *non-inflammable*. The hair is set when it is thoroughly damp. If a setting lotion is used, it helps a great deal, and holds the wave longer.

Set the hair with your fingers, just pressing it into becoming waves with firm hands, using two fingers like a pair of pincers. Next cover the head with very coarse black net (which can be bought by the yard of any draper), draw it tightly round the head, and tie at the back; then prick the waves into place with a hairpin. Afterwards insert the combs through the net at each side of the wave so that they interlace. The tighter the net, the better the wave. Dry the head thoroughly.

Is there such a thing as a naughty child? Bad temper, according to many authorities, is merely excitability; selfishness is "the self-protective instinct"; falsehoods spring from a similar root, or else are the result of an over-developed imaginative faculty; rudeness is love of candour; disobedience is love of freedom—and so on, until no room seems left at all for plain, old-fashioned "naughtiness." "The naughty child, so-called," say the learned ones of to-day, "is invariably the badly managed child."

Can we, looking back at our old self as a child (the only child, after all, that we ever *really* knew or shall know) pretend that we don't remember having been quite consciously and deliberately "naughty"? We broke rules, we stole jam, not in the least because of any "mismanagement" on the part of our elders, but simply because we wanted to, and because our desires overcame the reproaches of our conscience.

The tendency to look upon children as perfect little beings, only made sinful through the bad example or mismanagement of their elders, is perhaps responsible for a good deal of the "wooliness" of modern nursery discipline. All the same, we have to remember that an unwise parent can make a child a great deal more "naughty" than is necessary. In one of Mrs. Buckrose's understanding books, a little girl of six sobs out, "Oh, Auntie, I didn't start naughty. I only started misrubble. *Why* doesn't nobody know where naughty ends and misrubble begins"? If more of us took the trouble to "know" this and kindred matters, we should find less "naughtiness" to complain of or to excuse.

For instance, take bad temper. "Fighting it out" with baby is all very well, but constant scenes of screaming and fighting are best avoided. A little tact may avert many a battle of this kind; no need to let your tact be *evident* to the small rebel—that would give him a feeling of triumph—but is it not just as easy to talk pleasantly to Toddlers while you are dressing him to go out, and so divert his mind from a process he detests, as to bring forward his clothes in a "now-we'll-see-who's-master" spirit, and scold him for fidgeting and whining until the nerves of both of you are on edge and Toddlers is in "one of his awful tempers"?

It does no good to meet temper with temper; stick to your point, but hold on tight to your self-control. Don't scold a screaming child; he isn't in a state to listen; have a quiet talk by and by if possible, but don't say more than is absolutely necessary, for youngsters like to feel that they have created a sensation in the home, and it doesn't do to dilate upon the sorrow they have caused you, and so forth.

Of course we ought to realize that the "naughty" child is often the child who needs more attention paid to his health. There is a naughtiness that springs from mere excess of animal spirits, but there's also a naughtiness that means constipation, or adenoids, or the wrong kind of food, or insufficient fresh

Are Children ever Really Naughty

air, or lack of exercise, or want of sleep. We take all these things into account when considering the tantrums of a baby, perhaps we are apt to forget them when deploring the crossness, or laziness, or chronic fidgetings of a child past the baby stage.

Disobedience is a fault that worries many mothers. There is an age, generally between two and four, when normal high-spirited little people will seem to object to obeying even the slightest command. This must be firmly (though quite

pleasantly) dealt with, but it doesn't do to become over-anxious about it; it is just a stage when, the child becoming conscious of his own will-power, he feels it would be rather fun to pit it against other people's.

A good plan at this stage is to issue as few "commands" as possible, and thus avoid stirring up the combative instinct! An intelligent mother can often get a child to do as she wants without seeming to make it do so. Even with older children, this is perhaps worth remembering! And, further, don't

give half-hearted commands; if a thing has really got to be done, see that it *is* done, and as promptly as possible; but don't harass and annoy a child with countless little pieces of arbitrariness, which you don't really mean, and which don't honestly matter to anyone. The child whines, "Oh, *need* I, mother?" and you either give in (which is highly unsatisfactory) or else waste your energy drearily enforcing a trivial order which you wish you had never given!

One more point: let us all try hard to remember that the mere fact that what a child is doing happens to annoy *you* at the minute doesn't necessarily mean that it's being "naughty." My own answer to the question, "Are children ever really naughty?" would be, "Yes, they are—but not nearly so often as we think!"

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Smaller Family of To-day

Mother Love And Money Factor In Modern Marriages

By LADY OSSULSTON

The great problem of marriage, since Adam and Eve were turned out of the Garden of Eden to fend for themselves, has been an economic problem, and to-day, with its high standard of living for all—a quite right and proper standard—and reduced incomes, or, at least, reduced purchasing power of incomes, the problem assumes greater proportions than ever. The most important point in solving it is the sad necessity for the curtailment of the family, but this is in some respects a good thing, as it seems to be prompted, on the most part, by a sense of greater responsibility to the child.

This degree of responsibility appears to be a new merit, but has not yet been included in the official list of cardinal virtues. Indeed, by stern critics of the present age, it is misinterpreted to mean selfishness and a wish on the parents' part to avoid responsibility.

In the "good old days" which they extol everyone had a dozen or more children—and lost two or three. Curiously, the mother who had "buried" the greatest number of children seemed to consider herself the best authority on the rearing of them. If none died, it was considered worthy of comment, and one still occasionally hears old people proudly assert that they had fourteen children, "and all of them living," and a respectful silence falls on the listeners.

Indeed, it is something to be proud of—to have fourteen children and to rear them all successfully: it is nothing short of miraculous! But it is better luck than management!

If one inquired one would find that most of these "innocents" died of one or other of the minor ailments of childhood, any of which are curable, if not preventable, when babes are brought into the world in proper conditions. But it is not possible to provide proper conditions

when little No. 12 or No. 14 makes its appearance.

Modern parents realise this, and consider it a duty to restrict their family to the number which they know they can care for, house, and educate properly.

So much for the individual aspect. Speaking nationally, it is, in the main, only among the leisured and professional classes that the smaller family is found.

For the other classes, however, there is still every encouragement to have large and unwieldy families—unwieldy for themselves, unwieldy for the State. Their responsibilities are lightened every year. Among the poorer classes the ones who take the most advantage of this state of affairs are the least worthy because the really self-respecting and thrifty will not avail themselves of State help whenever it is possible to keep their independence.

The knowledge necessary for enlightened control is withheld from the poor, which is both cruel to the individual and bad for the community; bad, because it means that the irresponsibles are increasing at the expense, literally, of the others, who pay for everything in taxes either at the cost of their own children's bringing-up or by depriving themselves largely of the joy of children.

Naturally everyone would wish that mothers and babes of the poorer classes, many of whom are among the "salt of the earth," should continue to receive skilled and loving care, free of charge when necessary, in our hospitals; and also that increasing efforts should be made to give the child-wealth of the nation much greater equality of opportunity in every way. But this very unwieldy, unenlightened multiplying and crowding is one of the factors which makes that ideal farther and farther away from realisation.

Train Your Child Wisely!

Continued from page 37

Preparing For School

It is the same in many respects with the children who one day go to preparatory and public schools. There is so much that can be done in the nursery to prepare children for school life.

So frequently you hear people say, "Oh! when they go to school they will soon learn not to do that," or, "School will teach them that this behaviour won't do." That, after all, is very unfair, both to the child and to the school. It is hard on the

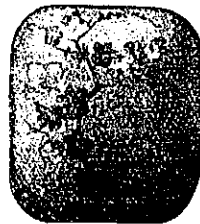
child who has been allowed to persist in slack, tiresome habits at home to have the difficulty of overcoming them added to the difficulties of absorbing and being absorbed by the new life at school.

The first years are essentially the habit-forming years, and if habits are formed aright they should become so much second nature as to cause the child no effort as he grows older.

Good habits formed in childhood will last a lifetime.

The Perfect COMPLEXION

A woman's complexion, owing to its delicacy is sensitive to the effect of cold, heat and even sea breezes.

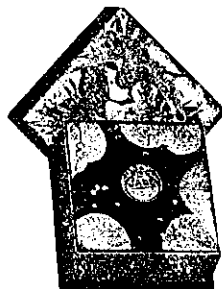


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is a charming thought materialised into a perfect face powder. It is the supreme result of three generations of continuous artistic effort and proved by research to be the most perfect powder for the Australian climate. Per box ... 4/-, and 7/8

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Make this free test. Combat the film



This is how countless people get the whiter teeth you admire. They combat the film that makes teeth cloudy. Millions do it daily. And so will you when you make this test and see what it means to your teeth.

It hides the lustre

Film is that viscous coat you feel. No ordinary tooth paste can effectively combat it, so much of it remains. Soon it becomes discolored, then forms dingy coats. That is how teeth lose their beauty.

Film also ruins teeth. It holds food substance which ferments and forms acid. It holds the acid in contact with the teeth to cause decay.

Germs breed by millions in it. They, with tartar, are the chief cause of pyorrhoea. Few escape such troubles when they brush teeth in the old ways.

Dental science has now found two ways to fight that film.

Able authorities have proved these methods effective. A new-type tooth paste has been created to apply them daily. The name is Pepsodent.

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Send the form for a 10-Day Tube. Note how clean the teeth feel after using. Mark the absence of the viscous film. See how teeth become whiter as the film-coats disappear. Make this test. Cut out form now.



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In the Bookman's Corner

A Treasury Of New Zealand Verse

Though New Zealand is the youngest of the larger Dominions of the British Empire, with a population numbering about one-fifth of that of London, and with less than a century of literary life, she can boast of quite a number of gifted songsters, and can justly claim to possess the beginnings of a noble national literature. It is true that her pioneer poets were chiefly immigrants, but two or three successive generations have now been reared on her soil, and the inspiration that the younger poets have drawn from their beautiful environment affords a rich treasury of pleasing verse that augurs well for the literary future of the young nation, and will be a goodly heritage for generations yet to come.

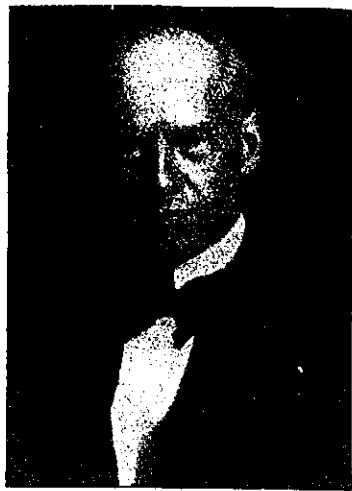
Many years ago the Sir Walter Scott Publishing Company issued a small volume called "A Treasury of New Zealand Verse." This, however, has been long out of print, and it is gratifying to see that Messrs. Whitcombe and Tombs have thought it of sufficient value to republish. W. F. Alexander and A. E. Currie are the joint editors of the new edition and, needless to say, have made considerable changes to the original selection of New Zealand's representative poets. Many of the older poems have been dropped, and much from the pens of a younger generation added.

In the case of an anthology, selection is a difficult business, but in this instance we think the editors have done their work wisely and well. This "Treasury of Verse" is indeed a welcome volume, and one every lover of New Zealand will add to his or her collection.—Our copy from the publishers.

Indigestion is such a widespread complaint of humanity one would imagine that really good textbooks of remedial treatment should be assured a wide sale. One of the best books we have read dealing with the subject is a little volume by Arthur L. Holland, M.D., entitled "Indigestion: what it is, and how to prevent it." In plain technical style this book gives all facts concerning treatment and methods of prevention.

Special attention is given to hygiene, and the curative exercises outlined should be of considerable help to all sufferers.—Published by D. Appleton. Through Whitcombe and Tombs Limited.

That business is not the prosaic thing it seems on the surface, is evidenced by delving into the pages of an extremely interesting book, "The Romance of Great Businesses," by William Henry Beable (Heath Cranton, Ltd.). There is much glamour in the stories Mr. Beable tells of the beginnings and the rise to prosperity of great firms such as Cadbury's, W. H. Smith's, Lyons, the great catering firm, Colman's, of mustard fame, and others whose names have become world-famous.



JOHN GALSWORTHY, novelist and dramatist, made his first hit with "The Man of Property," in 1906, after he had been writing for eight years. His plays, "The Silver Box," "Strife," and "Justice" are among the few of our time which are genuine works of literature. His best-known novels are "The Country House," "Fraternity," "The Island Pharisees," and "The Patrician," "The Forsythe Saga," published in 1923, and "Captures," in 1924. "The White Monkey" and "Caravan," a collection of his shorter stories, were published in 1925. A note regarding his new novel appears elsewhere on this page.

Most of the great firms now dominating their particular spheres of business had very humble beginnings, and only attained prominence after many years of struggle, and in some cases many resurrections from apparent failure to ultimate glittering success.

The book is a most interesting exposition of the value of grit and perseverance in triumphing over the difficulties attendant on the building of great enterprises.—Our copy through Whitcombe and Tombs Limited.

Novels Worth Reading

A writer of Western stories, W. C. Tuttle, has a wide public in America, though little known to English or Colonial readers. In introducing this author to our reading public, Collins Brothers, in a prefatory note to "Ghost Trails" remark they believe that Mr. Tuttle has a great future, and is undoubtedly certain of a wide following when we become better acquainted with his virile novels. "Ghost Trails" is a typical Western novel of quick action, with plenty of thrills. The heroes are two humorous, though on occasion deadly enough, cowboys, who are requisitioned by a millionaire ranch-owner to locate and suppress a mysterious gang of rustlers who are depleting the Circle Cross range of live stock. Their adventures before final success make a most exciting and readable tale. Through Whitcombe and Tombs, Limited.

Two novels from Cassell and Co. make interesting reading. The first, "The Misleading Lady," by S. Andrew Wood, has a fascinating heroine named Bobby, a much-too-interesting and pretty girl to be wasted as secretary to a Madame Gloria, private enquiry agent and blackmailer. She throws up her situation, incidentally locking her employer in a cupboard. Nemesis counters this by placing Bobby in compromising circumstances, beside David Garside, whose wealthy match-making aunt, Grizel Garside, sends to the newspapers an announcement conveying the impression that the couple are married. The amusing and exciting story which grows out of this setting proceeds to a climax that brings to most of the people concerned in it, just what the reader would wish them to get.

"Unresting Year," by Alice Massie, takes us back to early Victorian days at the time of the Crimean War. It is a delightful story of family life of the period; the characters are strongly drawn, and move in their Victorian surroundings with the dignity and circumstances befitting the times. We are made to realise the "respectable" reticence that then prevailed on all matters of sex and passion; but at the same time it is evident that in those days youthful hearts beat much the same as they do now, that Love quickened and dominated, and often operated beyond the strict lines of "Propriety" which were laid down for the maidens of the days of frills and flounces.—Through Whitcombe and Tombs, Limited.

A new book by John Galsworthy is something of an event in the literary world, especially when it is a continuation of the "Forsythe Saga." The new volume is entitled "The Silver Spoon," and is the story of Fleur and Michael Mont, and of those of the Forsythe family who appeared or reappeared in "The White Monkey." It will form the second part of his second Forsythe trilogy—a trilogy which represents modern England and the London of to-day. "The Silver Spoon" is due shortly in New Zealand.

For some time past Mr. H. G. Wells has been engaged on a monumental novel, which he has titled "The World of William Clissold." The publishers, Messrs. Ernest Benn, announce that it will very shortly be off the press. The first edition will be limited to five hundred copies, specially bound in six volumes, in each of which William Clissold surveys his world from a different angle. Mr. Wells will sign the first volume of each set in this edition. The ordinary edition will be issued in two long volumes. A pocket edition of Mr. Wells' works in uniform volumes is also in course of preparation by the same publishers.

"When the Devil was Sick" is the hectic title of a rather exciting novel. One Trumbull is ordered by his doctor to take a sea trip, but Trumbull,

whose interests are centered on a young lady in the Adirondack Mountains, does not want to go. He induces Trask, an old classmate, to take his place. And so begins this mad masquerade.

Trask does nothing by halves. If he was to impersonate a sick man, he'd really be sick. He'd fool doctors and nurses alike. Nothing less than total disability for Trask!

And off he is carried aboard the steamship "Gulf Stream."

The day comes when Trask gets tired of the sham. He wants to get well. He wants to walk the decks with a certain goddess. He wants to dance with the adventure girl.

But hovering over him is the brawny might of his male nurse, the ex-prize fighter, Keeler. Keeler is gentle, but Keeler is firm.

Imagine all the humorous situations that might arise in such a case, and you won't imagine half that E. J. Rath has put into this story. There's a wreck, and a derelict, and—but that is telling; you should read it yourself.—G. H. Watt: through Whitcombe and Tombs Limited.

Recommended Book List

FICTION

- Bower, B. M. — *Meadow-lark Basin* - - - - - 6/-
Brown, Hilton — *Susanna* - - - 6/-
Cobb, C. F. — *Mr. Moffatt* - - - 6/-
Day, Holman — *The Stubborn Fight* - - - - - 6/-
Fedeen, Mrs. Romilly — *The Peacock's Tail* - - - - - 6/-
Gore-Brown, Robert — *The Crater* - - - - - 6/-
Marshall, Archibald and Vachell, Horace A. — *Mr. Allen* - 6/-
Mitton, G. E. — *Bitter Harvest* 6/-
Ogden, G. W. — *West of Dodge* 6/-
O'Flaherty, Liam — *The Informer* - - - - - 6/-

GENERAL

- Alexander and Currie — *A Treasury of New Zealand Verse* 5/-
Allen, C. R. — *Brown Smocks*
The Tale of a Tune - - - 7/6
Carson, H. A. H. — *The Economy of Auction Bridge* - 4/6
Five Hundred Household Hints by Five Hundred Housewives - - - - - 2/6
Ford, H. — *My Life and Work*, cheap edition - - - - - 2/6
Guthrie-Smith, H. — *Bird Life on Island and Shore* (illus.) 25/-
Norton, E. F. — *The Fight for Everest, 1924* - - - - - 32/6
Stefansson, W. — *The Adventure of Wrangel Island* - 22/6
Stoddart, L. — *Social Classes in Post War Europe* - - - 9/6
Strachey, J. St. Leo — *The Adventure of Living: A Subjective Autobiography* - - 2/6

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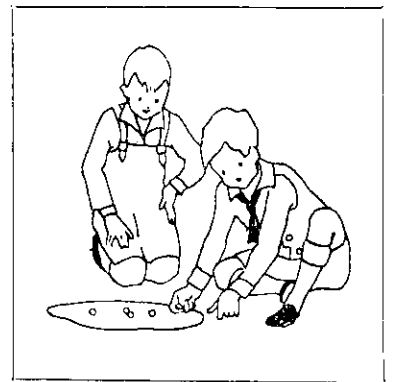
Keeping clean to keep well is an idea even a boy quickly gets. The invigorating, antiseptic action of Lifebuoy floods away impurities that other soaps don't seem to reach, giving real protection from dangers of city dirt.

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He's a "regular fellow." He'll like Lifebuoy Health Soap. He'll understand Lifebuoy cleanness—feel it—like it's tingle and sparkle—know it's doing something.

"This is my kind of soap," he will say. When your own skin responds to Lifebuoy's beautifying action, you will say to yourself, "It's my kind, too!"

The Health Doctor



LIFEBUOY
HEALTH SOAP

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DID YOUR CHILD WAKE UP CROSS or FEVERISH?

Look, Mother! If Tongue is Coated, give "California Syrup of Figs" to Clean the Bowels.

Mother! Your child isn't naturally cross and peevish. See if the tongue is coated; this is a sure sign that its little stomach, liver and bowels need attention at once.

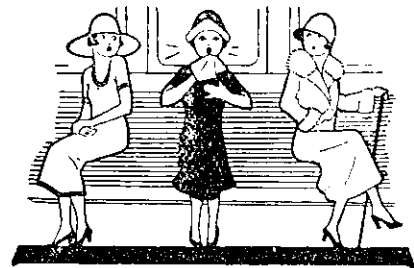
When listless, pale, feverish, "stuffy" with cold, throat sore; when the child has tainted breath and doesn't eat, sleep, or act naturally, or has stomata headache or diarrhoea, remember, a gentle liver and bowel cleansing should always be the first treatment given.



Nothing is equal to "California Syrup of Figs" for children's ills; give a dose, and in a few hours all the waste matter, sour bile and fermenting food clogged in the bowels pass out of the system, and you have a healthy and playful child again. All children love this harmless, delicious "fruit laxative," and it never fails to effect a good "inside cleansing."

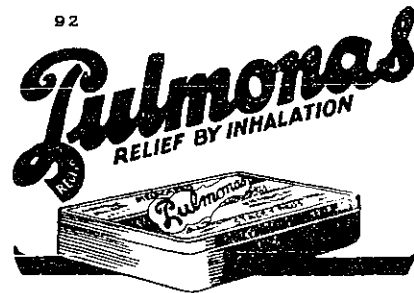
Ask for "California Syrup of Figs," which has directions for babies and children of all ages printed on bottle. Of chemists and stores, 1/9—or 2½ times the quantity for 3/-. Mother! You must say "California Syrup of Figs" (or you may get an imitation fig syrup), and look for "Califig" on the package.

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Modern Dancing

THERE can be no doubt about the physical benefits of dancing, and if only it were possible to combine this exercise with fresh air, two or three foxtrots a day would keep a man as fit as a round of golf and consume much less time. Unfortunately, it is difficult to get dancing except in hot rooms and at hours on which bed has, at any rate, rival claims, and there seems no chance of dancing taking its place among the field sports. A putting-green is an ideal place for an old-fashioned polka, but the modern style of dancing, which forbids you to lift your feet from the floor, demands a parquet, and that cannot be in the open air.

Dancing Then And Now

WHAT heroes they were thirty years ago when they danced polkas and waltzes and lancers. The polka, with a spirited partner, was a highly concentrated form of physical exercise, and the lancers, in addition to being a romp, demanded in the last figure not only mental attention but some knowledge of the relations between the circle and the square. The waltz is still with us, but it is a very different thing from the old waltz.

The good dancer in the old days was he who executed the prescribed steps with most mathematical precision and disciplined energy. Now the good dancer is he who cultivates the greatest ease, achieves the greatest variety, and infects his partner's feet most successfully with the fancies of his own. Dance an old-fashioned polka after a modern tango and you compress within five min-

utes the whole contrast between two generations. In the one—energy, drive, the monotonous rhythm of the beat. In the other—subtlety, ease, variety, and some of the grace of the minuet. The one embodies the gospel of work, the other of play.

A Word Of Praise For Jazz

THERE are curious paradoxes in modern dancing. The noise and uproar of the band contrast with the extreme gravity of the dancers; in the last generation the merriment was among the dancers and the band was decorous and regular. More curious still is the contrast between the corybantic fervour of the music and the ease and naturalness of the steps.

Closer acquaintance has modified my contempt of jazz music, and even given me a certain amount of respect for it. After all, it is not fair to compare "If You Knew Susie!" or "Maggie! Yes, Ma!" with the waltzes of Chopin and conclude that the rhythm of the waltz is much more subtle and refined. Only fairies could dance to the waltzes of Chopin. The fair comparison is with the modern foxtrot and with the ordinary commercial waltz of former days, and by this standard the modern music comes out best. It has inside parts, whereas the old dance writing was only a flat surface; the monotony of syncopation is less wearisome than the uniform dactyls of the commonplace waltz; and the variations on the modern syncopated rhythm that a skilful writer can introduce are piquant and fascinating.



Alpine Scenic Reserve In The Canadian Rockies Mt. Robson Park

A Paradise for Climbers, Big Game Hunters, and Holiday Makers

Adjoining Jasper Park (4,400 square miles) on the Canadian National Railways route, is Mount Robson Park, a stupendous ice region containing the highest peaks of the Canadian Rockies. Mt. Robson, mighty monarch among mountains, is 12,972 feet high, and presents three utterly different aspects on the east, north, and south-west sides.

To view this district from the C.N.R. Train is indeed wonderful, but to realise to the full its awe-inspiring majesty, and to taste its sporting joys, the tourist must arrange to stop-over for a few days.

There are Log Cabin Camps at Mt. Robson Station, Kinney Lake and Berg Lake, very comfortably and suitably furnished.

At these camps, experienced guides for climbing and big game hunting can be engaged, and hiking

and saddle-horse trips are arranged when desired.

Mt. Robson district is ideal for hunting—the territory harbouring caribou, big horn, moose, grizzlies, and Rocky Mountain goat, besides various fur-bearing animals.

Jasper Park is only a short journey from Mt. Robson, and here is Jasper Park Lodge, accommodating 350 guests. Besides affording magnificent views of mountain, glacier, lake, forest and waterfall, Jasper Park offers all the attractions of motoring, riding, climbing, boating, hiking, swimming, dancing, tennis, and golf—on a perfectly planned 18-hole course.

Full information regarding this wonderful region given free on request.

Through tickets, which must be endorsed "Canadian National," to all Canadian and European points, issued. Sleeping-car and hotel reservations across Canada and Atlantic berths, all arranged by Canadian National Railways, Ferry Buildings, Auckland, and Dominion Farmers' Institute, Wellington. Send for free literature.



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Retain its soft, smooth entrancing beauty over the years to come. Check the wrinkles and flabbiness and keep the appearance of youth with you always thru

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IF YOU LACK THIS ONE THING



Many of your friends have lost it—many others are losing it—and if you lack this one thing—but it's no use dwelling on the unpleasantness of being overweight. Every woman hates it. Every woman fears it. Yet it is so unnecessary!

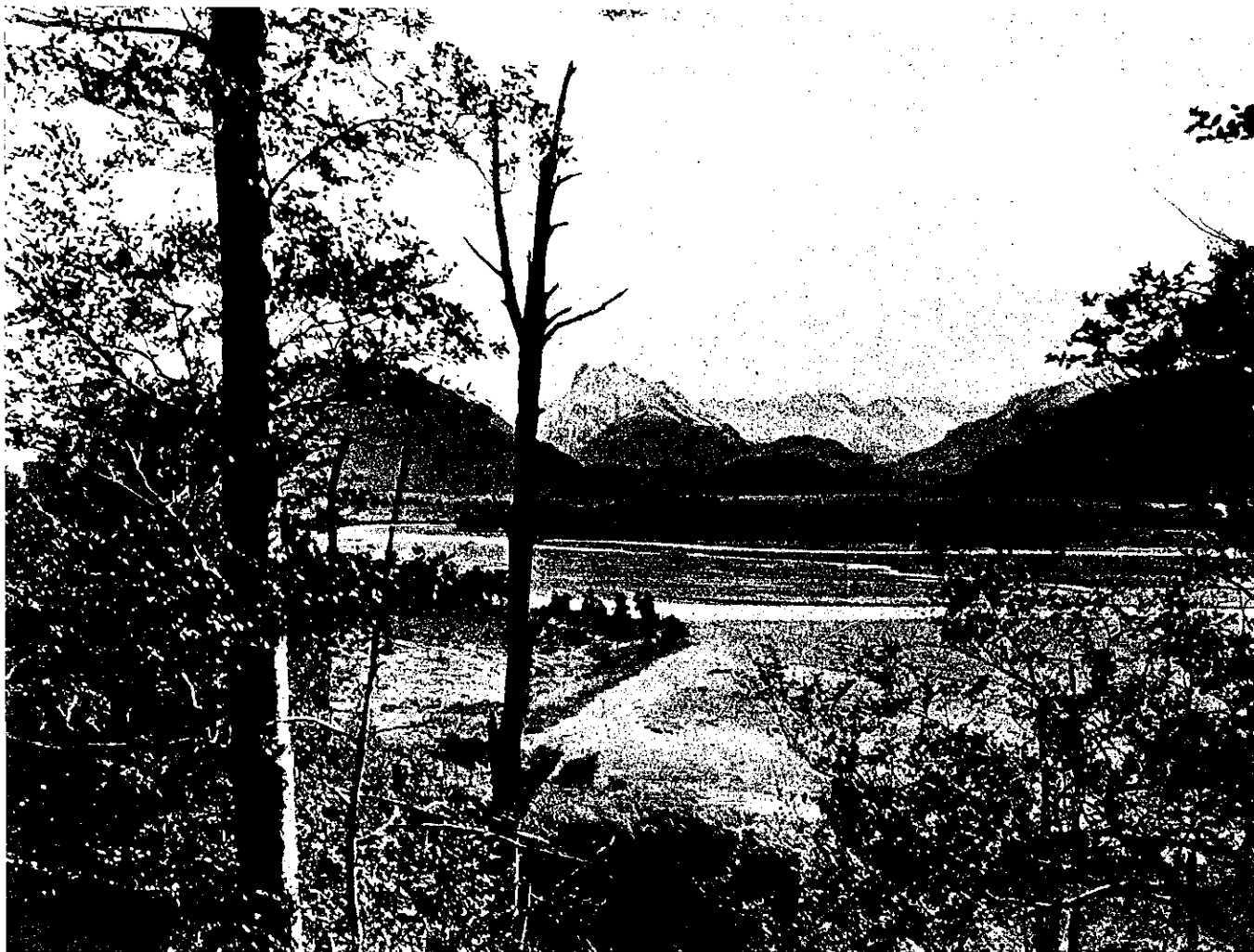
Slenderness can be acquired easily and pleasantly. For many years Marmola Prescription Tablets have brought the health and vigour of a slender figure to thousands of men and women. No diets, no exercises—just Marmola Prescription Tablets. Try them. Marmola Prescription Tablets are sold by chemists everywhere at 4/- per packet, or you can secure them direct from the Marmola Co., P.O. Box 33, Wellington.

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Government Tourist Department, photo

Dart Valley, Head of Lake Wakatipu

From "N.Z. in Picture," Whitcombe & Tombs Ltd.

The King's Highway

A Motoring Gauserie—By Sancho



"My engineers," said Napoleon, "built the roads over which others rode to glory." He was thinking in terms of war. But to us thinking in terms of peace, these words have a tremendous present-day significance. Our engineers are building the roads over which the nation is riding on to pleasure and happiness, and to new social and workaday opportunity. Unfortunately the engineers in New Zealand have no Napoleon behind them, and their task is slowed down and made a patchwork of loose ends by the timidity of politicians who much prefer doddering on in a rut to clearing the way for the road-makers.

There is a very striking illustration in the vicinity of Wellington of the way the making of good motor roads is delayed by the innumerable weak local bodies with which this country is afflicted. On the outskirts of the city is Makara County, a tiny area which some years back cut itself out of Hutt County in order to gain a bigger Government subsidy. The stupid legislation about subsidies which caused Makara to cut the painter also caused the needless and wasteful subdivision of scores of other counties all over the Dominion.

Well, there is Makara to-day with twelve miles of main highway which was, until a year or two ago, in a shocking state, and on which this tiny county had no money to spend. The motorists bumped and cursed their way over its main road, and the county council grumbled about "foreign" traffic that paid no rates knocking its roads about, and vowed that it was not going to waste its money on outsiders.

A year or two back the Main Highways Board came along and recognised the hopelessness of this pocket-handkerchief county's position—it is like those microscopic German principalities that are flooded every time a house-frau throws out a pail of water. The Highways Board, not having the power to do the necessary thing, and wipe out all the miniature counties without any financial legs to support their

self-importance, did the next best thing. It took over five out of the twelve miles of main highway in the county as a Government road. And what I really started out to write about was the condition of this five miles of road as compared with the other seven miles that the county maintains.

The Makara County's highway is that section of the Wellington-Palmerston road extending from Ngahauranga, four miles out of Wellington, to Paremata. The five miles portion taken over by the Highways Board runs from Paremata southward. Of it, three miles, winding around the shorts of Porirua Harbour, has been reconstructed, widened, and generally improved. But the remaining two miles, from Porirua southwards, has so far simply been maintained. The condition of this two miles is so

excellent and in such marked contrast to the adjoining portion of the highway maintained by the county council, that one naturally wants to know how much more costly it is to maintain. To this the surprising answer is that the good road is costing about half what the bad road costs!

It sounds incredible, especially to one who has ridden over the road. But there it is, the Government has had its two miles in hand for just a year now, and the cost is £343—or £171 10s per mile. Makara's seven miles is costing £2800, or about £370 per mile per annum. It is stated that the stone put on the Government road—it is stone, and not the "rotten rock" used by Makara—is brought from a private quarry, and freight, and every item that the county would have to bear, is included in the Government £171 10s. The only things that make the comparison unfair to the county are that the traffic is heavier on about half of its seven miles than it is on the Government two miles, and also that the Government two miles is in country more open to the sun, and thus not so liable to crack up under winter traffic. Neither of these things, however, suffice to account

Continued on page 53

THE poet sings somewhere of "divine discontent"; and in some cases it is a positive duty to be discontented. The contented person never does anything or gets anywhere; and in some people a contented nature is but an indication of slackness, inertia, and lack of energy and ambition. The great reformers, inventors, discoverers, and explorers were all discontented people—discontented with the world as they found it.

There is, however, discontent and discontent. One is the noble quality which urges men and women on to try to leave the world better than they found it—the "divine discontent" of which the poet wrote. The other is petty, sordid, and ignoble; and, so far from being divine, seems to have a directly opposite origin. This is the discontent with circumstances and surroundings which affects so many modern women, and is concerned solely with material things. The woman who is discontented with her home, with her clothes, with her circumstances generally is now a far more familiar figure in the world than in bygone days. How she would have shocked our mothers! Not so very many years ago it was thought "wicked" to be discontented with one's lot. To-day the very opposite obtains, and many women deem it the sign of a proper spirit to be dissatisfied and grumbling, and spend their days in envying other and luckier women their possessions. For it will be observed that it is always possessions—material things—that are the subject of discontent. The discontented

wife does not say: "I wish I had a disposition like Norah's." No; she says, "I wish I had a sable coat like Norah's."

IT is always luxuries that the discontented wife craves for; and it is a sign of the times that the modern woman has lost all sense of proportion. In place of "cutting her coat according to her cloth," she is desirous of everything that she sees other women enjoying, regardless of the fact that the other women's social and financial positions may be far superior to hers. All sense of value is lost, and women wish to be on a level as regards clothes, amusements, and holidays with the wives of men with ten times the incomes of their husbands.

It is beyond contradiction that this is the attitude of many wives of to-day: an intense and bitter envy of people who are luckier, or a sullen discontent with their own lot in life. What, then, is the explanation of this position? It is so different from the attitude of women of the earlier part of this century, when a "treat" was a thing to be eagerly anticipated and happily discussed afterwards—not an essential part of the day's routine. Modern women take everything for granted,

and demand a life of hectic pleasure—so-called—as their right and just due.

THE habit of reckless pleasure-seeking, regardless of all consequences—moral, social, and financial—has become too strong. Women do not wish to forgo their enjoyments, in spite of the fact that circumstances are entirely changed.

The whole standard of living has changed; the luxuries of yesterday are the necessities of to-day. The ordinary middle-class wife was content to go out for the evening now and then; to-day she is inclined to demand a dance, a theatre, or a dinner every week. There is a constant craving for change, for amusement, for excitement at any cost. This has an effect on the nerves, which cannot fail to be disastrous in the long run. Late hours, constant excitement, and an atmosphere of alcohol and tobacco combine to act with toxic effect upon the nervous system. The effect is soon seen in the lined and weary face, the constant headaches, and the uncertainty and irritability of temper which mark the woman who is "fond of life," as the sardonic phrase goes.

These, alas, are not the only evils

which lie in wait for the discontented, pleasure-seeking woman. Given up to depression, and that nervous irritability which is so often the aftermath of the feverish pursuit of pleasure, she finds her powers of resistance are lowered, and she becomes an easy prey to disease. Illness and even premature death—certainly premature old age—lie in wait for the discontented woman.

AS regards premature old age, there is nothing so inimical to the preservation of youth as discontent, worry, and pessimism. It stamps its brand upon the face, in the drooping mouth, the lack-lustre eyes, and the lines which quickly etch themselves upon the skin of the discontented woman. It is a fact that contentment and mental satisfaction act like sunshine on the body, prolonging life and keeping old age at bay. A woman whose will-power has not been weakened by continual self-indulgence is also enabled to throw off an illness more quickly than the peevish, discontented woman; and she has likewise more capacity for resistance to the attacks of disease.

Worry is a great shortener of life; and the woman who continually frets because she is not as well off as the people whose pictures she sees in the daily illustrated papers will never make old bones. The mind has a greater influence on the body than many people imagine; and the heart, the blood-vessels, and the breathing are easily affected by the emotions. Hence the pallor and

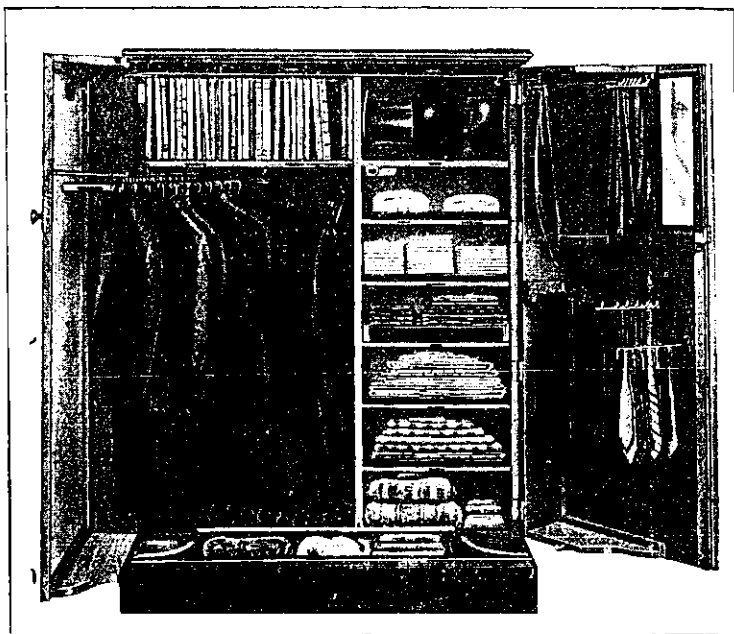
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A WISH FULFILLED

DESIRE for a place of your very own has frequently been uppermost in your mind: somewhere easy of access into which all your apparel could be gathered in just one compact space.

To-day that wish is fulfilled by means of the "COMPACTOM." Possession of one of these Clothing Cabinets enables the assembly of the whole of the wardrobe without the slightest fear of creasing or damaging even the most delicate fabrics.

The illustrations depict both the Lady's fitted and Gentleman's fitted hanging Clothing Cabinet. Each is replete with every contrivance for the care and preservation of every form of indoor and outdoor wear.



The scientifically constructed fittings are so arranged that a touch will swing any desired article outside the cabinet.

Beautifully constructed in Oak, Jacobean Oak, and Mahogany, the COMPACTOM CLOTHING CABINET is a superb addition to the furnishing of the home. Write for a descriptive booklet to either of the four concessionaires as under:—

TONSON, GARLICK & CO., LTD., Queen St., AUCKLAND
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SCOLLAR & CHISHOLM, LTD., Rattray St. & MacLaggan St., DUNEDIN



Compactom
Clothing
Cabinets

Discontented Wives

Continued from page 50

the sickly look of women who are given to fretting. Moreover, the woman who is determined to cram as much "pleasure" into her life as possible—whether her husband can afford it or not—suffers from the mental depression which is the inevitable reaction, and thus a vicious circle is created. More pleasure, more excitement is sought in order to throw off the depression, accompanied by cigarettes to soothe the

jects, are overpowered. A large proportion of those whose lives I have been able to influence and prolong exercised their strong will in carrying out the precepts which I gave them, though they at first appeared tedious and difficult. . . . And not only is a strong will a great aid in attaining longevity, by maintaining health and preventing disease, but it is also a powerful agent in overcoming disease, especially chronic



Mrs. Eulalie Roberts, daughter of Sir John Roberts, Dunedin, representing "Britannia," at the Pageant of Empire, held at the close of the N.Z. and South Seas Exhibition
Pattillo, photo, Dunedin

jangled nerves, and cocktails and whisky-and-soda or champagne to "huck one up." The end is often mental and physical breakdown.

THIS state of things can be combated by the use of what will-power one may possess. A well-known authority on the prolongation of life says:

"A strong will is a powerful agent, preventive as well as curative, with regard to neurasthenia and many forms of neurosis. Amongst a number of persons exposed to the same injurious influences, such as intense cold, draught, want of food, vitiated air, some by a strong will escape disease, while others, especially feeble-minded sub-

disease. I have seen many, and amongst them some marvellous cases. The will is, indeed, a great power in disease as well as in other conditions of life."

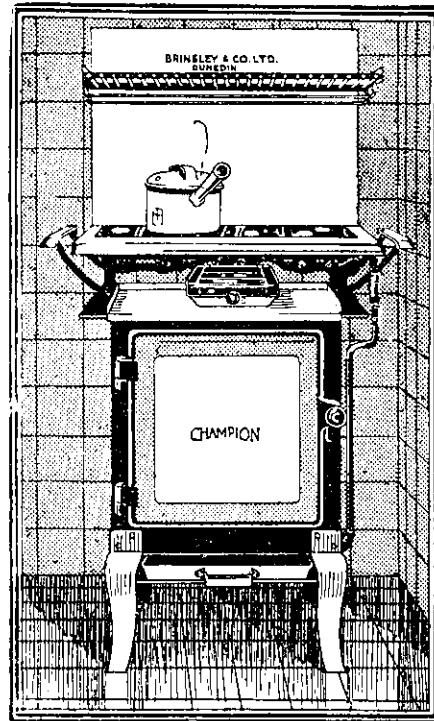
IT goes without saying, however, that a worrying fretting, discontented woman is liable to lose her will-power, which nothing saps like lack of cheerfulness and a happy outlook on life. We should endeavour to cultivate habits of serenity and equanimity. A great help towards this is doing everything to draw out and encourage the sense of beauty. Better than garish luxury is that beauty which can be enjoyed by everybody, rich or poor.

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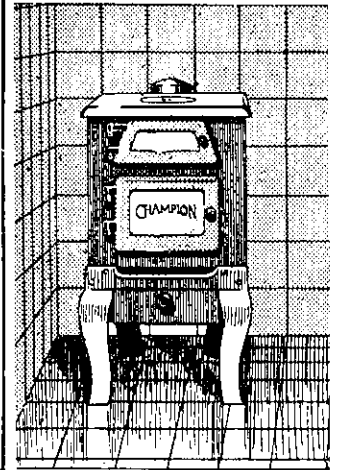
Cook with Gas

and have ample

Hot Water as well!



The Independent Boiler burns coal, coke, wood or refuse, and can be installed alongside your "CHAMPION" Cooker. It will give four baths per hour with the usual draw-offs for sink and bathroom basin, and is an inestimable boon where hot water is required at short notice.



This was selected by the Home Science Department of the Otago University, by the Architect and by the Ladies' Committee as the most efficient combination and was installed in the Model Kitchen at the N.Z. and S.S. Exhibition. It was awarded First Order of Merit at this Exhibition and Wembley Medal 1924-25

Have the benefits of cooking by gas and an efficient Hot Water Service as well—

Install the

CHAMPION GAS COOKER

and Independent Hot Water Supply Boiler

Full range of "Champion" Gas Cookers on view at the Gas Company's Showrooms.

Brinsley & Co. Ltd., Dunedin & Auckland

"When the Winter Winds Blow Chill!"

SOMEHOW, the fascination of outdoors disappears when the warm weather goes. People start digging out their sidescreens and other things conducive to motoring comfort.

Why should you—why should anybody—regard winter motoring unkindly?

The Essex Six Coach has brought motoring to that stage when it knows no season—Winter travelling in an Essex Coach is the same as sitting in your cosy room when the wind and rain are beating against the window.

There's an ESSEX Agent near you who will be pleased to take you for a trial run.

Essex Six Coach £325

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EQUIPPED WITH FIVE TYRES.

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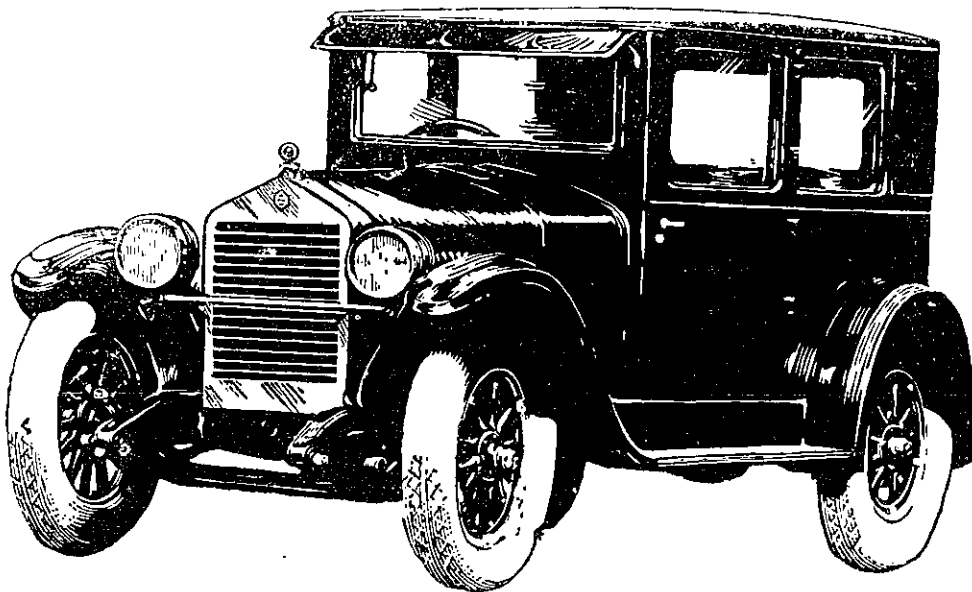
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The King's Highway

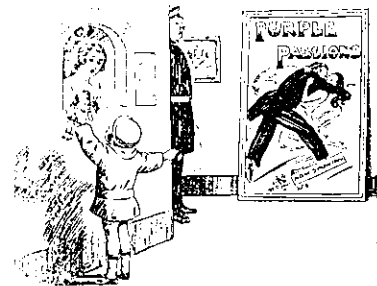
Continued from page 49

for £171 10s providing an excellent road in one case, and £370 providing a vile, bumpy, pot-holed road in the other.

This very striking illustration shows all motorists how much depends on the way things are done in road-making. There is not the least shadow of doubt in the world that a large number of New Zealand's county councils have an immense capacity for doing their road-making in the wrong way; and are at great pains and labour to throw away not only their own ratepayers' money, but all they can extract in the way of motor taxation. Instead of learning how to do the job, they much prefer to hold meetings and conferences and scream for more taxation to be imposed on the backs of motor vehicle owners, as if running a car isn't quite expensive enough as it is, what with dear

is their idea of the six qualities that mark a good driver:

- (1) A good driver has a high degree of self-control at all times, this control manifesting itself in various ways.
- (2) The good driver always maintains his car in such shape that it responds easily and quickly, thus assuring control of the car so far as the mechanical equation is concerned.
- (3) The good driver regulates his speed in accord with the conditions of the road over which he is travelling, and never travels at such a rate that he cannot stop it within the "clear course" ahead.
- (4) The good driver invariably exercises due regard for the rights of others, and always applies the simple axioms of courteous behaviour.
- (5) The good driver accepts the safety of the pedestrian as a primary consideration.
- (6) The good driver keeps his mind on the road ahead, and does not indulge in day-dreaming or chattering at the wheel.



"Would you mind looking after Dolly, please? I'm afraid she's a bit too young for these Sheik pictures."

rubber and petrol soaring up. Anyway, it is time the counties were forced to give value for the motor tax money many of them are sinking at the bottom of pot-holes and morasses at the present time. If we can't reduce the present grotesque number of local bodies—none of these wonderful politicians who "get things done" seem to have any stomach for this—the next best way to have good roads will be to have the Main Highways Board proclaim as much road as possible Government road. Luckily, the board seems to have the money to do this, and motorists should urge that it does something, anyhow, to give them real value.

Are you a good driver? Of course you are, and so, on their own showing, would be the other two-hundred thousand or so persons with licenses to drive in this country. However, perhaps you might like to check up your driving habits against the characteristics of a good motor pilot as defined by seven of the most experienced authorities in the United States—ranging from the director of the recent national highway safety conference to the country's leading speedway king. Here

As to the "clear course" rule mentioned above, Dr. Dickinson, of the United States Bureau of Standards, who has given much time to highway safety work, lays down the following injunctions of good practice:

- "The driver should know whether there is any other vehicle, pedestrian, or obstruction of any kind that can get in his way.
- "When there is any possible obstruction such as another vehicle, pedestrian, or animal so located that it could get in his way, he should be certain that it will not do so, or assume that it will.
- "He should limit his speed so that having regard to road and vehicle conditions, he can stop safely within the assumed clear course ahead."

How can one find the most economical speed at which to run a car? To do this scientifically calls for measurement of the petrol consumed, but it can be approximated quite easily on the road. All one has to do is to note the greatest speed at which the car will roll along easily with the least throttle opening. With the car running below this speed it has a tendency to drag, thereby consuming more fuel than is necessary. Likewise, if the car is being forced above its most economical speed it will be necessary to open the throttle wider and wider. The economical speed for the given conditions is that at which the car continues to roll along at the same easy gait, neither dragging nor being forced. At this speed the wear on all the parts is least, and the petrol consumption is lowest for the distance run.

RUGBY CARS.

New Models New Prices

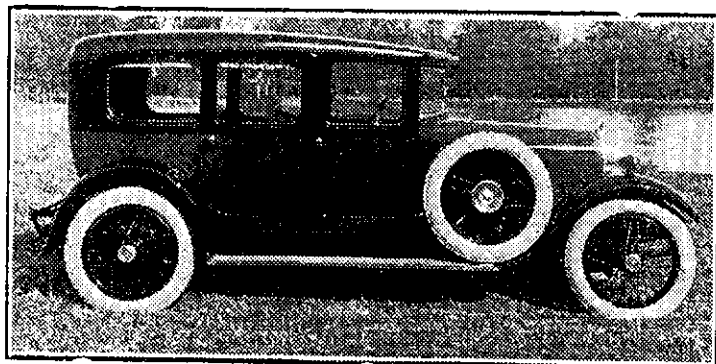
RUGBY SIX RUGBY FOUR

Both open and closed Models.

"To-morrow's Car To-day"

Sole Importers and North Island Distributors:

New Campbell Motors Ltd.,
53 ANZAC AVENUE AUCKLAND



Saloon Body on ROLLS-ROYCE Chassis

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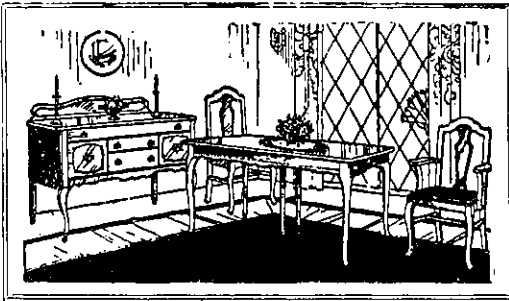
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THE FOREMOST BODY BUILDERS IN AUSTRALASIA.



We can build you any class of Body you desire, Roadster, Touring, Sporting and Enclosed Bodies of every description. Char-a-banc and Bus Bodies a Speciality.

WHEN ORDERING—SPECIFY A
JOHNSON & SMITH Body.



Charming Furniture

That lends Comfort and Beauty to Any Home

KNOWING there is always a demand for Furniture of the Better Sort—Andrews & Clark have never failed to satisfy the demand.

Our Furniture is worthy of any Home: Its three attributes are Good Taste, Good Quality and above all **GOOD VALUE.**

See Our Fine Displays!



Well-Bred.

THERE'S an altogether charming note of well-bred restraint in the neat, perforated and cut-out design of this daintily fashioned Shoe.

The restfulness afforded by the snug-fitting heel backs & perfectly shaped arches is a feature of all *Princess Quality* Shoes

AT ALL GOOD SHOE STORES

Princess Quality

Is Marriage What You Hoped For?

The writer of this article, Mrs. Alfred Sidgwick, with her gentle and ironic tolerance, may be said to be the high priestess of the Home. She thinks that marriage could be even better than you hoped.

If it is not it ought to be when one is a woman. Nature is stronger than theories and fashions and Nature means men and women to mate. The tragedies of mental breakdown in women are often due to an enforced celibacy. There is such a superfluity of women in the world that a great many cannot mate in monogamous countries, and a large percentage of these find an outlet and make something of their lives.

Nevertheless a home with a man's personality in it is better for women than one without; provided, of course, that the man is of the right kind. I would rather be an old maid with a cat and a parrot than a married woman tied to a drunkard or a bully.

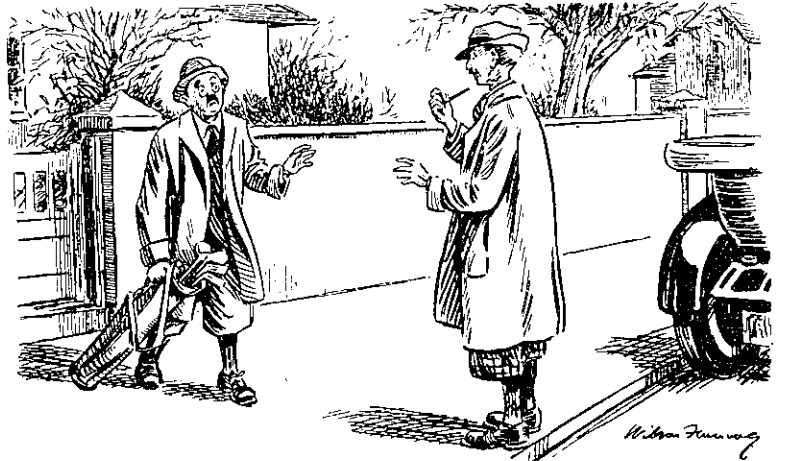
At first sight it looks as if men did not get as much out of marriage as women do. They have to spend their money on their families, take an interest in measles, and go for seaside holidays. They are slaves of their domestic responsibilities, while their bachelor friends seem to have no obligations and no duties. It really depends on what you want of life, and what you are willing to pay for it, for in marriage both

sides pay and both sides gain.

There is a popular school of thought in these days that is very basely material. It counts everything in terms of money, and would sweep away all the great human virtues for the sake of a bigger share of the spoils. But man never has lived by bread alone and never will. He is not made so. Life is precious to him, yet he spills it for an idea, for his country or for freedom. He envies the bachelor who can spend every penny he earns on himself. Yet in general, he decides that his pennies shall be spent, year in and year out, on his wife and children. He wants a home and the intimate affections and companionships of home. Compared with these, bachelor privileges weigh like feathers. Anyhow, he makes up his mind he cannot have them and marriage too, so he chooses marriage.

Young women are said to have changed so rapidly since the War that many of them no longer wish for marriage. They would rather have a competence or a career and a latchkey. If a class of women arises that eschews marriage

Continued on page 55



JONES: "Sorry, old bean, to keep you waiting—but I've just been setting a trap for my wife."
 SMITH: "Good heavens! What do you suspect?"
 JONES: "A mouse in the pantry."

Discontented Wives

Continued from page 51

and is to be found both in Nature and Art by those who seek it. Nothing can give greater pleasure, and it stimulates both body and brain. Nobody can be discontented or fretful who has cultivated a sense of beauty in Art and Nature; it is more satisfying than all the cocktails and saxophone music in the world.

Discontent, then, prematurely ages the victim, robs her of her good looks, affects her health, sours her temper, and makes her a misery to herself and everybody around her. It should, therefore, be thrown off

as soon as possible, and this can only be done through cultivating and exercising the will. Drugs will not help, though sometimes much can be done by regulating the daily life. Some women are credited with a discontented disposition when it is their stomach which is discontented. Attend to the diet and the bowels, and very often it will be found that the disposition will improve and cheerfulness return. A change of scene is sometimes useful, but the chiefest remedy lies in the will-power.

Is Marriage What You Hoped For?

Continued from page 54

no one need mind, because there are more women than men in the world. In some ways they have the pull of the married woman, much as the bachelor has of the married man. They may or may not have more freedom. That depends on their circumstances and whether they live alone or with friends. In every association with one's fellows there must be give and take. They are spared the pains and risks of child-bearing and the troubles of rearing children. The griefs of motherhood are not theirs, nor are the joys. insensibly in the sun of their affec-

grow older that their daily activities have done it for them quite sanely and healthily. Duty, I am told by the new school of thought, is out of fashion and not approved. The great thing is to dwell on yourself and act for yourself rather than for others. Of course, if you believe that you had better not marry. A husband without children is an exacting creature; so is his wife. If your marriage has been made in Heaven you expect a great deal of each other. When there are children your mind as well as your body will be kept



Miss Eva Butts, a well-known New Zealand journalist and writer on social subjects, Miss Butts recently had produced, at the Town Hall, Wellington, a successful one-act play, entitled "The Satin Slippers" Elizabeth Greenwood

tions, and this will happen as surely to-morrow as it happened yesterday. for to the great comfort of some of us the new school of thought can say anything it pleases without disturbing the natural law.

These are the happy marriages. Other races—notably the Latins—are even more set on marriage for their sons and daughters than we are, but they put esteem before love. Marriage from their point of view is not a passionate union but a social system arranged for the Mothers who do their duty by their families will probably be too busy to brood much over their self-development, and will find as they

at work for them while they are young. You, yourself, will grow old welfare of women and the establishment of the home. If a nation is to live its women must marry and be honoured, and guarded by marriage laws, for in the end these great matters come down to primitive issues.

The institution in some form is not really an open question even if it has been alleged from the beginning of the world that such as are in wish to get out and such as are out wish to get in. This is an old thought, but as long as nations live marriages will continue. Ave Hymen! Ave Patria!



The Toilet of The Shoes.

Before the dance, your shoes—on which so much pleasure depends—claim a few moments attention. The mirror-like surface of patent leather requires an extra careful toilet if you would preserve its immaculate appearance.

Meltonian White Cream is the ideal dressing; it keeps the leather supple and revives its gleaming surface. Meltonian does not gather dust; neither will an accidental meeting of shoe with shoe leave an ugly smear across the most delicate of brocade or satin. Use Meltonian White Cream for your own shoes' sake and for the sake of the shoes SHE will wear.

Meltonian

CREAM for GOOD SHOES



The "Dumpy" jar for the home. Price 1/3
Meltonian Cream is made in white, black, and three shades of brown, for CLEANING and PRESERVING all LEATHER GOODS.
The Handy Tube Outfit for travelling. Price 1/6
There's a special Meltonian White Dressing for your Tennis Shoes.
N.Z. Distributors—WARD & DAVIDSON Ltd., Auckland.

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EZYWURK

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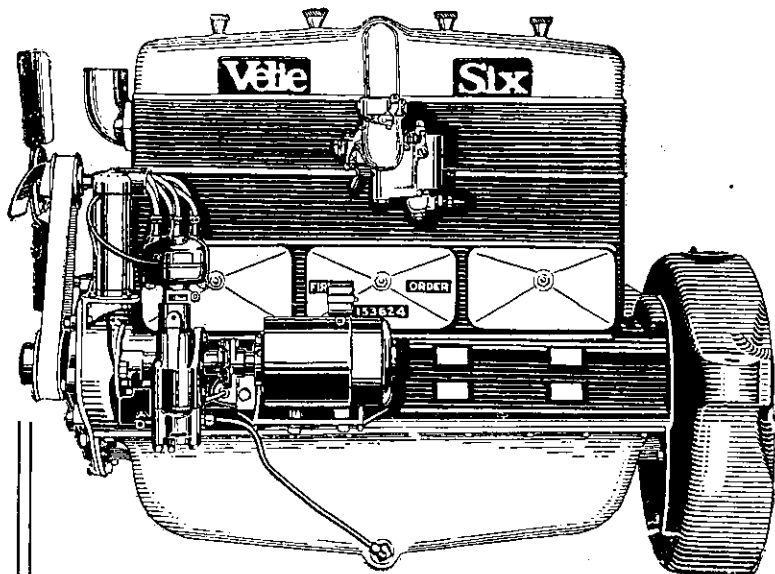
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NOW ON VIEW IN OUR SHOWROOM IS A COMPLETE WORKING MODEL OF THE VELIE MOTOR,

showing all working parts, including the wonderful oiling system employed in this great unit.

Come and inspect this at your leisure, and see the interior workings in action. See the oil being forced to EVERY MOVING PART. See how the most unimportant parts get their full share of oil; how the oil circulates through the motor and returns to the sump.

This is truly the most efficient oiling system on the market, and forms a most interesting study to anyone interested in motor engines.

Let us demonstrate to you the efficiency of the VELIE.

G. L. Winger & Son, Limited

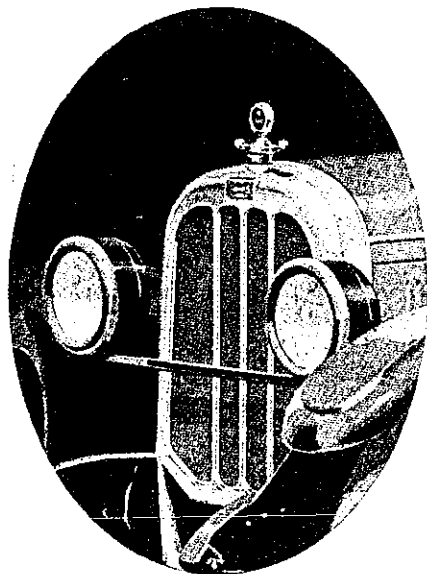
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Their strikingly distinctive new Radiator design is patterned after the latest trend of European practice. Their beautiful new bodies set a new high standard in artistic design, in soundness of construction, in luxury of appointments.

Call and inspect the 1926 Chandler productions. All models fitted with the One-Shot Lubricating System.

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The New Car!



Advice to the Wise Owner

Everyone should know that the brand-new car requires rather special treatment, and that what is quite good and fair for the car that has covered its first thousand miles may prove disastrous to the car that is put on the road for the first time. Makers and agents all take great pains to impress upon buyers the importance of their advice on the subject. Nevertheless, many buyers, and especially buyers who have owned and driven cars before—i.e., the buyer to whom this is not the first car—are inclined to disregard these well-meant precepts. They argue that they have not previously been forced to observe such restrictive rulings as not to exceed 30 miles per hour for the first 500 miles, that their previous cars have not fallen to pieces as a result, and therefore why should they now depart from their long-established precedents?

The present notes are intended to apply primarily to cars built down to a price, by which is meant not cars with workmanship unduly skimped, cars of poor material, or anything like that, but simply cars that do not belong to the expensive class of vehicle.

Provided that the owner be a man of careful and intelligent disposition he may conduct the preliminary "running-in" of his car just as well as the manufacturer, and he should realise that, as he has not paid the manufacturer to do it for him, he must be prepared to do it himself.

Until the parts of a motor-car have had time to settle down to harmonious working together, the car cannot give of anything like its utmost capabilities. And if that settling down or "running-in" process be unduly forced or hastened the car will never be able to do all that it might have done.

Bearings and Bearing Pressures

The technical explanation turns on what are known as bearing pressures. Quite apart from the bearings usually and properly so called the motor-car contains a mass of bearings which are often not recognised as such. Of these perhaps the most important is the piston working up and down in the cylinder. Then there are the pinions engaged with others in the timing gear, in the gear-box, and in the back axle (both differential and actual driving). If the timing gear is chain-driven, if the back axle has worm drive, the general truth of the bearing analogy is in no wise affected. The valve stems in their guides and the mounting of the chassis springs on frame and axle are two further and extreme examples of bearings that are often not recognised as such.

No matter how carefully the two surfaces of a bearing be prepared in the workshop, they can never be brought to that pitch of perfect fit which is essential for the minimum of friction between them while they are working together or one is over the other. Such smoothness, both literal and metaphorical, can come only from usage. Now, the stress exerted between the two surfaces of a bearing is measured by what is known as the bearing pressure, and every bearing pressure throughout a car is determined by the throttle opening of the engine. Mere speed as such, and except as applied to the road wheels and chassis springs, is of secondary importance. What does matter is the load imposed on the bearings. If a pair of pinions be designed to transmit a torque of, say, 50lb. or 500lb. per foot, if an engine bearing be designed to withstand a pressure of 1500lb. per square inch, if a road spring mounting be designed to stand a shock of half a ton delivered in the form of a blow at 40 miles per hour—if these things be called upon to take their maxima before they have settled down, and, as it were, given time to realise what they must be prepared for, they may not be broken, but they may be badly strained.

Reduced Speed and Load

EXCESSIVE friction between two bearing surfaces will cause the beginning of wear that will proceed at an ever increasing rate and will soon impose the need for extensive repairs. If those loads be kept down until the bearing surfaces have attained a state approaching perfection, when they are imposed they will be received easily and absorbed naturally, because the smoothness of the bearings will have attained a degree where friction is comparatively slight.

Hence we get the very useful precept that not only should the road speed of the new car be kept down to strictly moderate limits, but also the load imposed on engine bearings and transmission should be even more carefully kept down by the avoidance of wide throttle opening. In order to provide the maximum possible cushioning medium between the bearings of a new engine and transmission system lubricating oil thicker than that to be used at a later date may be given to the working parts, and this in itself will impose a further need for modest opening of the throttle. Paradoxical in a way, but true nevertheless, similarly, the use of an upper cylinder lubricant—a high flash point oil—is to be commended. One of those special oils to be fed to the engine mixed with the fuel is always a good thing to use, but never better than with the brand new or very old car.



"BEDTIME STORIES"

An evening hour of cheerful entertainment and companionship—the family gathered around, and the soft rays of the lamp lighting up the pleasure and affection expressed on each face. A radiant scene.

The "soft white light" of **LAUREL KEROSENE** illumines and cheers the family circle in many thousands of homes in Australia and New Zealand.

Laurel's outstanding qualities of whiteness and softness, so restful to the eyes, make it an ideal light to read by. Its high standard of purity never varies. It burns cleanly to the last drop.

For many years Laurel has been the recognised favourite among housewives.

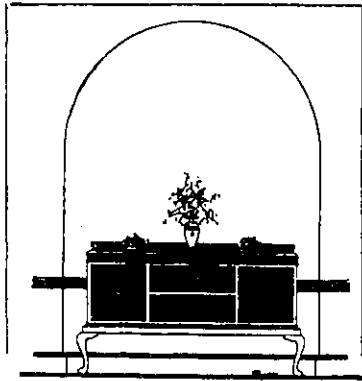
*Don't say Kerosene
say "LAUREL"
equally good for heating and cooking.*



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Distinctive Furniture

for Homes of Distinction

Artistic and Exclusive Designs

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Electricity in the Home

THE way water-power has been harnessed in New Zealand for the production of electricity is one of the most striking examples of the wonderful strides that have been made in the development of this young country. There is no country in the world to-day where electricity is more widely used and sold at a cheaper rate than in New Zealand, when considered from a population basis. We are far ahead of the Mother Country in the development of our electrical energy for both domestic and industrial purposes. A description of the uses and comforts derived from electricity in the modern New Zealand home would read like a fairy tale to our grandmothers. People who lived a couple of generations ago could not believe or appreciate the changes that electricity has brought about in our home life, to say nothing of the energy and power that has been

ally-operating "timer," or thermostat, cuts off the current and the heat is stored in the insulated oven and completes the cooking.

In one make of electric stoves the cooking heat is delivered almost immediately by heat-producing "speed" units, and red-hot wires of special make radiate and evenly distribute the heat. A door, whose construction permits its being used as a shelf, is counterbalanced so that a mere touch opens and closes it. In the same category is a portable cabinet stove, operating on a similar principle, whose four legs are castored, allowing ready removal to any room desired.

Another very handy cooker is provided with two heating units which give five adjustments of heat for the housewife's choice in cooking. One fine example of modern electric stove has a specially-protected element (the heat "ring" on



Some attractive Breakfast Table Electrical Appliances, which indicate to what perfection "Hotpoint" Electrical Equipment has been brought. The comfort and utility of such useful table articles require to be used to be fully appreciated.

placed at the disposal of man by the harnessing of "white coal."

Not only are the dwellers in our large towns benefiting by the phenomenal progress of electrical science, but even in the remote farm houses the boon is present, and there is no doubt that there are becoming available a steadily increasing assortment of inventions calculated to do away with an appreciable proportion of household drudgery.

FIRST in importance to the housewife are, naturally, aids to efficiency in cooking, washing and cleansing. Apart from a long list of minor cookers, such as grillers, toasters, chafing dishes and other fairly well-known devices, there are numerous cookers—stoves, that is— which, generally, operate on the non-supervised method of self-cooking. The food to be cooked is placed in the oven and the electric current is turned on; then, when heated to a certain temperature, an automatic-

which the cooking utensil is placed) with coils enclosed in porcelain to ensure safety for the user and protection against splashing fat or corrosive matter. The ovens are enamelled to the smoothness of glass, are seamless, have round corners and are fitted with removable rack-holders and racks—all features which tend to minimise trouble in cleaning. The doors are magnesia-block insulated to "store" the cooking heat in the oven, and the cooking temperature is indicated by thermometers, for cooking is becoming an art of scientific precision.

For minor cooking there are available cooking plates which render obsolete the time-honoured gas-rings, and separate electric saucepans, kettles and other utensils for domestic use.

COMPLEMENTARY to these cookers are dish-washers of various makes. One which may be used in the kitchen sink is in spash-

Continued on page 62



"When Winter Comes — I'm Ready"

"Let hail and snow come; let ice and frost do their worst—I'll remain warm and comfortable, no matter how low-down the thermometer may be feeling outside.

"I've laid by a tidy supply of that good

STOCKTON COAL

"I say good coal, because I've found by experience that Stockton Coal produces more heat, requires less attention, burns more completely, leaves less ash.

"Better order Stockton Coal from your dealer right away, and then you won't worry about winter cold."

If your dealer has not Stockton Coal, communicate with

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Learn right at home in spare time to make your own clothes in the newest, loveliest styles for a third or a half of what you would pay in the shops.

The Woman's Institute will teach you how to put real style into everything you make just as it has taught more than 200,000 other women and girls in the last ten years. New easy step-by-step method makes everything easy.

WRITE FOR THE FULL STORY and learn from the experience of thousands of delighted members what the Woman's Institute can do for you. Mail the coupon below to-day.

WOMAN'S INSTITUTE
65 Cuba Street, Wellington.

Without cost or obligation, please send me one of your booklets and tell me how I can learn the subject I have marked below:

- Home Dressmaking.
- Professional Dressmaking.
- Millinery.

Name
(Please specify whether Mrs. or Miss) LM

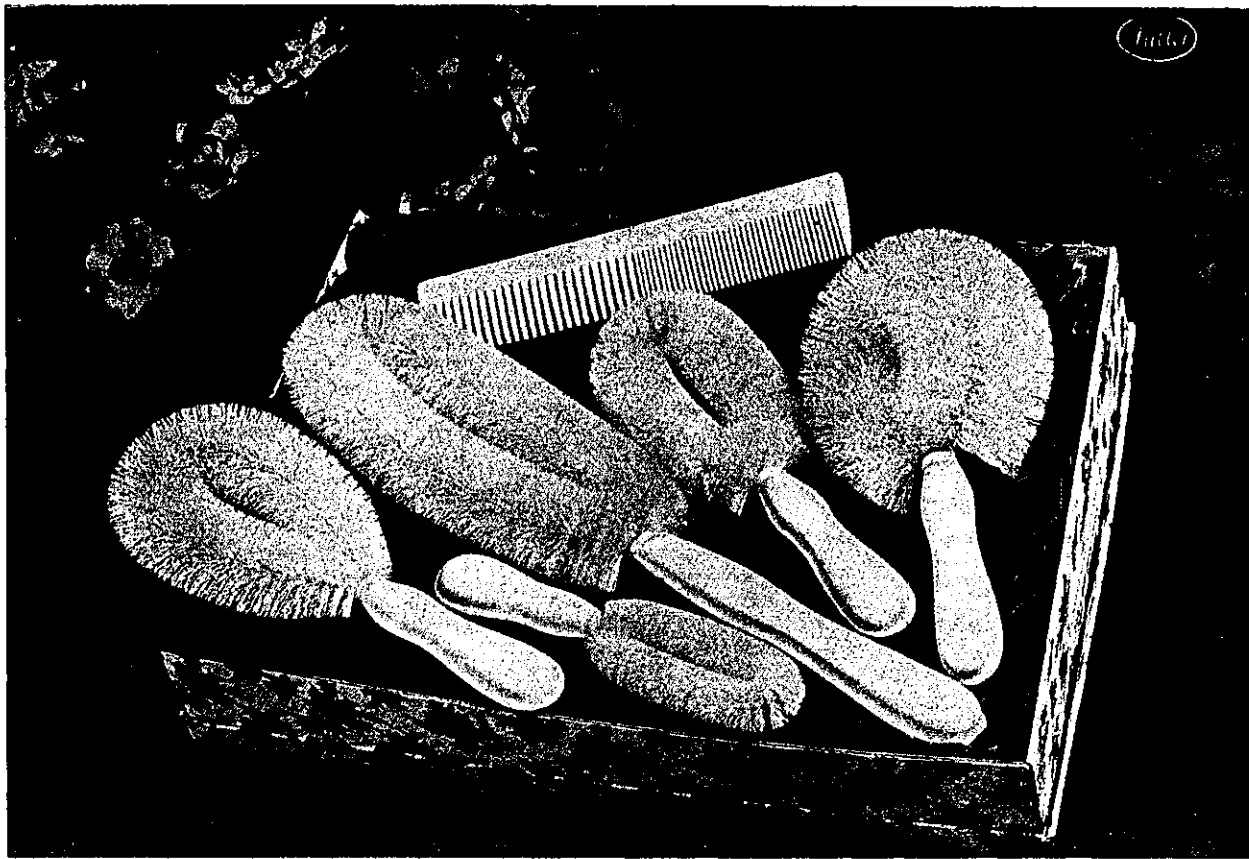
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Send for catalogue of Ladies' and Gentlemen's Toilet requisites. Every description. All correspondence treated as strictly confidential and parcels forwarded in plain wrapper.
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Being neither depilatory nor electrolysis the "WEXYL" Home Treatment is as safe as it is effective. Does not affect the skin. Send your enquiry now to the Lady Manageress, WEXYL (N.Z.) BOX 1362 - - AUCKLAND.
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THE HOME TREATMENT for SUPERFLUOUS HAIR.

"Daddy of all Cold Cures"
FLUENZOL
So says a Waihi Barber!



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Ivory Fullerex
Toilet Set . .

For that well-groomed
look there is a brush
for every use. For Hair,
Manicure, Bath, Face
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a FULLER BRUSH.

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THE RT. HON. EARL JELlicoe, G.C.B., O.M., G.C.V.O.

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PHONES 44-505 & 44-585 . PLENTY OF CABS
"DIAMONDS ARE TRUMPS"

KLEAN-ITT
SHIFTS THE DIRT and GREASE
LEAVES THE SKIN CLEAN and SOFT

Motorists will find nothing to equal it in keeping the hands in good condition.

1/3 per large tin Grocers and Garages

Motorist's Heart

Maladies We Are Subject To Since We Took To Wheels

By A MEDICAL OFFICER OF HEALTH

WITH the passing of the steady jog of the horse days and the advent of the motor-car, the point of nervous reaction of almost everyone has been raised. Motorist and pedestrian have constantly to be on the alert, and when I think of the accidents I have seen, I shudder to think of what apparently is yet to come.

There are numerous maladies to which man is liable since he left his legs and took to wheels. Sitting for hours on wet saddles of motor-cycles or seats of open cars breeds sciatica, lumbago, muscular rheumatism, and even hemorrhoids. I myself have had most intractable muscular rheumatism from this cause.

Cover the car and put up the side curtains, and you have an aggravation of draughts for which railway carriages are notorious. A cold current of air blowing on one part of the body, particularly the head, produces an irritation or inflammation of the nerves of that part. For instance, injection of the white of the eye (conjunctivitis) may result, and the local neuritis also manifests itself in the form of shingles (herpes-zoster) in patches of varying sizes, a regular feature of the common cold. The local nerve irrita-

tion may even take the severe form of paralysis. A cold draught blowing on the side of the head may paralyse the facial nerve (Bell's paralysis), the victim of which can smile only on one side and wink one eye.

Shocks And The Speed Fiend

ANYONE suddenly confronted with a speed fiend cutting in on a blind corner experiences that strange but awful tight feeling in the chest typical of angina pectoris. To suffer constant shocks of this description may render a few immune to feeling, but the cumulative effect is bound to have disastrous results in most.

Motoring in summer in an open car on our beautiful dustless roads is undoubtedly a pleasure, but to those who have to motor for business or other reasons all the year round the closed car is a necessity. The British manufacturers did lead the way in improving the pitch and comfort of the open car. The Americans, however, at present beat the British with comfortable low-priced closed cars. Experience has shown coupé car can the many maladies of that only by use of the saloon or motoring be avoided.

Blind Corners and The Agony Rule

IN Great Britain powers have been given to the Minister of Transport to clear away any obstruction that forms a "blind corner" of the King's highway. A writer in an English exchange writes in this connection: "A large proportion of accidents will no longer take place, as it is well known that more accidents occur at corners than anywhere else, and particularly those at which drivers cannot see other approaching traffic. Why a great proportion of accidents occur at corners is mainly due to the habit (so often indulged in by bad and careless drivers) of cutting across them whether they are blind corners or open ones. So much is this the case that our legal luminaries, in connection with matters of this nature, have evolved in the Courts of Justice what is known as the "agony rule." This rule is so designed that, although an accident may occur in which one of the parties has deliberately ignored the rule of the road and crossed over to his wrong side, he is nevertheless excused from what might otherwise be the legal consequences of his act. Thus, if a motorist is driving a car on the proper side of the road, and, coming to a corner, sees another

car almost on him cutting this corner on the wrong side, and in the "agony" of the moment, wrenches the steering-wheel and swerves to the right, while the other driver also attempts to swing over to his proper side, and they crash, the driver who was on his proper side originally is freed from blame because he swung over to the off-side of the road. This is due to the fact that if the other driver had not been originally on the wrong side of the corner there would have been no need of any "agony of mind" to disturb him. Why I refer to this subject, which is of importance to all motorists, is that recently a friend of mine was nearly killed because of a similar type of accident. Though he succeeded in the action, thanks to the "agony rule," my advice is to stick to your own side of the road always, put your brakes on hard, and hope the other fellow will clear you in time in trying to get back to his proper side. In any case, it is safer and better for you to hit another car with your radiator than to be hit broadside on or sideways by the other car, so hold on to your course if there is no safer way of avoiding a smash."

THE
CHECKER
TAXICAB COMPANY
LIMITED
PHONE 46-509 PHONE

NEW STAND - STATION STREET, NEWMARKET

Where Cars Go—

Two-thirds of the motor-cars sold in New Zealand go to North Island buyers. The Auckland Province absorbs nearly one-third of the Dominion's total. Wellington Province is second and Canterbury third.

The following figures show the distribution of cars for the first four months of this year:—

	North Is.	South Is.
January	1184	598
February	1148	605
March	996	509
April	1286	626
Total	4614	2338

The following statistics show the distribution of cars to the principal provinces for January, February, March and April of this year:—

	Four mths.
Auckland Province	2187
Wellington	1458
Canterbury	1022
Otago	880
Hawke's Bay	507
Taranaki	462

Inefficient Lubricating Oil

WITH the ever-increasing popularity of the motor-car, large sums are being expended every year by motorists for supplies

of lubricating oil and petrol.

Over fifty per cent. of the troubles in the present-day car can be traced directly to inefficient lubrication, and we feel that the car owner should have every protection when purchasing supplies.

Sometimes a purchaser demands a high-grade lubricant of a well-known brand and grade, which he knows is correct for his engine, and is supplied with a poor quality oil at a high price, after being led to believe by some unscrupulous dealer that he is getting what he asked for. Sometimes a purchaser is at fault by simply asking for "A," "B.B.," etc. That is not sufficient as these are merely letters used to designate the various grades. The purchaser should make a practice of specifying the brand and grade he requires, and he has every right to be supplied with it. If he is supplied with something else without a proper explanation, that is substitution, and the deception is misrepresentation.

Recently this matter was the subject of a conference of the Commonwealth Association of Automobile Organisations, and it was decided:—

(1) That the attention of the authorities be directed to the practice of certain vendors supplying low grade petrol and oil as first grade, and that for the protection of motorists, action be taken under the Weights and Measures Act and Sales of Goods Act in each State.

(2) That it is desirable and essential that the brand of the petrol and oil be displayed on the pumps.

This is undoubtedly a move in the right direction. We feel that a similar arrangement in New Zealand would ensure a fair deal and be a boon and a blessing to the motorist.

Can a Woman Drive?

An American View of it.

A THOUSAND people had their driving licenses revoked by the New York State Motor Vehicle Bureau between July 1, 1924, and January 15, 1925, we are told. Of the thousand, only twelve were women. However, statistics can be misleading, and it has occurred to Mr. Richard Adams to pry somewhat carefully into the question as to whether women are qualified to drive automobiles. It is frequently charged that they are not. Indeed, it was a recurrence of this accusation that set Mr. Adams to investigating, and he tells us in *Liberty*.

The car ahead seemed weak in those qualities which make for decision of purpose. We had no ambitions to test our speed possibilities, but we would have liked to pass.

The car out front kept to the middle of the road. There was a ditch on either side, and we saw nothing desirable about either of them. Experience teaches that the

open road is the place for the automobile, and little if any advantage lies in ditch wallowing.

Close observation of the conduct of that car leading us indicated that the driver was sober. There was no serpentine evidence of alcohol in the chauffeur—a condition less preferable than water in the carburettor. With water in the carburettor a car will refuse to move.

Eventually we came to crossroads, and our leader turned off to the right, leaving us free to pursue our way at an even pace. We saw the offending vehicle bucking along at all speeds from ten to thirty miles an hour.

"There is no reason why a woman shouldn't drive as expertly as men, and the proof of what I say is found in the fact that, given the same amount of experience at a wheel, a woman has just as much chance of becoming expert as a man.

"The only reason women are not even competitors with men in all things mechanical is that they have not been required to be. For every female moron, you'll find one male incompetent. A woman can drive a car as capably as a man can.

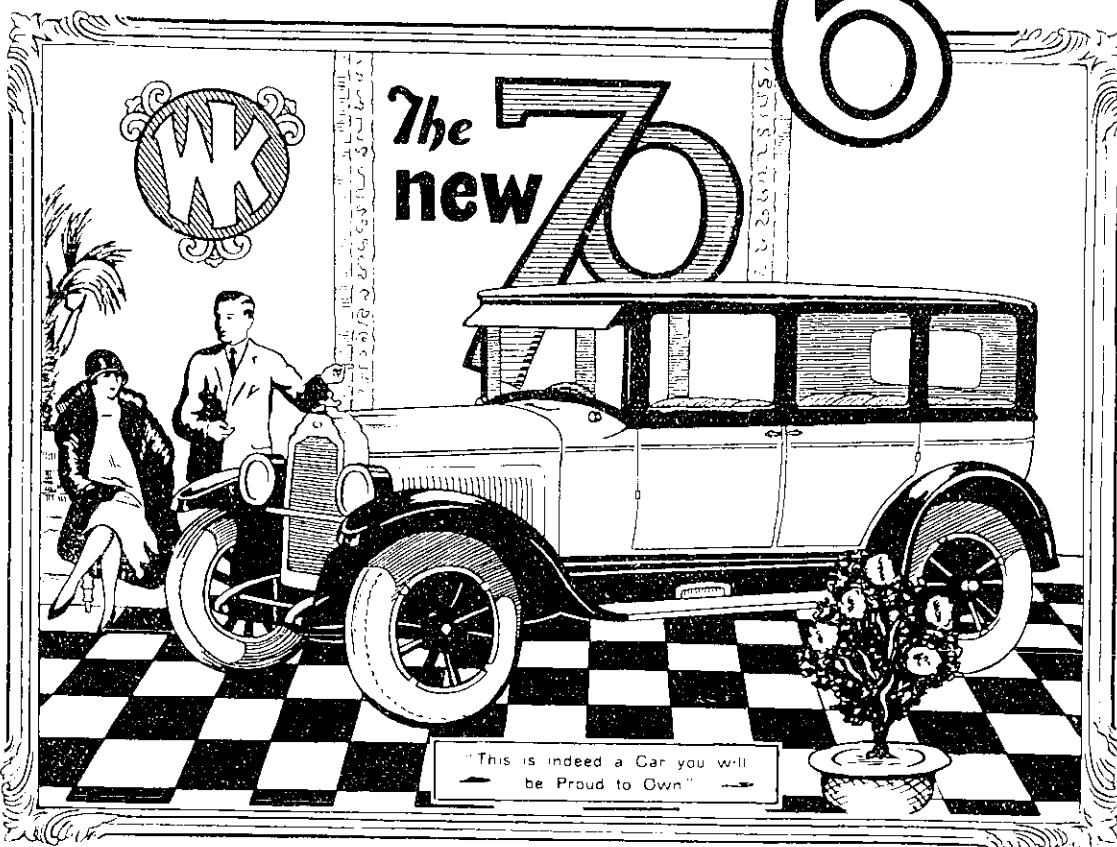
Thus armed with opinions, we went back to our friend who blamed that stupid driving on a woman, and offered to show him how unjust he was.

"Oh, that's all right," he said, "I found out who was driving that car. It wasn't a woman. It was the vice-president of the Wahoo Motor-Car Corporation. He's been driving a car for ten years, too."

WILLYS-KNIGHT

6

The new 70



A - -
Distinguished Car
- For -
SOCIAL USE

In the entire inventory of your own and your family's possessions, no single thing so subtly, yet so unerringly, proclaims your standing in the community as the motor-car at the curb before your door. . . In this, the new "70" Willys-Knight owner has twofold occasion for pride and satisfaction. Not only has he a Car known to be *absolutely unique in its engine principle*; but, by virtue of its beauty and smartness, its splendid equipment and exquisite interior appointment, he has in this superb car that which stamps the seal of refinement upon himself, his home, and everyone within.

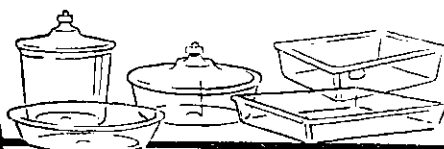
You must see this wonderful
NEW "70"

North Island Distributors:

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PYREX IS CLEAN

Nothing can cling to the smooth, hard surface of golden-hued PYREX. It has no crevices or hidden corners. PYREX is cleaned as quickly, easily, and surely as a glass tumbler.

PYREX

TRANSPARENT OVEN DISHES
ABSORB NO ODOURS

Over a hundred different shapes and sizes. Can be obtained of all Stores. If any difficulty in obtaining locally please write to the New Zealand Agent: J. G. RAINE & CO. LTD., Wakefield Buildings, 150, Wakefield St., WELLINGTON; and at 20/30, City Chambers and Queen St., AUCKLAND.

You see your food bake and you serve from the same PYREX dish, saving extra pan washing.

3 IN 1 Free sample

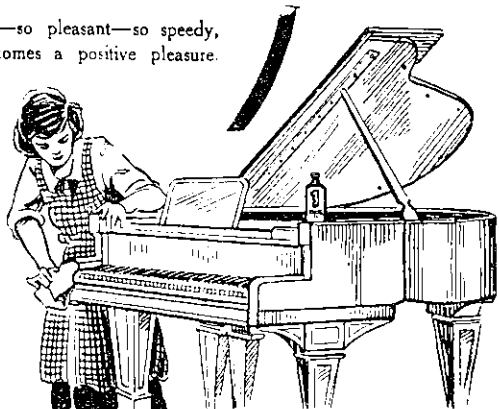
Pianos, Woodwork, Floors, Linoleum, Glass, Cutlery— all may be preserved, cleaned, and polished with

Write to the Australian Agents, Reid & Reid, P.O. Box 51, Wellington, for free sample bottle. Send today.

3-IN-ONE OIL

And it's so easy—so pleasant—so speedy, that cleaning becomes a positive pleasure.

In bottles or Handy Cans



Be sure you get the genuine 3-in-One. Others are just worthless imitations.

HAINES—12

Electricity in The Home

Continued from page 58

proof metal cabinet form, wherein a clearing spray washes the dishes and may be turned to account in washing out the cabinet after use. Still more accomplished is an electric dish-washer which, in ten minutes, not only cleanses, but also rinses, sterilises and dries all the dishes accumulated from the day's meals.

round heel so that on the back stroke the cloth is neither gathered nor wrinkled, and which irons backward and sideways with the same facility as forward.

Electric clothes-washers of divers types, but on the same principle, keenly compete for domestic favour. One of these silent domestic servitors, which is white-enamelled, is readily portable, running as it does on large swivelled castors. By lever touch the special wringer, which has a patented safety release, wrings the clothes by electric power; and its companion appliance, which is brought into action on ball-bearing castors, is an ironing machine which, impelled and heated by electricity, irons the clothes as they are fed into it for the purpose.

FOR despatch, efficiency and ease in the dusting and cleansing of the home, electric apparatus are rapidly increasing. There is an electric vacuum sweeper, which can be connected in an instant to any power point or lamp socket, whose brush



PARENT: "Note, on the question of money: Can you keep going?"

SUITOR: "Well, sir, you see—I'm afraid—"

PARENTS: "Precisely. Well, if you can't keep going, don't keep coming."

Another washing machine is without wringer attachment, but has an internal perforated metal "basket" which, in operation, whirls within the closed washer and in ten minutes washes and rinses the clothes, blues them, and leaves them wringer-dry, ready to be ironed. This machine has a flat top which may be utilised as a table.

gently taps the carpet to dislodge the grit, straightens and combs out the nap, allowing the machine to pick up adhering threads and fluff and to absorb litter and crumbs as well as dust. This and some other machines clean every accessible place in a room—walls, ceilings, intricate wood-work, upholstery and drapes as well as mattresses, carpets, etc. One vacuum cleaner in operation disinfects and perfumes the room; and another almost intelligent electric sweeper, which also blows dust from inaccessible crevices, serves as motive power for an apparatus which dries milady's tresses.

The electric irons, which finish what the washers have cleaned, are legion. Most of these are guaranteed: one, with mica insulated terminals, a shield protector and unbreakable connector, is guaranteed for three years; an iron with constant non-scorching temperature evenly distributed over the soleplate, carries twenty-five years' warranty, while another, which has side-entry plugs and self-contained There is an iron with ventilating handle support, foolproof terminal sheath and cool handle and thumb rest; and a wrinkleproof iron has a

Continued on page 63

Omana Beach Estate
MARAETAI

A Mainland Subdivision on the Waitemata Harbour
23 MILES BY GOOD MOTOR ROAD FROM AUCKLAND
AND 18 MILES BY LAUNCH OR STEAMER

THIS lovely Estate is now subdivided into suitable areas for seaside residences, and those who are not familiar with this beautiful corner of a world-famed harbour should go out to Maraetai and judge for themselves.

Select Your Section NOW!

TERMS OF SALE: 10 p.c. Deposit, 10 p.c. in 3 months, 10 p.c. in 6 months, balance in 3 years at 6 p.c.

For further particulars apply to

MRS. JESSIE CRAIG

C/o J. J. Craig Ltd., 100 Queen St., Auckland
Or on the Property, at the Maraetai Farmhouse or Cottage

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Every advertiser in THE MIRROR guarantees her goods to fulfil the claims made for them; and you may purchase with every assurance that you are fully guarded against misrepresentation or substitution.

In the unlikely case that you do not receive every satisfaction from any of our advertisers, THE MIRROR undertakes to see that the matter is put right, provided that the name of the Journal was mentioned when you ordered the goods, and that the complaint is received within one month of the publication of the issue in which the advertisement appeared.

No Rubbing Laundry Help FOR WASHING CLOTHES

Electricity in The Home

Continued from page 62

Electric fans now include a new type which oscillates with both vertical and horizontal movements through an ellipse which permits agitation of a very large area of air. Even more numerous are the electric fires designed to temper the cold of winter evenings. These range

with an accessory in the shape of an aluminium comb to be slipped over the curling iron which dries milady's hair after a shampoo.

Then, too, there are domestic sewing machines in four types, each with its motor, which is started and has its speed regulated by a



A Classic Pose—Miss Audrey Hughes-Johnson, of Wanganui

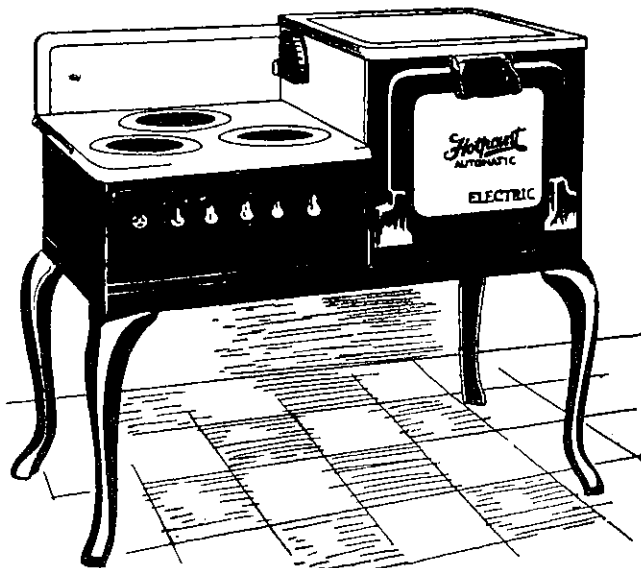
F. J. Denton, Wanganui

from the most ornate and expensively finished ones to some quite plain which tilt horizontally so that a kettle may be boiled or toast made upon them.

AMONG electric devices more distinctly for her own convenience milady now has available for her a dryer on a stand which dries her hair (and any delicate hand-washed garments), and an electric curling iron which waves her tresses into any style she chooses.

mere pressure of the foot.

While electricity, which is destined to be all-powerful in human affairs, is, in the matter of cost, now within the reach of all for lighting, the appliances which the genie animates into the service of women are as yet beyond the means of the general public; yet month by month the circle in which those appliances are used is extending, and as it extends so is the domestic drudgery of some woman lessened.



Your Oven Heat Controlled—Automatically

If you have an electric range you know how constantly the switch has to be watched to keep the oven at an even temperature—how easy it is to “forget”—and then to find the cooking burned to a cinder.

What a blessing if some one could watch your oven-temperature for you. And this is just what the new Hotpoint Range does—with the ingenious Automatic Electric Timer! Simply set the lever for the exact temperature necessary for your cooking operation and turn the switch—the temperature is maintained automatically, just as long as you want it!

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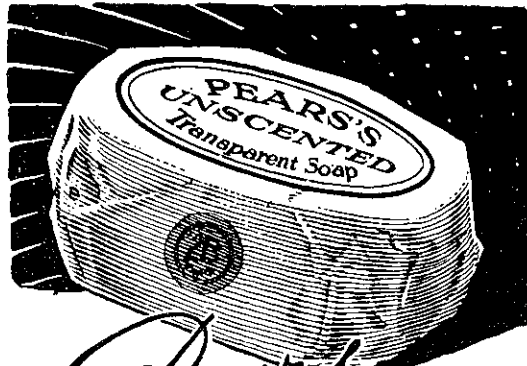
has many other features which make it the ideal Electric Range. The cooking top is white enamel—the oven top serves as a working table—it has a quick heating oversize oven lined with pebbled blue enamel. Stove is handsomely finished in black japan with polished nickle trimmings. It is furnished with appliance receptacle for iron, vacuum cleaner, etc., and counter-balanced shelf-door.

Before you purchase an electric range, call and see the Hotpoint—ask to see model RA73. You owe it to yourself—and to your family—to instal the Super Automatic Time and Temperature Controlled Hotpoint Electric Range.

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THIS pen and ink sketch represents one of the most famous children in the world. Long before the days of infant heroes in motion pictures, the little boy blowing bubbles was widely known and loved.

He has carried into millions of homes the message of Pears', the mild and thorough soap that agrees with every skin, especially with the sensitive skin of childhood.

While amusing himself, the little boy pictured is incidentally demonstrating the free-lathering property of Pears', just as you, when you use Pears' because you like it, unconsciously demonstrate the improving effect that it has on the complexion.

Pears' is pure soap and pure soap alone. If you hold a cake to the light, you will find nothing to cloud its transparency.

The delicate transparency of Pears' is its most distinctive feature and is the result of almost meticulous care in its manufacture. Many people who know the value of Pears' through having used it for years, are not aware that each cake has been matured by a special ripening process requiring many months to bring it to perfection.

It is this slow ripening process which makes the soap distinctly Pears', for the cakes undergo a chemical change, mellow, grow transparent, develop numerous characteristics connoting Pears' quality.

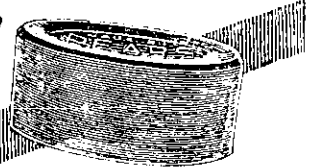
Pears' was the pioneer of toilet soaps, and, for considerably more than a century, it has borne the seal of public approval.

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PO-19



Pears'



Matchless for
the Complexion

In the Kitchen

Swedish Meat Balls

INGREDIENTS: Half cup milk, two eggs, half teaspoon pepper, one teaspoon salt, 1lb. steak, one quart water, half cup rice, pepper sauce.

Add the milk, slightly beaten eggs and seasonings to the chopped meat. Make into balls about the size of walnuts, pressing them firmly in the hand. Have the water boiling, drop in the balls, and boil until tender. They should be kept in shape. Remove carefully with skimmer; then add to the water (if there is not at least a pint of water left, add more to make up the amount) the well-washed rice, and cook until tender. Remove and season to taste. Arrange as a border around a platter and place the balls, rolled in minced parsley, in the centre. Serve with pepper sauce.

To make the pepper sauce blend together in a double boiler two tablespoons butter and two tablespoons minced red pepper. Then stir in one tablespoon flour. Add one cup stock or tomato juice and cook until thick and smooth. Season with salt to taste.

Time in cooking, 35 minutes.

Lemon Cheese

INGREDIENTS: Half cup butter, 1½ cups powdered sugar, three lemons, four eggs, two egg yolks.

Melt the butter and add the sugar. Select lemons with clear, undamaged skins, grate the rinds, extract and strain the juice, and add to the first mixture. Beat the eggs lightly strain them, and add to the lemon mixture. Cook in a double boiler, stirring constantly, until as thick as honey. Pour into jars and cover when cold.

Madeira Cake

INGREDIENTS: Half cup butter, three cups flour, four eggs, 1½ cups powdered sugar, one ounce mixed peel, one teaspoon almond flavouring.

Cream the butter and gradually work the flour into it. Beat the yolks of the eggs until light and add the sugar. Combine the two mixtures, and fold in the stiffly beaten egg whites. Add the peel, cut fine, and the flavouring. Turn into a greased pan and bake in a moderate oven.

Time in cooking, 1½ hours.

Stuffed Tomatoes

CHOOSE six ripe tomatoes, and with a small cutter cut away the centre of each, halfway through. Mix together two ounces of bread-crumbs, two ounces of chopped ham, two finely-chopped shallots, one teaspoonful of chopped parsley, and some pepper and salt. Bind with a beaten egg and use the mixture to fill the cavities in the tomatoes, piling it rather high. Bake in a buttered dish for about a quarter of an hour.

Bouchees of Cheese

COOK a quarter of a pound of macaroni; strain and cut it in small pieces. Melt an ounce of butter in a saucepan, add half an ounce of flour, a quarter of a pint of milk, a quarter of a pint of tomato purée, salt, pepper and a tablespoonful of made mustard. Cook well, then stir in the macaroni and two ounces of grated cheese. Pour into buttered cases, sprinkle grated cheese on each, and brown in a hot oven. Serve very hot.

A Sandwich Hint

WHEN cutting a large number of sandwiches, try mixing half pint of hot milk with every pound of butter used. Beat together with a wooden spoon, and the result will be a beautifully creamy mixture that will spread easily and go much further than butter only. The presence of the milk does not make the bread at all soggy; it just keeps it moist, and one is able to cut the sandwiches several hours before they are needed without risk of their becoming stale.

Apple Cake

ONE cup of sugar, three-quarters cup shortening, one-half cup raisins, one egg, and one-half cup boiled apple, two and one-half cups flour, one teaspoon each soda, cloves, and allspice, one-half teaspoon baking powder.

Cream sugar and shortening. Add beaten egg, boiled apple and raisins, then the flour with soda, cloves, allspice, and baking-powder sifted in.

Apple Souffle

FOUR tart apples, four tablespoons cornstarch, one tablespoon flour, four tablespoons cold water, one tablespoon butter, one-quarter tablespoon salt, one cup boiling water, one teaspoon lemon, three eggs, sugar to taste.

Pare, core, and cook the apples. Rub through a sieve. Dissolve flour and cornstarch in cold water. Add the pulp, sugar, and lemon, and beat well. Remove from fire and add beaten yolks. Fold in the stiffly-beaten whites. Bake in a shallow dish until puffed and brown.

Orange Sandwich

INGREDIENTS—2 oranges, 2oz. butter, 6oz. castor sugar, 3 eggs, 6oz. flour, one small teaspoon cream of tartar, half small teaspoon bicarbonate of soda.

Mix flour and soda together. Rub in butter. Add 3oz. sugar and yolks of eggs beaten to a froth. Grate rind of one orange and squeeze the juice. Mix this with cream of tartar and stir into cake. Lastly, whisked whites of two eggs. Place in greased sandwich tins or soup plates. Bake in a moderately hot oven. When cold, split open or sandwich two pieces together with beaten white of remaining egg, 3oz. castor sugar, and rind and juice of other orange.

Continued on page 69



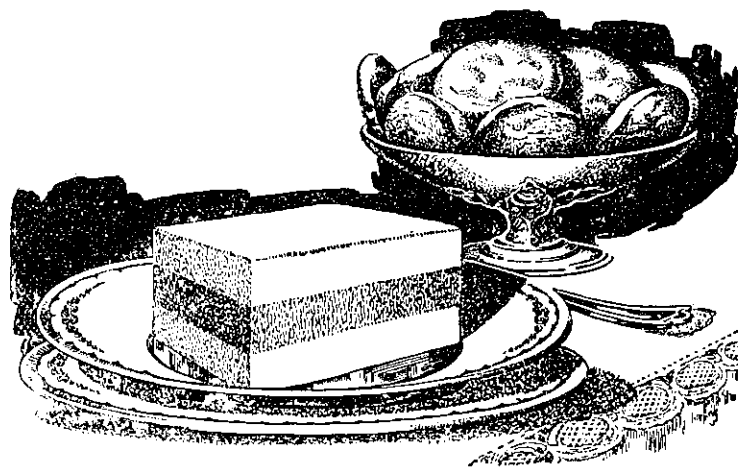
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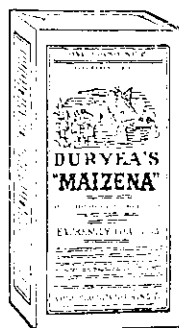
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Symington's Soups

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In the Kitchen

Continued from page 65

Angels' Food

TEN sheets gelatine, 1 quart of milk, juice of 3 lemons, 3 eggs, 1 teacup of sugar, a few drops essence of vanilla. Soak the gelatine in the milk for half an hour, then gradually heat it over the fire, stirring well until dissolved. Be careful not to let it boil. Add the sugar, yolks of the eggs, well beaten, and the lemon juice. Bring the mixture almost to boiling point; then strain it into a dish and let it cool. When nearly cold add the stiffly-whipped whites of eggs and the vanilla. Beat well together and pour into a mould to set.

Moulded Fish

MIX together 2 cups of shredded fish, whites of 2 eggs, 1½ cups of cream, and season to taste. Turn into a well-buttered baking dish, cover with buttered paper, set in a pan of hot water, and bake till fish is firm. Turn into a hot serving dish, serve with sauce made as follows: Cook a little fish with 3 slices carrot, 1 slice onion, sprig of parsley, 1 bay leaf, a few peppercorns, 2 cups of water. Cook 1 hour, then strain. There should be 1 cup of liquid. Add the yolks of the 2 eggs, season, and serve hot.

Meat Mould

TAKE 1lb. of cold roast beef (or pork), 2 tablespoons of mashed potatoes, 1 teaspoonful of parboiled and chopped onion, quarter-pint of milk, salt and pepper to taste, brown breadcrumbs, and half-pint of brown gravy. Remove part of fat from beef (or pork) and chop finely. Add to it onion and seasoning, and lastly potatoes. It is essential it should be highly seasoned. Add milk to bind mixture together. Grease a mould or pie-dish, and coat with brown breadcrumbs. Put in the mixture, and bake for three-quarters of an hour or one hour in a moderate oven. Serve with a good brown gravy.

American Coffee

AMERICAN coffee is as good as their tea is deplorable! One can be certain that it is coffee, and not mud with a few grounds!

An American cook explains how it is made. She takes an aluminium or enamel coffee pot, which has a tight-fitting lid. Into this she breaks an egg and slightly beats it, yolk, white, shell, and all. She also adds half a cup of cold water. The coffee follows the egg into the coffee-pot, in the proportion of one cup of coffee (ground, of course) to six cups of boiling water. Next she adds the boiling water, gives the whole a stir and sets the coffee-pot to boil for three minutes, keeping the lid tightly on to prevent loss of the aroma.

Less than three minutes will not produce the full flavour, and more than three minutes will embitter it for life!

At the end of the three minutes she takes it off the stove and adds half a cup of cold water, gives it another stir, and puts it at the back of the stove where it will keep hot but not actually boil. Here it is left for ten minutes, at the end of which time the coffee is ready for use, and when poured out with a steady hand it comes forth clear and dark and fragrant and absolutely free from grounds, which latter adhere to the egg-shell and sink to the bottom with the cold water, giving no further trouble.

Eat More Potatoes

THERE is nothing more wholesome than a potato baked in its skin, and, apart from its being so palatable cooked that way, all the fine nutriment of the tuber is retained without undue prominence of starch.

Cooked in their skins, potatoes are not nearly so fattening as when peeled and baked in fat or boiled and mashed with milk and butter. Still, potatoes are no diet for the plump.

Before cooking potatoes in their skins soak them well for half an hour to loosen the clinging earth, then scrub with a hard brush and rinse well.

Choose potatoes of an average size, which will take about three-quarters of an hour to cook in a hot oven—large ones take one hour, small ones half an hour. When cooked they can be served split open, sprinkled with salt and having a nut of butter on each half; or, of course, they can be served unbroken, which allows those who are to partake of them to decide their own seasoning.

When making potato salad you should always boil the tubers in their jackets first. Treated that way they retain most of their vitamins.

Long before any one ever heard of vitamins some old-fashioned housewives realised that a lot of the goodness was lost when potatoes and other vegetables were cooked with their skins off, but it is remarkable how most cooks and housewives will rather spend hours and hours a week peeling vegetables than cook them with the skins on. The vitamin-saving way is really so much easier.

When you are going to have someone for dinner who eats in restaurants or hotels a good deal, have potatoes baked in their skins, because that is one thing that is very hard to get away from home. It will be a novel as well as a nourishing dish.

With boiled potatoes in jackets try this: Wash them first and then boil them for 10 or 15 minutes. Then drain them and, when they are cool enough to manage, take off the skin, which comes off quite quickly. Finish cooking them by steaming. This can be done by placing them in a colander over something that is stewing on the stove, thereby saving precious gas.

Continued on page 69

Making of Soup Stocks

Success in soup-making largely depends on the quality of the stock employed, for although certain soups, such as vegetable purées, can be made with milk and without stock, it forms the basis of most soups, both thick and clear. Stock is the liquid in which meat, bones and vegetables have been boiled slowly for several hours, to extract both the goodness and flavour.

There is nothing difficult to learn about the making of stock, or bouillon as it is frequently called, and although in large establishments a stock-pot is almost a necessity, a large saucepan serves the purpose quite well in a household of moderate size. Stock-pots made of good-quality aluminium or tin-lined copper are recommended, and it is advisable to select one fitted with a tap at the bottom, as this allows grease-free stock to be drawn off at any time. The fat, being lighter, remains on the surface of the stock.

Stock may be of several kinds: meat stock, bone stock, and vegetable stock. Fish and game stocks, made with the trimmings and bones of fish and game, are also used for the basis of soups and sauces.

MEAT stock may be either white or brown, according to the colour of the meat from which it is made. For white stock, light meats such as veal trimmings, knuckle of veal, and chicken bones are used, whilst beef and mutton make brown stock. It is hardly necessary to explain that light-coloured stock should be used whenever possible for white and cream soups and pale-coloured sauces.

For a good meat stock, whether white or brown, the following proportions of ingredients should be used: 2lb. of shin of beef or knuckle of veal, 2 quarts of cold water, salt to season, one onion, one small carrot, half a turnip. Remove any fat from the meat, cut into fairly small pieces, and chop the bones if necessary. Put into a large saucepan or stock-pot, cover with water, and add the salt. Bring slowly to simmering point, remove any scum that rises, and then add the vegetables, which should previously have been prepared and cut into three or four large pieces, but not into thin slices, and a small sprig of parsley and thyme. Simmer gently for from 4 to 6 hours, strain into a basin, and allow to cool. When quite cold, preferably on the following day, remove any fat that has settled on the surface. Stock made thus is of best quality, and is known as "First Stock." As I have already mentioned, it forms the foundation of good-quality clear soups, or consommés.

For general purposes it is not necessary to use stock made from fresh meat, in fact, oddments of cooked or uncooked meat, bones, vegetables, clear gravy, etc., can be utilised. There are, however, certain scraps of food which should never find their way into a stock-pot, e.g., pieces of suet or barter pudding, bread, fat or bacon.

BONE stock is less expensive and makes excellent broth and vegetable soups of all kinds. The method for making it is the same as that already described, except that 2lb. of bones instead of meat are used.

Vegetable stock, as the name implies, is made entirely from vegetables and is described as "maigre" or "without meat." Needless to say, stock of this kind has not the same nourishing qualities as that made with meat or bones. The vegetables required are one large onion, carrot, and half a medium-sized turnip, together with 1oz. of dripping or butter and a quart of water. Melt the fat and fry the vegetables golden brown. Add the cold water and sufficient salt to season. If liked, half a teaspoonful of celery seeds may be added; these must, of course, be tied in a small piece of muslin. Bring to the boil and simmer gently for three hours. Strain and allow to cool; remove any fat.

Anyone with a knowledge of stock-making should encounter few difficulties in the making of a very large variety of soups, for the method of making bouillon, soups, and broths does not vary very much, the different flavourings and vegetables employed producing new soups.

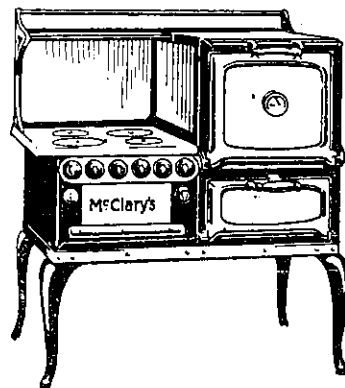
Celery And Green Pea Purée

INGREDIENTS—½lb. dried green peas, ½ head celery, 1 quart of stock, either meat, bone, vegetable, or pot liquor; 1½ pints milk, 1oz. butter, ½oz. cornflour; pepper and salt to season. Soak the peas overnight. Clean the celery, cut into small slices and remove as much moisture as possible by drying. Melt the butter in a saucepan, add the peas and celery place over a low heat, and stir occasionally until all the butter is absorbed by the vegetables. Add the cold stock from which all fat has been removed. Bring gently to simmering point, and simmer until the peas and celery are quite tender. It is impossible to say exactly how long this will take, but the time will vary from 1½ to 2½ hours. When the vegetables are tender, pass the soup through a sieve.

Difficulty is sometimes experienced in rubbing food through a sieve. This may be due to either (1) the method employed, (2) the fact that the food is insufficiently cooked, or (3) that it is too dry. To simplify the sieving process it is advisable to take one cupful of soup at a time so that the vegetables and liquid are worked through together, for if the whole contents of a saucepan are emptied into a sieve, the liquid naturally goes through, leaving the dry vegetables behind. The quickest method of rubbing either vegetables or fruit through a sieve is to use the back of a fairly large wooden spoon, placing the first three fingers in the bowl of the spoon so that really hard pressure can be applied.

Continued on page 68

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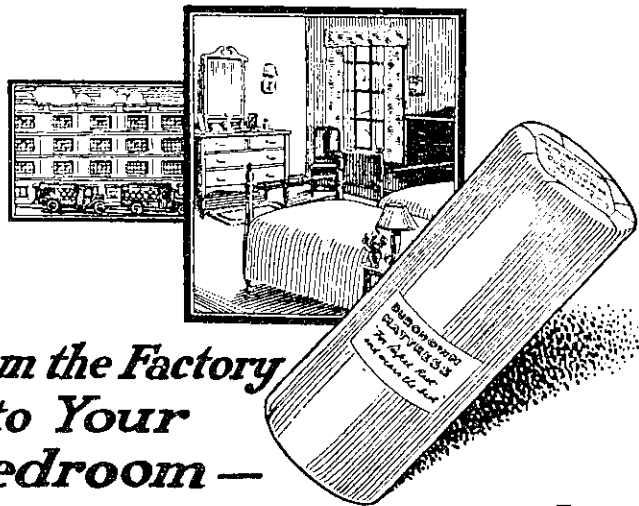
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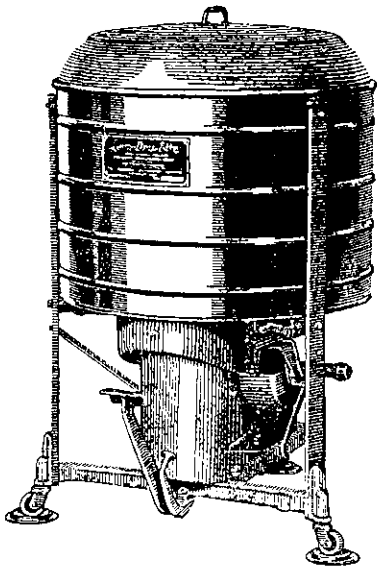
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These reasons should be sufficient to cause you to call and see the Laun-Dry-Ette in operation. Should you prefer to learn more about this wonderful machine send for illustrated booklet. This booklet will convince you that the Laun-Dry-Ette way of washing is the easiest, cleanest, quickest, and best. Send for booklet.



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Laun-dry-ette never yet broke a button or pulled one off.

The method of Laun-Dry-Ette wringing makes it impossible for any damage to be caused by buttons, etc.



Making of Soup Stocks

Continued from page 67



After sieving, return the soup to a sieve and return to the saucepan, the saucepan and re-heat. Mix the cornflour to a thin cream with a little of the milk. Add the cold milk and when the soup is boiling pour it in, stirring meanwhile. Continue to stir until the soup reaches boiling point, then simmer for five minutes to cook the cornflour thoroughly.

The reason for adding cornflour or some other farinaceous substance is not to thicken the soup but to suspend the purée, or small particles of vegetable, in the liquid. If no such thickening is added, the vegetables, although in tiny pieces, will sink to the bottom, but too much will make a soup stodgy and unpalatable. As an alternative to cornflour, ground rice, semolina, or ordinary wheat flour may be utilised, although cornflour is more generally used.

Purées, or thick soups, are not decorated or garnished in any way, but croûtons of fried bread or toast should be served with them, and if liked a few may be thrown into the soup immediately before serving.

To Prepare Fried Croûtons

USE bread at least two days old. Cut a slice from about ½ in. to ¾ in. thick, and then cut this into narrow strips. Hold the strips firmly in position and cut again at right angles to form dice. By this means croûtons of similar size are quickly obtained. Shake gently to remove loose crumbs, place in a frying-basket, and fry in deep fat from which blue smoke is rising. Drain and serve on dish paper.

If a deep frying-pan is not available, or if it is inconvenient to heat fat for the croûtons only, toast may be used instead. The bread should be toasted golden brown on either side and then cut into dice as directed for the fried croûtons.

Cream Of Vegetable Soup

THIS soup is a very palatable soup, made from green peas and artichokes, and proves very inexpensive. The ingredients required are: 1½ lb. artichokes, 1 lb. peas, 1 qt. of light stock, pot liquor, or water; 1 oz. butter, 1 oz. cornflour, 1 pint milk, 1 small onion, 1 blade mace, 2 cloves, 1 bay leaf, pepper and salt to season. Prepare the artichokes and cut into slices. Put into cold water immediately to which a little lemon juice or vinegar has been added, thus preventing the artichokes becoming a bad colour and so spoiling the appearance of the soup. Melt the butter, stir in the artichokes, sliced onion, and peas, which should previously have been soaked. Boil until the vegetables are thoroughly tender then pass through

the sieve and return to the saucepan, the saucepan and re-heat. Mix the cornflour to a thin cream with a little of the milk. Add the remainder of the milk to the soup and re-heat; when nearly boiling pour in the blended cornflour and boil for five minutes, stirring meanwhile. Serve with croûtons of bread or toast.

Winter Purée

IN this, nuts and celery combine to make a delicious soup for supper or dinner. The following ingredients are required: 2 lb. chestnuts, 1 quart stock or water, ½ head celery, 1 small onion, bouquet garni, 1 oz. semolina, 1 quart milk, pepper and salt to season. Put the chestnuts in cold water and bring to the boil; remove the skins and cut into slices. Prepare and slice the onion and celery, then put the sliced chestnuts, onion, and celery into a saucepan and pour on boiling stock. If stock is not available, a mixture of milk and water can be used. Add the bouquet garni, which is composed of a small bunch of herbs—such as parsley, thyme, a blade of mace, and marjoram tied together so that they can easily be removed during the cooking process if necessary. Add pepper and salt to season and simmer gently until the vegetables are tender. Rub through a sieve, return to the saucepan, and bring to boiling point. When boiling, sprinkle in the semolina, taking care to stir quickly meanwhile to prevent lumps forming. Cook for about 8 minutes and serve very hot.

Kidney Soup

INGREDIENTS—1 lb. ox kidney, 1 onion, 3 pints stock, ½ teaspoonful pepper, 1 oz. dripping, a small bunch of herbs, 1 oz. flour, 1 tablespoonful ketchup, pepper and salt. Wash the kidney in salt and water, then cut it into small pieces. Put the flour on a plate and mix with it the spice and seasoning. Toss the kidney in this until each piece is well coated. Melt the dripping in a saucepan and, when smoking hot, put in the prepared kidney and onion finely chopped, and fry until well browned. Pour in the stock, and if not well flavoured, add a cupful of chopped vegetables as well. Stir for a minute or two, add the herbs, and allow the soup to cook slowly for three or four hours, skimming and stirring occasionally. When the kidney is tender, strain the soup, remove any fat from the top and return to the saucepan to re-heat. Rise the pieces of kidney free from all vegetables and return to the soup, along with the ketchup and salt to taste.

Continued on page 69

In the Kitchen

Continued from page 66

Recipes

Delicious Little Cakes

SIX oz. butter, 6oz. sugar, 8oz. flour, 4 eggs, 1½ teaspoons baking powder, essence of lemon.

Cream butter and sugar well, add the eggs, one at a time, then the flour and baking powder; lastly add essence of lemon or the grated rind of a lemon. Bake in small, well-greased patty-tins for about ten minutes in a moderate oven. When cool, turn upside down and ice with chocolate icing.

Sandwich Montague

INGREDIENTS: Two hard-boiled egg yolks, ½ teaspoon butter, 2 egg yolks, ½ teaspoon butter, 2 teaspoon red pepper.

Mash the yoke with the butter, and mix with them the celery and pepper. Spread this mixture on thin slices of buttered bread and serve.

Making of Soup Stocks

Continued from page 68

Puritan Soup

INGREDIENTS—3 potatoes, 1 tablespoonful flour, 1oz. butter, 2 cupfuls hot milk, seasoning. Choose good-sized potatoes, wash and peel them and cut into quarters. Cook in boiling salted water until tender, then drain, reserving the liquid. Press the potatoes through a sieve or vegetable presser while still hot, and return them to the saucepan. Add three cupfuls of the water in which the potatoes were boiled, and bring this to simmering point. Meanwhile wash some parsley or cress, drain, and chop finely. Add them to the soup mixture along with the hot milk, and season with pepper and salt to taste. Mix the flour to a smooth paste with about two tablespoonfuls of water or cold milk, add to the soup, and stir until blended. Put in the butter broken in small pieces, and cook a few minutes longer. Serve with toasted bread.

For Nearly 250 Years

IN 1682 the Sheffield firm of Messrs. Joseph Rodgers and Sons, Ltd., was first established. It adopted for its trademark a six-pointed star and Maltese Cross. The cutlery from this house rapidly became world-famous. To-day, even in the wilds of Mexico or the cold regions of Siberia, you can see knives, scissors and razors in general use. Rodgers cutlery is made for lifetime service. Its lasting qualities make it the most economical to buy. Ask to see Rodgers cutlery at any good store—you'll know it by its two and a half-century old trade mark—the famous Star and Cross of Sheffield.



SYMINGTON'S

(Regd. Trade Mark)

COFFEE & CHICORY ESSENCE

The Clever Maid, of Symington's, says.
 "To make a drink in a minute, and to serve it at its best,
 Take a teaspoonful of Symington's—boiling water does the rest."



THOS. SYMINGTON & CO., Edinburgh & London

Marmite

Marmite is a pure vegetable extract, rich in organic salts and in vitamin-B. In appearance it resembles a beef extract, but Marmite is entirely without the dietetic disadvantages of meat. It is of high nutrient value, and possesses a delicious flavour, piquant and savoury. In addition to its own positive food value Marmite has a beneficial effect upon other foods it meets in process of digestion; it helps in their assimilation, helps them to deliver all their goodness to the system.

Everyone likes Marmite, and Marmite is good for everyone. There are very many ways of using it. It is particularly valuable in the kitchen. Every savoury dish, every stew, all soups, sauces and gravies you make should be enriched by Marmite. This vegetable extract, this vitamin concentrate, immensely improves their flavour and increases their nourishing power. Marmite is highly concentrated, and therefore should be used sparingly. Too much spoils the flavour.



Buy large jars — Why?

Prices have been reduced and the larger the jar, the greater the reduction, hence increased economy. Obtainable from all grocers throughout New Zealand and The Sanitarium Health Food Co's., Shops: 174 Queen Street, Auckland. 83 Willis Street, Wellington. 708 Colombo Street, Christchurch. 93 Princes Street, Dunedin.

Marmite is extremely popular with athletes. And no wonder. It is a delicious food-drink that is at the same time restorative and sustaining. And it's very quickly made. A teaspoonful of Marmite in a cup of boiling water is the best drink of all at the end of a gruelling day on tennis court or links. With it, serve Marmite sandwiches.



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SYMINGTON'S

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Salad Dressings

Cornwell's Vinegar, slowly aged and mellowed, imparts to a dressing that delightful flavour which epicures appreciate—and without which no salad would be an entire success.

CORNWELL'S VINEGAR

PURE MALT VINEGAR
BREWED FROM Malted Grains

DOMINION COMPRESSED YEAST VINEGAR BREWERY, CHRISTCHURCH
26 FLUID OZS.

Household Hints



Linseed Tea

FOR those who are recovering from any illness, have lost weight, and feel easily fatigued, there is nothing so beneficial as a course of linseed tea. It is easily made and is easily taken, being almost tasteless.

Into a quart jug put six dessertspoons of linseed (do not use meal), and pour over it boiling water sufficient to fill the jug. Stir well, and set aside to cool. When cold it is ready. The dose is two tablespoons three or four times a day.

I can vouch for this cure, as I was very much run down when a friend told me of this tea, and after two weeks' treatment I felt much improved.

Home-Made Fruit Saline

TO make this pleasant and healthful drink, take 2oz. of Epsom-salt, 1oz. of magnesia, 1oz. of carbonate of soda, 1oz. of cream of tartar, 2oz. of tartaric acid and ½lb. of refined sugar. Roll all these together with a bottle and sift two or three times. Put in a dry tin or bottle, and use a teaspoon to a glass or cup of water.

This drink can be further improved by adding to each glassful one dessertspoon of the following mixture: Pour 1 quart of boiling water over 2oz. of tartaric acid and 2lb. of sugar. When cold add a teaspoon of essence of lemon, and bottle.

A saline thus made and used in moderation is splendid for toning up the system.

Bath Salts

TO make bath salts is a very simple thing, and it saves money. Get two pounds of carbonate of soda and one pound of fine oatmeal. Place the carbonate of soda upon a sheet of yesterday's paper and roll it out until quite smooth, add the fine oatmeal, and mix well together. To scent the bath salts add a shilling's worth of oil of lavender, sprinkling it over the contents on the paper, and rubbing it well in with the hands. The result is a jar of perfumed bath salts, a quarter of a pound of which added to a hot bath will have the most refreshing effects, for the carbonate of soda liberates large quantities of oxygen, which is invigorating to tired limbs.

Cleaning A Suit

IF other methods are not satisfactory, the following simple means will be found excellent for cleaning blue or black serge (it revives the colour): 8oz. bruised galls, 1lb. logwood, 4oz. green vitriol, 5 pints water. Boil together for two hours and strain through muslin. Shake the clothes free from dust and with a piece of black cloth or a nail brush dipped in the mixture, go over the suit and hang out in the air till nearly dry; then press with

a fairly hot iron over a damp cloth. Another good black serge cleanser is made by boiling a few dozen ivy leaves in a gallon of water. When cold, use in the same way as the above.

Still another method to clean serge suits and costumes is to brush the article very thoroughly with a stiff, clean brush, then go over it carefully, rubbing every dirty spot with a clean cloth moistened with eucalyptus. Then go over the whole suit or costume with a clean cloth moistened with water to which a very little cloudy ammonia has been added. Rub each part with a clean, dry cloth as soon as it is cleaned. Finally, lay a clean, old cloth on the suit and, using a hot iron, press carefully.

A simple tip, if the suit is spotty, is to boil some vinegar and, while it is warm, rub it well into the serge and allow it to dry. If it is shiny, wring a rather thin piece of old calico out of cold water, lay it on the serge and iron quickly with a very hot iron. Lift the cloth off briskly and brush the shiny part with a stiff brush.

Ammonia

TO brighten the colours in an old carpet, wipe it over with a cloth wrung out of warm water in which has been added a teaspoon of the strongest ammonia.

Dirty door-plates can be cleansed with ammonia and water.

One teaspoonful added to a basin of water is better for cleaning windows than soap.

A few drops of ammonia in a cup of warm water will remove spots from paintings and chromos.

To remove grease spots from delicate fabrics, use a solution of ammonia and water, then lay soft paper over and iron with a hot iron.

Ammonia will kill most acids if applied at once. If on coloured clothing use chloroform to restore colour.

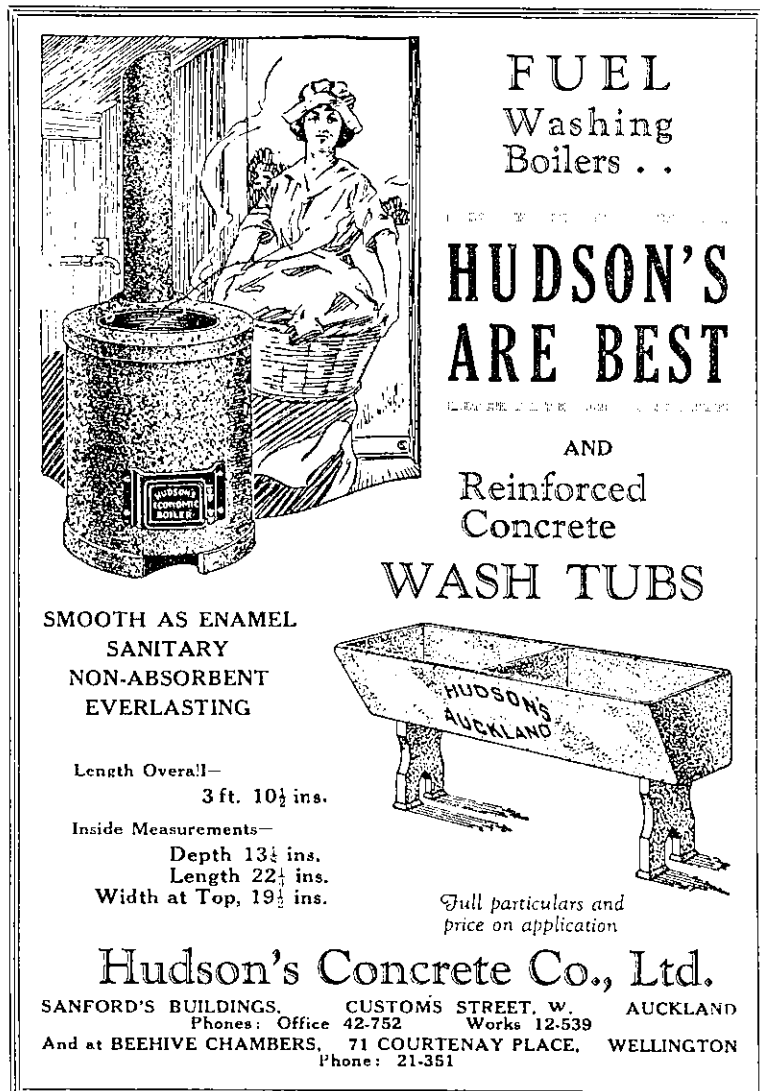
Old brass can be made to look quite new if rubbed with strong ammonia. The yellow stains made by sewing machine oil can be removed by rubbing with a cloth wet with ammonia.

Equal parts of ammonia and turpentine will take paint out of clothing, be it ever so hard and dry. Saturate the spots frequently and wash out with common soap.

To wash tweed suits add one tablespoon of strong ammonia and two of spirits of turpentine to strong suds. Soak the suits in this while hot (not boiling); let them remain till cool, and then wash without any more soap. If the suit is not clean then, repeat and rinse two or three times through ammonia and water and hang out without wringing. Tweed dresses, jackets, etc., can be treated the same way.

Blankets can be washed in warm water and about two tablespoons of ammonia and a little soap. Soak some hours and rub very little.

Continued on page 72



FUEL Washing Boilers . . .

HUDSON'S ARE BEST

AND Reinforced Concrete WASH TUBS

SMOOTH AS ENAMEL
SANITARY
NON-ABSORBENT
EVERLASTING

Length Overall—
3 ft. 10½ ins.

Inside Measurements—
Depth 13½ ins.
Length 22½ ins.
Width at Top, 19½ ins.

Full particulars and price on application

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And at BEEHIVE CHAMBERS, 71 COURTENAY PLACE, WELLINGTON
Phone: 21-351

In the Kitchen

Continued from page 69

Italian Savoury Potatoes

ALLOW one large potato to each person—the potatoes should be as even in size as possible—scrub, prick and bake in a moderate oven until soft. Cut a "lid" off each potato, scoop out the pulp, leaving about an eighth of an inch inside the skin, weigh the pulp, and add to it a third of its weight of dryly cooked rice. Melt two ounces of butter, stir in the potato pulp and rice, season well, and add one ounce of grated cheese. Mix these thoroughly, fill each potato skin with the mixture, butter each "shell," replace the lid and heat in a brisk oven for ten minutes.

Apple Ginger

TAKE 6lb. apples, ½lb. whole ginger, and ½lb. preserved ginger. Bruise the ginger and wrap in muslin. Peel, core, and slice the apples and slice the preserved ginger. Boil the peelings and cores in sufficient water to cover for about one hour, then pour the juice over the sliced apples and ginger. Weigh all together, add the ginger in muslin and add sugar of equal weight. Boil ½

hours, remove the whole ginger and pour into jars.

Honey Bran Cookies

MIX half cup of sugar, quarter teaspoon of cinnamon, quarter teaspoon of ginger, and half teaspoon of soda, with three cups of bran (the quality sold for cooking), half cup of honey, half cup of milk and half cup of melted butter. Drop from a spoon on to a buttered slide, and bake for fifteen minutes.

Apple Snow

PEEL, core and slice half a dozen cooking apples, and stew them with a very little water, sugar to taste, and a strip of lemon rind. Rub through a sieve and add a nut of butter or a tablespoonful of cream. Make a custard with half a pint of milk, the yolks of two eggs, and sugar and flavouring to taste. Put the apple purée at the bottom of a buttered dish, cover with the custard, and, finally, with the stiffly-whipped whites of the eggs. Sprinkle with castor sugar and bake until the meringue is slightly browned.



Milk Puddings for Children

By A MOTHER

WHEN other mothers tell me their children simply will not touch milk puddings—no, not if they coax them *ever so*, I sympathise outwardly with them, but my real sympathy is with the children, and I wonder what kind of milk puddings they are expected to eat. I have seen rice puddings that are stiff and solid and white like boiled rice, and others in which the rice swims sadly in a sea of hot milk. No self-respecting child could be expected to like either kind.

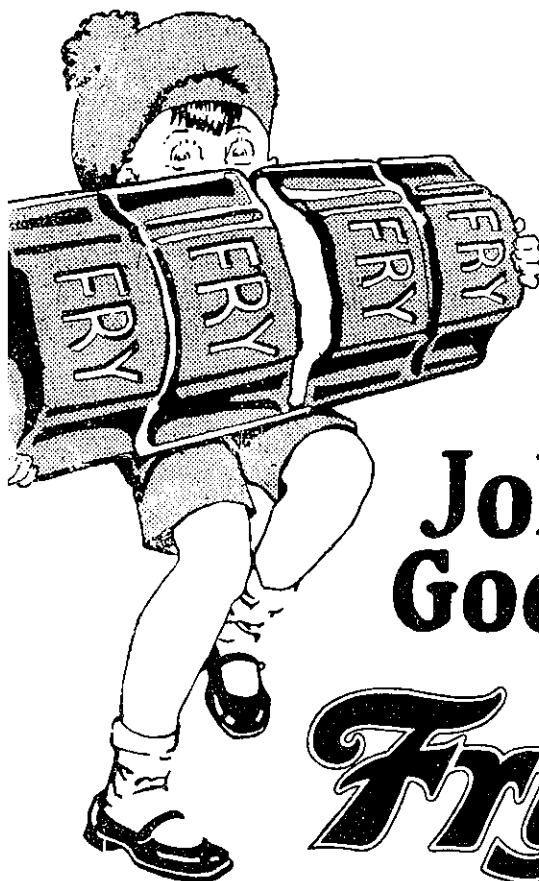
My own children love rice puddings; they need no coaxing to eat the rich, creamy-coloured rice beneath the crisp brown skin. This is how I make such a pudding:

I cover the bottom of a pie-dish with well-washed, unpolished rice, and add sugar "to taste." I then fill up the dish with creamy milk—not a drop of water—and place it in the

hottest part of a hot oven. In a quarter of an hour the skin will have formed on the pudding, and as soon as this happens I put the dish on a cooler shelf and moderate the heat considerably. The pudding cooks gently there for about two hours and a-half, and when we come to eat it it is delicious.

Chocolate Rice

ONE day I played a trick on the children. I removed the skin from the pudding, stirred two tablespoonfuls of chocolate powder into the creamy rice, which I turned into a glass dish piling whipped cream on top. "Oh! Mummy, I thought you said it was rice pudding to-day," they wailed, but the first mouthfuls satisfied them that this was only an extra-specially nice rice pudding.



Jolly Good!

Fry's

3^d
EACH

CHOCOLATE
CREAM
TABLETS

78



A Mirrorlike Floor—and Free from Dust!

MIRROR-LIKE in its lustrous beauty, there is another and equally vital charm in the dancing floor where Cinderella Ballroom Floor Powder is used—absolute freedom from dust. Throat and eyes are never irritated by minute particles, and after the longest dance, not a speck appears on dainty shoes and clothes. Used by Government House, and all the leading Ballrooms and Halls for nearly 25 years. Try it on your floor for the next dance.

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EASIER TO POLISH
NEVER GOES DULL

Cheapest in the long run

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SNEEZING & COLDS START the FLU

ASPRO-STOP-SIT

'Flu Symptoms are generally Sneezing Fits, Hot Head, Watery Eyes, Weakness in the Legs due to High Temperature. If you don't deal with these symptoms RIGHT AWAY

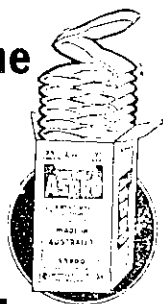
INFLUENZA Gets You In Its Grip

meaning, perhaps, weeks in bed with loss of work, money and time at the least.

ASPRO Claims to Stop the 'Flu in One Night if you take it on first symptoms.

TAKE A PACKET OF ASPRO HOME TO-NIGHT AS INFLUENZA INSURANCE—Better Sure than Sorry.

ASPRO WILL NOT FAIL



MINIMUM PRICES—
1/- 1/6 2/6 4/6

ALL CHEMISTS & STORES EVERYWHERE

ASPRO is now made in New Zealand by ASPRO LTD., 15-17 Maitland St., Wellington (P.O. Box 123), under direction of the holder of the original Australian formula.

Household Hints

Continued from page 71

The Uses Of Soda

DON'T use soda when washing vessels made of tin or aluminium; when scrubbing linoleum, oil-cloth, and similar material.

To clean a discoloured enamel teapot or kettle, boil water and a teaspoonful of soda in them, then rinse well with cold water.

Many sinks and grids have an awkward twist that renders cleaning a difficult matter when clogged with grease. The quickest method is to push an equal quantity of soda and salt as far down the pipe as you can reach, then pour boiling water over the mixture until the obstruction is cleared.

A gas or oil stove will speedily become an offence to both sight and smell if not cleaned regularly in strong soda suds. The removable parts should be boiled in the same

mixture.

Greasy garments, such as overalls, should be steeped overnight in a tub of cold water and a double handful of soda.

The subsequent washing will take only half the time, and the laborious rubbing will be done away with.

If you suffer from painful corns and have tried "everything," try soda.

Soak the foot in water as hot as you can bear and in which has been dissolved a teaspoonful of borax, and dry thoroughly.

Rub the corn with a smooth piece of soda or make a neat plaster bandage of powdered soda large enough to cover the corn and bind with court plaster to prevent slipping. Repeat this method every night for a week.

The same treatment will banish warts, however long standing.

OUR GUARANTEE.

ALL advertisements appearing in *The MIRROR* are guaranteed. You are safeguarded to the extent of your purchase.

If you buy any goods you see advertised in *The MIRROR* and they do not justify the claims made for them, your money will be refunded.

Make your complaints direct to *The MIRROR*, giving all facts relating to the transaction, and they will be promptly investigated.

The only condition is that, in making purchases, you state at the time that you read the advertisement in *The MIRROR*.

JOIN THE

Kiddies Sunshine Circle

MEMBERSHIP FORM

Full name:

Date next Birthday:

How old next birthday: years. Girl or boy?

Full address:

Pen-name Selected:

SUBSCRIPTION FORM

To The MIRROR PUBLISHING CO. LTD.,
CUSTOMS STREET EAST, AUCKLAND.

Please send me THE LADIES' MIRROR Post Free for twelve months and until further notice, commencing with next issue.

Signature of Subscriber:

Address:

Date:

THE SUBSCRIPTION price of The LADIES' MIRROR is 12s. per annum, post free to any address in N.Z., Australia, or the United Kingdom. To Foreign Countries, 15s. per annum post free.

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FREE HEALTH BOOK

HEALTH MEANS HAPPINESS—and we want you to be healthy and happy—if possible without Lane's Emulsion— if not, then with its help. So we offer you our book, not just a "patent medicine booklet," full of exaggerated claims, but with a helpful and valuable lot of information.

Subjects covered are general health, out-door living and the care of consumptives. Write now for your free copy to

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1/6 & 4/6 at all Chemists and Stores.

Kiddies Sunshine Circle

DEAR KIDDIES,—

You have made me very proud of our Sunshine Circle by your kind letters, clever work, and the great numbers who have become members. So many welcome Kiddies have enrolled that I have been very hard pressed to get out these pages, and have had to delay sending out Merit Cards to all who have earned them. However, you will receive these for May and June together, and presents will be sent out as soon as possible now. So please, dear Kiddies, excuse me this time for disappointing you. Really, the delay has been unavoidable.

Your answers to last month's competitions were very satisfactory, taken as a whole, and clearly show me that the Sunshine Circle has some bright, intelligent and clever members.

You now all know about our Sunshine Circle, and seem to like it, therefore we must all work together to make it bigger and brighter.

Would you like to help me? Of course you would!

Why not, then, write and tell your best friend about our Circle? Better still, get one of your grown-up friends, who you think would like to become a regular reader of THE MIRROR, to fill in the Subscription Form on page 72, and add your pen-name on the bottom line so that you will not miss getting your reward.

When your friend sends in a subscription you will receive a very nice present, such as a fountain pen or ever-sharp pencil, for each new subscriber you introduce. Or you may, if you so desire, receive a cash reward. In this way you would be helping to widen our Sunshine Circle.

There couldn't be a fairer way than this, could there? I know you all want to see our Circle grow until THE MIRROR goes into every happy home in New Zealand. So you do your part, and I'll do mine. Now is this a bargain? See how we get on next month.

Now, dear kiddies, I must conclude with regrets that your pages should seem so cramped this month, but space is very valuable, and I will try next month to persuade the Editor to give us another page. With generous thanks and good wishes to you all, I remain,

Your Big Sister,

—SUNSHINE.



My Hobby

Dressing Up

Greta looked dismally out of the playroom window and something which, I am sorry to say, strongly resembled a scowl, marred her usually cheery face. "The rain's simply pouring down in torrents," she complained to me. "Whatever shall we do?" "Oh, don't worry," I replied, "there are many things to do. Let's dress up!"

And at that suggestion the gloom promptly vanished from Greta's face.

Riddles

What key is the hardest to turn?—Donkey.—"Fluffy."

When is a hen serious?—When she is in earnest (her nest).—"Rover."

What causes a cold; cures a cold; and pays the doctor?—A draft.—"Tin Tacks."

Why is the Union Jack like the sun?—Because no power on earth can pull it down.—"Gilda."

Why will New Zealand be warm this winter? Because it has Coat(e)s to protect it.—"Kea."

I am a frill of fairest white.
With heart of powdered pollen gold,
My skirts unfold in warm sunlight,
But shrink when winds blow bleak and cold.

—"Moon Moth" (aged 15).

A Talk Between The Clematis And Pohutukawa

"The bush babies lie in cradles of gold,
They haven't a stitch, but they never take cold."

At this time the bush babies were resting in the golden blossoms of the Kowhai, but one day they thought they would go out and view the rest of the bush.

The boys then harnessed the kiwis, and they all set out over the velvety carpet of moss.

Suddenly they heard someone talking in loud tones, and, swinging round the trunk of a huge Matai tree, the foremost of the band came upon a little, frail Clematis plant and a majestic Pohutukawa arguing loudly.

The Clematis was creeping along the ground, while the Pohutukawa was looking down scornfully on the starry blossoms a long way below.

"I," said the beautiful Christmas tree, "lift my branches up to the sunshine, while you creep painfully along the ground. You think yourself the most beautiful thing in the world, but when my blossoms come out they will far outdo yours in beauty."

"Oh," said the starry Clematis (heaving a little sigh), "I would love to be tall like you, but it is my nature to creep along the ground. The fairies come and dance on my petals at night, and I glorify the dark foliage. Even though I am small, I give beds to the fairies when their dancing is done, and one day Oberon, their king, said that I was the daintiest flower in the bush. Don't you think it is true?"

"I do not," said the Pohutukawa abruptly, "I do not. Here is Flimzulu king of the bush fairies; we'll see what he thinks about it."

"Oh," said Flimzulu, "I think you are both as pretty in different ways, and both as good."

As the other bush fairies agreed with this, the Clematis and the Pohutukawa became friends once more, and lived happily for ever.

—"Pixie" (aged 9).

Continued on page 75

Merit Cards for Clever Kiddies

Marks will be awarded this month to all Members of the Sunshine Circle who send in, before July 15—

- (1) The neatest essay on "What I Should Like To Be."
- (2) The cleverest joke, riddle, or puzzle;
- (3) The best sketch or copy of a picture;
- (4) The most interesting story; and
- (5) The brightest suggestion to make the Sunshine Circle more jolly.

Marks will also be awarded for correct answers to this month's competitions, and also for neatness.

Kiddies under ten years of age will have their work specially considered so that they will have equal chances of gaining Merit Cards and marks as older kiddies.

Write clearly on one side of the paper only. Do not cut out the competitions; only send answers. Be sure to sign your pen-name plainly on each sheet of paper.

All communications must be posted before July 15, and addressed to: "Sunshine," c/o "The Mirror," Customs Street, Auckland.

And what a delightful morning we spent! The rain might fall, and the winds might howl, but Greta and I were oblivious of the desolate rain-swept streets without.

As dignified Spanish maidens in crimson robes and black lace shawls we proucted before the mirror.

Again, as elfins and sprites, we pranced hither and thither to the melody of a somewhat dilapidated gramophone; then as stately old dames of the eighteenth century, glancing coyly at one another over the tops of large feather fans. As flowers from Spring's fair meadows, as ladies in Eastern costumes and gaily tinted butterflies, we frolicked all the morning.

At last the dinner gong sounded. "And," observed Greta, as we hastily assumed our usual attire, "I think dressing-up is the best fun one may have." And I heartily agree with her, don't you?—"Periwinkle" (aged 13).

Question

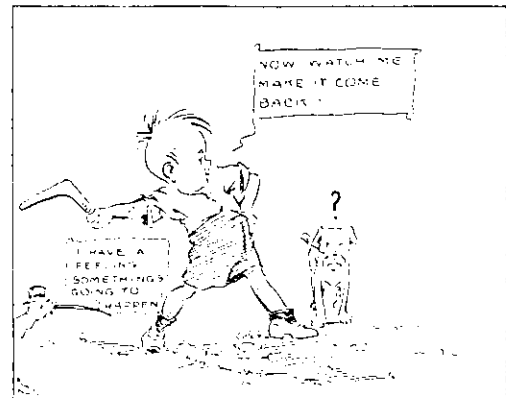
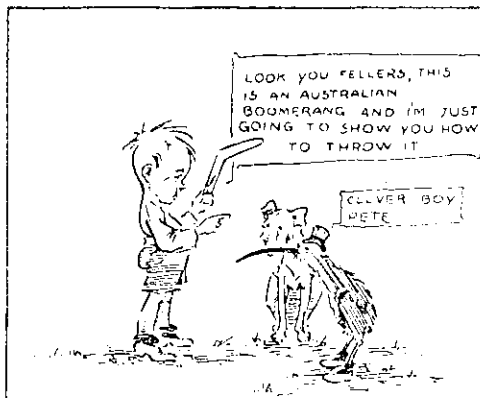
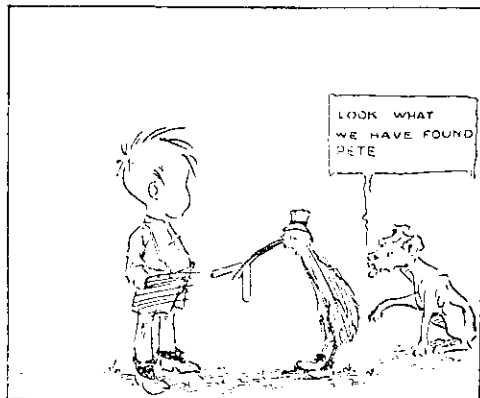
I am tall and I am slender, and I have a soft head,
I am used by the maids when the master's in bed,
And if he arises and finds me not used
He gets in a passion and Betty's abused.
She drenches me well and she whirls me around,
And knocks me and bangs me all over the ground.

Answer—A mop.—"Rastic."

A Daisy

I am a star in the rustling grass,
Where falls the sunlight's merry beam;
Where summer breezes, whispering,
pass,
Where insects hum, and cattle dream.

THE MIRROR, PUBLISHED WEEKLY BY THE MIRROR COMPANY, LTD., 100, QUEEN STREET, AUCKLAND.





Ever been caught like this?

HOW many batches of scones have you spoilt? Spoilt because you forgot to put in soda, or put it in twice.

You can prevent this annoyance by using Edmonds Baking Powder. Because of its uniformity Edmonds gives the same good results every time. It is made from pure grape cream of tartar, and is therefore wholesome.

Scones, cakes and biscuits made with Edmonds Baking Powder are always light, dainty, tasty, and keep fresh for several days.

Over two and a quarter million tins of this remarkable baking powder were sold last year in New Zealand.

Head your next
Grocery List with

EDMONDS
- BAKING POWDER -
"SURE TO RISE"

The Family

There once was a family that lived
on a hill,
And if you have time you may visit
it still;
They were of a good number, I'm
glad to relate.
In fact of the children I tell there
were eight.
The oldest, engaged to a young man
I saw,
The second, a gentleman studying
law,
The third was a flapper enjoying the
dances,
But I'm quite sure all those three
loved a few prances.

So now of the younger I've a few
words to say:
The first I know perfectly well, by
the way.
The next two were twin boys who
seldom did right.
So between those three mother stop-
ped many a fight.

And now we have come to the tiniest
daughter,
With all the others to pet and escort
her;
But the last, for you never could
guess,
Was a pussy with black fur we love
to caress.

—“Meg Merrilies” (aged 14).

My Donkey

I have a little donkey,
His name is Neddy Brown,
And every Monday morning
I ride him into town,
He carries all the cabbages,
And all the carrots too,
And takes them to the Chinaman,
Who's name is Sun Chong Chu.
—“Coppertop” (aged 10).

Keeping Father Waiting

Two boys had been having a long
talk in the street, but at last one of
them left off chattering. “Ah, well,”
said this boy. “I must be getting
along to the plumber's now. Father
is at home with his thumb on a burst
pipe waiting till I bring the plumber
along to mend it.”—“BUNNIE.”

A Great Artist

Teacher: “Raphael was a great
artist. With one stroke he could
change a smiling face into a crying
one.”
Tommy: “So can my mother!”—
“GILDA.”
What night is the longest in a
year?—A fortnight.—“Joybell.”

Kiddies Sunshine Circle

Continued from page 73

The Cause

“Oh, you dirty boy, Jimmy,” cried
his mother. “Where did you get that
black face?”
“A piece of soap caused it,” said
Jimmy.
“Now, no stories,” said his moth-
er, “or else I shall—”
“But, mother, I slipped on a piece
of soap and fell down the coal-
cellar,” said Jimmy quickly.—“HAT-
WATHA.”

Maori Boy's Joke

A small Maori boy visited regu-
larly a certain library, took down
the same book from the shelf each
time, opened it at the same place, and
laughed heartily. The attendant grew
curious, so followed the boy one day
and saw him open the same book
once again at a picture of a small
boy being chased by a bull. Then the
Maori boy chuckled delightedly and
remarked: “By gorry, 'e ain't caught
him yet!”—“Bonzo.”

Silly Balls

Mother (seeing broken eggs on
the ground where her little boy had
been playing): “Good gracious, Jim-
my. What have you been doing with
the eggs?”
Jimmy: “Silly old balls wouldn't
bounce, Mother!”—“KEA.”

Autumn

When Winter comes, so I was told,
The fairies paint the leaves with
gold,
They tint them yellow, brown or red,
And sometimes all the colours said.
And then they hang upon the trees,
Waiting for a little breeze
To come and blow them round and
round
Until they scatter on the ground.
—“Lavender.”

Keeping Children At Home

Mrs. Cat was wondering how she
could keep her children in on
wet days. She asked her neighbour,
Mrs. Dog, how she managed. When
Mrs. Dog went inside and came out
with a pretty book, and said: “I
think you ought to get this book
every month because it will interest
you and the children so much.” Mrs.
Cat took Mrs. Dog's advice, and
now she has no trouble keeping her
children in on wet days, because she
gives them THE MIRROR to look at.
—“Casabianca.”

Competitions for July

Jumble Letter Puzzle
A Bunch of Flowers
(For Kiddies under 10 years)

FIDAF LDO
OPRNO DSW
EOIRMP SR
LONIJU Q

Six-Letter Square
(For Kiddies of 10, 11 and 12 years)

- 1—Cleanses.
- 2—Blood vessel.
- 3—A cause of wrecks.
- 4—A lonely person.
- 5—Name of a fur
- 6—Method.

Riddlemere
(Open to all)

My first is in king but not in prince,
My second in persimmon and also in
quince,
My third is in noble but not in squire,
My fourth is in ditch but not in mire,
My fifth is in June but not in May,
My sixth is in wine and also in whey,
My seventh is in syrup and also in
salt,
My eighth is in praise and not in
fault.

Word-Making Puzzle

See how many words of three and
four letters only you can make out
of the one word *Sunshine*.

Word-Changing Puzzle

Word transformation is both amus-
ing and instructive, because two
words of opposite meaning or of a
like nature are given, and the puzzle
is to change the one word into
the other by changing only one let-
ter at each time, and make a new
word at each change. The smaller
the number of moves required to
make the change the better.

As a simple example, one can
change “Love” into “Hate” with
four intervening links or words,
thus: *Love, move, mote, mate, Hate*.

Now try transformations with the
following words, and send your an-
swers:—

- Black* into *white* in eight changes.
- Give* into *take* in four changes.
- Father* into *mother* in three changes.
- Wood* into *coal* in three changes.
- Hard* into *easy* in five changes.

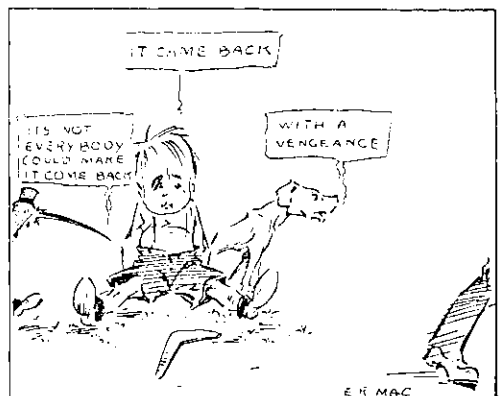
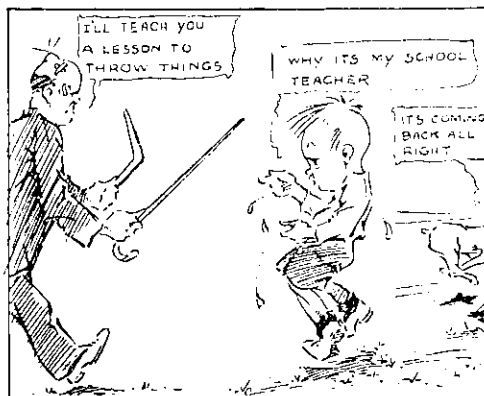
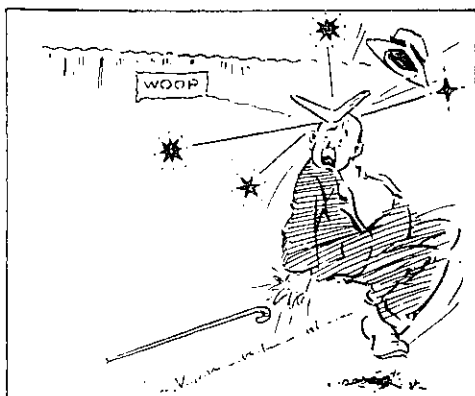
Answers To June Competitions

Hidden Girls' Names—Bella, Ida,
Vera, Amy.
Basket of Vegetables—Lettuce,
Carrot, Pumpkin, Spinach, Marrow,
Cabbage.
Basket of Fruit—Gooseberry,
Pincapple, Loganberry, Nectarine,
Strawberry, Passionfruit, Greengage.
Word Squares—(1) Acres, Grape,
Raise, Epsom, Secms. (2) Baby,
Avid, Bird, Eddy.
Riddlemere—Cigarette.

Mirrorgrams

Periwinkle—What a budget, dear. I did
enjoy reading it all. You have done well.
Yours is the best essay. (25).
Spouncer—Thanks for riddles. (5).
Copper-top—Verse and sketch very good.
What a nice hobby. (15).
Bets—Your letter is full of interest, girlie.
I am glad you liked your present. You
are lucky to have so many pets and live
in such lovely surroundings. (5).
Hiawatha—Very good jokes.
John Fabian—So glad you like the competi-
tions. Write to me again soon. (10).
Puss—Yes, our mail bag is full of thanks
from lots of boys and girls. Your sketch
is well done. (20).
Bumble Bee—Well done! What fun to be
able to build a shed. I suppose Father
helps you. (15).
Rose Bud—Your letter is wonderfully neat
for such a young lassie. Send in a Mem-
bership Form (page 72). (10).
Dew Fairy—Lot of kisses to this little
Sunshiner—you are one of the youngest.
(5).
Bobbie—Try to make your next attempt
neater. (5).
Bonny—I am glad you liked your present.
(5).
Snow White—Yes. Your riddles are right.
(15).
Rover—I hope you pass your exam. You
have done well at school to be in Std. 5.
(5).
Dornic—You are a very pretty writer. I
like your story, but rather long to pub-
lish. (15).
Cupid—So glad you find the puzzles in-
teresting. (10).
Bluebell—All your solutions were right.
Try again this month. (10).
Brownie—Sorry I cannot allow more time
for Dunedinites, but these pages have
to go to press very early. (15).
Annette—I like your pen-name. Your let-
ter is very neat, girlie. (15).
Rustic—A jolly good riddle. (10).
Alwyn—The bookseller in Te Kuiti will
have to get more “Mirrors.” Your
sketches are quite good. (15).
Tintacks—Good work always brings its
reward—that is why your father gave
you such a nice present. (15).
Bunnie (Dargaville)—You make a splendid
bunny in the snapshot (but I am sorry
this pen-name is taken). Shall try and
publish it. (10).
Bonzo—You are a neat writer, dear. (20).
Farmer—Glad you liked the paint book,
and your brother his box of paints. (10).
Kereru—We have heaps of children from
the back country, and city kiddies envy
you your horses and dogs. I like your
pen-name. (15).
Tinker-bell—Welcome. Is this your own
writing? If so, it is neat. (10).
Meg Merrilies—Your work is very good.
(10).
Peggy Driscoll—You have forgotten your
pen-name.
Maid Marian—If you can do puzzles as
well as you print you should win marks.
(10).
Puck—Your little sketch is nicely colour-
ed. (10).
Nancy O—Puzzles quite clever. (10).

Continued on page 76





Surpasses all Woolen Underwear in Daintiness

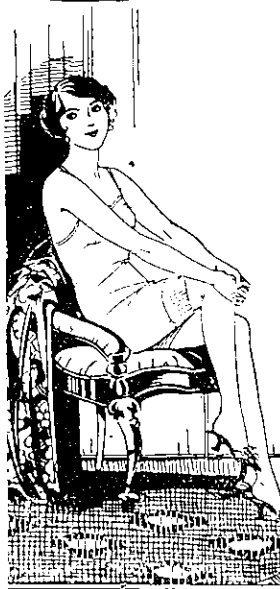
Twixwol is made for women who want woolen comfort with daintiness. It is fine yarn interwoven with pure wool. The wool forms the fleecy inside for comfort next the skin, and the material on the outer side is for durability. This makes Twixwol far more economical than all-wool and better in wash and wear. Guaranteed unshrinkable. Ask also to see the Twixwol special line of interwoven pure wool and art silk. Made for women, men and children.

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Why Quaker Oats "stands by" you through the morning

DO you feel hungry, tired, hours before meals? Don't jump to the conclusion of poor health. Much of the time you'll find it is largely brought on by an ill-balanced diet.

To feel right you must have well-balanced complete food. At most meals you get it. That is, at luncheon and dinner. But the great dietetic mistake is usually made at breakfast—a hurried meal, often badly chosen.

That is why QUAKER OATS is so widely inged to-day. The oat is the best balanced of all cereals grown.

Contains 16% protein, food's great tissue builder; 58% carbohydrate, the great energy element, is well supplied with minerals and vitamins. Supplies, too, the roughage essential to a healthful diet that makes laxatives seldom needed. Few foods have its remarkable balance.

That is why it stands by you through the morning.

G. A. C.

Mirrorgrams

Continued from page 75

Hinie Snitchel—What a quaint name you have chosen. (5).

Wilfred Bergen—Bonzo already taken; choose another. (15).

Peanut—I would like all "Sunshiners" to arrange their puzzles as neatly as yours. (15).

Midget—Surely you are our baby—only five. (10).

Jacko—Welcome to our Sunshine Circle. (10).

Banner—You have earned another five marks. (5).

Spark—Hooray, your drawing is great. (10).

Gilda—I like your riddles and joke. (10).

Okahau—Very neat. (10).

Radio Ray—Last month the printer made a mistake in your name. Sorry. (15).

Laughing Water—Very pleased to welcome you as a "Sunshiner." (10).

Mary Ann—Your suggestion is good. May try it later. I always like to receive the "Kiddies" photos, so I may know them better. (15).

Pan'y—Look through this column you may find some nice names for your pussies. (5).

Golliwog—We shall love to have you join. Your address is different to your sister's. (5).

Jean—Your answer is correct. (5).

Essayani—I am glad you liked your present. Where did you get your pen-name? (10).

Jan—It will be some time before little Ruth can join. (10).

Collin—Thanks for puzzles. (5).

Eunnie—Especially neat. I love to see letters like yours. The "badge" idea is a good one. (20).

Kiwi—Always write under your efforts "copied" or "original." What a pretty story. (15).

April Girl—Try some competitions this month. Have entered you in the "Sunshine" register. (5).

Gnome—Competitions are all right, dear. (10).

Cup Winner—I liked your neat little letter. (5).

Pixie—Level girl! I am proud of my Sunshiner. You receive maximum marks this month. (25).

Venus—You are welcome. I would like to help you. (5).

Wattle Baby and Robin Hood—Five marks each. (5).

June—Your post-card is well coloured. (15).

Diana—Try some more this month. (5).

Kea—You have a nice hobby, dear. What a good writer you are. It must be very cold in Christchurch just now. (15).

Moon Moth—Welcome, dear! I could not refuse such a charming letter writer, and what a pretty pen-name you have chosen. I hope to publish your verses. (20).

Peter Pan (Wellington)—Choose another name—too late for this one.

Joan (Pahiatua)—Quite a nice little story, dear. (5).

Shark—What a fishy name! Try some puzzles.

Puck—Your name has been entered in the Sunshine Circle. (5).

Matilda Day—If you wish to win marks you should send in results every month. (10).

Bev—Your form is quite in order. I am sure it is nice sleeping on the verandah, dear. You have flat roads on your way for cycling, haven't you? A kiss to little brother. (5).

Curly—You know the proverb, "Better late, etc." Your letter is very neat. (15).

Peter Pan—Your letter arrived too late. Try again, girlic. Will give marks for neatness. (5).

War Trail—Thanks for riddles. (5).

Pixie (Willowbridge)—This pen-name is taken. Select another, please. (10).

Wendy—Try some of our competitions. (5).

Cherry Blossom—Thanks for nice letter. You sketch well. (15).

Fluffy—You have an interesting hobby. (15).

Casabianca—You lucky girl to win prize at the Ward Show. What exciting fun you have. City Kiddies would envy your life in the country. (10).

Puella—You forgot to enclose sketch. (5).

Joy (Marton)—Please choose another name—this one has already been taken. (10).

Joy—Have changed your address in the Sunshine register. (20).

Penelope—Thanks for your good wishes. (5).

Felix—So glad you have friends in our circle. Pennywise is a clever girl. The pen-name Bonzo is already taken. (15).

"Soothes when nothing else will"



When baby cries—that is the time for Woodward's Gripe Water, the safe old English cure.

Here is the testimony of a mother, who also happens to be a trained nurse:—"My own little boy, who is now three years old, was very nervy and cross as a baby, and could not sleep for any length of time! I used Woodward's Gripe Water, after trying other things, and found it acted like magic in quieting nerves, etc." For seventy years Woodward's Gripe Water has earned similar praise. It acts like magic, and it cannot do any harm.

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FLATULENCE LOOSENESS DISORDERED STOMACH
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and all the hundred-and-one ills to which baby is heir.

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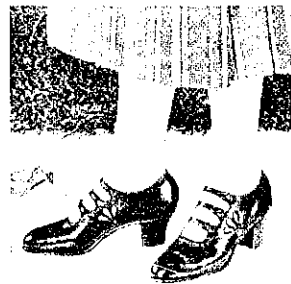
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ROSE MARIE



THE ADORA



THE CONNIE



THE OXFORD

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"I have gone through evenings that have been talked about as brilliant social triumphs when I could hardly stand to receive my guests.

"Physicians declared I was in good health, yet I knew I was almost a nervous wreck. No one seemed to be able to understand what I was going through. My family became annoyed with me. I went to many different physicians, but everyone told me the same thing, that there was nothing wrong with me! Of course, my feet ached and bothered me, but I believed such discomfort to be necessary if I wished to wear fashionable gowns and proper footwear to go with them.

"So I gave little thought to my feet, never dreaming that they might be the source of my misery.

"Then, I suppose she lost patience with me—a friend suggested that I try your Arch Preserver Shoe. I laughed at her, because hadn't I always worn the most expensive shoes I could find?

"But she insisted, and finally I bought a pair. It seemed a useless thing to do, because surely I must be suffering with something a great deal worse than feet.

"But I wore these shoes, and in a few days they really did make a difference. The aches and dull discomfort in my feet disappeared first.

"Then I noticed I felt more calm, more interested, more enthusiastic about doing things. I began to have the same enjoyment that had been mine as a girl.

"The Arch Preserver Shoe has been a wonderful blessing to me. It has given me happiness where I had misery. It has made me cheerful, capable, useful, when I was becoming more and more disagreeable and more useless.

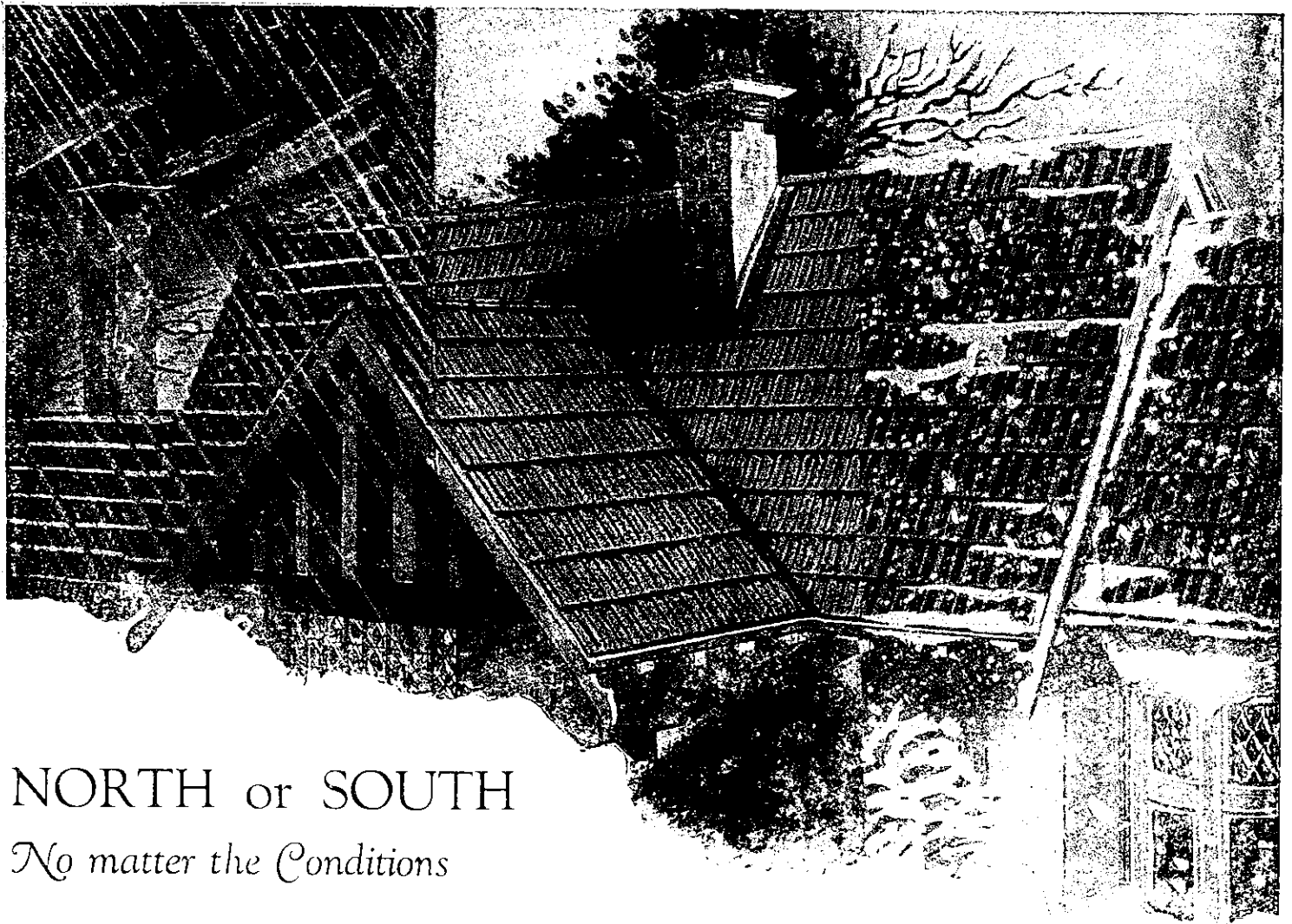
"And if it has meant so much to me, a woman who has no real work to do, what would it do for the woman who must work every day! That thought holds me spell-bound. It explains why I am writing this letter to you. Oh, I wish all women could know what I know about the Arch Preserver Shoe."

And most women are learning these great facts. Hundreds of thousands have discovered for themselves this wonderful blessing—foot happiness. And these women are doing more than ever before, enjoying more than they ever did, helping more, living more! They have discovered that nothing helps them to be active like active feet, free nerves, unimpaired energy. The Arch Preserver Shoe does so much more than ordinary shoes because it is differently designed and made. It has a concealed, built-in arch bridge that prevents all sagging and straining of the foot arch. You can wear this shoe and never realise you have arches in your feet.

This shoe also has a flat inner sole that prevents pinching of the nerves, bones and blood-vessels of the forepart of the feet. This means health and vigour.

The Arch Preserver Shoe supports where support is needed—in the arch—and bends freely where the foot itself bends.—*Empire today from Arch Preserver Distributors in the chief centres of New Zealand.*

*Supports where support is needed
Bends where the foot bends*



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