

Household Hints

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good for window-panes, looking-glasses, picture glasses. The unpleasant odour of fish can be removed from knives and forks by leaving them in it.

Kerosene added to boiling water for scouring floors will keep a bright shine on the linoleum, and also help to keep fleas away.

After washing linoleum, wipe it over with water to which a little thin glue has been added. This gives a polish, but doesn't make the floor-covering slippery. It also prolongs the life of the linoleum.

When preparing a cabbage for cooking, shred the leaves as for a salad, then put it in a saucepan together with a teaspoon of butter, some pepper and salt and a cup of boiling water. Cook for about fifteen minutes. It is much nicer done this way, and it does not boil away.



FIRST TYPIST: "I wish the boss wouldn't keep his pen behind his ear. I'm always frightened that I'll get my cheek scratched when he says 'Good-morning!'"

Water in which potatoes have been boiled is a fly poison. Treacle or sugar should be added to attract the flies to it.

When dripping becomes rancid, slice a potato and fry it in the dripping until it is quite brown. The dripping will then be good again, and may be used for cakes, pastry, etc.

Acknowledgment

"HEALTH and Happiness" is an excellent little book on simple cookery, which has for its main object the substitution of wheatmeal instead of white flour. However, the book is by no means the product of a faddist on dietetics. It is indeed a very practical, commonsense and carefully compiled work giving a full range of tested recipes for wholesome dishes and covers a wide field in general cookery, besides containing many exceedingly useful hints on health and dietary which have the endorsement of the medical profession. One of the chief reasons why we recommend *The Blue Cookery Book—Health and Happiness* to our readers is that it is a New Zealand publication, written by Miss M. Frances, and printed by Messrs. H. L. Young Ltd., Palmerston North. Messrs. Gordon and Gotch have circulated it amongst all leading booksellers, and is sold at the modest price of 1/6. It is splendid value for the money.



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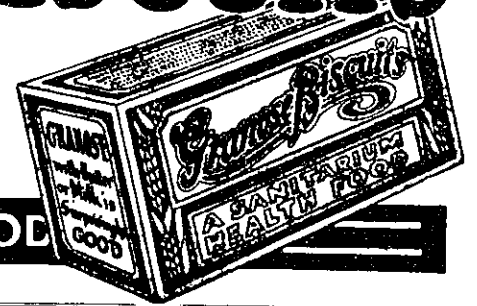
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