

**Fraser's No. 1 Hair Restorer**  
 FOR PROMOTING THE GROWTH OF THE HAIR AND RESTORING IT TO ITS NATURAL COLOUR




It restores grey hair to its natural colour without dyeing it. It promotes the growth very rapidly, makes the hair soft and glossy and absolutely cures Dandruff. A course of Four large bottles, post free for 20/- . Single small bottle 3/6. Single large bottle 5/6.

AS A HAIR DRESSING IT IS A LUXURY  
 Numerous unsolicited testimonials from all parts of New Zealand

**E. C. A. GAW, Chemist, Stratford**

GOLDBERG

<p>Hours of Business:</p> <p>10 a.m. to 5 p.m.  <i>Fridays</i></p> <p>10 a.m. to 7 p.m.</p> <p>Saturdays:</p> <p>10 a.m. to 1-30 p.m.</p> <p>Phone 40-257</p>	<p>Specializing in MORNING COFFEES, LUNCHEONS, AFTERNOON TEAS</p> <p>~ DELICIOUS ~</p> <p><b>The "Mecca" Cafe</b></p> <p>9 SWANSON ST., AUCKLAND</p> <p>The FAMOUS "MECCA" COFFEE may be purchased at the Counter.</p>
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This very smart one-strap and button shoe is made from finest patent leather.

**Zealandia Boots & Shoes**

It has plain toe, full Louis heel, and very distinctive finish. Ask your shoe dealer to show you this model; also inspect the many other stylish "Zealandia" shoes.

Made by:  
**Skelton, Frostick & Co. Limited**  
 Christchurch

No. 25855

**THE HOME TREATMENT**  
**Wexyl** <sup>Regd</sup>  
 FOR SUPERFLUOUS HAIR

Not a depilatory, not electrolysis. Removes roots without stimulating growth. Guaranteed success! Send stamped addressed envelope for fullest particulars. N.Z. Agents: Box 1362, Auckland.



**When a man comes home—**

give him a full steaming plate of Symington's Soup and notice his pleasure. Tired workers need this nourishing food—and soup is so easily digested. Select the flavour he likes best:

Tomato, Oxtail, Lentil, Pea, Celery, Green Pea, Mulligatawny, Kidney, Mock Turtle, Onion, Scotch Broth, White Vegetable, Hare. *In blue packets. Of all Grocers.*

**Symington's Soups**

W. SYMINGTON & CO. LTD., MARKET HARBOROUGH ENGLAND.

# Crossing Canada

OF all the interesting routes to the Old Country, it is safe to say that none exceeds in variety and interest the Canadian National Route across Canada.

Leaving Auckland for Vancouver, the passenger travels by either the R.M.S. *Aorangi*, or the R.M.S. *Niagara*, both ships being magnificently appointed for safety, speed and comfort.

Then begins the wonderful train journey which carries the enthralled

"safety-first" construction. The equipment includes everything that makes for the comfort of long-distance travellers. The wonderful trans-continental Express is one of the speediest and most luxurious trains in the world. In addition to other comforts there is radio equipment which enables the passenger to listen-in by head-phone or loud-speaker to programmes transmitted from a chain of C.N.R. radio stations.



Master Muir Fitzherbert Chilwill, aged 17 months

Cornie Lloyd, Takapuna

visitor through mountain scenery of remarkable, rugged grandeur—through rolling prairies—over mighty lakes and rivers—through vast forests—by thriving cities and scenes rich in romantic historical associations.

Every one of the Provinces of Canada is served by the Canadian National Railway, and all nine capitals are on the main route.

The highest peaks of the Rockies are seen from the observation car, the railway proceeding through the famous Jasper National Park (4,400 square miles) within view of majestic Mt. Robson (13,068 feet).

Tourists wishing to prolong their enjoyment of the Park are provided with luxurious accommodation at Jasper Park Lodge, situated on the edge of beautiful Lac Beauvert.

The trains of the Canadian National Railway are of all-steel

Stop-over privileges are allowed, and first-class Canadian National Railway hotels line the route. From coast to coast the comfort, pleasure and convenience of travellers have been thoughtfully provided for.

To complete the journey, a fleet of modern Atlantic liners conveys passengers to England. This crossing, undertaken under conditions of utmost comfort, provides a fitting finish to a great experience.

Through tickets—which must be endorsed "Canadian National"—to all Canadian, United States and European points issued. Sleeping-car and hotel reservations across Canada, and Atlantic berths all arranged by *Canadian National Railways*, Ferry Buildings, Auckland; Farmers' Institute Building, Wellington; 103 Hereford Street, Christchurch; or from Dunedin Representatives, H. L. Tapley and Co., Dunedin. Send for free literature.