

Shall we give up the Shingle

ONCE again there are rumours that the shingled will have to grow their hair if they wish to be in the fashion. Viola Tree wrote to the papers telling us she was doing it, but I don't think she'll have as many followers as might be expected. She is, probably, one of the few women who really look better with their hair long, because she is very tall, and, on the whole, it is the small women who look best shingled.

Again, if you have a very small head and very sleek hair the coil at the back may be preferable, particularly if you are blessed with classical features. But, in the vast majority of cases, shingled heads have improved ninety-nine out of a hundred women, particularly now that the coiffeurs are getting more and more proficient at cutting to the right shape.

The line of the head is quite as important as the line of the waist, and needs very careful studying.

Some people's hair grows tiresomely and needs training, and a flat head at the back has to be made to look round—not so easy, but possible when the problem is dealt with by an artist.

ONE thing is quite certain—shingling makes you look much younger. This fact won't affect the young at the moment, but those getting on in the thirties do consider this point very seriously, and that is one of the main reasons why I think shingling will stay with us, and, again, who will wrestle with hairpins when they have found out the joy of doing without them!

It is true that short hair needs a lot of attention, but what of it when

washing is a speck of the trouble it used to be when we had it hanging down our backs. To-day we can be nice and clean without any bother.

Shingling is wonderful for stopping the hair coming out, and for making it grow thickly. This I can vouch for, for I cut my hair in 1915 for this very reason. If you have a little wave in your hair you will also find that cutting it will make it curl more. A little encouragement may be required at first, but soon it will wave quite naturally.

Massage is excellent for the hair, as I expect you all know, but if one is very busy one forgets it—but with short hair it can be done far more easily.

I KNOW it sounds sheer vandalism to cut off lovely thick hair, but who of us is strong-minded enough to appear with a large coiffure to-day? and, personally, I prefer cropped (not Eton) hair to seeing hair screwed up into a tight little bun. If a woman's crowning glory is her hair, a well-shaped head is a lovely thing, and when people indulged in elaborate hairdressing it too often hid the shape altogether, and, judging by old photos, we had a very decidedly top-heavy look!

There is no excuse for untidy heads to-day. Everyone should have a well-groomed look, and it is easier to keep shingles in order than the chignon, the coil and the bun.

For those, however, who cling to their long locks, the simple coil at the nape of the neck is the most popular, and it certainly is becoming to those who have classical features and faces of either the Russian or the Greek type.

Sandringham

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had another experience which was not open to the general public. We went to tea at Sandringham House itself.

That needs some little explanation. We are not, of course, exactly on visiting terms with Royalties. The late King Edward, during his serious illness, now a good many years ago, had two nurses, he being, in fact, I think, much worse than it was generally believed, it became necessary, or at least desirable, for him to retain one of them after he was supposed to be better. Now, the one retained was introduced to us by a mutual friend, and consequently my wife has been to tea at Marlborough House. So when we got to Dersingham we made our presence known to this lady, and as a result we were asked to tea at Sandringham.

WE were taken all over the house, and we saw Queen Alexandra come in from her drive. We also saw her own tea waiting for her. My wife, by royal permission, was even taken into the Queen's bedroom, but naturally I was not. However, we were taken into her

private boudoir, and many other places. The Queen's private room is absolutely crammed full of knicknacks, and trophies of all kinds, so much so, that there is not much room to move about. Queen Alexandra is evidently very full of sentiment, and I should judge that she never forgets anything or anybody.

One especially touching thing did we see. We were taken into the room of the late Duke of Clarence. It is left exactly as it was when he died, save that on the bed is placed a large Crucifix, and the head of the bed is draped with the Union Jack and the colours of his regiment. Otherwise all is as he left it. His shirts, his handkerchiefs, his brushes and combs and everything as if they had just been in use. Scratched on the window by himself are the dates of his visits to Sandringham.

We also saw the head of Persimmon, the King's Derby winner, and a savage brute he looked and was. There is a statue of him outside the stables. He was a very big horse, and I believe a terror to all who came near him. We also saw a lot of delightful dogs, and many more interesting things."

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