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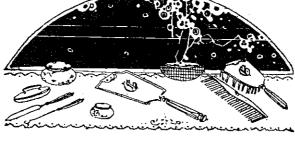
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"LAUGHING" WRINKLES

A WOMAN who has an expressive face is sometimes described as being more attractive than her sister who has perfect features or a flawless complexion. Her smiles come and go very quickly, and usually by the time she is thirty-five there are laughter wrinkles round her eyes.

An Aged Appearance

Wrinkles such as these are never ugly—they are "nice" wrinkles, as a celebrated beauty specialist once called them, but, even so, there is the danger of their growing deeper and giving an aged appearance to the face.

"Laughing" wrinkles are easy to treat, as they are formed afresh each day and must be smoothed out every night before sleep if they are to be prevented from becoming permanent.

In the majority of cases they are little fine lines which form around the eyes, commonly called "crow's-feet," and the two longer lines which run from the nostrils towards the chin on either side of the mouth. These latter sometimes result from a habit of drawing the corners of the mouth downwards and not from laughing; but when this is the case the lines are always longer and deeper, and run beyond the mouth almost to the end of the jaw.

Every night sponge the face with warm water, then wring a piece of Turkish towelling out in very hot water—as hot as can be comfortably borne—and hold it to the face over the wrinkles at the side of the mouth. Hold the towelling against the face till it cools, then wring it out in more hot water and repeat. When the skin is quite warm and moist smear a little good cream along the line or wrinkle, and gently pinch the skin straight up and down the line. This not only stimulates the muscles, but, by raising the skin, prevents the line from becoming permanent.

Complexion "Drill"

Close the eyes, wring a small piece of soft towelling out in warm water (not as hot as that used for the lines around the mouth), and hold it over the closed eyes. Repeat two or three times, then smear a little cream round the closed eyes, taking special care to apply it liberally at each outer corner. Now with the first, second, and third finger of the right hand tap the cream very lightly into the skin until it is nearly all absorbed by the porcs. A little of the cream may be left on the skin around both the eyes and the mouth if desired, but in the majority of cases sufficient will have been absorbed during the treatment to make this unnecessary.

KEEPING IN A "WAVE"

THERE are often occasions—as, for instance, when away in the country holiday-making—when the hair cannot be re-waved for some time. How can the existing wave be made to last as long as possible?

In the first place, make every effort to go to the hairdresser on a dry, settled day. Rain, or even much moisture in the air immediately after a wave, works havor with it. For the same reason, forswear your hot bath for twenty-four hours afterwards.

Brush your hair as little as possible the first night, to give the wave time to settle; and sleep in a boudoir cap fitting snugly with an clastic, for many a "kink" is fidgeted out at night.

Disturb the waving as little as possible when dressing the hair, even if by so doing your head isn't quite as tidy as usual. It's only for one day, after all: for after twenty-four hours a well-waved head gently "settles down" so firmly that it won't be quite straight again for several weeks.

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THE BEAUTY EXPERTS.

WHAT THE BEST OF THEM HAVE TO SAY ON VARIOUS SUBJECTS.—HOME RECIPES.

THE MAGNETISM OF BEAUTIFUL HAIR.

Beautiful hair adds immensely to the personal magnetism of both men and women. Actresses and smart women are ever on the lookout for any harmless thing that will increase the natural beauty of their hair. The latest method is to use pure stallax as a shampoo on account of the peculiarly glossy, fluffy, and wavy effect which it leaves. As stallax has never been used much for this purpose it comes to the chemist only in 1-lb. sealed original packages, enough for twenty-five or thirty shampoos. A teaspoonful of the fragrant stallax granules, dissolved in a cup of hot water, is more than sufficient for each shampoo. It is very beneficial and stimulating to the hair, apart from its beautifying effect.

TO HAVE SMOOTH, WHITE SKIN, FREE FROM BLEMISH.

Does your skin chap or roughen easily, or become unduly red or blotchy? Let me tell you a quick and easy way to overcome the trouble and keep your complexion beautifully white, smooth, and soft. Just get some ordinary mercolised wax at the chemist's and use a little before retiring, as you would use cold cream. The wax, through some peculiar action, fleeks off the rough, discoloured, or blemished skin. The worn-out cuticle comes off just like dandruff on a diseased scalp, only in almost invisible particles. Mercolised wax simply hastens Nature's work, which is the rational and proper way to attain a perfect complexion, so much sought after, but very seldom seen. The process is perfectly simple and quite harmless.

PERMANENTLY REMOVING SUPERFLUOUS HAIR.

How to permanently, not merely temporarily, remove a downy growth of disfiguring superfluous hair, is what many women wish to know. It is a pity that it is not more generally known that pure powdered pheminol, obtainable from the chemist's, may be used for this purpose. It is applied directly to the objectionable hair. The recommended treatment not only instantly removes the hair, leaving no trace, but is designed also to kill the roots completely.