

The Value of Barley Water

Barley Water as a Drink.

Plain water contains practically no salts in solution, and when drunk in large quantities it actually extracts salts from the body. Barley Water, on the other hand, contains salts in solution, and therefore does not impoverish the blood, but rather supplies additional salts to the system. This property of Barley Water makes it a valuable asset whenever it is necessary to take large quantities of fluid.

Advantages of ROBINSON'S "Patent" BARLEY.

When Barley Water is made from **Robinson's "Patent" Barley**, there is no waste. When pearl barley is used, however, only between 10% and 15% of the barley goes to form barley water. Thus **Robinson's "Patent" Barley** is more economical than pearl barley and other unground barley preparations. Again, **Robinson's "Patent" Barley** being in airtight tins, there is no chance of its becoming contaminated by dust, etc., as is the case with loose pearl barley, and it ensures it being always fresh. This is an important point.

Uses of Barley Water.

For any kind of kidney complaint Barley Water should be taken in large quantities.

For fevers and stomach troubles, Barley Water and Barley Gruel are always indicated since they provide plenty of fluid which does not deprive the blood of its salts, but which washes out toxins from the system.

Barley Water with lemon as a Summer Drink needs no introduction, as it is already well known.

In the case of expectant and nursing mothers, where healthy functioning of the kidneys is of the first importance, Barley Water is of inestimable value.

Recipes.

Recipes for making Barley Water will be found in every tin.

ROBINSON'S "PATENT" BARLEY

Manufactured in England by
KEEN, ROBINSON & CO., LTD.