

a special room having been built for the purpose. The sales are managed by a number of outside helpers.

Several business men have shown their interest by serving on the Committee, Mr. W. Reece having* been Chairman since 1911.

The Hospital Board is greatly helped financially by the District Nursing Association, as many chronics are kept in their own homes, who would otherwise

be at the expense of the Hospital Board.

Lady Rhodes is still a very large contributor to the work, and when the new offices in Madras Street were to be built gave £500, Sir Heaton giving the land. A street collection was held, the amount raised being £973, and the building was opened free of debt.

The first Annual Report showed 1,100 visits paid during the year, and the last 1926-27, 11,619.

Two Practial Suggestions

The need for knowledge of the proper way to shut a door, and of voice modulation to control patients, is so self-evident that I would hesitate to send the following remarks, were it not for the frequent expressions of annoyance from patients who have suffered, not always in silence, from seeming thoughtlessness on the part of the nurse.

To close a door, grasp the knob firmly, turn the latch in, holding it in this position until the door is closed. Then turn the latch out and release the knob. This method does away with slamming the door, which is such an annoyance to patients and is one of the reasons why hos-

pitals are called "so noisy"; also fewer or no finger marks will be found on the door to be washed off later, a procedure which takes time and energy that are needed elsewhere.

An important way to control any patient is to modulate the voice by dropping the tones just below those of the patient. A voice raised to higher tones than those of the patient often causes unaccountable restlessness and irritation, while the lowered tones will not only have a soothing effect upon the sick person but will inspire greater confidence in the nurse.

N. Caryl Schooley, R.N.

Review

Advanced Methods of Massage and Medical Gymnastics.

By Ida C. Shires and Dorothy Wood,
M.R.C.S., L.R.C.P.

Illustrated.

(The Scientific Press, 5/-.)

This most useful little book, as instructive for the medical student as it is for the qualified masseuse, is just what members of the massage profession have been looking for.

A special chapter on the treatment of infantile paralysis has been written with the help of Dr. Charles Mackay, and additional value has been given to this

clever little book by the inclusion of a chapter on Pulley and Sling Exercises (Mrs. Guthrie Smith). The very latest methods of treating fractures, deformities well classified in different groups, muscle and joint injuries, and abnormal conditions, suitable for treatment by massage or remedial exercises of every system have all been included. The very original and clever illustrations are simple and most instructive.

No masseuse, having glanced at this book could resist having it in her little reference library.