

"In truly poetical language, Rubner (Germany's great authority during the late war), the most eminent of Voit's pupils, has written: 'Mute and still by night and by day, labour goes on in the workshops of life. Here an animal grows, there a plant, and the wonder of it all is not the less in the smallest being than in the largest.'

"The Workshops of Life require fuel to maintain them, and a necessary function of nutrition is to furnish fuel to the organism that the motions of life may continue. Furthermore, the workshops of life are in a constant state of partial breaking-down, and materials must be

furnished to repair the worn out parts. In the fuel-factor and the repair-factor lie the essence of the science of nutrition."

Lusk ends his introduction with the following reflection, called up by the death of a gifted and heroic explorer and investigator in Labrador:—"The following lines convey the spirit of the lost explorer, as indeed they represent the spirit of all true investigators:

Something hidden, go and find it,
Go and look behind the ranges,
Something lost behind the ranges,
Lost and waiting for you. Go!"

Obituary

It is with deep regret we record the death of Miss Godfrey, one of the oldest and most respected members of the nursing profession in New Zealand, who passed away on March 11th. It is 25 years since Miss Godfrey retired from the Matronship of the Wellington Hospital, and started a Convalescent Home at Karori, which, some years ago, she gave up. She still retained her interest in the profession, and was a constant subscriber to the nurses' journal. Miss Godfrey was one of the early trainees of the Wellington Hospital, before the registration Act was passed, and was on the staff for 5 years before becoming Matron in 1890. Under her was trained Miss Payne, who took up the Matronship in 1899, and so from Miss Godfrey's influence have sprung many of the most capable nurses of New Zealand.

During the latter part of her life Miss

France was living with her old Matron, Miss Godfrey.

On March 30th the Nursing profession sustained a great loss in the death of Miss Marian Little, Matron of Hokitika Hospital. Miss Little had been ill for several months with heart trouble, and was devotedly nursed by her own staff. She was never able to leave the hospital, though arrangements had been made for her to return to her sister's home. Miss Little was trained at Christchurch Hospital, under Miss Ewart, and was one of those with the most high ideals of the profession of nursing, ideals which she carried out in daily practice.

She took up the Matronship of Hokitika Hospital in 1909, and since that time many improvements have been made in the old West Coast Hospital.

Private Hospital Inspection

At a recent meeting of the Board of Health, it was decided to form a small Sub-Committee to meet the Nurse Inspectors, and discuss the methods of inspection and supervision more especially of the Maternity Hospitals, and to determine what further steps can be taken to improve the equipment and general management of the hospitals.

Miss Mirams, Nurse Inspector Auckland District, is now in Wellington, assisting

temporarily, at the Head Office of the Nursing Division. Miss Broad, from Dunedin, and Miss Buckley, from Christchurch, came up to meet the Committee on 16th April. Miss Bagley, who has been so long engaged in the work of inspection, also came from Auckland.

Two meetings were held, and much evidence and information given to the members of the Board, which is hoped may result in good.