## The 'Allenburys' FOODS | RUSKS COCOA

As easy of diges ion as maternal milk, and so d signed as to contain its constituents in proper proportions. These foods give freedom from digestive ailments, and ensure vigorous health and development.

Milk Food No. 1. From birth to 3 months. Milk Food No. 2. From 3 to 7 months. Malted Food No. 3. From 7 months upwards.

FOR INFANTS

A valuable addition to baby's dietary when 10 months old and after. They provide an excellent, nourishing, and appetising meal, specially useful during the roublesome time of teething. When eaten dry, they mechanically aid the cutting of the teeth.

FOR CHILDREN.

This highly-nutritious and easily digested Cocoa is composed only of the purest Cocoa with the 'Allenburys' Milk Food.

Being peptonised during the process of manufacture, it is rendered most easy of digestion, and forms an ideal beverage for the invalid and delicate persons who cannot readily digest cocoa as usually prepared. It will be found invaluable as a restorative and stimulat. ing food-beverage in the sick room and nursery



FOR GENERAL USE.

The 'Allenburys' DIET is a complete and easily digested Food.

Taken by Nursing Mothers whose supply of milk fails to nourish their infants, he 'Allenburys' Diet has proved of great assistance. It helps particularly to maintain the strength, to increase the flow of milk, to promote restful sleep, and is of value both to mother and child. MADE IN A MINUTE—add boiling water only.

FOR MOTHERS.

ALLEN & HANBURYS Ltd., London and Sydney